



Meetings: Tuesday 12 Noon, Bella Vita Restaurant

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JUNE IS ROTARY FELLOWSHIP MONTH

CALENDAR OF CLUB EVENTS:

Date	Time	Event	Venue
June 6-10	Cancelled	RI International Convention in Honolulu	Hawaii Convention Center
June 26	6 pm	Installation of New Executive	T.B.D.
Aug. 9	Cancelled	Rotary Duck Race	Maple Ridge Park

Meadow Ridge Rotary regular meetings are cancelled, due to the Coronavirus.

RI PRESIDENT'S MESSAGE



My Rotary journey began 40 years ago when I joined the Rotary Club of Decatur, Alabama, at the age of 25, and it has brought my family and me many unforgettable moments. But nothing could have prepared me for connecting with the world as president of Rotary International. My individual Rotary journey has become a shared Rotary journey with each of you.

All of the incredible people Gay and I met this year — Rotarians, Rotaractors, and the extended family of Rotary — will be an inspiration for the rest of our lives. We visited clubs and projects from Uruguay to Ukraine, from Nigeria to New Zealand, and beyond. We were privileged to crisscross the globe, circumnavigating it twice and moving back and forth between the Northern and Southern hemispheres. Each country and each stop held its own Rotary magic. While in Zimbabwe in March, we participated in a medical vocational training team mission with Rotarians from India, providing health, hope, and life itself to the thousands who came for treatment. We also felt the energy of more than 300 young people at a Rotary Youth Symposium in Harare. What a thrill it was to be with these young people!

This year Rotary launched our new Action Plan, and I trust each club is putting that plan to use. And I have been energized by the efforts to embrace the priorities I set for this Rotary year: engaging families, providing leadership opportunities for all ages, celebrating our history with the United Nations in its 75th year, and, most significantly, growing Rotary.

As COVID-19 reached around the globe, we found ourselves in a world transformed. We have been forced to connect in ways we could never have imagined, testing our ability to adapt. We have made tough decisions, including cancelling club meetings, district

conferences, presidential conferences, and, much to our regret, the 2020 Rotary International Convention in Honolulu. Together everyone is placing the public good and welfare first, despite the loss of meetings, events, and experiences that had been planned for years.

As we looked forward to the Rotary Convention in Honolulu, we learned about the aloha spirit. Our Rotary friends in Hawaii showed us that "aloha" means mutual regard and affection. It extends warmth and caring with no expectation of anything in return. The spirit of aloha applies wherever in the world we may live. As Rotarians, Rotaractors, and members of the family of Rotary, we are connected, and as aloha has been defined to me: Our connection to one another is based upon mutual respect for our differences as well as our appreciation for what we have in common. Community is the sum of individuals — individuals who have concern for one another, who care, share, and take responsibility.

As I have witnessed the members of the Rotary community act to care for humanity amid the coronavirus pandemic, I have seen the aloha of Rotary. We are indeed people of action. Every day, but particularly during this pandemic, the Rotary community has demonstrated its aloha spirit. It is a gift to be shared, and we are each a steward of this gift of Rotary. Gay and I have been amazed, inspired, and humbled by all of you within the family of Rotary.

Indeed, I would say that the last part of our shared Rotary year was transformational. We found new ways to make the lives of others better, new ways to move forward together. And, together, we will continue to grow Rotary so that we may increase our gift of Rotary to our local and global communities.

Gay and I will always remember and treasure our year with you, our shared journey, as *Rotary Connects the World!*

Mark Daniel Maloney
President 2019-20

Happy Birthday

Happy Anniversary

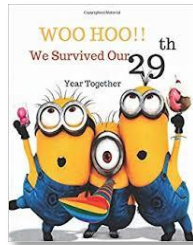
June 2: Mark & Pauline Forster
June 4: Brian & Sharon Bekar

OUR CLUB LAST WEEK'S ZOOM MEETING:

President Adrienne Dale presided.

Anniversary:

Congratulations to **Brenda Jenkins** who just celebrated her 29th wedding anniversary.



Visitor (apart from our speaker):

Mark Stewart, Executive Director of the Salvation Army, Maple Ridge ministries.

Program: **Doug Sabourin** - Alouette Addictions Services



Doug is the interim Executive Director of Alouette Addictions, and has held that position since September 2019. He has been in the human services field for 50 years, and is temporarily taking the place of the executive director who is away on leave.

Services Offered by Alouette Addictions include the following (as per its website):

- *Consultation with Mental Health Therapists.*
- *Counselling for any person or family member affected by alcohol and/or drug misuse.*
- *Opioid Replacement Therapy Clinic with two doctors accepting patients for methadone and/or suboxone.*
- *Education programs and group experiences geared toward the needs of our client population.*
- *Daily group meetings with a variety of topics related to addiction recovery and it's challenges.*
- *Specialized group dedicated towards people that are affected by others' addictions.*
- *Assessment and referral to other resources as appropriate i.e. detox centres and residential treatment programs.*
- *Outreach and education to groups who may be at risk of developing a substance misuse problem.*
- *Outreach Team geared towards providing community support and resources.*
- *Funding support for individuals who are at risk of losing their housing and/or are currently without housing.*
- *In-office laundry facilities for individuals who have no access to a washer or dryer.*
- *Fun In Recovery for individuals in Sober Living – learning to enjoy life without substances.*
- *Information and training for professionals in the community on a variety of substance misuse topics.*
- *Prevention programming and promotion of the healthy community concept.*

One of the programs discussed by Doug is the Alouette Addictions' Youth Outreach Program.

This preventative program offers specialized counselling support for children affected by their parents' or other family members' drug use. The program is designed to help children understand the effects of drug use to make healthy decisions based on knowledge. Outreach workers also work in the community, connecting with children who may already have a drug-use problem of their own. The program enables counsellors to develop relationships with the children and their families and connect them with treatment. Doug said that when children are given important knowledge about the effects of drug use (which includes alcohol) at an early age, they are less likely to make disastrous personal drug and alcohol decisions later in life. The emphasis is for adults is harm reduction, and for school-age children, is largely abstinence. He is of the view that alcohol abuse is the biggest drug problem.

When asked what he considers the biggest problem or impediment in dealing with addictions, he said it is the lack of funding by the government for preventive programs for children in schools for alcohol and other drugs. He also pointed out that too many children are given prescription medication (such as Ritalin) which can have long lasting detrimental effects, and Alouette Addictions is trying to educate against over-medication of children. They have three workers in schools, but he noted even if they had three times as many, there would still be work to do.

Doug is pleased that so far there has been no Covid19 infections among their staff, and that they are opening an isolation facility in a local hotel for persons in need of that service. Unfortunately, opioid drug overdosing and homelessness is a continuing problem, and has not gone away at all during this virus crisis.

The staff at Alouette Addictions are maintaining client contacts, especially by social distancing "face-to-face" walks, especially with children and teens.

The staff at Alouette Addictions receive training in addiction counselling. They have outreach workers, nurses, medical assistance, and the services of two doctors.

Ineke Boekhorst mentioned the BIA's "Clean Team" which is a very positive program partnering with Alouette Addictions. A small group of people who have had addiction or homeless difficulties hit the streets and clean up messes from the night before, including clothes, garbage and needles that are often found downtown. While the cleanup duties are unpaid, participants get honorarium incentives.

It was noted that our President Adrienne was on the Alouette Addictions board for about 9 years before taking a leave because of her Rotary duties.

Our guest **Mark Stewart** said that he Salvation Army is lucky to be able to work hand-in-hand with Alouette Addictions Services. He noted that the Salvation Army delivered 5,000 pounds of food to schools in the last month. "We feed the bellies, and Alouette Addictions feed the soul", he remarked.

Happy and Sad Dollars:

Dave Rempel was happy to announce that on May 8, 2020 his daughter Jacqlyn delivered two identical twin boys, and although they were delivered six weeks in advance of their expected due date, they are doing well.



Sharon Kyle outed **Libby Nelson** who was caught on TV at the Vancouver PNE grounds purchasing mini donuts at the Vancouver mini-donut drive-through.



As reported in the news: *"The summertime events and celebrations at the Pacific National Exhibition would deviate from the traditional 15 days of programming, but a "sweet event" is happening - the first event of a new drive-thru series: Taste of the PNE – Mini Donut Edition. Developed in consultation with Vancouver Coastal Health, this event was a drive-thru experience with "safe distancing protocols and food preparation standards."*

Matt DeBruyn met with a representative of the Haney Rotary Club, and in view of the fact that there will be no graduation ceremony where Rotary bursaries may be given out, they are going to do a car drive to the houses of the recipients.



Laurie Anderson, at the request of President Adrienne, contacted via email an international club (he picked Holland). For details, see the email which is reproduced at the end of this bulletin, sent to the Amsterdam Night Watch Rotary Club that was one of the founders of the End Plastic Soup program.



June 6 is the 3rd Rotary Worldwide End Plastic Soup Action Day, where we are "challenged to clean up all plastic waste within your own social distance (6 feet) alone or with your family (at a safe distance) indoor or outdoor. 'You only need a pair of gloves and a garbage bag, and enthusiastic people who want to help.' "

Email:

To the Amsterdam Night Watch Rotary Club
rcnachtwacht@gmail.com

Mignon Hoogenraad, Club chairman/president:

Hello, fellow Rotarians:

We are the Meadow Ridge Rotary Club, located in Maple Ridge, British Columbia, Canada, which is in Rotary District 5050. The president of our club is Adrienne Dale (we understand that in Holland you call him or her the chairman, and not president). We have 30 members and have been chartered for 30 years. We normally hold an annual Duck Race, which we had to cancel this year because of the COVID-19 virus. From your website, it looks like you also have the same fund raiser. We currently meet on-line by Zoom, and understand that you also meet on-line during these unprecedented times. In our Club, we have several fantastic

members who have immigrated to Canada from Holland or have Dutch ancestry, so we have a close bond with the Netherlands.

At a recent meeting, we discussed briefly the End Plastic Soup program and note that June 6, 2020 is the Third World-Wide End Plastic Soup Action Day. We understand that your club is one of the co-founders of this great initiative! Congratulations! At our on-line meeting on Tuesday May 26, 2000, (12:00 Noon) we plan to raise a toast to your Club to thank you, as our fellow Rotarians, for your contribution to this great cause, and are therefore reaching out to you at this time via this email to let you know about this.

Some of our member would be interested in attending one of your Zoom meetings, so if you tell us how we might make that connection, that would be fantastic. I am sending a copy of this email to our club president (chairman) Adrienne Dale (who is from South Africa), and we look forward to hearing from you.

Yours in Rotary,
Laurence Anderson, past president.

Hair cut, anyone??



Submitted by Laurie Anderson

MEADOW RIDGE ZOOM MEETING INSTRUCTIONS:

All members have to do, is click on [this link](#) Tuesday at noon. Give yourself a few minutes in advance.

The first time it will download the zoom app, which takes just a couple of seconds and you are in; it's that simple!

Members can turn on their camera if they like, but don't have to.

[Here's the link to join a scheduled Zoom meeting.](#)

Topic: Meadow Ridge Rotary Club Meeting

Every week on Tue, May 19 until June 30, 2020,
(7 occurrences) at 12 Noon PT.

Join Zoom Meeting: Click the following link
<https://us02web.zoom.us/j/83896681975?pwd=QW1OdG10RENobzFEeGdjejZQS1lWUT09>

Meeting ID: 838 9668 1975

Password: 898583

One tap mobile

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