

Individual Rotary clubs belong to Rotary International. Individual members, or Rotarians, belong to a club. The club is where most of Rotarians' meaningful service work is carried out. Clubs can be engaged not only in their communities, but also internationally.



What Rotarians get out of Rotary depends largely on what they put into it. Many membership requirements are designed to help club members more fully participate in and enjoy their Rotary experience.

### Attendance

Attending weekly club meetings allows members to enjoy fellowship, enrich their professional and personal knowledge, and meet other business leaders in their community. If members miss a meeting of their own club, they're encouraged to expand their Rotary horizons by attending a meeting of any other Rotary club in the world.

### Service

By participating in local and international service projects, club members can volunteer their time and talents where they're most needed. The four Avenues of Service are Rotary's philosophical cornerstone and the foundation on which club activity is based:

- Club Service focuses on strengthening fellowship and ensuring the club's effective functioning.
- Vocational Service encourages Rotarians to serve others through their vocations and to practice high ethical standards.
- Community Service covers the projects and activities the club undertakes to improve life in its community.
- International Service encompasses actions taken to expand Rotary's humanitarian reach around the globe and to promote world understanding and peace.

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## The Four-Way Test

The test, which has been translated into more than 100 languages, asks the following questions:

Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



# The Four Way Flasher

## Rotary Club of MeadowRidge Newsletter

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Web-site: [www.meadowridgerotary.ca](http://www.meadowridgerotary.ca)

Meetings: Tuesday 12pm, Gourmet Hideaway Restaurant

President: Robert Campbell Phone: 604-467-8373 [robert@rocalink.com](mailto:robert@rocalink.com)  
 Secretary: Maureen Goodrick Phone: 604-329-2879 [maureen.goodrick@interprotech.ca](mailto:maureen.goodrick@interprotech.ca)  
 Editor: Peter Boekhorst Phone: 604-465-3392 [mrrotary@telus.net](mailto:mrrotary@telus.net)

### MARCH IS LITERACY MONTH

#### INVOCATION

Mar. 10	Dave Rempel	Mar. 17	David Riddell
Mar. 24	Gord Robson	Mar. 31	Mary Robson



TODAY'S PROGRAM: New Member Drive

NEXT WEEK'S PROGRAM:

#### HAPPY BIRTHDAY

March 11: Patrick O'Brien      March 13: Mike Lindvik

#### CALENDAR OF CLUB AND DISTRICT 5050 EVENTS:

Date	Time	Event	Venue
Apr. 4	8am / 2pm	District 5050 Assembly	Kwantlen University, Surrey
May 28-31		District 5050 Conference	Heritage Park – Chilliwack

50 / 50 draw - Jackpot at \$698.00 + 1/2 of today's sales, 31 cards left, Jackpot on "Queen of Hearts" only!

## LAST WEEK'S MEETING

Our Guests today were Jeffrey Campbell, Niko, Zdenka Cukor, Irena Shantz and Franz Prokop.

Our annual membership meeting will be held next Tuesday March 10<sup>th</sup> at the Gourmet Hideaway. Please try and bring a guest.

Three GSE hosts are still needed for the group from Ecuador. Please contact David Riddell if you can help.

Peter Tam announced that he has been chosen as a judge for the upcoming Juno Awards and will be attending the event.

Robert announced his son Jeffrey's 17<sup>th</sup> birthday. Jeffrey has recently attended the RYLA Adventures in Film and Adventures in Leadership programs where he had the opportunity to meet new people and listen to some great Guest Speakers.

Our Guest Speaker was Sean Hogan of the RYLA program. Sean has been a member of Rotary since 1987. He is a past President of his Club and is currently the Chair of the Youth Programs Committee.

He advised that there are four programs aimed at youth and young adults:

**RYLA** (Rotary Youth Leadership Awards) was established in Australia 27 years ago. The ages differ in different countries but here the age group is between 18 - 25. The RYLA camp will be held on June 4 - 7 this year and each Club may sponsor 2 youth.



**ROTARACT** is for ages 18 - 30. There are currently four clubs in our District. They are working to get RYLA youth involved as members.



**YOUTH EXCHANGE** - our District offers the year long programs only. This program allows youth to live and study in other countries.



**YOUTHLINKS** is a program that was started by a Utah Rotarian.

The program is currently in 3 Districts around the world. The mandate of this program is to empower youth to commit to themselves and their community, broaden their horizons, and acquire healthy life skills through focused enrichment programs and meaningful volunteer opportunities. Youth volunteer for community service projects and earn \$10. per hour towards the travel costs of doing a project in another country. The Peru project, for example, requires 800 hours of community service. The youth involved commit to meet once a month, and must either join or start a Rotorac Club after their trip.

**ADVENTURES IN LEADERSHIP** is a new Rotary youth program. The original concept, proposed by Past District Governor Gary Hollick, was based upon a program by Winnipeg Rotarians. Their program was a week long course, with each day focused on one of the 7 Habits of Highly Effective People.

District 5050's program is in a test pilot stage, and will be a weekend event (Friday evening to Sunday noon), initially adapting the RYLA program rather than the Winnipeg program. The Committee is chaired by Graham Thomson (a Rotarian) with Sarah Matheson (a high school teacher) and at this time consists largely of RYLA committee members. The initial program held February 27 to March 1, at Camp Alexandria in South Surrey was to have 40 participants (ages 15 - 17). There was so much interest in the program that they ended up with 53 youth attending. The cost will be \$250 per student, to be paid by the sponsoring Rotary club

This program will give participants the opportunity and tools to become an effective leader. The Four Pillars of the program are to:

1. Help create a well-rounded individual;
2. With increased perspective; and
3. Enthusiasm for growth;
4. Who is able to make informed decisions.

Sean had Jeffrey come up and speak to us about his weekend adventure. Jeffrey advised that the weekend began with the Introductory Circle where they learnt about each other and developed a team cheer.

On Saturday morning they listened to Sal Abbott, a fantastic speaker who has been with Rotary for 18 - 20 years, who's session was about Pre-judging and Assumptions. Sarah Matheson and Graham Thomson then followed with a session on Goal Setting & Time Management.



The next session was about Risk Taking, and was presented by a 24 year old, Benji Travis. Benji relayed how he had started a Break Dancing competition in the States which he was told would not succeed. The competition ended up being a great success with 2,000 participants from around the world involved. Benji started in the real estate industry at 19 and is now a millionaire at 24.

There was a session on Choices & Problem Solving. Judge Leo Nimsic did a Judge & Jury exercise with the group focusing on ethics and assumptions.

Jeffrey was thankful for having the opportunity to have attended this program, and spoke well in sharing his experience with the Club. Robert was a proud Papa. For more information on this new program go to [www.adventuresinleadership.ca](http://www.adventuresinleadership.ca).

Submitted by Lynda Lawrence

For years, Rotary's commitment to Service Above Self has been channeled through the four Avenues of Service, which form the foundation of club activity. To get started on a project, think broadly about how your club and its members could contribute within each avenue.

**Club Service** focuses on strengthening fellowship and ensuring the smooth functioning of Rotary clubs.



**Vocational Service** involves club members serving others through their professions and aspiring to high ethical standards. Rotarians, as business leaders, share skills and expertise through their vocations, and they inspire others in the process.



**Community Service** is the opportunity Rotary clubs have to implement club projects and activities that improve life in the local community.



**International Service** encompasses efforts to expand Rotary's humanitarian reach around the world and to promote world understanding and peace. It includes everything from contributing to PolioPlus to helping Rotary Youth Exchange students adjust to their host countries.

