



When the phone  
was tied  
with a wire-  
Humans were free..



Sometimes it  
takes me all  
day to get  
nothing done.



Rotary



Coquitlam Sunrise

# Good Morning Report

Editor: Malcolm Kennedy malcolm.rotary@outlook.com

**Tuesday, March 5, 2024**

**Poirier Sport and Leisure Complex**  
633 Poirier Street, Coquitlam, Room 3, Upstairs  
Meeting starts at 7:15 am

Welcome to

**Jatinder Bhatti**

Executive Director  
Tri-City Transitions Society



**Jatinder Bhatti** has worked in the social services field for more than 18 years, bringing with her a myriad of personal and professional experiences to her role as Executive Director, at Tri-City Transitions Society. As a BIPOC female leader, she uses her voice and champions the advancement of women of all diverse backgrounds using her intersectionality lens to ensure equitable pathways to leadership roles.

She strongly believes that equity and justice are critical for meaningful, systemic change. She is driven by her values and principles and is committed to supporting the wellbeing of women and children and fostering the development of a healthy community.

**Tri-City Transitions** helps abused, vulnerable women, children and families every day. We provide each individual with a variety of resources and services to help them move forward and build new lives.

But we cannot do it alone. Tri-City Transitions relies on you — our community and our charitable donors — for support to keep our programs running. Your donations mean we can continue to provide hope and help for women, children and families in need.



**Tuesday, March 5 is SHARE Day**





CREATE HOPE  
in the WORLD

Rotary



Gordon McInally  
2023 - 2024

President Rotary International



RI President-elect R. Gordon R. McInally calls for Rotary to create hope in the world by working for peace and mental wellbeing. He urges members to engage in tough conversations and earn the trust that's necessary to realize these values.

### March is Water, Sanitation and Hygiene Month

Early Bird registration is only \$100 per person for May 4 and \$200 for the Family  
Early Bird registration ends on February 29th

8:00 am to 9 am Registration Pastries and coffee

9 am start openings and speakers

12:00 lunch break

1:00 pm start back with speakers

5:30 dinner

Fellowship breaks will happen often during the day

Add ons -

May 3 - 5pm to 8 pm - Bowling, shoes and dinner - \$35.00 (pay at the bowling alley)

May 3 - 8pm on Meet and Greet at Max Dales - \$20.00 appies, Cash bar

May 5 - Service Project at Camp Korey - \$10.00 includes breakfast and lunch

You can choose to stay at Camp Korey for \$25.00

SAVE the DATE!  
We Are Family

for District 5050 Conference  
Adults • Youth • Children



May 4, 2024  
MT. VERNON HIGH SCHOOL

District 5050 Conference

Rotary

District 5050



David Lukov  
2023-24 Governor, District 5050

### Meetings and Member Duties

#### Sergeant - March - Clive

Tuesday, March 5, 2024

Speaker: Jatinder Bhatti

Tri-City Transitions Society

Coffee/Muffins - Sheron

Rotary Thought - Karen

March 7, Starfish: Hugh, Stan, Emmanuel

Tuesday, March 12, 2024

Speaker: TBA

Coffee/Muffins - Greg

Rotary Thought - Allan

March 14, Starfish: Clive, Bob, Greg

Tuesday, March 19, 2024

Speaker: Joe Calendino

YBYG

Coffee/Muffins -

Rotary Thought - Jennifer

March 21, Starfish: Spring Break

Tuesday, March 26, 2024

Speaker: TBA

Coffee/Muffins -

Rotary Thought - Bob

March 28, Starfish: Spring Break

Tuesday, April 2, 2024

NO MEETING

Easter Monday on April 1

April 4, Starfish: Bob, Stan, Clive

Tuesday, April 9, 2024

Speaker: TBA

Coffee/Muffins -

Rotary Thought - Amanda

April 11, Starfish: Amanda, Sherron, ????

Rotary

Coquitlam Sunrise



Coquitlam Sunrise Executive 2023-2024

President, Secretary, Bulletin Editor

Malcolm Kennedy

President Elect,

Director Community & International

Ron Postma

Treasurer

Stan Wylie

Director Club & Vocational

Greg Garrison

Director The Rotary Foundation

Bob Moody

Director Membership & Programs

John Panrucker - Sherron Regehr

Chair - YAIL & RYLA

Karen Kirby

Next board meeting: Wednesday, March 13, 2024  
Cora's Restaurant, at 7:30 am

Week of:

March 5 - March 11, 2024

Happy Birthday

No one this week

Happy Anniversary

No one this week

Rotary Anniversary

Joined Coquitlam Sunrise

No one this week



### District Assembly

April 6, 2024

8:00 am - 3:00 pm

Kwantlen Polytechnic University

Surrey Campus

The District Assembly is an excellent training opportunity for Rotarians of all ages and experiences. Club pays for minimum 5 members, more welcome.