



ONE THING NOBODY EVER TALKS ABOUT BEING AN ADULT IS HOW MUCH TIME YOU DEBATE YOURSELF ON KEEPING A CARDBOARD BOX BECAUSE IT'S LIKE A REALLY, REALLY GOOD BOX.



Rotary
Coquitlam Sunrise
Good Morning Report

Editor: Malcolm Kennedy malcolm.rotary@outlook.com

Tuesday, March 19, 2024

Poirier Sport and Leisure Complex
633 Poirier Street, Coquitlam, Room 3, Upstairs



Welcome to

Joe Calendino Author,

Executive Director Yo Bro - Yo Girl Youth Initiative



Joe has over 10 years of experience working with youth in some of the city's most vulnerable neighbourhoods. His experience, as well as his unique personal background, motivated him to create Yo Bro | Yo Girl Youth Initiative in 2009. As a former member of the Hells Angels and addict, Joe has experienced firsthand the consequences of his choices. He went from being a successful businessman in the mobile phone industry to living, drug addicted on the streets of Vancouver after losing everything to drugs and gangs.

Yo Bro | Yo Girl Youth Initiative runs a series of strength-based programs in Vancouver and the Lower Mainland. We cultivate resiliency in at-risk youth and empower them with tools to avoid the perils of drugs, gangs, crime and violence.

To Hell and Back: A Former Hells Angel's Story of Recovery and Redemption

To Hell and Back is Joe's Calendino's story of redemption - a story that led him to his current role as Co-founder and Executive Director of Yo Bro | Yo Girl Youth Initiative.

A gripping portrait of a notorious Vancouver gangster and Hells Angels elite who descended into a life of homelessness and addiction, ultimately redeeming himself through award-winning youth advocacy.

As an outlaw biker living on the fringes of society Joe Calendino travelled the world, relishing the dangerous glamour of the Hells Angels' lifestyle, even committing himself to an elite chapter in the organization: the Nomads Motorcycle Club or "one percenters."

But his life soon spiralled into a world of drugs and debt. A tight noose of addiction began to rule. Eventually frustrated by Calendino's recklessness, the Hells Angels stripped him of membership. In desperation, Calendino spent months in rat-infested crack houses, combing back alleys for anything that might help him get his next fix.

Finding himself on the cusp of death, he gained the support of an unlikely ally, Officer Kevin Torvik, a former high-school buddy on a very different path. Calendino not only recovered but thrived and redefined himself as a community youth leader, eventually winning the Courage to Come Back Award given to individuals who give back after overcoming tremendous adversity.



Gordon McInally
2023 - 2024
President Rotary International



RI President-elect R. Gordon R. McInally calls for Rotary to create hope in the world by working for peace and mental wellbeing. He urges members to engage in tough conversations and earn the trust that's necessary to realize these values.

March is Water, Sanitation and Hygiene Month

**ROTARY DISTRICT 5050
DISTRICT ASSEMBLY**
Saturday, April 6, 2024

Kwantlen Polytechnic University, Surrey, BC
12666 72nd Avenue, Surrey, BC

Registration begins at 8:00 AM. Assembly begins promptly at 9:00 AM.

The District Assembly is an excellent training opportunity for Rotarians of all ages and experiences.

This event is created for:

- New Club Officers (President-Elect, Secretary, Treasurer, Membership, Foundation, Youth, etc.)

Rotarians wanting to network, develop relationships and learn from other Rotarians in our District,

Newer Rotarians who would like to better understand the value and meaning of Rotary.

We will have a group gathering to begin our time followed by seminars on topics pertinent to Rotarians who are seeking strong leadership skills and connections.

Lunch is provided. Parking is free.

Do not pay for parking - you will not be reimbursed!!

Each Rotary Club in our District is charged for 5 club members to attend.

Please register your club officers and interested Rotarians who are planning on attending

Details will be sent about parking and any other matters closer to the event

\$55 per person, \$275 per club Canadian dollars
Pat Bond will collect the cheques/checks at registration.



David Lukov
2023-24 Governor, District 5050



Meetings and Member Duties

Sergeant - March - Clive

Tuesday, March 19, 2024

Speaker: Joe Calendino
YBYG

Coffee/Muffins - Greg
Rotary Thought - Jennifer
March 21, Starfish: Spring Break

Tuesday, March 26, 2024

Speaker: Jennifer Blatherwick
Access Youth

Coffee/Muffins -
Rotary Thought - Bob
March 28, Starfish: Spring Break

Tuesday, April 2, 2024

NO MEETING

Easter Monday on April 1

April 4, Starfish: Bob, Stan, Clive

Tuesday, April 9, 2024

Speaker: Kathleen Nadalin
ICBC - Road Safety Coordinator

Coffee/Muffins -
Rotary Thought - Amanda
April 11, Starfish: Amanda, Sherron, Greg

Tuesday, April 16, 2024

Speaker: TBA

Coffee/Muffins -
Rotary Thought - Ron
April 18, Starfish: Hugh, Ron

Tuesday, April 23, 2024

Speaker: TBA

Coffee/Muffins -
Rotary Thought - Tom
April 25, Starfish: Lucille, Stan, Greg

Tuesday, April 30, 2024

Pub Night



Coquitlam Sunrise
Coquitlam Sunrise Executive 2023- 2024

President, Secretary, Bulletin Editor
Malcolm Kennedy

President Elect,
Director Community & International

Ron Postma

Treasurer

Stan Wylie

Director Club & Vocational

Greg Garrison

Director The Rotary Foundation

Bob Moody

Director Membership & Programs

John Panrucker - Sherron Regehr

Chair - YAIL & RYLA

Karen Kirby

Next board meeting: Wednesday, April 17, 2024
Cora's Restaurant, at 7:30 am

Week of:

March 19 - March 25, 2024

Happy Birthday

No one this week

Happy Anniversary

Friday, March 22 - 1997

Rob and Lisa Hopkins
27 years

Rotary Anniversary

Joined Coquitlam Sunrise

No one this week



Coquitlam Sunrise