

IMPORTANT DECEMBER DATES - PLEASE MARK IN YOUR CALENDAR:

The following are the Meadow Ridge Rotary Club December Christmas activities; a sign-up sheet is available today for the Santa Parade and Christmas Train event. PLEASE indicate if you are (or not) participating.

Christmas Parade: Saturday, Dec. 5th, starts 6 pm (be there at 5:30 pm)

The Santa Parade: starts at 6 pm; we're assisting to accept food/cash-donations from the crowd for the FIN Foodbank along the parade route; Parade set up in 221st / Dewdney area and surrounding cross-roads, look for "Friends in Need Van" / yellow school bus. Parade travels along Dewdney Trunk Rd, 224th St, through Memorial Peace Park, ending on Selkirk. Wear warm clothing, we will provide Santa hat.



CP Christmas Train at the Wharf/ Billy Miner Pub, Friday Dec. 18th (be there at 7)

Open House at Lynda Lawrence: 5pm, share some Christmas cheer and yummys, before the CP Christmas train event and walk over to Santa train together.

Santa Train: arrives at Port Haney approx. 7:45 pm, features GREAT entertainment. Usually "cold" weather at this event, suggested dress: "warm" casual! Bring the family. We'll be accepting food & cash donations from the crowd (+ loading in the van)

Turning Wheels for Holiday Meals: Dec. 10 & Dec. 11 in Haney Place Mall, fundraising event for Friends in Need Foodbank.

Thursday and Friday, twenty four hours of bicycling the BC Hydro Power Smart stationary bike, to keep the lights glowing on the Christmas Arch. Located in Haney Place Mall (by Haney Bakery), 9:30 am - 9 pm, the bike will be peddled for 20 minute sessions, by interested cyclists of all ages.



If you are interested, you can sign up for a 20 min. session. (Call Ineke 604-467-2420)

Sponsorship sheets can be provided and donations of food or cash gratefully accepted.

ANY Tuesday Meeting in Dec. PLEASE don't forget to DONATE 2 Non-Perishable Food items for Friends in Need Food Bank (bring 2 cans or, if preferred cash, to any Tuesday lunch mtg. in Dec. ASAP)

Christmas Rotary Lunch, Tuesday Dec. 22nd, Gourmet Hideaway: instead of exchanging gifts with each other, we're encouraging everyone to donate \$20 (otherwise spent on gift) towards the "End Polio Now" campaign - make cheque payable to Meadow Ridge Foundation and receive a tax receipt.

Tuesday December 29th: No Rotary meeting.....Happy New Year.
See you all Tuesday January 5th, Program: Shelter Box Presentation.



The Four Way Flasher

Rotary Club of MeadowRidge Newsletter

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Web-site: www.meadowridgerotary.ca

Meetings: Tuesday 12pm, The Gourmet Hideaway Restaurant

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November is Rotary Foundation Month

INVOCATION

Nov. 24	Lindsay Hendy	Dec. 1	Lise Jinnah
Dec. 8	Peter Jinnah	Dec. 15	Ken Knuttila



TODAY'S PROGRAM: Bob Reid – A Little History

NEXT WEEK'S PROGRAM: MLA Rich Coleman

HAPPY ANNIVERSARY

Nov. 26: Matt & Lynda de Bruyn

HAPPY BIRTHDAY

Nov. 28: Nizar Virani Nov. 29: Stan Wade Nov. 30: Shalma Virani

CALENDAR OF CLUB AND DISTRICT 5050 EVENTS:

Date	Time	Event	Venue
Dec. 5	5:30 pm	Christmas Parade (Foodbank)	221 st St. / Dewdney TR
Dec. 8	Noon	Annual General Meeting	
Dec. 10,11	9:30 am – 9:00 pm	Turning Wheels for Holiday Meals	Haney Place Mall
Dec. 18	7:00 pm	CP Christmas Train	Haney Station
Dec. 22	Noon	Christmas Party	

50 / 50 draw - Jackpot at \$376.00 + 1/2 of today's sales, 40 cards left, Jackpot on "Queen of Hearts" only!

LAST WEEK'S MEETING

Last week we met at the Ridge Meadows Hospital for a tour of the new Outpatient Care Centre, which is part of the recent Emergency Centre expansion that opened earlier this year.

The purpose-built space features the following:

- Respiratory Services including a Pulmonary Function Lab, Asthma Clinic and Respiratory Rehabilitation,
- Endoscopy clinic,
- Oncology Outpatient Clinic,
- Medical Daycare for blood transfusions, IV therapy,
- Community IV including outpatient antibiotic program,
- Enterostomal Therapy Clinic,
- Ophthalmology Clinics.



The nurse that provided the tour emphasized how thankful the employees are for the expansion. The expansion has not only provided more space for treating patients but also a better layout of the rooms which allows for the nursing staff to help each other when one area is busy and another is quiet. She commented how this has helped staff moral and productivity.

After our tour we met in one of their meeting spaces for an excellent lunch and a brief meeting. Sandra Rankin, Executive Director and Annika Polegata, Development Manager of the Ridge Meadows Hospital Foundation joined us.

FOLLOWING IS A NEWS RELEASE FROM JANUARY 29, 2009 REGARDING THE OPENING OF THE NEW FACILITY:

Premier Gordon Campbell and Health Services Minister George Abbott today officially opened a new, expanded emergency department and outpatient care centre at Ridge Meadows Hospital (RMH) that will provide Maple Ridge and Pitt Meadows residents with quality care for years to come.

The \$20.9-million construction project was funded by the Province through Fraser Health and the Ridge Meadows Hospital Foundation to create new, modern and more spacious physical environments for the emergency department and outpatient care. The new emergency department is triple the size of the old ER and includes space for future growth. The 4,181-square-metre (45,000-square-foot) facility houses the Greg Moore Emergency Department on the main floor, and the Betsy Bilodeau Ambulatory Care Centre on the lower floor.

Fraser Health contributed \$17.9 million and the Hospital Foundation contributed \$3 million, thanks to the generosity of community donors, including the Greg Moore Foundation and the estate of Betsy Bilodeau, which each provided \$500,000.

In 2007/2008, there were 26,334 visits to the emergency room. The new emergency department is designed to meet the needs of a projected 41,000 visits per year by 2015.

"As this region grows, it is crucial that we provide for the health-care needs of its residents," said Abbott. "This improved and expanded emergency department and outpatient care centre will help health-care professionals treat patients more efficiently, and will provide a better, healthier environment for patients and staff."

"The town of Maple Ridge was very good to the Moore family over the 30-plus years I was in business and hopefully some of the goodness was returned during my ownership of Maple Ridge Chrysler in many parts of the community," said Ric Moore, Greg Moore's father. "Greg, as most people know, was very proud to come from a small town and even having his choice of many great cities in Canada and the USA, always returned 'home' to our city. The Moore family, in Greg's name, is exceedingly proud to have been part of the process in building this beautiful new centre and we are pleased to see the pride and happiness of the staff that so long laboured under the crowded and inefficient old building. Greg would be honoured to see his name on the front of such a grand facility."

"Betsy Ann Bilodeau not only lived in Maple Ridge but was a true community partner," said John Cumberbirch, Betsy's second cousin, on behalf of the Bilodeau family. "Whether it was tending to her well-loved animals and offering their talents to children with special needs, working within Maple Ridge's natural geography, or being a pivotal agent for the development of therapeutic riding for individuals with special needs, Betsy contributed fully to the community within which she lived.

She left her Maple Ridge world even fuller after her passing with her endowment to Ridge Meadows Hospital."

"The Ridge Meadows Hospital provides such an important service for the residents of Mission and Maple Ridge," said Randy Hawes, MLA for Maple Ridge-Mission. "This addition will ensure that the hospital can continue to service our community as it expands over the next decade, allowing people to feel safe in knowing that they have access to the most modern health services."

Featured in the new emergency department are new treatment spaces and a design for improved patient flow. The design incorporates current best practices for patient care, occupational health and environmental safety.

The new outpatient, also known as ambulatory, care area houses educational, diagnostic and therapeutic services such as respiratory care, chemotherapy, cataract surgery, blood transfusions, intravenous therapy, and endoscopy procedures.

"Special recognition must be given to our foundation and to our communities for their generous support in bringing this project from a concept on paper to reality," said Valerie Spurrell, RMH executive director, acute programs.

"Long before the doors of our local hospital opened, our community members rallied to provide support for local hospital services, and the momentum of that tremendous support has carried on to the present day," said Jack Faber, chair of the Capital Campaign Cabinet for the ER, ambulatory care project. "The evidence of this support is most recently reflected in the incredible response we had to our campaign for this project from our community, including the hospital staff, physicians and volunteers. I'm extremely proud to be a member of this community – one of caring individuals who continue to invest in local health care for the benefit of current and future generations."

Meadow Ridge Rotary donated \$30,000 to the RM Hospital Foundation.

Rotary Moment - Marco shared the following story with us:

"During my second month of medical school, our professor of the anatomy lab gave us a quiz about what we should have learned. I was a conscientious student and had breezed through the questions until I read the last one.

What is the first name of the woman who cleans the laboratory?

Surely this was some kind of joke. I had seen the cleaning woman several times. She was tall, dark haired and in her 50's, but how would I know her name?

I handed in my paper, leaving the last question blank. Just before the class ended one student asked if the last question would count toward our quiz grade. "Absolutely", said the professor, "in your careers, you will meet many people. All are significant. They deserve your attention and care, even if all you do is to smile and say hello."

I have never forgotten that lesson. I also learned her name was Dorothy."

There was a brief discussion on our current meeting venue. Marco is going to meet with Tyler and Amber about the possibility of changing the menu. We agreed that soup and sandwiches would be ideal.

We spoke briefly on a number of topics including the upcoming AGM, International Convention and the Haney Rotary Christmas Party.

Submitted by Lynda Lawrence