



Continued from middle page

Our Guest Speaker was Kelly's husband, Pete Fry, who spoke on "Finding a Way to Live Your Passion".

Pete Fry is the Founder & President of Puckmasters Hockey Training School. He has an extensive hockey background. He started his minor hockey career in Toronto at age eight and his exceptional playing skills allowed him to play in the Western Hockey League at 16 years old. He played with the Portland Winter Hawks and two years later, he was traded to the Victoria Cougars in British Columbia. He was the Cougar's Most Valuable Player two years in a row and a Western Hockey League All-Star. Pete was also named one of Victoria's Best Athletes.

He was then drafted by the New Jersey Devils. En route to his professional career, he studied physical education at the University of Calgary and led the Calgary Dinosaurs to the country's number one ranking in hockey two years in a row. He then played professionally in Sweden and North America.

Working in summer hockey schools for over ten years, Pete saw a need for personal one-on-one coaching. He became co-owner of the National Hockey School in Victoria in 1992. There, he developed the school's training programs. He also took an active part in public relations, sales and marketing. During the winter months, Pete worked on development of his own school and on December 1, 1993 opened the first Puckmasters location in Victoria, and in May of 1995, he sold his ownership of the National Hockey School in order to concentrate fully on Puckmasters.

Pete told us the story of Robbie Tallas who was playing for the Seattle Thunderbirds of the WHL when he first came to Puckmasters. Pete used visualization techniques and positive motivation in training Robbie. Robbie trained with Pete for over three years, and later suited up for the Boston Bruins of the NHL.

Pete's natural enthusiasm makes him a natural motivational speaker. Topics he has spoken on include:

- How to Start a Successful Business
- Practice Like You Play
- Living at Level 10

He is committed to personal excellence in all areas of his life, and has been a recipient of the Top 40 under 40 Award for the Top Business Achievers in Vancouver.

His parting words, "Follow your passion, visualize and live your dreams".

Submitted by Lynda Lawrence

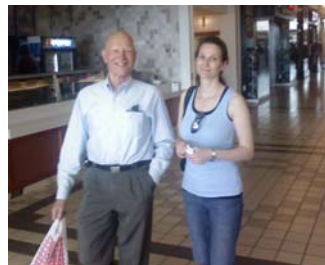
DISTRICT 5050 CONFERENCE

Had a great time in Everett this weekend. Some great talks and information and the Boeing Museum of Flight evening was interesting. Past RI Pres. Cliff Dochterman was again a great speech.

Marco and Cailin & I went down together.

To prove it I have attached this pic. First time Marco had ever been in Bellis Fair mall. Seen here with a younger woman. Fortunately it was early Sunday morning and most shops were closed or Marco would have done a run on high-quality chocolate.

Other highlights were that the Philippines GSE team did a great presentation - dancing with candles and singing and showing more great photomontages. There was a also a talk & slide show by one of the "Rick Steves" tour guides who showed us parts of Italy with fantastic wine sampling to match each area.



Robert



The Four Way Flasher

Rotary Club of MeadowRidge Newsletter

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Web-site: www3.telus.net/MeadowRidge_Rotary

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May is Rotary History Month

INVOCATION

May 20	Walter Volpatti	May 27	Stan Wade
June 3	Laurie Anderson	June 10	Liz Attarmigirian

BINGO SCHEDULE

	6:15 - 8:15	8:00 - 10:00
June 19	Mina Park	Ken Paterson
July 17		



Call Peter at 604-465-3392 for assistance or email peter.boekhorst@telus.net

TODAY'S PROGRAM: Mr. Bowden – Better Care at Home:
New Tools to Help Ourselves

NEXT WEEK'S PROGRAM: Anne Sashikata – Junior Achievement

CALENDAR OF CLUB AND DISTRICT 5050 EVENTS:

Date	Time	Event	Venue
May 21	6pm	Haney Rotary Ladies Night - \$110	Swan-e-Set
June 15 -18		Rotary International Conference	Los Angeles
June 26		Installation of 2008/09 Executive	
Aug. 9	3pm	Bee BBQ – Vlad's Apiary	

50 / 50 draw - Jackpot at \$0 + 1/2 of today's sales, 52 cards left, Jackpot on "Queen of Hearts" only!

HAPPY BIRTHDAY

May 22: Ineke Boekhorst, Brian Fox

MAY 6TH MEETING

Our GSE Guests were Bienvenido “Jun” Angeles, Team Leader; Emerson “Sonni” Viudez, Lawyer; Olive Joy C. Antonio, Senior Brand Manager; Allan M. Florendo GM/Director of Operations; and Joanna Precilla Tescon, Senior Member Support Association.

Bob advised that any participation by Rotary in the Vista Run will be credited towards our sponsorship of the Hospice Society.

The Rotoplast Fundraising Dinner will be held on Sunday June 8th at 6pm at the Continental Seafood Restaurant in Richmond. The event is in support of the medical mission to Chengde, China to perform free cleft palate surgery on children. Tickets are \$100 each.

ADG Denis Boyd introduced the GSE Team and the visiting Rotarians. He spoke of a new Program in our District – the Rotary Leadership Institute. It is a 3-day workshop to develop leadership skills. The first day will be July 27th and the session will be held in Chilliwack. The cost is \$85 and he invited us to be a part of this new program.

Our Group Study Exchange guests are from District 3800 in the Philippines. The Team Leader “Jun” is the Vice President of Operations for AZ Direct Marketing, Inc. the exclusive marketer and distributor for Readers Digest products in the Philippines. Jun lost his wife four years ago but cherishes time with his family. He has a son, Jeremy and two daughters, Cathy and Joanne and his granddaughter Rice.

He spoke a bit about the Philippines, which is comprised of 7,000 plus Islands. He is a member of the Rotary Club of Marikina Central. Marikina is famous for shoes and holds the Guinness Record for the largest shoe. There are 30 members in his club, which is an evening club, and he was inducted in August 1987. The population of his country is 6.6 million. There are 81 clubs in 8 zones with about 2,000 members. Their major projects deal with water supply and management, and feeding programs.

“Sonni” was born and raised in Bulacan, the province north of Manila. His father is an industrial farmer, his mother is a physician and his younger sister is a cardiologist. He earned his legal degree in 2005 and is a junior legal associate with Santiago & Santiago, a prominent corporate and tax practice law firm. He is part of the litigation team, which represents KFC and Mister Donut among others. He is a voracious reader and loves to travel. His most recent trip was to northern India last year.

“Joy” is 28 years old, and is married to a physician, Jeff, who specializes in Pathology. Her parents are retired, and she has 4 sisters and 4 brothers. She works for Focus Global Inc. as the Senior Brand Manager for Ethan Allen. Aside from marketing, she also looks after the media requirements of all the other brands of the company. She loves to dance and travel.

She advised that there are three major regions in the Philippines and that 83% of the population is Catholic. There are many 400-500 year old churches in the Philippines.

“JP” (Joanna) is the daughter of former General Arsenio Tecson. Her mother is an author and Naturopath, and she has one brother, Abel who is a career student. She works for the Development Executive Group

(DevelopmentEx) a Washington, DC based company, and leads its Member Support and Administration Team. She loves to cook, and sings late 80’s to 90’s rock for a band called Drive55. She advised that the Philippines have the most diverse species of fauna and flora. From the smallest mammal, the Tarsheer, to the largest eagle in the world, the Haring Ibon or the Philippine Eagle.

Allan is married with 6 year old son, Anton. The family enjoys travelling around Asia and experiencing life. Allan is the Director for Operations and General Manager of Metro Care Health Systems Inc., which provides health insurance services. He is also a phenomenal photographer specializing in fashion, glamour and travel photography. He spoke of the Borocay island, south of Manila, one of the best tropical beaches in the world with its white powdery sand. Siagao is the best surfing destination. He spoke of the many festivals including the Dinagyang Festival, and the Sinulog Festival, which are very colourful.

The group then sang “Kaleidoscope World”, and finished their presentation with a photo slideshow of pictures taken by Allan of the host members of our Club. It really was a special meeting!



Submitted by Lynda Lawrence

LAST WEEK’S MEETING

Our Guests today were Derek Winterman of the Esteem Team, Zdenka Cukor, Rotarian John Schultz of Nanaimo who will be joining us over the next month, and Sharon Neeham.

Bob advised that Heidi Johnson is raising funds to purchase dictionaries. John Bosch has contributed \$500, and Bob asked the Club for approval to donate \$200 towards this cause.

The Rotary Institute training seminar being held on July 26. Robert and Marco have registered. The cost is \$85. and the Club will probably pay the fees for those interested in attending.



Mary won \$929.50 in the 50/50 today. She donated 50% of her winnings to the Rotary Foundation. Congratulations Mary.

Peter passed around the sign-up sheet for bingo for the upcoming year. He advised that there is no longer any work involved, we just need to have a member in attendance to qualify for our Gaming grant.

Jenn Dawkins was inducted into our Club today by Mike Davies and Bob Shantz. Welcome Jenn!

Dave auctioned off two items to raise funds for the International Committee. The honey basket went for \$65. to Sharon Kyle, and the wine was auctioned off for \$45. to Diane Kirkland.



Continue on back page