

# **The Four Way Flasher**



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Website: MeadowRidgeRotary.ca

Meetings: Tuesday 12 Noon, Bella Vita Restaurant

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# **AUGUST IS MEMBERSHIP & NEW CLUB DEVELOPMENT MONTH**

**Today** (Aug. 28):

Next Week (Sep. 4): DG Linda Murray's official visit

Happy Birthday	Happy Anniversary	
Sep. 3: Dave Rempel	Aug. 28: Patrick & Stefanie O'Brien Sep. 2: Debbie and Fraser MacRae	

## **CALENDAR OF CLUB AND DISTRICT EVENTS:**

Date		Time	Event	Venue
Sep.	4	Noon	DG Linda Murray's official visit	Bella Vita Restaurant
Sep.	7-9		MR Rotary Camp-Out	Fort Camping – Fort Langley

#### LAST WEEK'S MEETING

**Past President Libby Nelson** conducted the meeting, in the absence of our President Clint Callison who had to be absent because of the death of the family friend.

Invocation/Thought for the Day was given by **Patrick O'Brien** [see below for the delightful poem recited entirely from memory]

Quote for the day:



# **Cheque presentation:**

Mike Davies presented a cheque in the amount of \$1,500 from the Wine Fest committee to Debbie Kennedy, who accepted the cheque given to the Ridge Meadows Hospital Foundation in support of the Volunteer Program at the local hospital.



Debbie Kennedy was a nurse for 25 years at the Maple Ridge hospital, and for 18 of those years was in charge of the volunteer program. Currently there are about 100 students participating in volunteering at the hospital, where they gets some first-hand experience about the possibilities of a career working at a hospital. They learn that it's not just nurses and

doctors that work there but there are many other occupations in the healthcare field.

# **Happy and Sad Dollars**

**Sharon Kyle** has returned home from their camping trip only to find that the smoke pollution in the air down here was almost as bad as where they were up country. Sharon's 97-year-old aunt fell and broke her hip, and has just undergone a hip replacement (does that qualify in the "new tricks" category?)

**Eric Mollema and Urma** attended the Rotary golf tournament in Lynden, Washington where they enjoyed playing golf with today's speaker **Darrell Burnham**, from the port Moody Rotary club.

Ineke Boekhorst said that she, Peter, Debbie MacRae and Doris Gagel helped out on the garage sale and they raised \$102.25.

Today's program: Darrell Burnham , CEO of Coast Mental Health, and Domino

Darrell has been a Rotarian for 27 years, firstly being a member of the Vancouver East Rotary Club and then after that a member of the Port Moody Rotary club for the last 18 years. He has been with Coast Mental Health for 31 years and is now its CEO.



Coast Mental Health ("CMH") is a Vancouver-based non-profit organization which has grown to 600 staff and 300 volunteers,

serving 4500 clients. Locally, CMH took over the management of the building known as Alouette Heights in 2017, which was constructed in 2012. That building houses 45 units, but when CMH took it over there practically 90 persons living in the building.



Regarding homelessness, there's been a 30% increase in the last three years. Of the total number of homeless, 57% have been homeless for over a year. An unfortunate statistic is that 21% of homeless people of all ages were at one time foster children. As to homeless youth, 45% of them were in foster care. Darrell said that children who have a stable environment often leave home to try it on their own, only to come back a few times when things get rough for help and guidance from their parents. Foster children do not have that luxury of having a home to come back to, so it is not surprising that we see so many of them on the street.

Although it is commonly believed that in Maple Ridge most of the homeless people have moved here from elsewhere. In fact, 75% of the homeless people in Maple Ridge have lived five or more years in this City before they became homeless. 72% are male, and 27% are female. 16% are youth, and 21% are seniors. 34% identify themselves as being indigenous/aboriginal. 83% of homeless people have at least one medical issue, and 25% of them have two or more medical issues.

When the new British Columbia government was elected, it promised a Rapid Response to Homelessness Program, and vowed to build 2,500 housing units for the homeless over a two-year period. The first project opened in April 2018. There are 350 units in Surrey, 600 in Vancouver, and 53 in Maple Ridge.

The Maple Ridge site, on Royal Avenue, will have on-site a central office, and will serve two meals a day to the residents. The property is owned by BC housing, and the plan is that it will be in place for three years and be temporary. Occupancy is expected in the third week of October. There are 53 units which are small but adequate, being approximate 160 ft.² each. They are self-contained, each having a bed and bathroom. It will be staffed 24/7 by 14 staff members providing rotating shifts, 365 days per year.. It will rent for \$375 per month which is equivalent to the welfare rent. Fraser health will support medical needs, and there will be an active on-site.-Support program, life skills, employment related training and supported volunteerism opportunities within the community. Over 120 homeless people have expressed interest in moving into the new facilities.

CMH evaluates each applicant based on a specific criteria including age medical issues/needs, mental health concerns and substance abuse, in order to give individualized case management support for each tenant.

Darrell advised that access to affordable housing with supports remain an essential component for recovery. Homelessness and housing instability is too often a reality for individuals living with addictions, mental illness and trauma. This is often the primary barrier to improving health outcomes and for recovery. CMH work side-by-side with clients, donors, government and

partner agencies to build homes and communities where people living with multiple barriers can thrive (or at least survive?).

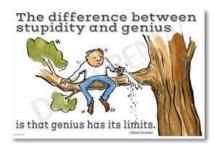
CMH recognizes that potential safety issues and concerns may arise in the community, and they intend to work collaboratively with neighbouring businesses and organizations to ensure ongoing accountability to address any issues and concerns within the community.

### 50/50

By picking the five of diamonds, **Libby** reduce the deck to only 14 cards remaining.

Note: Because of problems with Gaming regulations, the 50/50 will be suspended till further notice!

Closing quote for the day:



#### **Submitted by Laurie Anderson**

#### Patrick's Thought for the Day

Enter the world of a small boy, 3 or 4 years old, who is walking along the pavement of a London street.

We are transported thither by means of the inimitable words of A. A. Milne, as dedicated to Christopher Robin, and recited [from memory, no less) by Patrick O'Brien:

# Lines and Squares

by A.A. Milne

Whenever I walk in a London street,
I'm ever so careful to watch my feet;
And I keep in the squares,
And the masses of bears,
Who wait at the corners all ready to eat
The sillies who tread on the lines of the street
Go back to their lairs,
And I say to them, "Bears,
Just look how I'm walking in all the squares!"

And the little bears growl to each other, "He's mine, As soon as he's silly and steps on a line."

And some of the bigger bears try to pretend
That they came round the corner to look for a friend;
And they try to pretend that nobody cares
Whether you walk on the lines or squares.
But only the sillies believe their talk;
It's ever so portant how you walk.
And it's ever so jolly to call out, "Bears,
Just watch me walking in all the squares!"

