

Meetings: Tuesday 12 Noon, Virtual Meeting

President: Clint Callison Phone: 604-460-3650
 Secretary: Brenda Jenkins Phone: 604-816-6961
 Editor: Peter Boekhorst Phone: 604-465-3392

[E-mail the President](#)
[E-mail the Secretary](#)
[E-mail the Editor](#)



JUNE IS ROTARY FELLOWSHIP MONTH

| Happy Birthday | Happy Anniversary |
|----------------|--------------------------------|
| | June 2: Mark & Pauline Forster |
| | June 4: Brian & Sharon Bekar |

UPCOMING SPEAKERS:

| | | |
|---|---------------------------------------|---|
| June 1: Scott Burgess - Ski Patrol Rescue | June 8: Shashanka Vangari – Who’s Who | June 14: Installation / June 15: No Meeting |
|---|---------------------------------------|---|

RI PRESIDENT’S MESSAGE



In January 2020, when I announced my presidential theme, *Rotary Opens Opportunities*, and spoke of the changes that Rotary needed to embrace, none of us had any idea how quickly change would arrive. But I am a longtime believer in seeing challenges as opportunities. This year, we seized new opportunities to re-imagine what Rotary could be. For years,

we had discussed ways to make Rotary flexible and adaptable, and we had tried a few experiments. This year, we all experimented — and succeeded! Online meetings are a regular fixture now as clubs invite guests from across the globe.

Susanne and I love to meet members of the family of Rotary around the world, and we’ve missed seeing you in person over the past year. But for me, it was a new way of experiencing Rotary. We traveled the world virtually. I definitely met thousands more of you than I would have otherwise. I never set foot in my office in Evanston as president, yet we found new ways to get the job done while cutting travel costs.

This is the Rotary we experienced in 2020-21: nimble, adaptable, and creative. The next step is not to go back to the way things were before the pandemic. We must move forward. Let’s apply what we have learned in order to offer new experiences and opportunities for our members, such as online attendance as a regular option.

We need a younger, more diverse Rotary at every level to keep our clubs strong. What diversity means is different from region to region, but I encourage you to welcome people from all backgrounds. Another step we can all take is to increase the number of women and amplify their role everywhere.

I am glad that many now see Rotary and Rotaract clubs as equals. Let’s keep going in this direction by inviting Rotaract clubs to be a part of everything we do. Let’s not squander any opportunity to

reach young leaders, but partner with Rotaract and invest in our many new approaches.

I am very proud of the work Rotary is doing to fight COVID-19 by supporting vaccination campaigns through advocating for fair distribution and combating misinformation. But we must also continue to do everything we can to end polio. And we now have opportunities to work in a new area of focus: the environment.

The world is a different place today from when I first announced that *Rotary Opens Opportunities*. We can all be proud of how we updated what Rotary can be this year. Let’s continue on this path, always taking care of our clubs and of our friends in those clubs. They are precious, and they keep Rotary alive and thriving.

Susanne and I are thankful for all the opportunities to serve the organization during this special year, a year of finding new meaning in Service Above Self. We see Rotary as a community of people who live their values by putting them into action. In these extraordinary times, there is no doubt that we must place increased emphasis on service. This is our opportunity to show the world what Service Above Self means for Rotarians.

There are so many opportunities waiting for us that will help us change the world. Let’s seize them together and get ready to open doors to achieving greater things. And as we open these doors to new ideas, our minds and our hearts also open. Remember that everything we do in Rotary opens another opportunity for someone, somewhere.

Holger Knaack
President 2020-21

OUR CLUB LAST WEEK’S MEETING:

President **Clinton Callison** presided.

Guests: Jackie Amsden, Treena Innes, Lori Graham, Dr. Kami Dhillon, Karys Miller

Invocation was given by Chili Yalamanchili

Program: Ridge Meadows Division of Family Practice/Fraser Health - Primary Care Network

I'm Trina Innes, and I'm the Executive Director of the Ridge Meadows Division of Family Practice and I am here with Jackie Amsden our Communications Manager, Lori Graham she's our Primary Care Network Manager, Karys Miller, Client Care Coordinator for our Primary Care Network and Dr Kami Dhillon who is one of our Physician leads.

About five years ago the government approached the divisions of family practices and they asked us to work with our local government to turn health care on its head. So Steven Brown, he was an assistant deputy minister at the time, and he had asked us, you know people can not find a family doctor, they have very dis-coordinated care between the specialists and their family physicians and any services in community and the government inspired us to do something new, working together with your local government and your partners and to do something differently so that we can improve health care for the community. So at the time they had asked local divisions, there are 36 of us across the province, and ten of us put up our hands up first, and that included Maple Ridge and Pitt Meadows. At the time, five years ago, we had a very high patient attachment problem, where our community could not find a family Doctor and our services were very weak in this community. So we put up our hand as a pioneering community, and we were inspired to be sure that our citizens could find a family doctor and they could have a smooth patient journey

So we started with our vision in the community



We started at Meadow Gardens, a few of you might have recollected that about four years ago, and we went to our community and said "What do you need?, give us your starting point" and the theme of the town hall was Impossible to Possible. We had about, I'd say one hundred and fifty people show up at Meadow Gardens and we talked about what this community needed. What they did vision at the time was a house or a structure where people could walk into, they could get help, they could get service, they could find services, they could get a family Doctor and they knew where to go and they understood our local health care system. So we took that basis of that foundation and we started to build the vision. We started to get to work. The Division of Family Practice came to the table

Who, what & why...

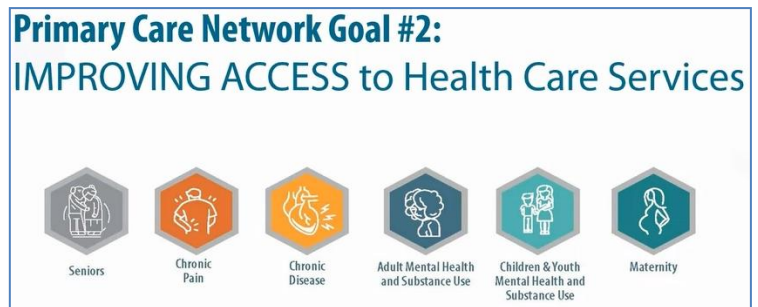
- The partners
- Our journey
- Benefits to the community
- Guided by Partner and Patient Advisory

Our local Fraser Health partners came to the table, our local Katzie First Nation came to the table, along with patient and partner voice. We said, "How do we start?, How do we insure that 18,000 of our

residents could find a family doctor, or a nurse practitioner, and how do we ensure that it is a coordinated and smooth journey for citizens in this community?" So we started to design, started to design the vision, and our governing partners who make the strategic decisions, there's about twenty plus partners at the table, we've got public health, we've got mental health, we've got local government, we've got CM network, so we are very well represented by our governing body. Working on the Impossible to Possible vision, has already come true, with bringing services such as local pain services to the community so that people don't have to travel to Surrey and get in their car when it's hard for them to get out of bed or bringing more mental health service to our community, like counselling or working with a social worker, or a seniors' outreach coordinator that can go into home and of course finding more family Doctors for the community, for people to have a provider.

I am going to turn it over to Lori, Karys and Kami who are going to get into more of our strategies and where we're at today.

Lori Graham: My name is Lori Graham and I work with the Division of Family Practice and very closely with our Fraser Health Partner and our Katzie Partners in rolling out this Primary Care Network. We have two primary goals and Treena already kind of touched on those. The first goal really is to increase access to family Doctors and nurse practitioners. We are very fortunate right now. We actually have four family physicians in the community who are actively attaching patients, meaning they've opened up their practice and they are able to take on more patients into their practice. We also have three nurse practitioners. We haven't had this in our community for quite some time so it's really nice right now. Our attachment gap when we wrote our service plan was around 18,000 close to 19,000 and with having all of these new providers in community now we think we have already met approximately sixty percent of our attachment gap. So we are very excited about that and we are still actively recruiting even more physicians and nurse practitioners into our community. Our next focus is really increasing the access, so we have a number of new physicians in the community, Karys and Dr Dhillon will be speaking about those but when we looked at our key health data, when we were writing our service plan, these are the areas that we needed more supports for our patients in the adult community.



So we were very fortunate to receive these new supports in community and also too because all of these are new positions and new services, the first year of this work was really around designing, okay now that we have these new services in our community, what do those programs look like? Year two was all about implementing those services and physicians and nurse practitioners starting to refer patients into those services and maybe even one of you here today has been referred into one of the primary care network services. Turning it over to Kami and Karys to talk about what is actually in the house.

Ridge Meadows Wellness & Urgent and Primary Care Center - Haney Place Mall

Hi I'm Karys and I am a registered nurse and I am the coordinator here at the Wellness Center. We are located at the Haney Place Mall, so it's easy access and actually a pretty big building in there. We have twelve exam rooms, three consult rooms, we have a rehab room with exercise equipment and we have a board room. So in our house we have three different clinics: Urgent Care, Primary Care, Allied Health & Specialist Services

Dr. Dhillon: I work in urgent care full time, I am the medical director for our urgent care. So it is essentially, that issues need to be dealt with very quickly, especially infections. We don't want those to be festering because it is difficult to see you doctor on a weekend definitely and even certain weekdays and after hours, so this is a good supplement to the doctor's office. We work in partnership with the family provider and in that way we are a little bit different than a walk in clinic. We want to promote ongoing longitudinal care, so it isn't a mini-emerg although I am sure it would be nice if we could make it into one of those, we don't have any blood work or imaging on site but we have a nurse, urgent care social work, a pharmacist and a counsellor and of course we have a physician onsite as well. We are open eleven hours a day and the thing that is really nice about our clinic is we can see patient that are COVID positive or those who are suspected to have COVID and what is nice is that you don't have to go to Emerg for that type of care if you are not that sick, it is very challenging with people with those type of symptoms to be seen in person. Or other symptoms that are difficult to be seen in person, but we are a great place for things like if you have sutures that need to be put in place, like someone cuts themselves especially or they have a skin wound, you think you might have pneumonia. Essentially a lot of what we see is infections, we don't see any fractures, because you would need an x-ray for that so we are not a replacement for the emergency department, nor are we a replacement for the family doctor but we are there to be that stop gap when need be. Right now our doors are closed like a lot of clinics because we see COVID positive patients and we don't want them intermingling but hopefully by this summer, with how well our vaccines are going. Essentially anyone can call in and be seen the same day and they can also be seen virtually if that is the preference. We are supporting our local community but we also see patients all the way up to Abbotsford and out to North Van because they sometimes have trouble getting access or they want to avoid emergency at all cost.

Then there is our primary care clinic where we have a nurse practitioner and a physician who we are actively recruiting into and hopefully we will add some new nurse practitioners into that role as well. They are open Monday to Friday and they are currently accepting new patients. There has been a very big interest in joining their practices because they are both female providers currently. We have a lot of providers in the community that the division was able to recruit into taking new patients but it does seem that there is an interest in having a female provider so they are accepting patients and they work in this same building. Being a house of multiple different clinics, they are in the primary care clinic and I will let Karys go into more detail about our Allied Health.

Karys: Under our primary care network we have a whole bunch of different professionals working in the same space. We have physiotherapists, occupational therapists, three social workers, an outreach social worker, a geriatric registered nurse, a mental health

registered nurse, so we've got a whole bunch of different professionals working under our house. The teams are able to take on clients that have mild to moderate problems, either chronic disease problems, chronic pain problems and we have the whole team to support. So for instance our chronic pain team has a program that can be self managed. We have a geriatric seniors team to help people with mild to moderate conditions, possibly a new cognitive decline, or new frailty or anything that is requiring assistance or care planning. We also have a maternal/child RN who works closely with the clinic to help with prenatal care and breastfeeding support afterwards. Our mental health team includes an RN, a psychiatrist and counselors.

Treena The biggest piece that maybe everybody can relate to is, we are seeing the houses being built, the neighborhoods being built, families moving into the community, which is fantastic and when I drive by Albion or Silver Valley , I think oh my gosh, do they not know we don't have family doctors? Or nurse practitioners? But NOW WE DO!

You can go to findadoctorridgemeanows.ca and connect with a family doctor or nurse practitioner.

Let's spread the word that there are service providers just waiting for the patients right now.

If you have questions about what you heard today, or if you want to receive a newsletter with more updates, email jamsden@divisionbc.ca.

Announcements:

Clint: Golden Ears Sunrise Rotary club Installation event is Thursday. Our club has purchased three flags and stands as a charter night gift. Adrienne Dale will present them to the new club to be used at the charter night and every meeting there after.

Libby: Duck Race - SELL TICKETS NOW!!

Only one more week to sell tickets.

The winners will be announced June 6, 2021 -

Happy and Sad:

Matt DeBruyn had **5 Happy Dollars** because his task on the bursaries is almost done. Thank you members of the committee for all the help.

Libby Nelson had **5 Happy Dollars** for good work on the bursaries too! And another **5 Happy Dollars** for the list of recommendations from the Winefest committee that looked very strong too.

Clint Callison had a **Happy 5 Dollar** because "it looks like Deb has more hair than me again!"

Brenda Jenkins gave **30 Happy Dollars** in celebration of her thirtieth wedding anniversary.

Fine Mistress: Deborah Hyslop

How many attended the first Rotary meeting?

Four - We all want to grow our club but remember the first club started small. Great things are usually accomplished by a small and committed group of people....like us!

Clint's closing quote: "We forget that waking up each day is the first thing we should be grateful for"

Submitted by Deborah Hyslop