

LEO'S DIARY, ISSUE 1

Hey. My name is Leonie, I'm 16 Years old, and I come from Brandenburg. I'm the German Exchange Student for the Rotary Club this year.

My town is 60km from Berlin, Germany. I spent the first 6 years of my life in Cairo, Egypt. When I was 6 years old, my family moved back to Germany and I went to school there. I've lived the past 10 years in Brandenburg. My hobbies are dancing, singing, snowboarding and playing tennis. I'm in a dance-group called: "Les copains de danse". I also have 2 years singing lessons at the music-school of Brandenburg.

I've got 2 brothers; one is named Timo and he is 10 years old, my second brother is named Moritz, and he is 18 years old. My mother is a teacher for German and religion subjects. My Father is an architect. My hobbies, family and friends are very important to me. I'm very happy that I can spend this year in Canada.

Thank you MeadowRidge Rotary Club for letting me do my exchange here, I am very grateful.

Zajac Ranch Invitation

Please join us on Sunday, September 26th, from 11-4pm, at the Zajac Ranch for Children as we celebrate the success of our first year of operation, and the beginning of phase two of this truly unique camp for children with special needs.

As a special guest you are provided with the opportunity to experience what the Zajac Ranch for Children has to offer.

The day will consist of:

- Transportation {if required}. Our stagecoach (bus) will be departing from Maple Ridge. Space is limited so please R.S.V.P. to secure your seat.
- A welcoming from the Mayor of Mission, Abe Neufeld, Mr. Bill Stewart (President & CEO of YMCA Greater Vancouver) and Mr. Roy Maguire (President of ADT Security)
- A traditional Western Style lunch
- A self guided tour around the property. Designated areas throughout the property will be showcasing some of our partners including horse demonstrations, lassoing, adaptive kayaking demonstrations and much more.

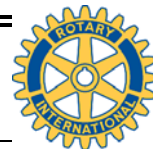
If you would like to join us for a Western-style lunch and a fun-filled day - **Please RSVP - ASAP**. Please let us know how many will be coming in your party, including the number of children and their ages.

(If we have not heard from you by Wednesday September 22, we will assume you will not be able to attend.)

We look forward to seeing you at the Zajac Ranch Round-Up.

For more information - or if you need directions to the Zajac Ranch, please call 604-739-0444 – or email info@zajac.com

Happy Trails,
Naura Wolfe



The Four Way Flasher

Rotary Club of MeadowRidge Newsletter

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Web-site: www3.telus.net/MeadowRidge_Rotary

Meetings: Tuesday 12pm, Gourmet Hideaway Restaurant
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NO REGULAR MEETINGS ON SEPT. 28 AND OCT. 5

INVOCATION

Sept. 21	Dot Ralston	Oct. 12	Chad Reed
Oct. 19	Dave Rempel	Oct. 26	Gordy Robson

BINGO SCHEDULE

	6:15-8:15	8:00-10:00
Oct. 07	Walter Volpatti	Vladimir Cukor
Nov. 04	Murray Davelaar	Chad Reed

Call Peter at 604-465-3392 for assistance or e-mail peter.boekhorst@telus.net



CELEBRATE
R O T A R Y

100 Years

*A warm welcome to all of our invited guests today.
We hope you find the meeting informative and most of all FUN.*

TODAY'S PROGRAM: New Members Meeting
NEXT WEEK: Golf Tournament

CALENDAR OF CLUB AND DISTRICT 5050 EVENTS:

Date	Time	Event	Venue
Sept. 28	12:30pm	Golf Tournament	Meadow Gardens Golf Course
Oct. 5		Sports Banquet	Meadow Gardens Golf Course
Nov. 6	5:30pm	Rotary Foundation Dinner	Bellwether Hotel in Bellingham

Happy Anniversary Sept. 27: Harvey & Brenda Exner

50 / 50 draw - Jackpot at \$518 + 1/2 of today's sales, 34 cards left, Jackpot on "Queen of Hearts" only!

LAST WEEK'S MEETING

Gord was pleased to announce that because of our donation to the "Rotary Rinks" in Pitt Meadows another 700 children are able to play Lacrosse this year who would have been unable to play in previous years. He also announced that we have sold 161 seats to the Sports Banquet and there are so far 50 items pledged to the Silent Auction and another 30 to the Balloon Auction. We need the clubs help here so get those tickets sold and the Auction items in.

Brian Fox was our guest speaker today and he did a Who's Who presentation.

Brian was born in a small farming community in Northern Manitoba on a snowy May 22nd 19???. He enjoyed sports in his youth with the exception of hockey and fostered a strong desire to travel. He acted upon that desire by joining the Navy for 10 years during which he sailed around the world out of the Port of Halifax. One of his last trips was from Halifax to Vancouver and it must have made an impression because upon retiring from the Navy he moved to BC and managed a 2 way radio station and shop in Aldergrove. As the years past, Brian was the owner of several successful businesses including the Radio Station, an answering service, alarm monitoring and an interconnect business. He now owns and operates Emerald Security.

Submitted by Debi Pearce

RI CENTENNIAL CONVENTION 2005

A couple of notes regarding the upcoming Rotary International Convention in Chicago, June 18 to 22, 2005. Gayle and I recently registered for the Convention as well as registering for hotel accommodations. You can register online for both your hotel and the actual convention registration at the following web site. I would recommend making your reservations **now** as many of the hotels are already sold out.

<http://www.rotary.org/newsroom/centennial/news01.html>

If you are thinking of going to the Convention, you might think about taking the train from Seattle to Chicago as we have done. This Amtrak Train from Seattle to Chicago is known as the Empire Builder. The route has been written up in travel magazines as one of the most famous train trips in the world. A number of Rotarians are doing a similar thing from LA to Chicago. If any one is interested the train we chose is Train 8 which leaves Seattle on June 16, 2005 at 4:45 PM and arrives in Chicago on June 18, 2005 at 3:45 PM in time for registration. You can buy sleeping accommodations at various levels. We chose a "Superliner Standard Bedroom" which was a middle of the road selection. With the sleeping car accommodation you also get all your meals plus, sleeping car passengers are entitled to a wide range of hotel-like amenities, including fresh linen and towel service, complimentary bottled water and daily newspapers, and In addition, as First Class passengers, you and your companions enjoy access during your voyage to ClubAcela and Metropolitan Lounges located at select stations. The price to go there is very economical as Amtrak is heavily subsidized and may be cheaper than air at US\$740 for the two of us return trip.

If any other Rotarians are thinking about travelling there by train it might be nice to travel together.

You can book your train tickets online with Amtrak at:

<http://www.amtrak.com/servlet/ContentServer?pagename=Amtrak/HomePage>

See you there!!

Ken Paterson

DOCTORS REPORT

Greetings from the geographical centre of Canada. I was unaware that Baker Lake had that distinction. It took me a day and a half of travel by aircraft to get there and even then I was only halfway towards the Northernmost point of the Canadian landmass. Not that I have any strong desire to go that far. Baker Lake is a community of some 1500 people on the shore of, not surprisingly, Baker Lake, a very large body of water.

From the air it was a smallish hamlet in the middle of nowhere surrounded by the fabulous fall colours of the tundra. There is a rather rough gravel landing strip and I praised the tough quality of the tires of the aircraft by

refusing to blow upon landing.. One cannot call it an airport. There is a small building that is in dire need of a coat of paint. Inside is a waiting area and a desk and very importantly a scale. The aircraft up North are generally rather small and can only take a certain amount of weight and everyone who comes up North and is not filthy rich will take as many goods along as they will allow on board. Most things are very expensive because it all has to flown in and the cost of that is steep. Moreover the storekeepers appear to make a tidy profit. Since one can order groceries from Edmonton and pay \$2.50 freight per lb and yet it is cheaper than buying it here. I am told that the stores pay only a bulk rate of fifty cents per lb. Go figure!

The owner/manager/cook of the hotel where I was to stay picked me up from the air terminal. Since there were only seven passengers and I was the only Kabluna (white man) getting off the plane it was not hard for him to spot me. On the way into the community he gave me a lot of information about the various places we passed.

The hotel is located next to the health centre and even though it has not started snowing yet, it is very convenient to be that close.

The hotel was a pleasant surprise. On previous community visits I have had to stay in rather Spartan places. Here my room was spacious, comfortable and well appointed. There was even a small kitchenette which turned out to be very handy, since I could prepare my own breakfast. (I started work before the restaurant opened in the morning).

After unpacking I went over to the health centre to introduce myself. A very pleasant nurse in charge (NIC) met me and took me on a brief orientation tour of the centre. Shook hands with the rest of the staff, three nurses, receptionist, secretary, translator, janitor, community worker, Xray technician. All but the nurses were Inuit. Then the NIC asked if I minded to see a few urgent cases. I had been up since 2.45 am that day in Rankin Inlet looking after two patients who were acutely very ill and needed to be evacuated to Winnipeg. I had to find specialists willing to accept these people upon arrival and that meant finding out who was on call, waking them up, convincing them that these were indeed seriously ill people. Then these doctors had to find a bed in the hospital. The university hospital was not accepting any patients and therefore I had to wake up another doctor who worked at another hospital and go through the same procedure. Fortunately with better luck. Then I had to call the medevac plane and crew and get the patients on their way. All this took hours and when I had gotten them safely on their way it was time for me to fly to Baker Lake. I was therefore less than enthusiastic in agreeing to see more sick people before having a chance to recharge the batteries. However what can one say or do. I saw the first one who had been evacuated to the community hospital in Churchill, Manitoba, a week earlier and was told that they could not figure out why she was in so much pain, but that whatever it was would not kill her and they had sent her back. Fortunately for her, she was very articulate and after carefully listening to her story I had a pretty good idea what was wrong. An examination confirmed the diagnosis and one injection took the pain away instantly. I saw a few more people and then went back to the hotel for dinner and when I walked in, I was greeted by the other people in the dining room as a miracle doctor. The word had already spread that the lady had obtained an instant cure after suffering miserably for weeks. That of course raised the expectations of all the other people I was to see on the following days. Unfortunately there were quite a few where one could at best only alleviate their problems.

I also had to pay a visit to the nursing home populated by very very old people. Nobody really knows how old, since there was no administration to speak of in the North at the time they arrived on this planet. It was a surprise to see the quality of care in that place. It puts a lot of nursing homes in the South to shame. Clean, private rooms, no smell of urine and a very dedicated staff. If I ever would need to be in a nursing home I would choose to go there.

All in all Baker Lake was a very worthwhile experience. I will be back there towards the end of my stay in Nunavut and hope to have time to meet some of the local artists. There are many of them and some quite famous.

Until another report.

Marco