

Meetings: Tuesday 12 Noon

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AUGUST IS MEMBERSHIP & NEW CLUB DEVELOPMENT MONTH

Happy Birthday		Happy Anniversary	
Aug 27:	Leslie Michael	Aug 28:	Patrick & Stefanie O'Brien
		Sep 02:	Debbie & Fraser MacRae

Upcoming Speakers:

Aug 27: Greg Reeder Mission Aviation Fellowship of Canada	Sep 03: Denise Wozniak (Toastmasters) How AI can enhance your Storytelling Ability	Sep 10:
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LAST WEEK'S MEETING

Laurie Anderson presided.

Guests:

Peyton Callison, daughter of Clint

Isabel Callison, sister of Clint

Brooke McAidie, friend of Peyton

Barbara Pope and her mother Brigitte Falch-Munro

Poonam Jaiswal and her husband **Santosh Jaiswal**, Rotarians from the City of Ranchi in India, which is the capital and second largest city of the Indian state of Jharkhand.

Poonam provided a copy of their news letter that she says shows "a few ongoing support programs and projects update from last few years and the beginning of this Rotary term".

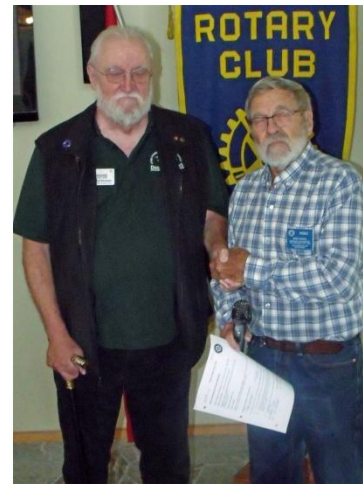
(Click [HERE](#) and see the full newsletter)



Poonam and Santosh on left with some members of our club

Cheque Presentation

Community Services Director **Mike Davies** presented a cheque in the amount of \$500 to **Richard Simonson**, who is a Director of the **Lions Foundation of Canada Dog Guides**.



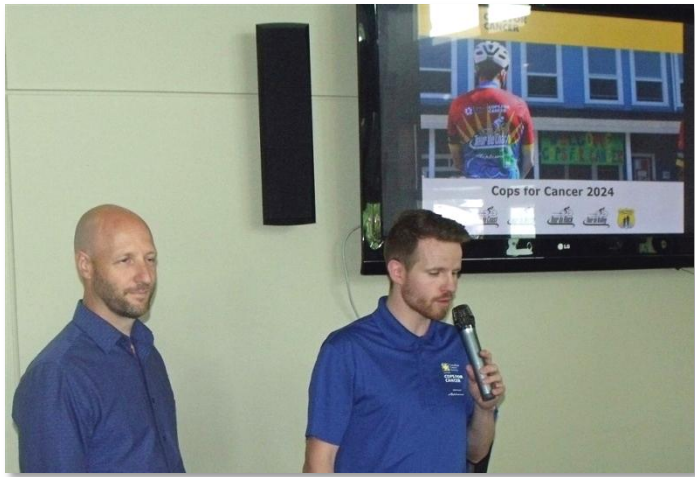
The Lions Foundation of Canada Dog Guides empowers Canadians living with disabilities to navigate their world with confidence and independence, by providing a Dog Guide at no cost and supporting them in their journey together. Located in Oakville, Ontario with a breeding and training facility in Breslau (between Kitchener and Guelph), it is the only school to train Dog Guides in seven distinct programs. From breeding to rearing and training with a life-time of follow-up services, it costs \$35,000 to train and place each Dog Guide. The Foundation relies on donations to provide these special matches and does not receive any government funding.

In the early 1980's Lions Clubs across Canada sought to develop a national project to reflect their service to Canadians with visual impairments. The result was Lions Foundation of Canada and its

founding program, Canine Vision Canada, established in 1985. Today, as Lions Foundation of Canada Dog Guides, it trains and matches Dog Guides in 7 distinct programs: Canine Vision, Hearing, Service, Seizure Response, Autism Assistance, Diabetes Alert and Facility Support.

Program:

Cops for Cancer – speakers: Peter Westra and James Eastwood



Leslie Michael (who arranged for today’s program) introduced our guests as follows:

“I met these two police officers at Save-on-Foods where they were soliciting funds. What drew my attention was the sign that said, “Cops for Cancer.” Cancer had claimed the lives of both of his wife Ivana’s parents and younger sister. I knew I had to do something about it – and here they are today. I hold police officers in very high esteem. Every day police officers – both men and women – put their lives on the line to keep us safe. James says they have an interesting job. They meet all kinds of people and are called upon to deal with all kinds of situations. He told me he once pulled over a car and told the driver the right blinker light was not working. Immediately, the man’s wife said, “You know officer, for weeks, I have been telling my husband to get that fixed. He just wouldn’t listen. The husband was just furious and told his wife, in no uncertain terms, to keep her big mouth shut. James then asked to see the man’s driving license. He noticed it had expired three months ago. Again, the wife spoke up and told James that for months she had been telling him to renew it. The husband was livid with rage and very rudely and crudely told her to keep her big mouth shut. James was taken aback and asked the woman if he always spoke to her in such a disrespectful way. The woman said, “No, officer, only when he is drunk!”

What is Cops For Cancer?

Corporal Westra related how Cops for Cancer came about. In the mid-1990s an elementary student by the name of Lyle got cancer and lost all his hair because of chemotherapy. He was teased a lot about this by his schoolmates. So some cops got together and shave their head in solidarity with the young boy, and decided to do something about this disease. In British Columbia there are four bicycle tours to raise money: Tour de Coast (the Lower Mainland), Tour de Rock (Vancouver Island), Tour de Valley (Fraser Valley), and Tour de North (from Prince George to Prince Rupert). Since its inception in 1997, Cops for Cancer has raised more than \$54 million directed at life-saving research to change the future of childhood cancer forever.

Const. James Eastwood and Corp. Peter Westra are two Mounties with the Ridge Meadows RCMP detachment, and are part of the Tour de Coast fundraising team. The money raised from Tour de Coast will support the Canadian Cancer Society in fueling new pediatric cancer research discoveries, and sending 600 kids each year to Camp Goodtimes right here in Maple Ridge –which provides a safety-focused, medically supervised, fun and recreational experience for children with cancer and their families. Donations to Westra and Eastwood can be made online at support.cancer.ca.



Constable James Eastwood and Corporal Peter Westra

Camp Goodtimes

Goodtimes Family Camps focus on providing connection, support and community for families who have experienced childhood cancer across British Columbia. When a child is diagnosed with cancer there is no member of the family that is unaffected. The impact of a childhood cancer diagnosis on a family is severe and long lasting. The family must collectively endure “many challenges such as invasive procedures and treatments, severe symptom distress, increased emotional and physical work, changes in family members’ roles, routines, and responsibilities, marital stress, disruptions in family life, financial hardship, generalized uncertainty, and an overall decrease in quality of life”. The most commonly identified support need for these children and their families is the encouragement of a strong social support system as a means to navigate the challenges associated with a childhood cancer diagnosis. Family Camp brings people together in a way that just doesn’t happen in any other setting. Family Camp is a fantastic introduction or connection to the Camp Goodtimes experience. This is a free camp on Loon Lake where families get the opportunity to take part in camp programming in a community of people who understand the challenges of living through a cancer diagnosis. The goal of family camp is to allow families to connect to other families and to connect as a family unit while enjoying recreation.



Cpl. Westra said his dad passed away from cancer at the age of 46, and another family member got a brain tumour, and passed away within a year of diagnosis. So cancer became personal in his life, but he turned it into a “life-giving experience”. Const. Eastwood’s grandmother had cancer as did his father-in-law. It is bad enough when a senior person dies, but “it shouldn’t happen to younger people”, says Const. Eastwood. But the good news is that a few years ago the survival rate for childhood Cancer was 71% and now has an 84% survival rate.

Unfortunately, two out of three kids who survive cancer will still have long-term side effects. In 2023, said Corporal Westra, 500 children got to go to camp and many brought their families with them, where the emphasis is not on cancer but just on kids being kids and having fun climbing rock walls, being hosted on high ropes and low ropes, with no child being left behind. One child in a wheelchair was able to go up 30 feet in the air. "What impressed me especially in the family camp is to see a child with cancer was just there as a regular child, not being separated out with those who had cancer. "Riding a bike for a long stretch up a hill may be hard, but it is not as hard as having cancer."

Happy and Sad Dollars included:

Matt DeBruyn thanked our speakers for their presentation; and said that speaking of cancer brought to mind a former member of our Rotary Club, Hilton Haider [who passed away on January 1, 2007, at the age of age 56 years following a lengthy battle with cancer. Staff Sergeant Haider commanded the Whistler RCMP detachment from 2000 to 2004].

Ineke and Peter Boekhorst celebrated their 50th wedding anniversary during Covid and had to post-pone a family trip as a result of the pandemic. But now, they are able to go (as a group of 16 persons) with their children and spouses, and grandchildren, for almost three weeks to Holland (the birthplace of themselves and their children) and to Paris for an unforgettable holiday. We will miss them.

Alex Pope is happy to report that his youngest son has graduated from high school; and with Barbara's sister and husband moving to Belize, his mother-in-law Brigitte Falch-Munro (and dogs) have moved in with them (but Brigitte is currently sleeping on the couch until Alex get her bedroom ready for occupancy).



"What do you mean; 'how long is my mother staying for?' I thought she was your mother!"

Club Announcements and happenings

Ineke was happy to report that our annual "car boot sale" held on August 17, 2024 was a great success and a fun club activity for those club members who attended to help out (despite the hot weather). It raised over \$900, the highest amount raised to date.

- Aug. 29 – 5:30 p.m. – Monthly Pub Hub at the Gillnetter in Port Coquitlam.
- Sep. 06 – 08, 2024 - Annual Meadow Ridge Rotary Camping Weekend at Fort Langley Campground. Contact Matt for details.
- Sep. 15 – starting at 2:30/3:00 p.m. onwards – Frisbee Golf at Dave and Sharon Rempel's property.

- Oct. 18 – Adrienne is arranging a table for a group of us to attend together at the Hospice Society's Oktoberfest. Let Adrienne know if you are coming to support Hospice.

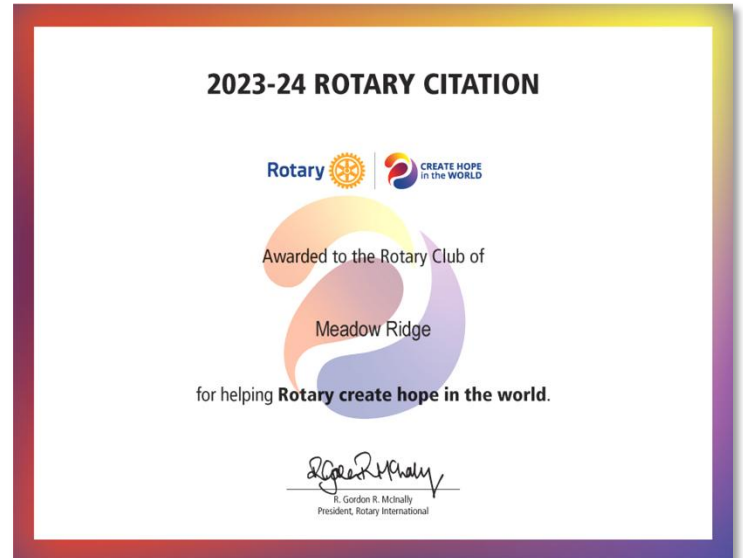


Quote for the Day:



2023-2024 ROTARY CITATION

Under the leadership and inspiration of past-president Brenda Jenkins, our club has received from Rotary International the 2023 – 2024 Rotary Citation.



Beginning this 2024-2025 Rotary Year, the Rotary Citation awards will be called the Club Excellence awards, that RI says "recognize the hard work, clubs do throughout the year. Working to achieve the Club Excellence goals helps clubs engage their members, increase their impact, stay relevant in their communities, and run more efficiently. A welcoming and engaging club not only fosters a positive experience for its members, but also reflects the values of Rotary. When clubs achieve these goals, they contribute to the overall health and culture of Rotary for generations to come".

Submitted by Laurie Anderson