

# The Four Way Flasher



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Website: MeadowRidgeRotary.ca

Meetings: Tuesday 12 Noon, Virtual Meeting

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# **NOVEMBER IS ROTARY FOUNDATION MONTH**

Happy Birthday	Happy Anniversary

## **UPCOMING SPEAKERS:**

Nov 02: Shashanka Vangari	Nov 09: Jack Ng - Whidbey Island Club	Nov 16:
Who's Who	Challenges for the restaurant industry during COVID	

# RI PRESIDENT'S MESSAGE:



I first discovered the value of service when I saw how a few simple acts can immeasurably change lives. It began when I joined others in my club for a project to bring toilets and clean drinking water to rural villages near our city. It moved forward when we promoted sanitation and provided opportunities for education across the country, thanks to generous gifts from

supporters who believed in our projects as much as those of us on the ground did.

There is no better time of the year to be reminded of that generosity than November, which is Rotary Foundation Month.

As the charitable arm of Rotary International, The Rotary Foundation is the engine that powers so many Rotary projects throughout the world. The Foundation transforms your gifts into projects that change lives. It is the Foundation that helps us to get closer to our goal of eradicating polio, to show more people how we promote peace through tangible actions, and to demonstrate the impact our projects have in our areas of focus.

Consider some recent projects that were made possible by the Foundation:

 The Rotary clubs of Guatemala La Reforma, Guatemala, and Calgary, Alberta, received an \$80,000 global grant to organize a comprehensive plan to train nurses and rural health care workers to prevent and treat cervical cancer and to implement a sustainable system of referrals in seven regions of Guatemala.

- More than two dozen hospitals in Honduras received personal protective equipment for their medical staff thanks to a \$169,347 global grant sponsored by the Rotary clubs of Villa Real de Tegucigalpa, Honduras, and Waldo Brookside-Kansas City, Missouri.
- The Rotary clubs of Cotonou Le Nautile, Benin, and Tournai Haut-Escaut, Belgium, received a \$39,390 global grant to provide agricultural training at an ecologically responsible permaculture mini-farm connected to a center for children in Sowé, Benin. This will help a new generation of farmers become economically selfsufficient.

I like comparing The Rotary Foundation to the Taj Mahal, a monument of one man's love for a woman. The Foundation is a dynamic monument of our love for all of humanity.

This month I am asking all Rotary clubs to bring attention to the Foundation. It is what connects all Rotarians worldwide and transforms our collective passions into projects that change lives. Visit **rotary.org/donate**; once there, you will have an opportunity to give directly to the program you're most passionate about.

Thank you for giving your all to Rotary. You are the reason that Rotary is able to *do more* and *grow more*. Let's continue to represent that important legacy this month, this year, and beyond as we *Serve to Change Lives*.

Shekhar Mehta President 2021-22

#### **OUR CLUB LAST WEEK'S MEETING:**

President Patrick Dobbyn presided.

Guest: Jim Michals – former club member

<u>Program: Rotarians Rolling Hippos – Speaker: Luke Vorstermans</u>

Luke Vorstermans is the President of the Rotary Club of Gibsons, and joined us via Zoom. He said that he had spent time in South Africa and Zimbabwe, where he saw women carrying water with buckets on their head. He also saw the hippo roller on the Internet and contacted the manufacturer in South Africa, and decided to provide a spark to help ignite a global international Rotary project. Since launching the Help Us Roll 1000 Hippos project, over 75 Rotary and Interact clubs have joined in to help deliver this life-changing tool into the hands of women and girls in South Africa. As of January 1, 2020, 545 rollers have been funded and 9 Rotary Clubs in South Africa are involved in their distribution through their local projects. These clubs added value by including seeds, trees, tools, personal products, etc. - whatever serves their local projects. \$125 pays for the cost of one roller.



The following further information about this project is found on their website:

#### A simple tool. A massive need.

For many, clean water comes with the twist of a tap. But in rural Africa, access to water requires hours of walking, waiting in line and heavy lifting. On average, a woman spends six hours a day collecting and transporting water to supply her family's daily **needs**. The time spent on this basic necessity keeps many children out of school and prevents women from engaging in more empowering activities and income-generating work. The simple design of the hippo water roller allows the transport of water more easily and efficiently by placing the water inside its "wheel." A full hippo roller holds 200 lbs of water – five times the amount possible using traditional methods. But because the weight is borne on the ground, it has an effective weight of just 22 pounds allowing even children to easily manage a full roller over most types of terrain. This simple tool will change the lives of millions of women and children in rural communities. A single hippo roller carries enough water to meet the basic needs of five people per day. Fewer trips to collect water means women and children can spend their time on productive educational and economic opportunities. It gives them access to better hygiene and living

conditions. In addition, it's now possible for families and schools to collect enough water to grow their own vegetables using the drip irrigation cap. Join us in funding this social revolution by bringing this life-changing tool to those who need it! If a hippo roller can save a woman 30+ hours of work per week, imagine what a group of women -- or a nation of women -- could do with that time.

Help Us Roll 1000 Hippos

The goal of our fundraising campaign is to put a hippo water roller into the hands of 1000 women in rural South Africa. While it barely scratches the surface of the need, our mission is to start the momentum that will create a paradigm shift on how this daily chore is done.

Each \$150 provides one family with a hippo water roller that will last 5-7 years. And it will change her life forever!

## Happy and Sad Dollars included:

Roger – was happy to see that a female (Anita Anand) has been appointed as the new Minister of National Defence for Canada. Meanwhile, Roger's wife has gone on a six-week trip to Louisiana and Florida (but we are all sure that Roger, being a former member of the Canadian Armed Forces, will be able to take care of himself during her absence).

**Ineke** - showed us the full-page ad that our club placed in the News to advertise World Polio Day. She is also celebrating the fact that she is now retired (and survived her retirement party on Monday night). Last but not least, as chairman of our International Committee, she is excited about the hippo roller project.

# President's Quote for the Day:



**Submitted by Laurie Anderson** 

# **Dignity Breakfast**

**NOVEMBER 24** @ **7:30 AM - 9:00 AM** \$70



Join us for our 9th annual Dignity Breakfast. Held on Wednesday, November 24 at 7:30am at the Sky Hangar in Pitt Meadows.

Mike Davies advised that currently eight persons are signed up to attend the Dignity Breakfast (our President Patrick, Mike, Ineke, Laurie, Debbie, Deborah, Libby, and Matt). If anyone else is interested in attending this inspirational event, please contact Mike. With four more attending from our club, we could reserve two tables, and not just one (which seats six).

The speaker at the event will be **Kristi Blakeway**, a schoolteacher, who wrote a book entitled Beyond Hello, about a project involving the Downtown Eastside that she started with her students.

<u>The Bottom Line</u>: Don't miss the Dignity Breakfast and hear about Beyond Hello.

The following write-up talks about Kristi Blakeway's book:

Every one of us has a story worth hearing. In 2009, Kristi Blakeway invited her students to give back to the homeless in Canada's poorest neighbourhood—Vancouver's Downtown Eastside. Rather than handing out food and clothing, Blakeway and her students invited the homeless to tell their stories. What was meant to be a one-day act of giving spiralled into a decade-long labour of love. Beyond HELLO is a compilation of stories from the streets blended with wisdom gained from those who have lost it all. Blakeway weaves life stories of the homeless community with her personal and unexpected journey into forgiveness. She encourages us all to go Beyond HELLO, to see those who are often invisible, to connect with compassion, and to rekindle the human spirit one conversation at a time. With each book sold, a donation will be made to A Better Life Foundation to buy a meal for someone living on the streets.