

# The Four Way Flasher



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Website: MeadowRidgeRotary.ca

Meetings: Tuesday 12 Noon

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#### **NOVEMBER IS ROTARY FOUNDATION MONTH**

Happy Birthday				Happy Anniversary
Nov 7:	Aimee Robson	Nov 10:	Brenda Jenkins	

# **UPCOMING SPEAKERS:**

Nov 7:	Induction of Raj Talasi	Nov 14:	Nov 21:
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# RI PRESIDENT'S MESSAGE



Next year, Rotary takes a step toward supporting peacebuilding in the Middle East and North Africa region when recruitment begins for our newest peace center in partnership with Bahçeşehir University (BAU) in Istanbul.

A series of events in the coming year will recognize the new center at BAU and Rotary's work to promote peace. The 2024 Rotary International Convention in

May will mark 25 years since the first Rotary Peace Centers were announced — coincidentally at the Rotary Convention in Singapore in 1999. Recruitment for the first cohort of Rotary Peace Fellows at BAU also starts in 2024, and selected candidates will begin their program in early 2025.

Since its beginning, the peace centers program has prepared more than 1,700 peace fellows working in more than 140 countries to create a more peaceful world. That is certainly worth celebrating, but Rotary Peace Fellows are more than statistics on a page. Their actions have helped *Create Hope in the World* and will continue to do so.

For example, Jennifer Montgomery and Gorett Komurembe — peace fellows from the program at Makerere University in Uganda — are co-founders of Magenta Girls Initiative. The international nongovernmental organization equips Ugandan girls and young women with the support and tools to overcome harmful gender norms, generational poverty, gender-based violence, trafficking, and trauma.

Ndzi Divine Njamsi, another peace fellow who studied at Makerere, has taken lessons learned about Positive Peace and is sharing them with students of his own in Cameroon. He became interested in the Rotary Positive Peace Activator training program after witnessing extremism, online hate speech, and violence in Cameroon. Since completing the program, he has brought his lessons on peace to students at the Yaoundé International

Business School and other organizations in the Central Africa country.

The world needs more people like the graduates of the program at Makerere and our other peace fellows. To that end, we can all advance peace by encouraging our local peacebuilders to learn more about Rotary and apply for this impactful fellowship. Rotary members can also mentor candidates for the fellowship. Or you can work with peace fellows who have already graduated. They probably have an initiative or two that would benefit from your help.

Our peace centers in North America, Europe, Africa, Australia, and Asia depend on financial support as well. The program at BAU was made possible thanks to a generous gift of \$15.5 million to The Rotary Foundation from the Otto and Fran Walter Foundation.

This new Rotary Peace Center will offer a one-year professional development certificate in peace and development studies for fellows focusing on peacebuilding within the Middle East and North Africa region.

Peace must be waged persistently; it is the soil where hope takes root. But as with any journey, we take one step at a time. Let's take those steps together.

R. Gordon R. McInally RI President 2023-24

# LAST WEEK'S MEETING

President Brenda Jenkins presided.

# **Guests**:

Raj Talasi (to be inducted nest week as a new member)

Warren Dale (of Dale Warren renown)

Ahmed Yousef (youth exchange Chair

- Golden Ears Sunrise Club)

Al Stjernegaard, Brian Wormald and Glenn Brown

- Port Moody Club

#### The Invocation was given by Matt DeBruyn:

"We Rotarians, by our humanitarian and ethical approach to life, should be an example for the rest of the world. We have been given some powerful tools to help us with that. First, we have our motto "Service above Self". Second, we have "the Four Way Test": which reads:

We ask of all the things we think, say or do:

Is it the TRUTH?

Is it FAIR to all concerned?

Will it build GOODWILL and BETTER FRIENDSHIPS?

Will it be BENEFICIAL to all concerned?

Rather than only talk about them, let us, sincerely and forcefully, use these tools to promote peace in the world."

#### International Project in Belize

Our International Director Ineke Boekhorst presented to Al Stjernegaard, Brian Wormald and Glenn Brown a cheque in the amount of \$3,500 US to support the Port Moody Education and Literacy project in Belize.



(They spoke to our club on October 10, 2023 about this project – see the October 17 edition of this newsletter for the details.)

#### Club Recognition of DG

To thank DG David Lukow for his visit to our club, we gave US\$100 in his name to the TRF Polio Fund.

# Today was the Official Visit of our District Governor David Lukov.

# Introduction of DG David Lukow, by ADG Ken Holland



David Lukov is currently a licensed funeral director at Kern Funeral Home in Mount Vernon, and has been serving in the funeral and cemetery professional for over 22 years. He is also a licensed insurance agent and an officiant (i.e., he is authorized to perform marriages) in the state of Washington. David is a graduate of Shorecrest High School

(Shoreline, WA), Whitworth University (Spokane, WA) and Princeton Theological Seminary (Princeton, NJ). His professional background includes years as a pastor, a Hospice Bereavement Coordinator and chaplain, and a college instructor.

David was born in Seattle and is married to Mary. They have two grown children, Brett and Megan. He is a member of the Mount Vernon Rotary Club, having been President in 2017-2018, and has served as a facilitator with the District Visioning Committee, a trainer with the Rotary Learning Institute (RLI), and an instructor with the President Elect Training (PETS). He has served as the Chair of the Mount Vernon Chamber of Commerce and is currently

a member of the Board. David enjoys bowling, hiking and walking, trivia, jiu-jitsu, Pilates (a type of mind-body exercise), bourbon sipping and laughing to good

comedy.

#### Talk by DG David Lukow

Being a funeral director with a good sense of humour, our DG David started his talk with this promise:



David asked us the following four questions for us to think about:

# 1. Why Rotary, and why did you join Rotary?

(Our DG said that 25 years ago when living in North Carolina he was told, by his "boss", to join a service club, and he chose Rotary).

# 2. Has Rotary made you a more effective leader?

Three men sat on a bench, said Dave. George and Tom had been married for 50 years and Sam had been married for 70 years. They were all asked why they thought their marriages had lasted so long. George said that he and his wife were good at communicating, and they never went to bed angry at each other. Tom said it was because he and his wife have the same ethical and philosophical values and views about life. Sam answered with one word: "luck". (Sam believed that verbosity was not one of the seven Christian virtues.)

Dave observed that to be a good effective leader, one needs training, experience and vision. But you won't become a leader unless you have "luck". And luck can be equal to opportunity, and Rotary offers opportunity. Rotary gives us the opportunity to be good leaders. Rotary offers us luck.

# 3. Do you believe that Rotary has broadened your view of the world?

Through Rotary, we get to see a view of the world that most people don't get to see, and we get to make a difference. Rotary pulls our hand away from her eyes so that we can see a broader view, and it takes away our myopic thinking.

(See last weeks invocation with the same theme.)

# 4. Why do you stay in Rotary?

Rotary is a family that takes care of each other, and gives us a sense of belonging. Rotary should be fun, and make it easy for us to have the opportunity to serve. The theme of this year's District Conference (which will be held on May 4, 2024) is "We Are Family". Dave is trying to make this year's District conference affordable, and also to make it "kid friendly'. The formal part of the meeting will be condensed into one day on May 4 ("May the 4th be with you", said Dave), and the cost will be only \$100 per person and only \$200 for a family, including children.

May 3 and May 5 will be devoted to family fun and events.



DG Dave also stressed the importance of YAIL, YES, and RYLA to give opportunities to our youth, and the future growth of Rotary.

# **People of Action Awards**

District Governor Dave presented **Mike Davies** and **Lynda Lawrence** with a special "People of Action Award".



The People of Action award was inspired by Rotary's People of Action campaign. The awards honor individuals that have demonstrated a commitment to making a difference in their communities, as well as those interested in Rotary's causes.

# **Rotary Citation Award**

Our DG also presented to our past- president **Chili Yalamanchili** the Club's **"Rotary Citation"** Award, which is signed by the past Rotary International President **Jennifer Jones**.



"The Rotary Citation award recognizes the hard work clubs do throughout the year, working to achieve the citation goals that help clubs engage their members, stay relevant in their communities, and run more efficiently. Goals include increasing club membership, developing sustainable service projects, giving to the Rotary Foundation, and building awareness of Rotary in your community. A welcoming and engaging club not only fosters a positive experience for its members, but also reflects the values of Rotary. When clubs achieve citation goals, they contribute to the overall health and culture of Rotary for generations to come."

#### **Club Reminders**

Club President Brenda reminded us all to go online and purchase our tickets for the "Dancing in the Ridge" event which is being put on, and raise money for the good work done, by the Maple Ridge Community Foundation "Community Chest Program".

Brenda assures us that it will be fun and "hilarious". It will be held on **November 23, 2023 at the ACT**. Our club has one of 8 teams entering the event, to provide financial assistance to individuals and/or families to keep them from the brink of poverty.

Polio Pus TRIPLE YOUR INVESTMENT \$100 = \$300



Last week was **World Polio Day**. Laurie reminded us how important it is to keep funding the polio eradication program. It has been a long battle, but we need to finish the job. In 1985 we promised the children of the world that we would eradicate this devastating

disease of Polio from the face of the earth. Rotarians are people of integrity and we keep our promises. Please make a donation right away to Polio Plus. All donations will receive a 2 to 1 match by the Bill & Melinda Gates Foundation making this an even better opportunity, as well as receiving a tax-deductible receipt direct from The Rotary Foundation, and Paul Harris recognition points for your donation. Be sure to tell Walter that your donation is to be allocated to Polio Plus.

President's quote for the day:



# **Submitted by Laurie Anderson**

# **CLUB CALENDAR:**

 $\underline{\text{Nov 3}}\,$  - 6:00pm Charcuterie and Wine at Forster's

Nov 18 - Foundation Dinner - Bellingham Golf & Country Club

Nov 22 7:30am - Dignity Breakfast: book a seat with Mike Davies mt.davies@shaw.ca

Nov 31 - Pubhub

Nov 23 - Dancing in the Ridge\_competition

Dec 2 - Pre-PETS - Silver Reef Casino Resort

Dec 13 - Senior's luncheon (vege prep – Monday or Tuesday TBA)

Dec 16 - Xmas party at Callison's

Jan 27, 2024 - **Grants Management Seminar**Rotary Fieldhouse, South Surrey

Mar 2, 2024 - **Grants Management Seminar**Silver Reef Casino Resort

<u>Apr 13, 2024</u> - **District Assembly** - Kwantlen Polytechnic Langley Campus - new location!