

Meetings: Tuesday 12 Noon, Bella Vita Restaurant

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AUGUST IS MEMBERSHIP & EXTENSION MONTH

Today: Russell McMurchie, District Literary Chair- Dictionary 4Life

Next Week: Dr. Lee Harman, MD - Polio Eradication

Happy Birthday	Happy Anniversary	Invocation
	Aug. 28: Patrick & Stefanie O'Brien	Aug. 25: Peter Boekhorst Sep. 1: Clint Callison

CALENDAR OF CLUB EVENTS:

Date	Time	Event	Venue
Sep. 23		Rotary Duck Race Cheque Presentation	
Oct. 27	noon	District Governor Bill Robson's official visit	

2ND ANNUAL COMMUNITY GARAGE SALE SATURDAY AUGUST 22ND IN MEMORIAL PEACE PARK



Thanks so much to all members who came out to help and also a great big "THANK YOU" to all fellow Rotarians donating items to be sold!

It was just awesome participation from everybody and a great fellowship today at the event.

The weather was absolutely perfect, the crowd plentiful, members were able to socialize with each other and the community, customers happy and on top of all thatfabulous exposure for Rotary, plus we made some money for the International Service Committee.

At the end of the event, all remaining items were donated to the RM Hospice Society Thrift Store (they were very happy also!)

We had NO expenses and cleared a total of \$457.00.....that was really fantastic! It once again proves that it quickly "adds up" (most items were sold between \$1 and \$5!!!!)

Thanks so much everybody for a really easy, enjoyable and profitable event.

Submitted by Ineke

FRISBEE GOLF, SUNDAY AUGUST 23 AT DAVE REMPEL'S PLACE



Last Sunday we had a terrific Frisbee Golf Tournament at Dave Rempel's place. This was a joint event of the Haney, Port Moody and Meadow Ridge Clubs. Not only tried we to beat the other clubs, but we also strengthened the fellowship between the three Clubs, what is more important.

Many thanks to our hosts Dave and Sharon Rempel.

In the process of having fun, we cleared \$503 for Polio Eradication.



In the mean time here are some pictures, and all of them can be seen on [our website](http://www.MeadowRidgeRotary.ca).

LAST WEEK'S MEETING

Invocation

Ineke Boekhorst gave, as the invocation, the following message on service, which was found in Bob Shantz wallet and is taken from the Syracuse Rotary Press circa 1976:

*"I would like the world to teach me to
Admire others without envy,
Fight injustice without hatred,
Cultivate humility without surrender of my convictions,
Accomplish without vain or glory
And recognize that service to others will be the measure of
my worth when the final balance of my life is struck."*

Rotary Moment

Angie Edmonds stated that attending Bob's funeral made her all the more proud to be a Rotarian, as it made one realize how Rotary is respected by many people for the good it does in the community and in the lives of others. We should all wear our Rotary pen with pride.

Guests

We had one Rotarian guest all the way from France (via England), namely an Englishman by the name of **Les Holl**. Les has been a Rotarian for approximately 25 years, and served as president, secretary, and club service chair for the West Houghton, Bolton, Rotary club, which is located about 8 or 9 miles from Manchester England. He retired to south-western France (approximately 170 miles from Bordeaux) where he currently lives in happy retirement, enjoying the pleasant and friendly French people who live in that area. He is still an honorary member of his home Rotary club of West Houghton, England.

Happy and Sad

Peter Boekhorst was sad about the passing of Bob Shantz, but even sadder that he now has to have a smoke alone at events.

Dave Rempel - shedding a soulful tear for those that will not be attending the Frisbee Golf event, he was nevertheless happy that the event was proceeding as a combined Club Rotary event.

Brian Bekar was happy that he has finally received his occupancy permit, and that his new store is located in the "right spot".

Ineke was happy to notice, while taking her grandchildren to the Albion water spray Park, the prominent sign thanking the Rotary club for their participation in making that facility available.

Matt DeBruyn - at the Duck Race met **Alana**, the daughter of **Isabel Forques** "the hardest working volunteer" at our last Wine Fest. Matt is planning for an upcoming Vocational Group as well as introducing the Four Way Test again into the elementary schools.

Speaker

Our speaker was **Karina Chow, of Canuck Place Children's Hospice**. She is the Manager, Development, for the Fraser Valley region of Canuck Place.

Canuck Place Children's Hospice first opened its doors in November 1995, to become North America's first free-standing children's hospice, with the



opening of Canuck Place House in Shaughnessy, which is a restored heritage home in that beautiful part of Vancouver.

The Canuck Place Children's Hospice accepts children on a referral from the Vancouver Children's Hospital. Some of those children undergo long-term care while others may die within months. The hospital offers pain and symptom management as well as family support. Patients come from all over British Columbia, and the percentage of children from the lower mainland compared to those from outlying areas is roughly proportionate to the population of the areas. Last year 608 families received the services of the Hospice with about one half of them receiving bereavement counselling, and the other half receiving support. Support is also given for parents of prenatal babies who are diagnosed with medical problems within the womb, which can be very traumatic experience for those parents.

Approximately 25% of the patients are between 0 and 2 years old, 35% between 3 and 11, and 40% between 12 and 19 years. There are 4 doctors on staff providing paediatric and palliative care, and 32 full and part-time nurses of which at least 4 are on duty at all times. Over 150 different medications are administered. There are also five counsellors available to help support families through to death of loved ones and afterwards. The average stay at the facility is four days while the minimum was one day and the longest was 68 days in 2014 - 2015. They also provide care for children for certain periods of time in order to give a much-needed respite to tired and stressed family caregivers.

The service is free to patients and their families. Whole families can come to stay at the facility. Recognized internationally as leaders in the field of paediatric palliative care, the need for their services has grown exponentially over the years. At any given time, approximately 1,400 children in British Columbia are living with a life-threatening condition. Studies estimate Canuck Place is currently reaching only 20 - 25% of children living with a life-limiting illness in BC. They also provide care for children for certain periods of time in order to give a much-needed respite to tired and stressed family caregivers.

While most people think only of cancer, there are in fact 167 different diseases and conditions which can affect children. One of the most common conditions is muscular dystrophy, and then followed by cancer (of which there are many different forms of cancer).

Fraser Valley facility is known as **the David Lede House** situated in Abbotsford and which has been open for approximately one year. The facility has 9 bedrooms as well as five family suites. It is funded by a grant from the provincial government and the rest of the money comes from donations from the community. There are approximately 325 volunteers giving 23,000 hours of their time to help the facility run smoothly. We were invited to get a group of members together to take a tour of this facility. The website may be found at www.canuckplace.org and Karina may be contacted at karina.chow@canuckplace.org

50/50

Betty Levens pulled the 6 of Diamonds, thereby kindly leaving a lot of money in the pot for next week's lucky winner?

Submitted by Laurie Anderson