



Meetings: Tuesday 12 Noon, Bella Vita Restaurant

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## MARCH IS WATER AND SANITATION MONTH

**Today** (Mar 28): **Lindsay Zylstra** - Options for Seniors Living

**Next Week** (Apr 4): **ADG Preet Pall** - President's Citation

Happy Birthday	Happy Anniversary
March 30: David Riddell	

### CALENDAR OF CLUB AND DISTRICT EVENTS:

Date	Time	Event	Venue
Apr. 22	7 pm - 9:30 pm	Rotary Wine Festival	ValleyFair Mall, Maple Ridge
May 4-7		The 2017 "Make It Happen!" District Conference	Seattle Marriott Waterfront Hotel
Aug. 13		Rotary Duck Race	Maple Ridge Park – Alouette River

### DISTRICT 5050 MEMBERSHIP SURVEY

The District Membership Committee is pleased to provide the 3<sup>rd</sup> District 5050 Membership Survey. We administer the survey every other year for the purpose of:



- Receiving feedback at the club and district level about member engagement and improving member retention.
- Providing a tool that President-Elects can use to strategically plan for the coming Rotary Year.
- Providing results for each club to be compared with previous years' survey results to determine trends of member engagement.
- Providing District leadership with insights that allow for greater resource planning to support clubs.

We ask that every club and member in the District participate in the survey. In order to ensure a valid standard margin of error for each club, please aim high (90%) and have as many members in your club participate as possible.

**The window for the survey is extended to April 3.**

Clubs will receive the results of the analysis on April 8.

Link to the survey: <https://www.surveymonkey.com/r/CZDNBB2>

Thank you very much for your emphasis on the important work of membership in our clubs and we look forward to supporting each club with the results.

Rob Prosch

District 5050 Membership Committee Co-Chair (U.S.)

### LAST WEEK'S MEETING

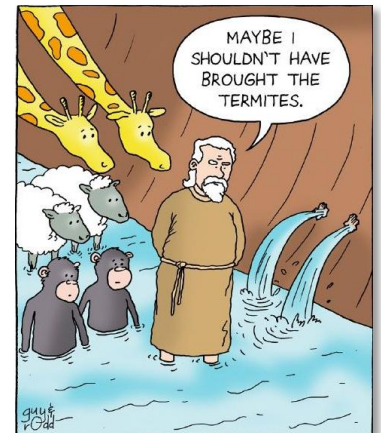
**March is Water and Sanitation Month:**

**Rotary's Target Challenge** to develop sustainable water, sanitation, hygiene (WASH), and education projects are being piloted in five countries: Belize, Guatemala, Honduras, India, and Kenya.

President's Quote for the Day:

*Why didn't Noah swat those two mosquitoes?*

Today and then there were two other pests on board:



### Guests

Apart from our speaker Valerie Patenaude, our guest for the day were:

- **Brenda Jenkins** (guest of Lynda Lawrence)
- **Kathryn Baird** (City of Maple Ridge)
- **Linda Leo** (from the West Coast Auto Group - guest of Ineke)

### Cheque presentations:

**Mike Davies**, chair of the Community Services Committee, made the following presentations:

- \$187.20 to **Lynda Lawrence** on behalf of the **Friends in Need Food Bank for the Starfish Pack Program**.

When donations are made to the Food Bank by credit card or other forms of payment (except by cheque) for this program there is a service charge deducted from the donation. It is therefore better if donations were made by cheque. These funds were given to the Starfish Pack Program to make up the service charges for past donations by various individuals so that the donations made in the amount of \$525 would be sufficient to purchase a backpack.



- \$1000 to **Kathryn Baird** on behalf of the **City of Maple Ridge to support the Canada Day Celebrations**.

(This check represented \$500 for this year celebration and \$500 for last year's celebration which was not cashed by inadvertence). This year's take Canada Day celebrations will be extended to a 12 hour event in view of the fact that Canada is celebrating its 150 years since Confederation. This year's celebrations will include a barbecue, dancing, and a laser light show.



### District 50-50 Membership Survey, District Conference and District Training Assembly

President Ineke urged everyone to fill out the District's online survey about membership. She said that it only takes a few minutes, and is important information which will be very helpful to the District. (The link is on the website!)

Ineke also said that it's not too late to sign up for the District Conference, and that those members of our club who have already signed up to go are **Mark Forster, Eric and Urma Mollema, Deborah Hyslop, and Ineke and Peter Boekhorst**.

As for the District Assembly, that will be held in Surrey on April 1, 2017 at Kwantlen Polytechnic University campus.

### Happy and Sad

**Patrick O'Brien** and his family went on a skiing holiday. He said, "My boys are growing up and don't slow us down anymore". [He should have said, "I'm getting older and I can't keep up with them anymore.]"

Which one is Dad???



**President Ineke** went to a Pub Night put on by the Pitt Meadows Lions Club as a fundraiser for their activities, and found that there was a table of Rotarians in attendance. Ineke noted that we should consider putting on a Public Night again as our last one was very fun and successful.

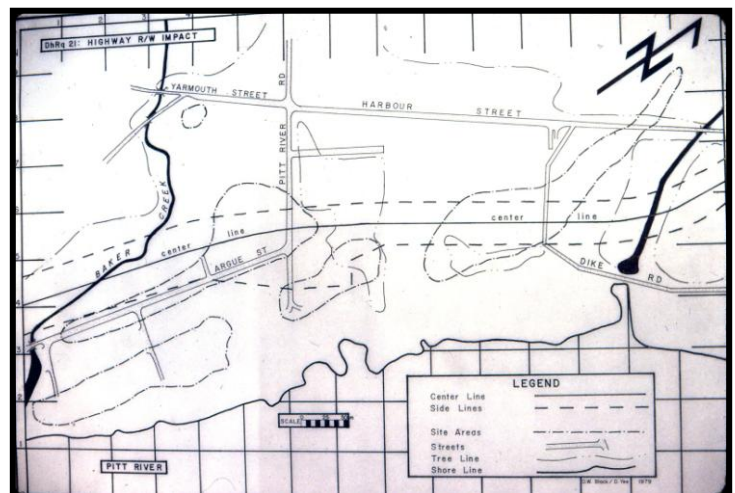
**Brenda Jenkins** was happy to be among a group of "extraordinary people". [We think she meant us, folks!]

**Lynda Lawrence** was happy that her guest, Brenda, was happy to attend our meeting.

**Libby Nelson** is going to Australia and will therefore miss the next three or four meetings of our Club.

### Guest Speaker - Valerie Patenaude - archaeological dig at the site of the Mary Hill Bypass

Valerie has been a member of the Maple Ridge Historical Society since 1993. No wonder she is interested in historical matters, as she is an archaeologist by profession. In 1978 at the age of only 26, she was in charge of the archaeological excavation at the Duke Point site in Nanaimo where the government was going to build the new ferry terminal, when she was called to do the archaeological dig in Port Coquitlam prior to the installation of the new Mary Hill bypass. The purpose of the exploration was to understand and explore the early settlements of our first Nations peoples at the location where the Pitt River empties into the Fraser River.



Firstly, using a backhoe, they dug three long trenches leaving 3 m of soil between the trenches so that they could get a cross-section of the soil to observe its layered features, and then have a place to stand where they would carefully exposed, remove and record what they found in the soil between the trenches.

(It sounds, and is no doubt, very exciting work but Valerie said that it was no fun in the cold and rainy weather standing day after day in their boots in cold water which partly filled the trenches.)





What they discovered was numerous depressions (like a bowl) in the layers of soil which had been used for the preparation of a food product. There was at the time in the area a lot of deer berry (or *vaccinium stamineum* as it is scientifically known) which on occasions, depending on the weather and location and other factors, was very productive and produced a great deal of berries. The fruit is edible for humans, and the taste has been described as tart, sour, bitter, or "sweet-spicy tasting, a little reminiscent of lady's perfume". The local inhabitants would line the deep depression with skunk cabbage leaves, then fill the depression with the deer berries which would then be again covered with skunk cabbage leaves, and then cooked with a fire on top. Then the juice from the berries would be poured off of the leaves and mixed with meat (or fish?) and used as a preservative. The mixture would then be dried to produce what may have looked like fruit leather.



It was determined by radiocarbon testing that the site had been used for 2000 years, but suddenly around the year 1750 they stopped using the site for the production of berries, and thereafter the area was shunned by the local first nations people. The explanation? In the course of the archaeological dig, they found a large number of labrets.



(A labret is a type of adornment usually made of stone or bone that is attached to the lip (labrum) by piercing a hole below the bottom lip, above the chin. These labrets were not normally buried with people that had died, but were removed and used over again. However, all of the

labrets that they found had been damaged by fire. It was concluded that there had been a massive funeral pyre, probably cause by the wiping out of a villager villages by small pox, which arrived by early explorers before these area was settled by the white man. In the 1800s when the area was starting to be settled, smallpox again wiped out large percentages of the native population.

Valerie was invited back to the future club meeting to tell us about more interesting details of archaeology in our area.

50/50

Patrick O'Brien was so on top of the game that he Aced the Clubs.

President Ineke's closing quote for the day [illustrated version]:

## PRAYER PUPS BY JEFFREY SMITH



Submitted by Laurie Anderson