



ROTARY: MAKING A DIFFERENCE

# THE SPOKE

CLUB NEWSLETTER

MARCH 14, 2020

ISSUE NO. 268

## IMPORTANT NOTE:

Sumner Rotary meetings scheduled for March 17 & March 24 have been canceled due to the continued spread of the Novid 19 virus. Please be safe!

## UPCOMING SPEAKERS

### MARCH

**March 31** - Ben Benson, Pierce County Sheriff Dept.

### APRIL

**April 7** - Club Meeting  
**April 14** - Tom Simpson, CEO of Ignite Northwest  
**April 21** - Jensen Isham, Bonney Lake Food Bank  
**April 28** - Mitchell Frets, Vite Maple Place

### MAY

**May 5** - Club Meeting  
**May 12** - Jenny Hones, reducing clutter  
**May 19** - Gini Gilder, Seattle Storm/ Olympic silver medalist  
**May 26** - Josh Metcalf, DM Disposal

## COMING EVENTS

June 12 - Girls' Night Out.

Aug. 28 - Golf Tournament

Aug. 29-30 - Courage Ride

## OFFICERS/DIRECTORS

### President

Sam Suznevich

### President-Elect

Sherm Voiles

### Co-Secretary

Barbara Bitetto

### Co-Secretary

Carmen Blankenship

### Treasurer

Andy Elfers

### Co-Treasurer

Barbara Bitetto

### Past President

Brad Moericke

### Directors

Mike Dobb  
Pam Osborne  
David Eidsaune  
Scott Robbert

### Chair of Rotary Foundation

Ed McConkey

### Youth Services

Justin Watkins

### Youth Protection Officer

Kathy Hayden

## CLUB LINKS

[Rotary International](#)

[About Rotary](#)

[Joining Rotary](#)

[Rotary History](#)

[Rotary Foundation](#)

[For New Members](#)

## SUMNER ROTARY CLUB

PO Box 272  
Sumner, WA 98390  
[rotaryclubofsumner.org](http://rotaryclubofsumner.org)

Sumner Rotary Club meets Tuesdays,  
noon, Branks BBQ, 13701 24th St. E.  
Sumner



## COMMUNITY SERVICE PARTNERS



## AT THE MEETINGS

March 3 meeting



## MEMBER SPOTLIGHT

CLARA GILLARD



Clara joined Rotary in 1988. 1987 was the first year that women were allowed to attend. There were more Rotarians in 1990 than there are now.

At age 5 Clara lived in Missouri. She was the youngest of 9 children. Her father was a minister and she was never hungry. Clara is a Christian. She is and has always loved people and helped people.

She married and had three children. Her husband fought in a couple of wars and returned, but was so traumatized that they couldn't be together. They eventually divorced and she remarried. She was married to her second husband for 38 years. She ended with her theme that she definitely practices: Give, Give, Give to Rotary even if it's just "one latte" a week (\$5.00).

## NEW MEMBERS

Scott Terry (sponsored by Gene Hammermaster)

Born in Idaho, but grew up on Des Moines, WA. Law School at Seattle U. Practiced law in Kent and then moved it to Sumner.

Hosea Bottley (sponsored by Sam Suznevich)

Born and raised in Texas. 54 years old, 5 kids (ages 2 to 34). He served in the military. Loved the Northwest and stayed. He started his own business about three years ago in the shipping business.

## SHS REPORT

Boys Basketball are in the play-offs. They won their first state tournament game in 49 years.

Spring sports just started: Girls Tennis, Track, Softball, Baseball, etc. March 19-20 is the Talent Show. DECA is sending 50+ students to the next competition. The next goal is the International competition.

## SERVICE ABOVE SELF

by Amy Montgomery, Principal of Mountain View Middle School.

Award Recipients:

1. Katlyn Cider: 8th grade student. Volunteers at the Auburn Humane Society and many more.
2. Rachel Sullivan. 7th grade student. 75 hours of service, including dog walking, laundry and Humane Society. She also raises money for various medical need research societies.

## NEW SERVICE PROJECTS (update) — David Prestin

Multi-Service Center Project — building a new "senior center" and (family center) and more.

Partners: Numerous partners are involved including possible Pierce County Library.

Possible building share with the new library; possible integration with the YMCA.

Remember fellow Rotarians to greet the new members and sign their roster book.

Justin Watkins "graduated" out of his red badge and got his blue badge today. He recently returned from a trip to his home country, New Zealand.

February 25 meeting

Guest Speaker, **TERI POLLASTRO**

The guest speaker spoke about her experiences with breast cancer. She described some frustrating experiences in talking to her physician. She got a second opinion and started working with that doctor and avoided the previous doctor's "eye-rolling." Later she was diagnosed with stage 4 breast cancer.

She had two young children when diagnosed (she was in her early 40s). Her mantra became: "The statistics are not good and you are not a statistic." (Said first by her doctor). To fight her cancer, she sent her notebook of medical condition to many cancer treating facilities around the country. She got many rejections, but one doctor responded by saying he can help with targeted treatment. Between that treatment and the unique vaccine that she tried at the UW Medical center, she got better.

Teri is involved in research advocacy. She has a drive and ability to advocate for the continued improvement on medically treating metastatic breast cancer. She is committed to being an advocate in this disease. Why? Selfishly for herself (her words) and for those who cannot advocate for themselves. She has a true heart for helping other people and she has been witness to meaningful progress in this area of cancer.

The 5th annual NW Metastatic Breast Cancer Conference (NWMBCC) is coming on September 12, 2020, at the at Amazon headquarters in Seattle. Amazon is a large supporter of the conference. You can sign up for the conference by going to this website: <https://komenpugetsound.org/nwmbcc/>



Teri Pollastro, left, and her sister, Rotarian Carmen Pollastro.

February 18 meeting

Guest Speaker, **ETHAN VIA**, FBI representative

## FRAUD ON THE INTERNET

Scams are used by terrorists to raise money.

How to identify a scam:

1. It's too good to be true.
2. IRS calls and threatens you.
3. Demands money or personal information up front.
4. Poor grammar/broken English.

Our guest speaker read a couple of fraud emails. They were good for a few laughs. The grammar and geography was made up.

What to do when fraud happens:

1. Tell someone.
2. Contact your bank.
3. Place fraud alerts on your credit reports (Equifax, etc.).
4. File a report at [www.ic3.gov](http://www.ic3.gov) (FBI, white collar crime).
5. File a complaint at [www.ftc.gov/complaint](http://www.ftc.gov/complaint) (not necessarily needed).
6. For IRS impersonation scams, file a report at [www.treasury.gov/tigta](http://www.treasury.gov/tigta)

What to Expect:

1. Save any emails/letters/evidence.
2. A thorough interview.
3. Be patient.
4. Victim witness services for updates.
5. Restitution is often minuscule.
6. Civil remedies (requires attorney = \$\$\$).

Prevention:

1. Free scam alerts from the FTC at [FTC.gov/scams](http://FTC.gov/scams).
2. Screen your calls.
3. Independently verify before you reply to anything.
4. Use debit cards carefully (that's your money).
5. Buy a \$50 shredder (microcut are best).
6. Review your bank documents regularly.
7. Review your credit report annually.
8. Don't allow yourself to be rushed into decision.
9. Delete suspicious emails/attachments.

How many prosecutions are there? How successful are you at fighting the scams?

Success is hard to measure and guest speaker was not sure the answer. FBI does not usually open a case unless they feel very confident that they will win. 260 arrests throughout the world last year.

For information, see: [www.idtheftcenter.org](http://www.idtheftcenter.org)



## COURAGE RIDE

Message from Stephanie Hall | Event Manager, Courage Ride  
MultiCare Foundations

Our move back to the mountains last year was a great success, raising more than \$406,000 for the kiddos at Mary Bridge Children's — we could not have done it without you. This year's ride will be from Cle Elum to Leavenworth and back on August 29 and 30. Every dollar raised through Courage helps children and families at Mary Bridge Children's. This year, you can choose between two critical funds: Child Abuse Intervention Department (CAID) or Where The Need Is Greatest.

Just a reminder that if you haven't registered, we have a great promotion available to our returning 2019 riders, use code INFOR2020 for \$25 registration!

There are lots of ways to get involved this year. You can join one of the existing Rotary Teams or start your own!

- Rotary Riders and Friends, captained by John Eddy
- Sumner Rotary Riders, captained by Tim Thomsen
- Can't make it to the event in August? No worries, join either team as a virtual rider. (NO registration fee or bike required!)

Find out more and register at [ridewithcourage.org](http://ridewithcourage.org)

If you have any questions about the event, please contact me at [hallste@multicare.org](mailto:hallste@multicare.org).

