



**QUESNEL:**  
April 30 - May 2, 2025

# ADVENTURES IN HEALTHCARE

Start here...

go anywhere!



ENGAGING



INFORMATIVE



FUN

**An interactive hands-on experience for high school students in Grade 10 and 11 to explore a variety of health care careers.**

For more information contact your high school career education teacher or visit: [www.adventuresinhealthcare.com](http://www.adventuresinhealthcare.com)



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**A show case of career pathways and opportunities in health sciences**

**April 30 - May 2, 2025  
Quesnel, BC**

Scan this for a digital version of this booklet





Welcome to *Rotary Adventures in Health Care 1.0* - Quesnel's inaugural launch of this program. Over the next 3 days you will meet health care professionals who have freely given their time and put their jobs aside to share with you the passion they have for their field of work. New to *Adventures in Health Care* this year is the inclusion of the First Nations Health Authority (FNHA). *Dahooja!*

Everyone you meet this week has walked the path you are walking on right now. From being high school students making career choices, to selecting post secondary colleges or universities, to beginning a career in the health field. They have been there and done that! Their hope is to broaden the scope of your knowledge in health sciences. We are here to brighten the path and enlighten you to consider something you may have never thought of before. Please ask questions this week.

This booklet is designed as a resource for this week and as a reference guide for decisions you may have to make in the next few years.

*Welcome to Rotary Adventures in Health Care!*

*Thank you to School District 28 for publishing this program.*

Tim Hall / Jerald Zakall / Liane Kimmie  
Rotary Club of Quesnel  
30<sup>th</sup> April, 2025



School District 28 is excited to be a partner in *Adventures in HealthCare* and the opportunities this will provide for students. With the need to recruit for a variety of healthcare professions nearing an almost critical level, the ability to expose students early to the opportunities is vital. Our goal is that *Adventures in HealthCare* will spark the interest in at least a few SD28 students to pursue the many fulfilling career options available.

We hope those students who participate in *Adventures in HealthCare* will take full advantage of the opportunity to learn, explore and be inspired to pursue a career in healthcare within Northern BC. This initiative of course cannot be done without support, thank you to the many partners who have come together to make this possible.

**Dan Lowndes,**  
*Superintendent*  
School District 28

# SPONSORS

*Adventures in Health Care* is only made possible by generous sponsorships by



- *Transportation and publishing by -*

**School District 28**

- *and by -*

Tim & Shari Hall

*Thank You!*



# northern health

*the northern way of caring*

## DAY ONE

Wednesday 30<sup>th</sup> April, 2025

**Northern Health**

[www.northernhealth.ca](http://www.northernhealth.ca)

<b>8:15 am</b>	Parent/Student drop-off at College Campus
<b>8:15 - 9:30am</b>	Breakfast, Introduction & Orientation
<b>9:30 - 10:00 am</b>	Transportation to GR Baker - school bus
<b>10:00 - 11:00 am</b>	1 <sup>st</sup> Activity
<b>11:00 - 11:15 am</b>	Break and transition to next session
<b>11:15 - 12:15 am</b>	2 <sup>nd</sup> Activity
<b>12:15 - 1:15 pm</b>	LUNCH - <b>sponsored by Northern Health</b>
<b>1:15 - 2:15 pm</b>	3 <sup>rd</sup> Activity
<b>2:15 - 2:30 pm</b>	Break and transition to next session
<b>2:30 - 3:30 pm</b>	4 <sup>th</sup> Activity
<b>3:30 - 4:00 pm</b>	Wrap up day
<b>4:00 pm</b>	Parent/Student pick-up at Hospital



# northern health

*the northern way of caring*

Northern Health covers an area of nearly 600,000 square kilometres in British Columbia and offers health services in over two dozen communities and 55 First Nation's communities. We deliver hospital and community-based health care for a population of approximately 300,000.

Employing more than 10,000 staff throughout the region, Northern Health provides exceptional health services for Northerners, through the efforts of the dedicated staff and physicians.

For more information on career opportunities, visit [careers.northernhealth.ca](https://careers.northernhealth.ca)

Health careers are in high demand! The BC Labour Market Outlook projects the following need between now and 2032:

- Medical Radiography Technologists: 1,370 opportunities
- Sonographers: 470 opportunities
- Medical Laboratory Technologists: 1,430 opportunities
- Pharmacists: 2,390 opportunities





# northern health

*the northern way of caring*

Interested in pursuing one of the careers you explored today? Check out the list below for programs close to home.

## **Medical Imaging (Medical Radiography Technologist, Sonographer, and CT Technologist):**

- College of New Caledonia, Prince George, BC (does not offer CT)
- British Columbia Institute of Technology, Burnaby, BC

## **Medical Laboratory Technology:**

- College of New Caledonia, Prince George, BC
- British Columbia Institute of Technology, Burnaby, BC

## **Clinic Nurse Educator:**

- College of New Caledonia and University of Northern BC, Prince George and Quesnel, BC
- Thompson Rivers University, Kamloops, BC
- University of British Columbia Okanagan, Kelowna, BC

## **Pharmacist:**

- University of British Columbia, Vancouver, BC
- University of Alberta, Edmonton, AB

## **Pharmacy Technician:**

- College of New Caledonia, Prince George, BC
- British Columbia Institute of Technology, Burnaby, BC





College of  
New Caledonia

**DAY TWO**

**Thursday 1<sup>st</sup> May, 2025**

**College of New Caledonia**

[cnc.bc.ca/quesnel-campus](http://cnc.bc.ca/quesnel-campus)

<b>8:30 - 8:45 am</b>	Parent/Student drop-off at College Campus
<b>8:45 - 9:50am</b>	Check-in and Breakfast
<b>10:00 - 10:30 am</b>	1 <sup>st</sup> Activity
<b>10:40 - 11:10 am</b>	2 <sup>nd</sup> Activity
<b>11:20 - 12:20 pm</b>	3 <sup>rd</sup> Activity
<b>12:20 - 1:20 pm</b>	LUNCH - <b>sponsored by College of New Caledonia</b>
<b>1:30 - 2:00 pm</b>	4 <sup>th</sup> Activity
<b>2:10 - 2:40 pm</b>	5 <sup>th</sup> Activity
<b>2:50 - 3:20 pm</b>	6 <sup>th</sup> Activity
<b>3:20 - 4:00 pm</b>	Wrap up day
<b>4:00 pm</b>	Parent/Student pick-up at College Campus



# College of New Caledonia

## Adventures in Health Care at CNC Quesnel – Explore Your Future!

Join us for **Adventures in Health Care Day at the College of New Caledonia (CNC) Quesnel** and take your first step toward an exciting future!

### What to expect:

- **Try It Yourself** – Practice CPR, suturing, and other real medical skills.
- **Meet The Experts** – Talk to health care pros and ask them anything!
- **Find Your Future** – Explore careers in Nursing, Sonography, and more.
- **Check-out CNC** – Tour high-tech labs and see where the action happens.

### Step into your Health Care Era!

Come with an open mind, a curiosity for learning, and be prepared to dive into exciting health care simulations. This is your chance to explore, ask questions, and discover if a career in health care is right for you!



CNC Quesnel Campus  
 Email: [Quesnel\\_admissions@cnc.bc.ca](mailto:Quesnel_admissions@cnc.bc.ca)  
 Tel: 250-991-7500





# College of New Caledonia

## CNC Quesnel Health Sciences Programs:

- Health Care Assistant *Certificate*
- Nursing *Baccalaureate*
- Dental Hygiene *Pathway*

## Thinking about Health Sciences at CNC? Here's why it's a game-changer!

CNC has you covered with expert instructors, small classes, and top-notch labs. Get hands-on training for in-demand jobs like Nursing, Health Care Assistant, and Dental Hygiene Pathway. Graduate ready to make a difference!

## **EXTRA! EXTRA! CNC DAY ADVENTURES IN HEALTH CARE:**

Monday, 5<sup>th</sup> May, 2025

Participate in **HANDS-ON** activities in these programs:

- Nursing Baccalaureate
- Health Care Assistant



CNC Quesnel Campus  
Email: [Quesnel\\_admissions@cnc.bc.ca](mailto:Quesnel_admissions@cnc.bc.ca)  
Tel: 250-991-7500







First Nations Health Authority  
Health through wellness

**DAY THREE**  
**Friday 2<sup>nd</sup> May, 2025**  
**UNBC & FNHA**

[www.unbc.ca](http://www.unbc.ca)    [www.fnha.ca](http://www.fnha.ca)

<b>8:30 - 8:45 am</b>	Parent/Student drop-off at College Campus
<b>8:45 - 9:00am</b>	Gathering and Breakfast
<b>9:00 - 11:00 am</b>	1 <sup>st</sup> Activity        - UNBC - FNHA
<b>11:00 - 12:00 pm</b>	2 <sup>nd</sup> Activity        - FNHA
<b>12:00 - 1:00 pm</b>	LUNCH - <b>sponsored by UNBC</b>
<b>1:00 - 3:00 pm</b>	3 <sup>rd</sup> Activity        - UNBC - FNHA
<b>3:00 - 4:00 pm</b>	Feedback and Wrap-up (Conrad & Nolan, UNBC)
<b>4:00 pm</b>	Parent/Student pick-up at College Campus



## First Nations Health Authority

Health through wellness

Since 2013, the First Nations Health Authority (FNHA) provides service to over 200 First Nations communities across British Columbia, providing health and wellness services. FNHA is a leader in advocating for culturally safe practices within the healthcare system, ensuring that cultural safety and humility are embedded in service delivery to improve health outcomes for First Nations people.

### **Our Services**

FNHA offers community-based health care services to over 130 medical health centres and nursing stations with services focusing on health promotion and disease prevention for all ages including mental health and maternal health.

### **Raising the Canoe: First Nations Student Program**

The Raising the Canoe program offers First Nations, Inuit, and Métis students valuable work experience, professional development, and exposure to healthcare careers in BC. We aim to align students' skills and career interests with available opportunities at FNHA.





## First Nations Health Authority

Health through wellness

### **Program Benefits:**

- Gain meaningful experience to pursue a career in health care or at FNHA.
- Learn about First Nations care programs and services.
- Access support from an Indigenous peer network.
- Potential for placements to transition into jobs.
- Support from a First Nations Career Partner.
- A streamlined hiring process for quick onboarding.

### **Eligibility:**

- First Nations, Inuit, or Métis.
- Living in BC during the work term.
- Recent high school graduates (within one year) or currently enrolled in a post-secondary program, including co-op or practicum students.

For more information, please visit our website at [www.fnha.ca](http://www.fnha.ca)





The UNBC South Central Campus in Quesnel is excited to be a partner in *Adventures in Health Care*. In collaboration with College of New Caledonia, the University offers students in the North Cariboo region access to post-secondary education that leads directly to rewarding careers in health care.

### **UNBC Bachelor of Science in Nursing (available in Quesnel)**

#### **Northern Collaborative Baccalaureate Nursing Program (NCBNP)**

Did you know you could become a registered nurse right here in Quesnel? The Northern Collaborative Baccalaureate Nursing Program (NCBNP) is offered collaboratively by UNBC and College of New Caledonia (CNC). The integrated program of studies leads to a Bachelor of Science in Nursing (BScN), awarded by UNBC. Graduates are eligible to write the national Council Licensure Examination (NCLEX-RN) and to apply for registration with the British Columbia College of Nurses and midwives (BCCNM).

The NCBNP is a four-year practice-based curriculum. Learning experiences take place in the classroom, community, laboratory, and in clinical settings promoting integration of theoretical knowledge into practice. Student will have the opportunity to learn from expert practitioners.





### **UNBC Bachelor of Social Work (available in Quesnel)**

The Bachelor of Social Work (BSW) is a two-year professional degree designed to prepare students for beginning level, generalist social work practice with individuals, families, groups, and communities. The focus of the BSW is offered toward social work in northern and remote areas, Indigenous people, women, anti-oppressive practice, and community practice and research.

Students interested in applying for the BSW program are encouraged to complete their Social Services Worker Diploma at the College of New Caledonia.



### **UNBC School of Health Sciences (Prince George)**

The School of Health Sciences at UNBC includes four separate degree programs and offers three majors: Biomedical Studies, Rural and Aboriginal Health, and Environmental Health. Programs of interest include:

- Bachelor of Health Sciences
- Master of Arts in Disability Management
- Master of Science in Health Sciences
- PhD in Health Sciences



### **Division of Medical Sciences (Prince George)**

The Division of Medical Sciences delivers University of British Columbia (UBC) education programs in partnership with UNBC and supports post-graduate training in various UBC medical residency programs in northern BC.

Programs in the Division of Medical Sciences include:

- UBC Medical Doctorate Undergraduate Program (Northern Medical Program)
- UBC Master of Physical Therapy – North
- UBC Master of Occupational Therapy – North



Contact Recruiting and advising for more information:

Email: [futurestudents@unbc.ca](mailto:futurestudents@unbc.ca)

Tel: 250-960-6657

Visit us on the web at <https://www.unbc.ca/programs-courses>

Visit us in person at the South Central campus in Quesnel: 100 Campus Way







# WorkBC

Explore a Career  Plan a career!

WorkBC employment offers an invaluable resource tool to help you learn more about what a career in health care (and non health care) looks like. Whether you are just curious or looking to delve deeper go online to explore career pathways: <https://www.workbc.ca/plan-career/explore-careers>



Under the heading “search by keywords” look up a career by entering a keyword like “Sonographer” for example.

Then ‘PRESTO!’ the career pops up. From there you will be provided a wealth of information like expected annual earnings, job duties, educational pathways, and labour market lookout, etc.

Check it out!

Start Here...*Go Anywhere!*

