**10 Emergency Preparedness Essentials**

1. Store one gallon of water per person, per day, and non-perishable food, cooking and eating utensils, a can opener, and other essential supplies to cover three meals per person, per day for a minimum of 10 days; if you have pets, make sure you also store enough water and food for at least 10 days for each pet
2. Store a first aid kit under your bed, with your water, food and other supplies, and in each of your vehicles; make sure you set aside at least a 10-day supply of all prescription medicines
3. Store protection for your head (hard hat), hands (leather gloves), and feet (sturdy shoes and socks) under your bed, along with a flashlight, a battery-operated portable radio, extra batteries, a whistle, and a pad of paper and pen
4. Prepare your house by strapping your hot water heater and bolting bookshelves, hutches, wardrobes, and other heavy items that could fall over to a wall, and placing glass dishes and other breakable items in drawers or cupboards with childproof latches
5. Maintain smoke alarms and place charged fire extinguishers in close proximity to potential sources of fire
6. Know how to shut off water, electricity, and gas services to your house
7. Maintain secondary sources of light and heat (generator, woodstove, etc.) for your house
8. When the power goes out, gasoline and access to ATMs will be limited; keep the fuel tank in your car above 50 percent and an emergency stash of money in your home
9. Carry an emergency contact card in your wallet; help execute the Club’s Emergency Communication Plan
10. In the spirit of service above self, promote preparedness at your neighborhood and community levels by supporting the work of your Community Emergency Preparedness Committee, Bainbridge Island Fire and Police Departments, and Prepared Neighborhoods