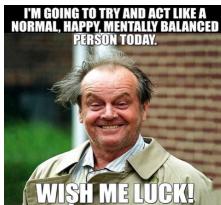
My friend Jack claims that he can communicate with vegetables.

Jack and the beans talk.









"Folks, the main reason you're not getting a good picture is because you bought yourselves a microwave oven."

I STOOD WAVING TO MY
NEIGHBOR FOR 10
MINUTES THIS MORNING
BEFORE REALIZING SHE
WAS CLEANING HER
WINDOWS





Good Morning Report

Editor: Malcolm Kennedy malcolm.rotary@outlook.com

Tuesday, July 25, 2023

Poirier Sport and Leisure Complex 633 Poirier Street, Coquitlam, Room 3, Upstairs Meeting starts at 7:15 am



Ron Postma
ROTARY 101

















Gordon McInally 2023 - 2024 **President Rotary International**



RI President-elect R. Gordon R. McInally calls for Rotary to create hope in the world by working for peace and mental wellbeing. He urges members to engage in tough conversations and earn the trust that's necessary to realize these values.

July is Rotary Transition Month



The GolFun tournament is one of two district wide fundraising events for The Rotary Foundation! The event is held annually at the Homestead Farms Golf Club in Lynden, WA. All golfers, "almost" golfers, and dinner guests are welcome! The other event is the foundation dinner in November.

Each club in the district has been asked to sponsor the event with a \$2,000 donation to TRF, to be designated to one of the funds, i.e. the Annual Fund, PolioPlus Fund, or other designated funds.

Golf will be a Texas team scramble with a shotgun start at 12:45 PM. Teams can be either 3 or 4 players. Registration is open in the event section of the website. Register as an individual or as a team. Check-in will begin at 11:00 AM. The restaurant at the course, Steakhouse 9, opens at 11:00 AM for snacks and lunch. It is where we will have dinner at the conclusion of the tournament.

The fee for each golfer is \$125 USD, including the green fee, cart, and dinner. The cost for dinner only is \$40 USD. Mulligan bags will be offered for sale at check-in for \$25 USD. There will also be a split the pot contest at dinner with funds to go to TRF. A split the pot ticket will be in the mulligan bag. Additional split the pot tickets will be sold at the dinner.

There will be additional chances for prizes including a putting contest, longest drive, and closest to the pin. Tickets for the putting contest will be included in the mulligan bags with individual tickets offered at the location of the contests. The team with the lowest gross score will have their names placed on a large revolving trophy along with individual trophies.



David Lukov 2023-24 Governor, District 5050

Meetings and Member Duties

Sergeant - July Ron

Tuesday, July 25

Ron Postma Rotary 101

Coffee/Muffins - Sherron Rotary Moment - Ron

Starfish Drivers - summer break

Tuesday, August 1 Program

TBA

Coffee/Muffins - TBD

Rotary Moment - TBD

Starfish Drivers - summer break

Tuesday, August 8 **NO MEETING August BC Stat Holiday**

Tuesday, August 15

Program TBA

Coffee/Muffins - TBD **Rotary Moment - TBD** Starfish Drivers - summer break

Up Coming Events



SAVE THE DATE August 25

Thursday, September 21

Start collecting auction items



Coguitlam Sunrise Executive 2023-2024

President, Secretary, Bulletin Editor Malcolm Kennedy

Past President

Lori Travis

President Elect.

Director Community & International

Ron Postma

Treasurer

Stan Wylie

Director Club & Vocational

Grea Garrison

Director The Rotary Foundation

Bob Moody

Director Membership & Programs

John Panrucker - Sherron Regehr

Chair - YAIL & RYLA

Karen Kirby

Next board meeting: Tuesday, xxxxxxxxx On Zoom, at 5:30 PM

Week of: July 25 - July 31



Monday, July 31 - Bob Moody



No one this week

Rotary Anniversary Joined Coquitlam Sunrise

No one this week

