

Meetings: Tuesday 12 Noon, Bella Vita Restaurant

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FEBRUARY IS PEACE AND CONFLICT PREVENTION/RESOLUTION MONTH

Today: Installation of previous member **Lynda Lawrence**

Next Week: **Karen Hendrickson** – Who’s Who

| Happy Birthday | Happy Anniversary |
|----------------|-------------------|
| | |

CALENDAR OF CLUB AND DISTRICT EVENTS:

| Date | Time | Event | Venue |
|---------|---------------|--|--|
| Feb. 11 | 6 pm | Valentines Fireside @ Mark Forster’s home | 11439 234A St. Maple Ridge |
| Apr. 22 | 7 pm – 9:30pm | Rotary Wine Festival | ValleyFair Mall, Maple Ridge |
| May 4-7 | | The 2017 "Make It Happen!" District Conference | Seattle Marriott Waterfront Hotel |
| Aug. 13 | | Rotary Duck Race | Maple Ridge Park – Alouette River |

RI PRESIDENT’S MESSAGE



On 23 February, we will mark 112 years since the founding of Rotary. It is incredible to think about how much has changed, in our world and in our organization, since the first Rotary club met in Chicago with Paul Harris as a founding member.

Some things are easy to compare between now and 1905. There have been changes in technology, medicine, and society. When we look at a map of the world in 1905 and a map of the world today, we can see what’s different. What we can’t do is compare what is with what might have been. There is no way to compare our world as it exists now with the world as it would have been without Rotary.

Rotary has risen to so many challenges in its 112 years. We’ve answered conflict with peace, and poverty with education. We’ve responded to a lack of basic health care with projects large and small, from equipping clinics in tiny villages to eradicating polio across the globe.

We will never know how different the world would have been if Rotary had never been founded; if any one Rotary club had never been chartered; or if any single Rotarian had declined the invitation to join a Rotary club.

But I will say, with absolute faith and complete confidence, that the world is a far, far better place now than it would have been without Rotary and that Rotary itself is stronger because of every one of you.

The world needs Rotary more than ever. It needs our courage, our optimism, and our idealism. It needs the voice of tolerance, cooperation, and hope that we can offer. It needs the example of an organization that has proven that the citizens of all countries can work together successfully, gladly, and in friendship.

None of us ever knows the full impact of our actions. None of us knows the effects that will ripple out from the things we do and say, the decisions we make, the opportunities we seize, and those we let pass. But I think we all know that when we choose to do good, good will follow; and that when we choose Service Above Self as our life’s path, the direction it will take us will be a good one.

No one can see the future. No one knows what changes lie ahead. But I have faith in Rotary, and in Rotarians, that with every passing year, you will make our world a better place through *Rotary Serving Humanity*.

John F. Germ
RI President 2016-17

LAST WEEK'S MEETING

President's Quote for the Day:

Cinderella is proof that a new pair of shoes can change your life!

Announcements:

- Today find on the table a sign-up sheet for the "Coldest Night" a fundraising walk for the Salvation Army, Saturday February 25th. Meadow Ridge Rotary will have a team, and the Team Name is: MeadowRidge Wanderers!

Please donate today or participate in the walk on Feb. 25; our goal is to raise \$600 for the Salvation Army....to date we have \$500.....Come and walk with us!!!!

- Valentines Fireside on Saturday Feb. 11 at Mark Forster's home, cost is \$25 per person; it starts at 6 pm.

Happy and Sad:

Mary Robson has a little lamb. Four actually, and they are for sale, cut and wrapped. She also announced that the Starfish backpack program has funding for 34 students. Best to donate by cheque (for the backpacks), payable to the Friends in Need Food Bank in order to save on fees.

Ineke's son has a screw loose. To be precise, the screws he had in his hip have been removed. Don't worry, I'm sure they used a sterile screwdriver and the holes will fill in nicely.

Fines:

Doris "no rules" Gagel asked no questions and merely waved the fine cup at everyone. Some were confused by this method, but it was reasonably effective at separating Rotarians from their loonies.

The mystery greeter was **Adrienne**. The take was poor as we are a bunch of shakers and Adrienne eschewed the age old mystery greeter trick of coming in late.

Guest Speaker:

Vicki Kipps, Executive Director of Maple Ridge/Pitt Meadows Community Services on the Youth Wellness Centre Initiative.



Maple Ridge/Pitt Meadows Community Services
Changing Lives Together



Vicki is the lead in her role with the Maple Ridge and Pitt Meadows Community Services. They serve over 12000 people yearly in 40 programs. The Youth Wellness Centre comes from the Division of Family Practice group that funded the initial program (it is largely self-funded without government to date). Local GPs had noticed a real need for mental health services for youth age 8 to

24. While only 10% of the mental health budget is spent on youth, 75% of mental health disturbances show up before the age of 25. The program deliberately captures the 19 to 24 group as they can be lost to services as they "age" out of the government's children's program.



Youth Wellness Centre

The Centre is in the Greg Moore Youth center. Local psychiatrists Dr Mathieu and Dr Bright have been instrumental in bringing Dr Chow, a specialist in youth mental health to the center. His approach is to bring the services to one place, and have the patient tell the story once. By using unique electronic records, a child advocate (with therapy dog), sexual health nurse, GP the center provides a collaborative "wrap" around the kids. They see a lot of patients this way and evening appointments or drop in helps too. New services include parent education sessions, support groups, and substance use drop in services.

Left, a local tech firm, is stepping up by being a corporate sponsor and Rotary and other groups are bearing the funding costs right now. Hopefully stable funding will come in the future. We should invite a Left spokesperson to come and tell us about themselves.



50/50:

It doesn't matter who won the 50/50 as it wasn't me and it wasn't the right card either.

President's Closing Quote of the Day:

Birthdays are good for your health; studies have shown that people who have more birthdays, live longer!

Submitted by Patrick O'Brien