

Meetings: Tuesday 12 Noon, Bella Vita Restaurant

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JUNE IS ROTARY FELLOWSHIP MONTH

Today (June 25): **George Klassen**
Next Week (July 2): **Chuck Keely** - BC Gaming; Update on the latest BC gaming rules

Happy Birthday	Happy Anniversary

CALENDAR OF CLUB EVENTS:

Date	Time	Event	Venue
Aug. 11	11 am	Rotary Duck Race	Maple Ridge Park
Aug. 27	Noon	DG Brad Whittaker's Visit	
Sep. 6-8		Rotary Camping Weekend	Fort Camping - (9451 Glover Rd, Fort Langley)

LAST WEEK'S MEETING

Invocation / Inspirational Thought: **Ineke Boekhorst**

*Always remember to forget the things that made you sad
 But never forget to remember the things which make you glad
 Always remember to forget the friends that proved untrue
 But never forget to remember those that have stuck by you.*

*Always remember to forget the troubles that passed away
 But never forget to remember the blessings that come each day
 For health and food, for love and friends,
 For everything that goodness sends,
 Let us give thanks.*

Guests: **Emily Black** who was an exchange student 20 years ago.

Today's Quote: (by Betty White)



On the other hand, someone else said:



Cheque Presentations:

Mike Davies presented a cheque in the amount of **\$1,000** to **Ruth Lee, of Pathfinders Youth Centre Soc.**

Ruth and her husband Orville attended our club on April 2, 2019 and told us about this Society, which is a non-profit organization that provides mentor ship and employment skill programs to youth aged 15 to 30. They aim to prepare their youth for both the workforce and real life situations as they move forward in life. Ruth thanked the Club, and advised that they do not get government funding, and stated that our donation would go a long way to helping them implement their programs and help the youth in our communities.



Mike also presented a cheque in the amount of **\$1,050** to "our own" **Ineke Boekhorst** on behalf of the **Friends In Need Food Bank.**



This money (which came from proceeds raised at the Wine Festival) will purchase two backpacks for the **Starfish Backpack Program** which will be commencing in September again.

Friday, June 21, 2019 is the last day of the school year (and the first day of summer) when backpacks will be given out.

[The food on this date will be passed out in plastic bags so that the program can keep track of the backpacks.] Ineke stressed that program will have to raise more money for the Backpack Program which will start up again in September.

President Clint Callison advised that (having heard no objection from the membership which was canvassed by email) the club will be donating \$20,000 to support the installation of a playground at the Pitt Meadows Elementary School.

Happy and Sad:

Ineke Boekhorst was very happy to have attended the Rotary International Convention in Hamburg, Germany along with 25,000 other Rotarians. Ineke urged all members to attend an international convention at least once to get the true spirit of Rotary International. Ineke also had time to visit family and friends in Holland.

Program : **Selfless** - a documentary film by Kim Laureen "that opens the conversation to the ever-growing epidemic of selfies, social media and technology".



Our speakers were **Kim Laureen** and her daughter **Megan Dirksen**.

[Credit: Thanks to the Mission City Record newspaper article which neatly sums up Kim's and Megan's talk to us.]

Kim Laureen, of Mission, and her daughter Meg, from Abbotsford, spent about two years making the film. The idea began in 2015. Kim, who runs the Mission-based Fresh Independence Productions, and Meg were working together on a

music blog, putting together interviews, reviews and videos online. Kim says that, during a conversation with Meg, they began to voice their frustrations with people in the music industry who were constantly on their cellphones. Then Kim broadened the scope and noticed that everyone, even her own kids, seemed to have their heads down engaged in screens and not engaged with others.

Then came the question that put the whole process in motion.

"One day, we were on a walk and we said, 'If a girl lived in a forest and she had no mirrors, magazines or social media, what would beautiful look like to her? And how would she view herself?' " That question made them both think of Kuki Warburton, a young girl who they knew because her family was featured on their music blog. Kim said Warburton lives in the hills of southwest England, off the grid in a "very earthy and organic family." After contacting the family, the two aspiring filmmakers used Air Miles to travel to England. Once there, they began to form the basis of a documentary.

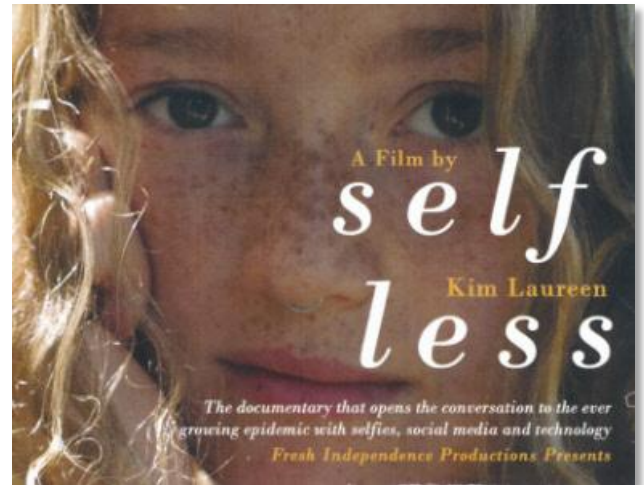
After examining some "scary" statistics – Laureen said her research indicated that there are up to 70 per cent more depressed teens than 20 years ago, Instagram has more than 100 million posts yeah every 24 hours, and Snapchat has three billion a day – they decided to focus on the positive, rather than the negative - something that offers hope.

Four rules to live by:

1. Never take more than you give.
2. Beauty is felt. not seen.
3. Happiness is found in helping others.
4. Life is precious. Don't miss it.

"Imagine what kids could do with some of that time to make the world a better place," Kim thought. Finding no financial backing for the project, they begged, borrowed and cashed in more Air Miles to continue their search. They travelled from subject to subject, getting stories from kids everywhere. They spoke to a boy who is visually impaired, an eight-year-old who started his own recycling business, and a girl who has suffered bullying and insecurities and now helps others. "Here are kids giving back to others and focusing on other things."

They also visited an inner-city school in Texas as well as local schools in the Fraser Valley, creating dialogues with students.



Currently, 'Selfless' is finding its way into schools and youth groups where conversations are beginning to flow. Our Rotary Club, for example, could help #Break the Cycle and #Raise the Bar by helping to introduce this film into schools within our School District 42. Kim said that the film was appropriate for children 10 years and up.

Learn more at:

www.freshindependence.com and film@freshindependence.com .

Today's Closing Quote:



Submitted by Laurie Anderson