

Meetings: Tuesday 12 Noon, Bella Vita Restaurant

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AUGUST IS MEMBERSHIP & NEW CLUB DEVELOPMENT MONTH

Today (July 31):

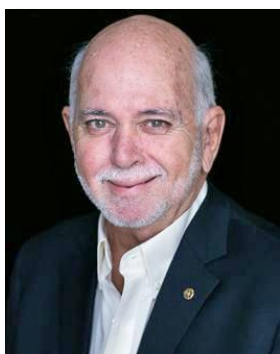
Next Week (Aug. 7):

Happy Birthday	Happy Anniversary

CALENDAR OF CLUB AND DISTRICT EVENTS:

Date	Time	Event	Venue
August 1	5:30 – 7 PM	Pub Hub at Kingfishers Waterfront Bar & Grill	23840 River Rd. Maple Ridge
August 10	5:00 PM	Duck labeling at Bonnie Telep's house	21812 127 Ave. Maple Ridge
August 12	11:00 AM	Rotary Duck Race – race at 1 pm	Maple Ridge Park

RI PRESIDENT'S MESSAGE



A well-known saying goes, "If you want to change the world, go home and love your family." That doesn't mean people should ignore the needs outside their own homes; instead, they should pay attention to the needs within.

It can be tempting, when our priority is service, to focus only

on the things that look like service: the projects, the planning, the work that yields a visible benefit to those who need it. But to do that work effectively, we need to keep our own house in order. In Rotary, that means conducting ourselves in accordance with the principles of Rotary, treating others with respect, and following The Four-Way Test. It means maximizing our impact by planning carefully and stewarding our resources wisely. And it means looking after the long-term health of our organization by ensuring that our membership is strong, engaged, and healthy.

Our membership has hovered around the same 1.2 million mark for 20 years. We aren't growing, and our membership is getting older. We have too many clubs that don't have the knowledge or motivation to have an impact: clubs that don't know what we're doing on a

global level, clubs that don't know about our programs or our Foundation, that don't even know how to get involved. And with a membership that is still mostly male, we clearly aren't doing enough to become the organization of choice for women who are seeking to serve.

We are a membership organization first. If we want to achieve the goals we've set for ourselves, we need to put membership first. All of us have a responsibility to take membership seriously, not only by inviting prospective members, but also by making sure new members are welcomed into clubs that offer them something of value. If you see someone walk into a meeting and hesitate, be sure that person has a place to sit and is part of the conversation. If you're enthusiastic about a Rotary program, make sure your club knows about it and knows how to get involved. If you see a need in your community, talk about it at this week's meeting. If we want to be part of an organization that's strong, that's active, that's having an impact – start at home, and *Be the Inspiration* in Rotary.

Barry Rassin
 President 2018-19

LAST WEEK'S MEETING

Lorraine Hugill was a guest along with Annika Polegato of Alouette Addictions Services.

Announcements:

- Dues for the new Rotary year (2018/19) are now due.
- Deb McRae is doing well post minor surgery.
- Lynda Lawrence's dad is out of hospital and is now in a retirement home.
- August 1 is the pub hub at the Kingfisher.
- Don't forget the duck labeling at Bonnie Telep's house on August the 10th.

Happy & Sad:

- Dave Rempel is looking forward to a wedding 3 weeks from now and was very pleased with the ROCA concert at his place.
- Mark Forster enjoyed the concert too and thanked Dave for hosting.
- Mike Davies had mixed feelings about trees that are coming down as part of the city updating the beautification plan. Mike was involved in planting those trees soon after he joined the city in the 1980s.
- Brenda Jenkins really enjoyed the visit to the Hollandia greenhouses in Pitt Meadows, organized by Chris Duyvestyn of both the Probus and Haney Clubs.
- Urma/Eric Mollema just returned from a trip to Greece and Cambridge (where Raike just graduated with a MA in history.)
- Annika put in a happy buck for all the great support Alouette Addictions has received from Rotary over the years.
- Ineke happied out twice over the concert and Starfish Backpacks from Chances (2 packs) and the NorthRidge Foursquare Church is holding a 5km run on Sep. 9 to raise money for the same cause.
- Matt had a great holiday with his family. He knows the meaning of exhaustion having spent much time with the grandsons.

Fines:

Dave Rempel fined everyone who didn't come to the concert.

Cheque Presentation:



Mike Davies presented Annika a \$10,000 cheque for the purchase of a vehicle for the society's work.

Guest Speaker: Annika Polegato of Alouette Addictions Services



Annika brought us up to date on the sobering stats on overdose deaths here in Maple Ridge. We had 20 deaths in 2016 and 26 in 2017. Traditionally, we have thought of OD deaths as being among addicted, homeless people. Such is not the case here, as 85% of those deaths are in men particularly in the trades between the ages of 40 and 60 who are employed, have homes, and families.

(Editor's note) Curiously, this is also the same demographic that is over represented by suicide.

Her group has initiated an outreach program for this group which are reluctant to ask for help. The vehicle that Alouette now has will be used to visit construction sites, community events giving out information and a phone number on the cups of coffee offered. This demographic has much to lose if employers, insurers etc. find out about their problem so extra effort is being made to assure these hidden drug users that confidentiality is maintained.

The vehicle will be used for much more than this outreach program. They use it to help recovering addicts move their belongings after completing their residential program (7-10 of these per month). Their clients also enjoy social outings to have some fun and learn to interact as sober individuals. Seniors need help to make medical and other appointments. Clients also need transport to be part of community events and volunteer efforts to reestablish themselves in society. There are also 46 disabled children in their milieu who also benefit from the vehicle. The idea is to "give a hand up, rather than a handout."

50/50

Mark Forster won a very nice shiny ace of clubs. Not many cards left, get yours next meeting and bring a wheel barrow for your winnings!

Submitted by Patrick O'Brien

