

<http://www.responsibletechnology.org/> 2. Avoid Genetically Modified Foods. 3. Promote food labeling laws identifying GMO foods in Grocery Stores. Go To:  
[http://www.biologicaldiversity.org/species/invertebrates/monarch\\_butterfly/index.html](http://www.biologicaldiversity.org/species/invertebrates/monarch_butterfly/index.html)

**Butterfly Attracting Plants.** These plants all grow in our zone and are (or have been) in this garden.

**Flowers:**

Agastache – attracts hummingbirds  
Aster (Aster spp.)  
Black-Eyed Susan (Rudbeckia hirta)  
Blazing Stars (Liatris spp.)  
Butterfly Milkweed (Asclepias tuberosa)  
Buttonbush (Cephalanthus occidentalis)  
Coneflowers (Echinacea purpurea)  
Coreopsis (Coreopsis spp.)  
Cosmos (Cosmos spp.)  
Hollyhock (Alcea rosea)  
Mallow (Malva spp.)  
Marigold (Tagetes spp.)  
Mexican Sunflowers (Tithonia rotundifolia)  
Petunia (Petunia x hybrida)  
Shasta Daisy (Leucanthemum spp.)  
Spider flower (Cleome hasslerana)  
Thistle (Cirsium discolor)  
Trumpet Vine (Campsis radicans) – attracts hummingbirds  
Woodland Stonecrop (Sedum ternatum)  
Yarrow (Achillea spp.)  
Zinnia (Zinnia elegans)

**Herbs:**

Dill (Anthem graveolens)  
Fennel (Foeniculum vulgare)  
Parsley (Petroselinum crispum)

**Shrubs:**

Butterfly Bush (Buddleia spp.)  
False Indigo (Baptisia australis)

**Trees:**

Flowering Dogwood (Cornus)