

I'M BORED.
I THINK I'LL GO TO THE MALL,
FIND A GREAT PARKING SPOT
AND SIT IN MY CAR WITH THE
REVERSE LIGHTS ON.

How come there is
enough asphalt for speed
bumps
But not enough to fill pot
holes

Only in
Australia



Years ago, there was a very low cost airline called PSA (Pacific Southwest Airlines). The other airlines hated the cheap competition. Once, I was on a United Airlines flight. As we flew over the Sacramento area, the pilot announced "If you look to your right, you will see PSA passengers deplaning from their flight." Looking out the windows, we saw a group of skydivers jumping out of their plane.

It actually came from a flight attendant about 15 years ago. "We have a woman pilot and a woman co-pilot on this flight. You are flying in an unmanned plane."



Rotary
Coquitlam Sunrise

Good Morning Report

Editor: Malcolm Kennedy malcolm.rotary@outlook.com

Tuesday, January 16, 2024

Poirier Sport and Leisure Complex
633 Poirier Street, Coquitlam, Room 3, Upstairs
Meeting starts at 7:15 am

Welcome to
Hazel Postma
Trip to Ecuador with
Cinterandes

Cinterandes is a non-profit organization founded in 1990 with the purpose of carrying out programs to operate on low-income people in underserved areas of the country.

More than two decades ago, an operating room was built in the back of a truck where we have since performed an average of 350 surgeries per year in some of the most remote regions of the Ecuadorian Andes, Coast and Amazon.

We treat people who otherwise would not be able to access surgical services safely near their homes, humanizing the medical service, while guaranteeing standards comparable to the best healthcare centers around the world.





Gordon McNally
2023 - 2024
President Rotary International



RI President-elect R. Gordon R. McNally calls for Rotary to create hope in the world by working for peace and mental wellbeing. He urges members to engage in tough conversations and earn the trust that's necessary to realize these values.

January is Vocational Service Month

Bob's Rotary Foundation Moment
WHAT ARE MAJOR DONORS?

Major Donors are people who have contributed at least US\$10,000 to The Rotary Foundation.

You receive Major Donor recognition as an individual or couple when your cumulative personal outright giving has reached that level, regardless of how the gift is designated to be used. Major Donors can choose to receive a crystal piece and a lapel pin or pendant at each new recognition level.

More than 30,000 people have become Major Donors since the program began.

We currently have 3 Major Donors in our club.



David Lukov
2023-24 Governor, District 5050

Meetings and Member Duties

Sergeant - January - Allan

Tuesday, January 16, 2024

Speaker Hazel Postma

Cinтерandes Project, Ecuador

Coffee/Muffins - Greg

Rotary Thought - Ron

Jan 18, Starfish: Amanda, Stan, Greg

Tuesday, January 23, 2024

Speaker Ken Kuhn

Tri-Cities Seniors Action Society

Coffee/Muffins -

Rotary Thought -

Jan 25, Starfish: Emmanuel, Greg, Clive

Tuesday, January 30, 2024

Chloe Goodison

What is NaloxHome and How Can We Help

Coffee/Muffins -

Rotary Thought -

February 1, Starfish: Stan, Clive, Sherron

Tuesday, February 6, 2024

Speaker

TBA

Coffee/Muffins -

Rotary Thought -

February 8, Starfish: Allan, Hugh, Greg

Upcoming District Events

Grants Training Seminars

January 27, 2024

Rotary Field House, Surrey

March 02, 2024

Silver Reef Casino

District Assembly

April 13, 2024 8:00 am - 3:00 pm

Kwantlen Polytechnic University

Rotary
Coquitlam Sunrise
Coquitlam Sunrise Executive 2023- 2024

President, Secretary, Bulletin Editor
Malcolm Kennedy
President Elect,
Director Community & International
Ron Postma
Treasurer
Stan Wylie
Director Club & Vocational
Greg Garrison
Director The Rotary Foundation
Bob Moody
Director Membership & Programs
John Panrucker - Sherron Regehr
Chair - YAIL & RYLA
Karen Kirby

Next board meeting: Wednesday, January 17
Cora's Restaurant, at 7:30 am

Week of:
January 16 – January 22, 2024

Happy Birthday

Wednesday, January 17 - Tom

Happy Anniversary

Tuesday, January 16, 1980
Emmanuel & Sandra - 44 years

Rotary Anniversary
Joined Coquitlam Sunrise

Thursday, January 18, 1990
Charter Members 34 years

Ron Hopkins
Mike McKone
Tom Ramsay

NEW 2024 - 2025 Theme



MARCH 1ST-3RD
2024



ALEXANDRIA HALL

\$375

YAIL

Help send youth to a once in a lifetime opportunity!
Candidates must be sponsored by a Rotary/Rotaract Club. Family members of Rotarians can participate. We encourage clubs to sponsor multiple candidates!

Alex House
2916 McBride Ave
Surrey, BC



OPEN TO ANYONE 18-30 YEARS OLD!

\$225 CAD
\$425 USD

MAY 9-12 2024

RYLA ROTARY YOUTH LEADERSHIP AWARDS

HELP SUPPORT THE NEXT ROTARIANS!

CAMP SOQUEAH, HOPE, BC




SAVE the DATE!

Rotary District 5050 Conference

Rotary = Family

We Are Family

Activities for all Ages!

Children • Youth • Adults

May 4, 2024
MT. VERNON HIGH SCHOOL

