



Meetings: Tuesday 12 Noon, Bella Vita Restaurant

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MAY IS YOUTH SERVICE MONTH

CALENDAR OF CLUB EVENTS:

Date	Time	Event	Venue
June 6-10	Cancelled	RI International Convention in Honolulu	Hawaii Convention Center
Aug. 9	Cancelled	Rotary Duck Race	Maple Ridge Park

Meadow Ridge Rotary meetings are cancelled, due to the Coronavirus.

We will have a [ZOOM meeting](#) at our usual Rotary Luncheon time. You can connect on your computer or smart phone. It's set up as a reoccurring meeting, meaning there is a virtual meeting every Tuesday at 12 noon, until May 12 for now.

RI PRESIDENT'S MESSAGE:



Increasing our ability to adapt: That is one goal of our new Rotary Action Plan. And wow, have we seen that ability put to the test this year.

In March, Gay and I were to visit Zimbabwe, Turkey, and eight other countries over the course of 30 days. After participating in a medical mission in Zimbabwe and Commonwealth Week

activities in London, on the 11th day, we were packing our suitcases for Switzerland and Liechtenstein.

While attending a dinner at the High Commission for Pakistan in London, we received word that it would be impossible to travel everywhere on our itinerary. So, instead of flying to Zurich, we returned to Evanston and One Rotary Center.

Throughout early March, the news about COVID-19 became increasingly serious throughout the world. Following the advice of local officials, we cancelled UN presidential conferences in Paris and Rome. Soon, the World Health Organization declared the virus a global pandemic, and we consulted with authorities on more critical decisions. We asked all Rotary districts and clubs to curb face-to-face meetings until further notice and to hold virtual meetings instead. To the districts and clubs that have adapted so quickly, thank you.

The Rotary Board of Directors held its first-ever virtual meeting to make the most difficult decision of all, to cancel the 2020 Rotary International Convention.

Like the more than 20,000 registrants who planned to attend, I am disappointed. We acted to protect the health and safety of convention attendees and their families, friends, and colleagues, as well as those who call Honolulu home, and I am confident we made the right decision.

I want to thank the 2020 Honolulu Convention Committee, the Host Organization Committee, the 2020 Honolulu Convention Promotion Committee, and Rotary staff for planning what would have been one of the best Rotary conventions yet. I appreciate their hard work.

This issue of The Rotarian was going to press as the decision about canceling the convention was made, and many other decisions across the Rotary world were still up in the air. Future issues of The Rotarian and of Rotary's regional magazines, along with Rotary's social media channels, will keep you informed.

We began this Rotary year promoting the importance of the new Action Plan for all Rotarians and Rotaractors. Today, we are putting that plan into action out of necessity. That includes the possibility of a convention-like experience with you through a virtual event. We will have more to say about this in the near future.

The world is changing rapidly, and so must Rotary. Our adaptability and strength will help us navigate this experience. The world needs our leadership today more than ever. Truly, *Rotary Connects the World*.

Mark Daniel Maloney
President 2019-20



OUR CLUB LAST WEEK'S ZOOM MEETING:

Pres. **Adriane Dale** presided.

Guests:

Our speaker **Zazie Todd**
Assistant Gov. **Al Sjenegaard**

Program: Zazie Todd: Making Dogs Happy

About our guest speaker:

Zazie Todd, Ph.D., has a Ph.D. in Psychology (University of Nottingham) and an MFA Creative Writing (UBC). Her book *Wag: The Science of Making Your Dog Happy*, with a foreword by Dr. Marty Becker, is published by Greystone Books. She is the creator of Companion Animal Psychology, a blog about how to have happy cats and dogs, according to science. Todd won the 2017 Captain Haggerty Award from the Dog Writer's Association of America for her article, The Ultimate Dog Training Tip.

Todd graduated with honours from Jean Donaldson's Academy for Dog Trainers ("the Harvard of dog training"), and has a Certificate of Feline Behaviour with Distinction from International Cat Care. She is a shelter affiliate member of the International Association of Animal Behavior Consultants, a multi-species professional member of the Pet Professional Guild, and a volunteer at the BC SPCA. As well, she is an affiliate member of the American Veterinary Society of Animal Behavior.

Zazie is the founder of the popular blog, *Companion Animal Psychology*, where for the past eight years she writes about everything from training methods to the human-canine connection.

Zazie grew up in Leeds, in the north of England, and now lives in Maple Ridge. She attended a conference in BC and immediately fell in love with it. She also lived in Bangkok for a while, but eventually came back to live in British Columbia in 2008. The following are two topics she discussed with us:

The Eureka Moment for Dogs

Zazie posed this question: Does successful problem solving make dogs happy, or does simply getting the reward make them happy too?

A study showed that when dogs solved a problem and earned a reward they wagged their tails more and were more eager to repeat the experience than if they were just given a reward. The study also found that food was a preferred reward over time, with other favourite rewards being with another dog and petting from a familiar human. The animals in the study were excited not only by the expectation of a reward, but also about realizing that they themselves could control their access to the reward. (The scientists call it a "Eureka moment" for the dogs.) These results support the idea that "opportunities to solve problems, make decisions, and exercise cognitive skills are important to an animal's emotional experiences and ultimately, its welfare."



The Sniffari

Give your dog opportunities to sniff, e.g., by taking them on a "sniffari" and letting them follow their nose. "It's great enrichment. We

all know that dogs have amazing noses, but did you know scent is more important to dogs than sight? It's no wonder dogs want to spend so much time sniffing even a single blade of grass! They get a lot of information from sniffing the places where other dogs have peed (or even their own pee... they are dogs, after all !). We can give dogs the chance to use their nose by taking them on a sniffari. Instead of hurrying your dog along on a walk, let them take as long as they like to sniff. And let them follow their nose, instead of taking a predetermined path (within reason, of course)."

Face Masks

Deborah Hyslop reported that Marks Work Wear would produce facemasks with a Rotary logo on them for \$7.48 each. The club decided to order 50 of them so that members of the club could purchase them, or to give them to persons who may not be able to afford them.



Backpack Program

Ineke reported that Port Coquitlam Costco has donated \$5,000 to the Backpack Program. With the donation reported in last week's club bulletin, this will bring up to approximately 145 the number of families who are helped out through this food program.

MEADOW RIDGE ZOOM MEETING INSTRUCTIONS:

All members have to do, is click on [this link](#) Tuesday at noon. Give yourself a few minutes in advance.

The first time it will download the zoom app, which takes just a couple of seconds and you are in; it's that simple!

Members can turn on their camera if they like, but don't have to.

[Here's the link to join a scheduled Zoom meeting.](#)

Topic: Meadow Ridge Rotary Club Meeting

Every week on Tue, March 31 until May 12, 2020, (7 occurrences) at 12 Noon PT.

[Join Zoom Meeting:](#) Click the following link

<https://us04web.zoom.us/j/422830866?pwd=ZkhkdStnRVJBRERiK3IsVUxjMTBnUT09>

Post Script



Zazie got her PHD in human psychology but then switched to dogs. I wonder if she would agree that we could use a dog training manual to train a new spouse? For example, here is an excerpt from a dog training manual with just the word "husband" substituted for "dog":

.....The kind, fair and effective way training can be started at any age, the sooner the better. You can start simple training with your husband as soon as he has settled into his new home. Older husbands are also receptive to training, although some may be less keen or less quick to learn than a younger husband. Done properly, training will be fun, both for you and your husband, as well as exercising his brain and reinforcing the good relationship between you.

In order to be effective and to gain the best results, all training should be based around positive rewards. Positive reward training works because if you reward your husband with something he wants as soon as he does what you ask, he is far more likely to do it again. Rewards can be anything that your husband really wants and could include: food treats, a favourite toy, playing a certain game or getting a pat. However, really tasty treats will usually work best – try small pieces of dried liver, hotdog sausage, chicken or cheese for maximum effect. If you are using food treats, you will need to reduce the size of your husband's normal meals or use his whole meal divided up into smaller portions, to prevent your husband putting on weight.

Always combine the giving of a reward with verbal praise such as "Good Husband". When teaching a new command, you will need to reward your husband every time that he does what you ask correctly. Once he has the hang of the command, however, it's a good idea to change the way you reward by only giving the reward every now and then, because this will make your husband try harder for it. Always verbally praise your husband each time, even if he is not being rewarded with a treat. Punishment should never be used in training. If you punish your husband, it will only teach him to be scared of you and may eventually teach him to be aggressive. He will mistrust you and your relationship may break down completely.....

Submitted by Laurie Anderson