

By Anna Bakalis  
*The Rotarian* November 2006  
 Photos courtesy Karen Quincy Loberg



Haifa students Manar Nasser, Reut Donner, Yasmine Sardia, Dafna Ben Yehuda, and Julie Dai.



Students learn about the Torah at the Brandeis-Bardin Institute.

Lutof Zreik, a 16-year-old Arab Christian, reads the Torah aloud in Hebrew inside the Brandeis-Bardin Institute, a Jewish cultural center in Simi Valley, Calif., USA. He's one of 16 students — eight Arabs and eight Jews — from Haifa, Israel, participating in a two-week conflict resolution seminar and leadership retreat. The program is called Project TRIUMPH (Today's Revolution is Understanding: Making Peace Happen), and it's partially funded by the Rotary Club of Haifa and clubs in California.

Project TRIUMPH, which debuted this year and may become an annual event, brings Jews and Arabs together to build a shared vision for a peaceful future. Before arriving in the United States, the teens met every two weeks from December to May to get to know each other and find ways to promote tolerance in their communities and beyond. They also committed to a one-year community service project after the seminar.

Now at the retreat, the teens have a rigorous schedule, usually starting the day with yoga at 6 a.m. They participate in team-building programs and outdoor activities, attend local high schools, and see the Southern California sights. They also spend time with Rotarian families, eat lunches with Rotary clubs, take nature hikes, and speak with a rabbi, imam, and pastor. At the end of each day, they record their thoughts in journals.

"This was a whole different experience," says participant

Reut Donner, 16. "It wasn't easy at first, being away from home, and our schedule is very strict, with very little time by yourself."

She says the ropes course, where she had to trust others to catch her as part of the exercise, was one of the more challenging activities. She also climbed a 50-foot rope, which she never thought she'd be able to do.

"I was able to tell myself, This is your ego speaking, which works out of fear," she says. "I was able to envision making it to the top. I believed in myself, and through that, I can help others."



# The Four Way Flasher

Rotary Club of  
**MeadowRidge Newsletter**

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Web-site: [www3.telus.net/MeadowRidge\\_Rotary](http://www3.telus.net/MeadowRidge_Rotary)

Meetings: Tuesday 12pm, Gourmet Hideaway Restaurant

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## NOVEMBER IS ROTARY FOUNDATION MONTH

### INVOCATION

Nov. 21	Mike Davies	Nov. 28	Matt DeBruyn
Dec. 5	Brian Fox	Dec. 12	Doris Gagel

### BINGO SCHEDULE

	6:15 - 8:15	8:00 - 10:00
Nov. 30	Marco Terwiel	Anil Bharwani
Dec. 28	Dave Rempel	Hugh MacDonald



Call Peter at 604-465-3392 for assistance or email [peter.boekhorst@telus.net](mailto:peter.boekhorst@telus.net)

**TODAY'S PROGRAM:** Constable Derek Keist – Identity Theft

**NEXT WEEK'S PROGRAM:** Brian Chittock - Jessie's Hope Society

**Don't forget to bring in your two cans – or cash - for the Food Bank**

### CALENDAR OF CLUB AND DISTRICT 5050 EVENTS:

Date	Time	Event	Venue
Nov. 22		Executive meeting	
Jan. 19	6:00pm	Regional PolioPlus Dinner - \$80.00 CAD	Delta Vancouver Airport Hotel
Jan. 20	8:30pm	Regional Rotary Foundation Seminar - \$40 CAD	Delta Vancouver Airport Hotel

**50 / 50 draw - Jackpot at \$98.00+ 1/2 of today's sales, 47 cards left, Jackpot on "Queen of Hearts" only!**

After a long absence I have re-instated the Happy Birthdays and Anniversaries.

### HAPPY BIRTHDAY

Nov. 22: Laurie Anderson

Nov. 23: Lynda Lawrence

### HAPPY ANNIVERSARY

Nov. 26: Matt & Lynda DeBruyn

### LAST WEEKS MEETING

The meeting began with Mike presenting the cheque for \$2,500 to Joan McMillan of Meals on Wheels. She was very thankful for the donation.

Our guest was Brian Koch who attended with Dot. It was nice to see Dot again. She's been very busy with her studio on Tuesdays, which is why we don't see her too often.

Ken Paterson advised that he's attending the International Convention, which will be held in Salt Lake City, Utah next year.

Ineke announced that we raised \$25,000. at the Sports Banquet through the auctions. She also shared that it's the 35<sup>th</sup> Wedding Anniversary for her and Peter. They will be going to Hawaii next month to celebrate.

Sharon advised that Fraser Stamp-Vincent was to do his Who's Who today but had to cancel earlier in the day due to personal issues back on the island.

She also shared a letter received from the Garibaldi Arts Club expressing their appreciation for our recent donation, which will be used to purchase exhibition panels.

November 17<sup>th</sup> is the Foundation Dinner. Marco has a new car and has volunteered to carpool, if anyone is interested. Sharon advised that the Executive Meeting will be held on November 22<sup>nd</sup>.

Anil provided an update on the Husky Rebate Program. He advised that the cards are not being utilized. He said that it's easy money for the Club – we get 2% of purchases made at any Husky Station. He encouraged members to use the card more often.

Mike Davies advised that there would be a Community Services Committee meeting that evening at Doris Gagel's shop. He said that the Club applied for a \$40,000. grant from Gaming but only received \$30,000. As the regulations are constantly changing with Gaming, Mike is checking with them for approval of expenditures so there are no problems.



Joan McMillan receives cheque for Meals on Wheels

Mary gave a wrap-up on the Sports Banquet. She advised that we had great coverage from the Times newspaper. All three of the Home Town Heroes that were honoured and signed their posters were great candidates. It was a difficult decision this year to select the two new Heroes as there were ten good applicants. There was a good turnout of attendance by the Home Town Heroes this year. We had eight out to the banquet, as well as Garrett Hunt who is not a HTH but is a local sports celebrity. McDonalds Restaurants promotional department are extremely happy with the HTH program.

Mary advised that Janet had received over-whelming support when making the calls to merchants for donations to the auctions. 95% of those contacted contributed to the success of the event. The balloon sales were great; the silent auction was down slightly; the live auction was down mainly due to lack of time; and the mystery key was a hit raising \$1,700. The gift baskets did really well in the silent auction. Mary has suggested that next year perhaps our members could donate money instead of trying to buy something to donate and more baskets could be put together with those monies. We had great help from the local banks who provided some of their staff to process the auction sales. We will ask for their help again next year.

There were all but two tickets sold, and one was a last minute cancellation. We also received \$350 in donations. Mary thanked Sharon and Maureen for sponsoring the wine. Mary has reached an agreement with Meadow Gardens to provide the dinner at \$35 per person all in. They served a very good meal for the event.

Sharon announced that Derek Keist will be joining us next week as our Guest Speaker to talk about identity theft. Derek is with the Meadow Ridge RCMP Detachment.

Ineke asked the Club for help to support the Friends In Need Foodbank. They need some volunteers to help with Christmas events including Christmas in the Park on December 2nd at 3:30 pm; the Christmas Parade on December 2nd at 5:30 pm; and the CP Christmas Train on December 19th at 7 pm. Volunteers are needed for approximately 1- 2 hours at each event to collect funds and food. Gordy advised that he would push buggies with MLA Randy Hawes for the parade. Mike advised that part of the Community Service Committee's mandate is to do some hands-on projects in the community, and felt this would be a great opportunity for the Committee. Gordy advised that the Abbotsford Rotary Club has a train that can be used in parades, and that they lend it out to other clubs. Ineke advised that she would contact them to see if it's available for the day of the Parade. Ineke also asked that each member bring two cans of food or some cash for a Club donation to the Foodbank as they are low on food, and have had to purchase food for the hampers this month.

Submitted by Lynda Lawrence

### 2007 ROTARY INTERNATIONAL CONVENTION SALT LAKE CITY

**Head to the mountains of Salt Lake City for the 98th annual RI Convention, slated for 17-20 June 2007. There, you'll join family, friends, and fellow Rotarians from around the world at Rotary's largest annual get-together. This year's convention is fun, informative, and affordable, with new features such as the World Peace Symposium.**

*"No word or pictures can describe the great feeling of being at an RI Convention. You have to go and see it for yourself."*

– Manon Lennon, Rotary Club of Laval, Quebec, Canada