



# The Four Way Flasher

**Meadow Ridge Rotary Club**

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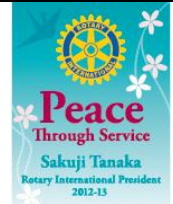
Website: [www.MeadowRidgeRotary.ca](http://www.MeadowRidgeRotary.ca)

Meetings: Tuesday 12pm, Bella Vita Restaurant

President:	Lindsay Hendy	Phone: 604-467-0331	<a href="mailto:president@meadowridgerotary.ca">president@meadowridgerotary.ca</a>
Secretary:	David Riddell	Phone: 604-406-8882	<a href="mailto:secretary@meadowridgerotary.ca">secretary@meadowridgerotary.ca</a>
Editor:	Peter Boekhorst	Phone: 604-465-3392	<a href="mailto:editor@meadowridgerotary.ca">editor@meadowridgerotary.ca</a>

**TODAY:** Urma Mollema – “Who’s Who”

**NEXT WEEK:** Discussion about our current fundraisers.



### Happy Anniversary

**July 27: Laurie & Lorna Anderson**

### July 24

### July 31

<b>Invocation</b>	Janis Elkerton	Mark Forster
<b>Note Taker</b>	Marco Terwiel	Laurie Anderson

### CALENDAR OF CLUB AND DISTRICT 5050 EVENTS:

Date	Time	Event	Venue
Sun. Aug. 5	10 am - 3 pm	Rotary Duck Race	Lower Maple Ridge Park, 232 <sup>nd</sup> St.

### ROTARY GRANTS

Rotary's new grant model, often called the Future Vision Plan, is both simplified and streamlined, reducing the number of Foundation grant types from 12 to three. The new model goes into effect on 1 July 2013.

The new grant model includes:

- **District grants**  
Block grants that help clubs and districts address immediate needs in their communities and abroad
- **Global grants**  
Range from \$15,000 to \$200,000 and offer opportunities to participate in strategically focused, high-impact activities within the [six areas of focus](#)
- **Packaged grants**  
Enable clubs and districts to work with Rotary's strategic partners on predesigned projects and activities

During the transition to the new grant model, existing Rotary Foundation humanitarian grants, and educational programs will continue to operate, along with the Future Vision pilot.

#### Future Vision Pilot

Districts that are participating in the Future Vision pilot, which runs through 30 June 2013, should continue to use pilot-specific materials for their pilot activities.

#### Humanitarian Grants

The following Foundation Humanitarian Grants are being phased out, but applications are being accepted through 31 March 2013.

- [District Simplified Grants](#)
- [Matching Grants](#)

#### Educational Programs

The following Foundation Educational Programs are being phased out, but scholarships and exchanges funded during the last fiscal year will continue through 2012-13.

- [Ambassadorial Scholarships](#)
- [Group Study Exchange \(GSE\)](#)

## LAST WEEK'S MEETING

Cheque presentation: Lisette from the Eric Langton PAC received a cheque of \$35,000 for a new playground. She really appreciated it and mentioned that it would be a benefit not only to the students, but also to the families in the neighbourhood. It will be the first fully accessible playground in Maple Ridge and Pitt Meadows.



Urma Mollema presented the Rotary Moment:

She read it in the New York Times, June 18, 2012.

A Pakistani Taliban commander has banned polio vaccinations in North Waziristan, in the tribal belt, days before 161,000 children were to be inoculated. He linked the ban to American drone strikes and fears that the C.I.A. could use the polio campaign as cover for espionage.

The commander, Hafiz Gul Bahadur, said that the vaccinations would be banned until the Central Intelligence Agency stopped its drone campaign, which has been focused largely on North Waziristan.

The announcement, made over the weekend, is a blow to polio vaccination efforts in Pakistan, one of just three countries where the disease is still endemic, accounting for 198 new cases last year — the highest rate in the world, followed by Afghanistan and Nigeria.

Our Guest Speaker was Dave Krupski, manager of the new Thrifty Foods in Haney Place Mall.

Thrifty Foods was founded in 1997 and sold to Sobeys Inc. in 2007. It went through a 5 year transition period of new ownership.

The completely renovated store uses renewable natural gas and energy saving features including an integrated heating, cooling, lighting, and refrigeration system. As a Fortis B.C. and B.C. Hydro Power Smart partner, the refurbished location includes a state-of-the-art refrigeration system that uses natural CO2 rather than synthetic refrigerant gas. In total, the store's energy efficient upgrades and monitoring systems ensure a 65 per cent lower carbon footprint than a typical grocery retailer.

As Dave put it, we try to set ourselves apart from the traditional grocery stores. We emphasize value and quality.

Every weekend Thrifty is supporting events in local communities. When we came to Maple Ridge, we were involved with the Caribbean Festival and Hot Dog Sale for Pathfinders; we raised \$1,400. The monies raised in the store will stay in the local community.



Another fund raiser is the "Smile Card" Fund Raising Program. It is like a pre-paid giftcard of \$100, where 5% is returned to the charity, up to a limit. Hockey teams, swimming teams etc and even families in financial trouble can be supported.

Another initiative is the Senior Shopping program for those unable to shop on their own. Volunteers will shop and deliver it free of charge to the customer's home.

As an extra service, Thrifty is offering online shopping; Thrifty vans will deliver for a fee.

The new Maple Ridge store employs 109 local workers, and is looking for another 30 employees. This should be good for the local economy.

Dave mentioned that he was involved in Rotary meetings before in Saskatchewan, but never has been a member. He enjoys helping out in projects and being a part of it.

**Submitted by David Riddell**

## SWEET TREATS IN LISBON

by Susie Ma

The Rotarian -- August 2012

After sinking your teeth into the soft, custardy center of a flaky *travesseiro*, you might wonder why Portuguese pastries are not as celebrated as their French counterparts. Rotarians attending the 2013 RI Convention in Lisbon, 23-26 June, will be able to sample these delights and decide for themselves.



Lisbon's Belém district offers much to see, including the Belém Tower and Jerónimos Monastery. It also has a signature sweet called *pastel de Belém*, a petite tart sprinkled with cinnamon and powdered sugar that, with a cup of coffee, provides a perfect break from sightseeing. Using a well-guarded recipe, a bakery called Antiga Confeitaria de Belém has made *pastéis de Belém* since 1837. The recipe was first created by nuns at the Jerónimos Monastery. You can find similar treats, called *pastéis de nata*, all over Portugal.

At [Pastelaria Piriqita](#) in Sintra, about 20 miles from Lisbon, lines snake out the door and around the block for *travesseiros* and a tartlet called a *queijada* that's filled with a mixture of egg yolk, sugar, and fresh cheese. Business is so good that a second Piriqita bakery was established nearby, a three-minute walk away. Stop by in the morning before the tourist buses arrive.

The bakeries will pack these treats to go, and some, such as *queijadas*, travel well, even overseas.