



The Rotary Club of Lantzville

December
2023

*Quote of
the
month:*

“Do what you can to show you care about others, and you will make our world a better place.”

– Rosalynn Carter

November in Review

November was a great month for our club. We had many interesting guest speakers and visitors, including from our former club member William Litchfield and his kids, along with another scout leader, “Sunshine.” We also had A.G. Ken Hammer visit to welcome Jodie into the Polio Plus family. We had Drew Cooper visit our club again to talk about the Mini Rugby crew. We had a visit from Linden Shaw to talk about extraordinary memoirs. We also had our very own Cor Buys speak about his amazing travels – well done, Cor! On the volunteer end of things, we kept fairly busy, even starting off the first days of November helping out at the Rugby Club for some big games. Lastly, we had our annual Christmas Social at Simon Holt – fun was had by all. A big congratulations to our very own Rachel Robertson on being a Canadian Kinesiology Award Winner (Event of the Year) for organizing our Club’s annual Fitness in the Park event. Congrats to Rachel and to all that helped make it possible. We have lots on the go for December and will surely be seen in our community. Merry Christmas and Happy Holidays!



*Fact of
the
month:*

In 1968, the first Rotary Club banner to orbit the moon was carried by astronaut Frank Borman, a member of the Houston Space Center Rotary Club.

December Birthdays and Anniversaries:

Ralph Lemmon – December 5th

If you think we are missing information, please let me know!

Upcoming Meetings and Events:

December 7th – *Important* Rotary Information Meeting

November 14th – AGM & Youth Exchange

November 21st – **NO MEETING** – White Spot instead of meeting.

December 30th – **NO MEETING**

Social: December 21st Christmas Breakfast at White Spot

Duty Roster	Greeter	Cash	Sgt. Arms	Introductions	Inspiration	Rotary Minute
December 7 th	Dale	Jo-Anne	Don	Joy	Jodie	Troy
December 14 th	Sheila	Cor	Doug	Alexis	Chris	Sheila
NO Meeting						
No Meeting						

For more images and updates through the month, visit our Facebook page:

<https://www.facebook.com/RotaryClubofLantzville/>

CONGRATULATIONS!

**2023 Kinesiology
Event/Initiative
of the Year**



Fitness in the Park
by Rachel Robertson, Kinesiologist,
Return to Form

DECEMBER SOCIAL: CHRISTMAS BREAKFAST

When: December 21st

Where: White Spot, 7:00 A.M.

R.S.V.P. to Michael by E-mail when convenient.

