

Meetings: Tuesday 12 Noon, Bella Vita Restaurant

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MAY IS YOUTH SERVICE MONTH

Today: Prof. Darren Blakeborough, of the UFV - "Aging in Popular Culture"

Next Week:

Happy Birthday	Happy Anniversary
May 9: Walter Volpatti	May 8: Doris & Ted Gagel

CALENDAR OF CLUB AND DISTRICT EVENTS:

Date	Time	Event	Venue
May 12-15		RYLA	WA, United States
June 23	TBD	Installation of new Board of Directors	TBD
Aug. 7	Noon – 2 pm	Rotary Duck Race	Maple Ridge Park

RI PRESIDENT'S MESSAGE



Some years ago, in the Kano plains of Kenya, a well-meaning development agency took on the task of improving water availability to a rural community. Committees were formed, meetings were held, and the local people were consulted. The main need the community identified was improved delivery of water for irrigation and livestock. A plan to meet this

need was created, and the work was soon begun, exactly as the community representatives had requested.

Yet once construction began, it was met by immediate protest from groups of community women, who came to the site and physically blocked workers from building diversion channels. Upon further investigation, the agency realized that the water it was diverting for farming came from the only source, for dozens of families, of water for cooking, drinking, and washing. The entire project had to be scrapped.

Why? Because it had never occurred to a single member of the all-male team in charge to consult the local women. At every stage, it was assumed that the men knew the needs, spoke for the community, and were able to represent it. Clearly, this was far from the case. The women knew the needs of the community, and its resources, far better – but their opinion was never sought.

We have had women in Rotary for only the last quarter of our history, and it is no coincidence that those years have been by far

our most productive. In 1995, only 1 in 20 Rotarians were women; today, that number has risen to 1 in 5. It is progress, but it is not enough. It is only common sense that if we want to represent our communities, we must reflect our communities, and if we want to serve our communities fully, we must be sure that our communities are fully represented in Rotary.

Rotary's policy on gender equality is absolutely clear. Yet nearly one-fifth of our clubs still refuse to admit women, usually by claiming that they simply cannot find women who are qualified for membership. I would say that any Rotarian who makes this argument, or believes it, himself lacks the two most basic qualifications for Rotary membership: honesty and good sense.

A club that shuts out women shuts out much more than half the talent, half the ability, and half the connections it should have. It closes out the perspectives that are essential to serving families and communities effectively. It damages not only its own service but our entire organization, by reinforcing the stereotypes that limit us the most. It leads our partners to take us less seriously, and it makes all of Rotary less attractive to potential members, especially the young people who are so crucial to our future.

To tolerate discrimination against women is to doom our organization to irrelevance. We cannot pretend that we still live in Paul Harris' time, nor would he ever want us to. For, as he said, "The story of Rotary will have to be written again and again." Let us see to it that the story we write in Rotary is one of which he would be proud.

K.R. Ravindran
RI President 2015-16

IMPORTANT NOTICE TO ALL MEMBERS:

Our speaker at our May 3 meeting is Darren Blakeborough, who is an Assistant Professor of Social, Cultural and Media Studies at the University of the Fraser Valley. He will be presenting to us on the topic of "Aging in Popular Culture".

He was the guest luncheon speaker at a two-day "Elder Law" conference which I attended (with a few hundred other lawyers) at the Pan Pacific Hotel in Vancouver, and I found him to be a very lively and interesting speaker.

We are very privileged to have him come to speak to us on a very interesting topic (interesting not only to those of us in the "elder" stage of their existence, but also to those who do not yet admit to being labelled as such!).

As he is taking time out of his busy schedule to come to our Club, I ask that you all make a special effort to attend this meeting. You will not be disappointed.

Thank you. Laurie Anderson

LAST WEEK'S MEETING

Angie Edmonds chaired the meeting (Pres. Mark Forster had expected to be away for this meeting but managed to make it back early - but Angie carried on).

Rotary Moment - Patrick O'Brien

Patrick advises that it is expected that Africa will be polio free in June, leaving only Pakistan with polio cases. He pointed out that there is a change coming in the type of polio vaccine that is used. A recent article explained the change as follows:

Oral Polio Vaccine ("OPV") has been instrumental in ending polio cases in India and has been used across the world to reduce the number of cases of polio by over 99 percent in the past twenty years. Today, the World Health Organization recommends that the live OPV be supplemented and then replaced by an inactivated Injectable Polio Vaccine ("IPV") administered by a needle. OPV and IPV stimulate the body's immune system in slightly different ways so children who receive both should be even better protected against the disease. IPV costs more than ten times as much as the oral vaccine and requires trained health workers to administer it, but it carries no risk of causing polio (the risk is very small – it occurs in an estimated 1 in 2.7 million children receiving their first dose of oral polio vaccine). By giving children an inactivated vaccine that protects against all three subtypes of polio, health workers hope to gradually stamp out vaccine-derived outbreaks.



Special Guest - Lynell Adam, 'Duck Race Song' singing Lady

Our special guest is the "unofficial cheerleader of the Duck Race", who came to our meeting dressed out in the yellow and duck paraphernalia to tell us a bit about herself and to sing us a song which she wrote about the Duck Race. She is a Registered Nurse who was born in Antigua (is an island in the West Indies), and has three children. She has great enthusiasm and is a fantastic Duck Race supporter.

Happy and Sad

Pres. Mark Forster was happy to simply sit among the members and enjoy the meeting for a change (and even managed to snap up two desserts - delicious lemon meringue pie).



Ineke Boekhorst gave a happy dollar for **Dave Rempel** who missed the meeting as he just got back from Alberta where he was bringing back some birds. On the way back he looked in his rear view mirror to see one of his swans sitting on top of one of the cages. Fortunately it did not get blown away and was safely put back into the cage.

Adrienne Dale added \$10 to the cup. After the passing of **Bob Schantz**, her and Eric Mollema's law firm took over Bob's law practice and temporarily occupied his office which Bob had occupied since 1983. "Centra Lawyers" are moving this coming weekend to their new offices on the west side of Maple Ridge.

Eric Mollema's son **Raik** was in the United Kingdom where he visited with his sister who is attending university there.

Program and Cheque Presentation - Eileen Dwillies - Haney Farmers Market

Eileen Dwillies was presented with a cheque from our club in the amount of \$650 in support of the Haney Farmers Market.



Ineke introduced Eileen who, along with her husband, run not only the Haney Farmers Market but also the Port Coquitlam Farmers Market. Like Ineke, Eileen is active on many committees in our community. The Haney Farmers Market is a great addition to our community, and allows participating recipients of the race proceeds to sell tickets to the Duck Race in a prominent position.

The Haney Farmers Market runs every Saturday from May to November from 9 AM to 2 PM. From mid-October to mid-November, it also puts on the Haney Farmers Autumn Market at the business location of Grow and Gather (formerly known as Trice Farms) at 24565 Dewdney Trunk Road.

One of the programs which the Farmers Market sponsors is the Nutrition Program:

The BC Farmers' Market Nutrition Coupon Program (FMNCP) is a healthy eating initiative that supports farmers' markets and strengthens food security across British Columbia. Community partner organizations hand out coupons to lower-income families and seniors participating in their food literacy programs. These coupons can be spent at all BC farmers' markets that participate in the FMNCP to purchase fruits, vegetables, cheese, eggs, nuts, fish and meat. Each household enrolled in the program is eligible to receive a minimum of \$15/week in coupons. The FMNCP began in 2007 as a pilot project operating in each of the five health regions of BC and began receiving funding from the

Ministry of Health in 2012. Since then, the program has continued to grow, serving 48 communities and reaching over 3000 households.

Program participants receive \$15 in coupons per week for 16 weeks. Participating Farmers Markets offer participants activities to build their food knowledge and skills, including cooking, planting a garden and growing vegetables, visiting a farm, and learning about new vegetables and healthy eating. They encourage Youth Vendors, and even teach children how to grow worms and chicks.

In addition to locally grown food and crafts, the farmers market has musical bands which entertain. The bands are only paid \$60 per day, which is much less than their regular venue costs. 13 farmers participate in Maple Ridge and Pitt Meadows. The Farmers' Market sales are approximately 80% food and 20% crafts.

50/50

Mark Forster may have been lucky enough to get two desserts, but he was not lucky enough to flush out the Queen of Hearts, and had to destroy the 6 of Spades.



Submitted by Laurie Anderson