













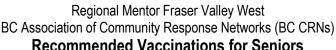
Good Morning Report

Editor: Malcolm Kennedy malcolm.rotary@outlook.com

Tuesday, January 23, 2024

Poirier Sport and Leisure Complex 633 Poirier Street, Coquitlam, Room 3, Upstairs Meeting starts at 7:15 am

Welcome to Ken Kuhn





Ken comes from a background of teaching business, computers, and accounting at many levels of education. Since his retirement he has kept busy in a volunteer capacity with several different organizations that match his values and goals of life. One focus includes trying to build Age-Friendly Community policies and initiatives in the Tri-Cities by working with Councils and seniors' organizations in the Tri-Cities. Another focus Ken has, is trying to share information for seniors for Shingles, Pneumonia, and Influenza Vaccines to help keep them healthy and active. He has worked with pharmacists, seniors' care providers, and healthy authorities to offer workshops and information for seniors. Ken was also the Tri-Cities CRN Coordinator prior to moving to the regional Mentor position for Fraser valley West.



A Community Response Network (CRN) is made up of a diverse group of concerned community members, community agencies, local businesses, government agencies, professionals, and others who come together to create a coordinated community response to abuse, neglect, and self-neglect in vulnerable adults. When the community cannot provide appropriate support to the adult, the Adult Guardianship Act provides designated agencies (Health Authorities and Community Living BC) with the responsibility of investigating and ensuring that the proper action is undertaken.





Gordon McInally 2023 - 2024 President Rotary International



RI President-elect R. Gordon R. McInally calls for Rotary to create hope in the world by working for peace and mental wellbeing. He urges members to engage in tough conversations and earn the trust that's necessary to realize these values.

January is Vocational Service Month

RI president-elect announces 2024-25 presidential theme

Rotary International President-elect Stephanie Urchick announced that the 2024-25 presidential theme is *The Magic of Rotary* and called on members to recognize and amplify the organization's power to save lives.

Don't misunderstand me – we are not going to end polio or bring peace to the world by waving a wand and saying some funny words," "It's up to you. You create the magic with every project completed, every dollar donated, and every new member."

Urchick, a member of the Rotary Club of McMurray, Pennsylvania, USA, said she saw the magic of Rotary on display when she was helping install water filters in the Dominican Republic. Two boys were watching as dirty water entered the filter, then ran out clean at the other end.

One of the boys grabbed my sleeve and said, 'Show me the magic again,'" she said. "Obviously, the water filter wasn't magic.





Upcoming District Events

Grants Training Seminars

January 27, 2024 9:00 am - 2:00 pm Rotary Field House, Surrey March 02, 1024 9:00 - 2::00 pm Silver Reef Casino, Ferndale, WA

District Assembly

April 13, 2024 8:00 am - 3:00 pm Kwantlen Polytechnic University

District 5050 Conference

"We are Family"
Mount Vernon High School
May 4, 2024
8:00 am - 6:00 pm



David Lukov 2023-24 Governor, District 5050

Meetings and Member Duties

Sergeant - January - Allan

Tuesday, January 23, 2024

Speaker Ken Kuhn
Tri-Cities Seniors Action Society

Coffee/Muffins - Stan Rotary Thought - Bob

Jan 25, Starfish: Emmanuel, Greg, Clive

Tuesday, January 30, 2024

Chloe Goodison

What is NaloxHome and How Can We Help

Coffee/Muffins - Greg Rotary Thought -

February 1, Starfish: Stan, Clive, Sherron /Doug

Tuesday, February 6, 2024 Speaker TBA

Coffee/Muffins -Rotary Thought -

February 8, Starfish: Allan, Hugh, Greg

Tuesday, February 13, 2024

Speaker Kristin Ignacz Canadian Women for Women in Afghanistan

Coffee/Muffins -Rotary Thought -

February 15, Starfish: Ron, Greg, Stan

Tuesday, February 19, 2024

NO MEETING - Family Day

February 22, Starfish: Allan, Greg, Clive

Tuesday, February 27, 2024

Speaker Jennifer McKinnon My work and volunteer duties

Coffee/Muffins - Rotary Thought -

February 29, Starfish: Greg, Amanda, Emmanuel



Coquitlam Sunrise Executive 2023- 2024

President, Secretary, Bulletin Editor
Malcolm Kennedy
President Elect.

Director Community & International

Ron Postma

Treasurer

Stan Wylie

Director Club & Vocational

Greg Garrison

Director The Rotary Foundation

Bob Moody

Director Membership & Programs

John Panrucker - Sherron Regehr Chair - YAIL & RYLA

Karen Kirby

Next board meeting: Wednesday, February 14 Cora's Restaurant, at 7:30 am

Week of:

January 23 – January 29, 2024

Happy Birthday

No one this week

Happy Anniversary

No one this week

Rotary Anniversary

Joined Coquitlam Sunrise

No one this week

NEW 2024 - 2025 Theme



