


Rotary 
Coquitlam Sunrise
Good Morning Report

Editor: Malcolm Kennedy malcolm.rotary@outlook.com

Tuesday, February 27, 2024

Poirier Sport and Leisure Complex
633 Poirier Street, Coquitlam, Room 3, Upstairs
Meeting starts at 7:15 am

Welcome to
Jennifer McKinnon
Vice Chair

Director of HR / Executive Director
Manhas Health Co. / Downtown PoCo BIA



For the past seven years, Jennifer McKinnon has served on the Tri-Cities Chamber of Commerce (TCCOC) board, where she has played a pivotal role in driving economic development and fostering effective communication strategies. Her exceptional leadership skills led her to establish the women in business committee (with her partner in crime, Mary Vellani) back in 2018 which continues to thrive today. For the last 3 years, Jennifer has been active in supporting the membership avenues of the chamber, leading the Membership Experience team and the role of Chief Ambassador, running a committee of 12 dedicated chamber member volunteers to engage, retain, and attain members of the TCCOC. You may also know her as “the official Chamber Greeter” where she volunteers prior to every event to welcome you through the doors.

In addition to her chamber board involvement, Jennifer has also been an active member of the Rotary Club for the past decade, celebrating her 10-year anniversary recently. Her dedication to service and philanthropy is further demonstrated through her role as Vice Chair on the Coquitlam Foundation Board. In this position, Jennifer contributes her expertise to support the foundation's mission and initiatives.

Professionally, Jennifer serves as the Director of HR for a prominent medical facility, Manhas Health, overseeing a team of over 20 admin staff members and managing two clinics. Her expertise in human resources has been invaluable in ensuring the smooth operation and staffing of the facilities and the well-being of its employees. Furthermore, Jennifer's commitment to the local business community is evident through her role as the Executive Director of the Downtown PoCo Business Improvement Association (BIA), where she tirelessly advocates for the interests of downtown businesses.

Outside of her professional and volunteer commitments, Jennifer values her role as a mother. She and her partner, Greg, are proud parents to a daughter and “sonish”, both of whom turned 19 this year and attend Douglas College. Their family is completed by a wacky, high maintenance polydactyl cat who brings joy and laughter to their lives every day.



CREATE HOPE
in the WORLD

Rotary



Gordon McInally
2023 - 2024

President Rotary International



RI President-elect R. Gordon R. McInally calls for Rotary to create hope in the world by working for peace and mental wellbeing. He urges members to engage in tough conversations and earn the trust that's necessary to realize these values.

February is Peacebuilding & Conflict Prevention Month

Early Bird registration is only \$100 per person for May 4 and \$200 for the Family
Early Bird registration ends on February 29th

8:00 am to 9 am Registration Pastries and coffee

9 am start openings and speakers

12:00 lunch break

1:00 pm start back with speakers

5:30 dinner

Fellowship breaks will happen often during the day

Add ons -

May 3 - 5pm to 8 pm - Bowling, shoes and dinner - \$35.00 (pay at the bowling alley)

May 3 - 8pm on Meet and Greet at Max Dales - \$20.00 appies, Cash bar

May 5 - Service Project at Camp Korey - \$10.00 includes breakfast and lunch

You can choose to stay at Camp Korey for \$25.00

SAVE the DATE!
We Are Family

for District 5050 Conference
Adults • Youth • Children



May 4, 2024
MT. VERNON HIGH SCHOOL

District 5050 Conference

Rotary
District 5050



David Lukov
2023-24 Governor, District 5050

Meetings and Member Duties

Sergeant - February - Norm

Tuesday, February 27, 2024

Speaker: Jennifer McKinnon
My work and volunteer duties

Coffee/Muffins - Stan

Rotary Thought - Malcolm

February 29, Starfish: Greg, Amanda, Emmanuel

Tuesday, March 5, 2024

Speaker: Jatinder Bhatti
Tri-City Transitions Society

Coffee/Muffins - Sheron

Rotary Thought - Karen

March 7, Starfish: Hugh, Stan, Emmanuel

Tuesday, March 12, 2024

Speaker: TBA

Coffee/Muffins -

Rotary Thought - Allan

March 14, Starfish: Clive, Bob, Greg

Tuesday, March 19, 2024

Speaker: TBA

Coffee/Muffins -

Rotary Thought - Jennifer

March 21, Starfish: Spring Break

Tuesday, March 26 2024

Speaker: TBA

Coffee/Muffins -

Rotary Thought - Bob

March 28, Starfish: Spring Break

Tuesday, April 2, 2024

NO MEETING

Easter Monday on April 1

Rotary



Coquitlam Sunrise

Coquitlam Sunrise Executive 2023- 2024

President, Secretary, Bulletin Editor

Malcolm Kennedy

President Elect,

Director Community & International

Ron Postma

Treasurer

Stan Wylie

Director Club & Vocational

Greg Garrison

Director The Rotary Foundation

Bob Moody

Director Membership & Programs

John Panrucker - Sherron Regehr

Chair - YAIL & RYLA

Karen Kirby

Next board meeting: Wednesday, March 13, 2024
Cora's Restaurant, at 7:30 am

Week of:

February 20 - March 4, 2024

Happy Birthday

Tuesday, February 20 - Karen

Friday, February 23 - Stan

Saturday, February 24 - Allan

Happy Anniversary

Wednesday, February 28, 1976

Bob & Jo-Ann

48 years

Rotary Anniversary

Joined Coquitlam Sunrise

March 1, 2022 - Allan

2 years

March 1, 1991 - Reg

33 years

