

Whale of an expedition just the start for student

If Alexandra Mackenzie fulfills her ambition to become a marine biologist she will remember the date, June 2, 2004.

That was the day she discovered a Quebec-based organization, Students on Ice, had accepted her application to join its whale research expedition this August.

"I was so excited. I was almost in tears. I was just so happy," recalls Mackenzie, the only B.C. student selected for the 10-day August expedition to the Gulf of St. Lawrence.

Mackenzie graduated from Westview Secondary School in Maple Ridge and plans to go to Douglas College for two years, then transfer to UBC, where she hopes to major in marine biology and zoology.

Next month's experience, she says will be invaluable. "It's something I've always wanted to do", says Mackenzie, who is also a volunteer at the Vancouver Aquarium.



"It will be a lot of work but the experience will help me get a job in marine mammal research or marine biology." While on board the 165-foot research vessel, Mackenzie

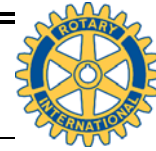
will assist a team of educators, including whale expert Richard Sears, with research into the blue whale.

That will include the dubious pleasure of collecting whale 'poop' as well as taking biopsies and observing their habits from a zodiac.

In the meantime, she must raise \$5,100 to fund her trip. MacKenzie has started approaching the municipality and service clubs for help, and recently received \$500 from the MeadowRidge Rotary Club.

She's also getting a hand from Revs Bowling Centre in Maple Ridge (22730 119th Ave.), which is hosting a fundraiser July 17, from 6 to 8 pm. Tickets are \$15 and all are welcome.

Call Revs at 604 467-3626 for more information, or e-mail Mackenzie at a.mackenzie23@hotmail.com



The Four Way Flasher

Rotary Club of MeadowRidge Newsletter

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Web-site: www3.telus.net/MeadowRidge_Rotary

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INVOCATION

July 13	Lynda Lawrence	July 27	Ron LePore
August 3	Tim Lowes	August 10	Debbie MacRae

BINGO SCHEDULE

	6:15-8:15	8:00-10:00
July 15	Ken Paterson	Tim Lowes
August 12	Mary Robson	Mina Park

Call Peter at 604-465-3392 for assistance or e-mail peter.boekhorst@telus.net

TODAY'S PROGRAM: Who's Who - Alex Kempenaar / Walter Volpatti

NEXT WEEK: Honey Barbecue at Vladimir's Farm

CALENDAR OF CLUB AND DISTRICT 5050 EVENTS:

Date	Time	Event	Venue
July 14	noon	Executive meeting	Sharon Kyle's boardroom at Meadow Gardens
July 20	7:00pm	Honey Barbecue at Vladimir's Farm	129 th Ave. Pitt Meadows
Sep. 19		Golf Tournament	Meadow Gardens Golf Course

Note: There will be no regular meeting next week !

HAPPY ANNIVERSARY

July 17: Kevin & Debora Nosworthy

HAPPY BIRTHDAY

July 19: Iola Boyce

50 / 50 draw - Jackpot at \$339 + 1/2 of today's sales, 42 cards left, Jackpot on "Queen of Hearts" only!



MeadowRidge Rotary Annual Golf Tournament Sept. 19, 2004



Meadow Gardens Golf Course

LAST WEEK'S MEETING

Our golf tournie this year will be on Sunday Sept 19th, mark your calendars!

Things are moving along with our Exchange Student and Doris Gagel will be the Counsellor. The Robson's will be the first host family and we are still looking for other host families for the remaining 3 periods. Please speak to either Mary or Doris if you are interested.

Our guest speaker was Gaeton Royer a fellow Rotarian (from Port Moody) and the City Manager of Port Moody. One of this busy mans other hats is to be on the Board of the Cross Roads Hospice, a freestanding hospice in Port Moody. He came to offer us encouragement and advice and how to successfully "build the dream" into a reality of a freestanding hospice facility.

The Cross Roads Hospice in Port Moody cost \$2.3 million dollars and all the funds were raised with the exception of a \$140,000 mortgage. They have 10 beds and average approximately 250 patients per year.

There are currently 3 ways to receive Hospice or Palliative care in our society:

- 1) In the Palliative care ward of the hospital, which can be a very clinical, cold environment because it is in the hospital. This is probably one of the least desirable options.
- 2) Home Care – this is likely the best option, but is not always possible. The Hospice Society does assist the family members where they can but it is still sometimes not possible.
- 3) Hospice Care in a freestanding Hospice center.

At the Cross Roads Hospice each room is individually decorated to provide a warm, friendly and comforting environment for the clients and their families. They offer support services and there are two roof top gardens of which 12 ft is a covered area and another 12 ft is open to the air. They have 2 cooks and a music therapist as well as nursing staff, along with many visiting volunteers for grief support. They offer Grief Journey's where family members take walks and talk if they want.

Gaeton offered lots of advice like: have lots of people who believe in the cause, trickle your info to the Media so as to receive more ongoing coverage, recognize your donors, focus on the big donations first, then go after the smaller individual ones.

Remember it is not about the money, but about the MISSION.

Submitted by Debi Pearce

ESTEEM TEAM 2004 REPORT

Sponsors: MeadowRidge Rotary Club & Rotary Club of Haney
Rotarians involved in the planning, etc. Deddy Geese, Kevin Nosworthy & Dave Rempel

Esteem Team Presentations:

April 27, 2004

Angus Reid – Football Player
Jen Dowdeswell – Field Hockey

May 4, 2004

Megan Gordon Parker – Springboard Diver
Justin Abdou – Wrestler

May 11, 2004

Rae-Anne Mitchel – Volleyball
Mitch Baker – Snowboarder

May 18, 2004

Heather Smith – Soccer Player
Nick Ugaala – Wrestler

Summary of Schools involved: Elementary Schools – 14, Secondary Schools - 2

Number of Students involved: 3,650 Grades K-8

Rotarians who attended presentations:

Brian Becker (2), Rick Curruthers, Alan Graveson, Shane James, Kevin Nosworthy (5), Dave Rempel, Bob Shantz, Marco Terwiel, Craig Vernon, Stan Wade.

Thanks to all who supported the Esteem Team members.

Costs: \$2,500.00 per Club

Comments: Again this year's program was a most successful project based on the number of students and presenters and Rotarians involved.

Teacher, Students and Principal evaluations are on file and can be accessed upon request.

Our annual Esteem team program is one of our best community youth projects reaching our future where they live.

Dave Rempel

'BEE' THERE AT THE 'FAMILY HONEY BARBECUE'

All MeadowRidge Rotary members and family are invited to next weeks 'Honey Barbecue' at Vladimir & Zenka's farm on July 20 - 7pm.

This will also be an informative social, you will be able to experience and find out everything there is to know about a "working honey bee farm" Bring your partner, your spouse, your friend, your children or grandchildren, for a great barbecue.

Location: 129th Ave., Pitt Meadows (across from Rod and Gun Club, off Kennedy Rd. and Barnes Rd.)

There is no cost to this event, and even wine and desert will be provided by our hosts. Vladimir and Zenka are very excited about this, they would like to tell and show us everything about the honeybee. So please try to attend.

There is no cost to this event, but donations towards RI Foundation are welcomed.

