



### Presidential Celebration July 19, 2003 Vancouver, BC

Dear Fellow Rotarians:



Lend a Hand

It is my distinct pleasure to welcome you to the very first Presidential Celebration of the 2003-2004 Rotary year in Vancouver, British Columbia, Canada. I would like to send my thanks to the Presidential Celebration Committee, and all those who worked so hard to make this event a success. An occasion like this gives us all the opportunity to share ideas, projects and the global fellowship that is Rotary, and I am eager to celebrate the remarkable dedication of all the Rotarians and friends of Rotary in attendance.

The focus of this day is to celebrate vocational service projects and opportunities as well as to provide a forum for Rotarians to share their vocational service projects, successes and challenges with one another. As part of Rotary's Four Avenues of Service, a strong program of vocational service will contribute to the well-rounded good health of all Rotary clubs as well as provide meaningful ways for each Rotarian to make a significant difference in his or her community. My goal is that this event will serve as a catalyst for future action by the participants and their clubs and districts in the area of Vocational Service.

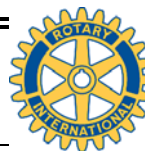
Let us work together at this celebration and beyond to be part of a dynamic and vibrant Rotary. Rotary will continue to grow and expand our work for peace and international understanding because of the efforts of committed and caring Rotarians like you to Lend A Hand to those in need through our vocations. Ade joins me in sending you our very best wishes for health and happiness.

Kind regards,

**Jonathan B. Majiyagbe**  
2003-04 President, Rotary International

### PROGRAM HIGHLIGHTS

Friday, July 18, 2003	Saturday, July 19, 2003
Club President's Installation Dinner with RI President Jonathan Majiyagbe. A unique opportunity for club presidents to be installed in the office of Rotary Club President by the President of Rotary International.	8:00 AM— Registration & Coffee 8:30 AM— Plenary session & keynote address— What is Vocational Service?
Note: Registration for this event is extra.	10:00 AM— Panel discussion Vocational Service project opportunities
6:00 PM—No Host Reception	12:00 PM— Lunch and presentation on 4-Way Test
7:00 PM—Banquet	2:00 PM— Plenary session & keynote address— Vocational Service & The Rotary Foundation.
	3:00 PM— Discussion Forum
	4:00 PM— Plenary session Where do we go next?
	6:00 PM— RI President's No Host Reception
	7:00 PM— Banquet and keynote address by RI President Jonathan Majiyagbe
	9:00 PM— Entertainment



# The Four Way Flasher

## Rotary Club of MeadowRidge Newsletter

## Vol. 9 Issue 39 April 15, 2003

Web-site: [www3.telus.net/MeadowRidge\\_Rotary](http://www3.telus.net/MeadowRidge_Rotary)

Meetings: Tuesday 12pm, Maple Ridge Library  
 President: Stan Wade Phone: 604-462-9080 [stanwade@shaw.ca](mailto:stanwade@shaw.ca)  
 Secretary: Kevin Nosworthy Phone: 604-467-8507 [kevinnos@telus.net](mailto:kevinnos@telus.net)  
 Editor: Peter Boekhorst [mrrotary@telus.net](mailto:mrrotary@telus.net)

INVOCATION April 15: Chad Reed April 22: Ron LePore

### BINGO SCHEDULE

	3:30-5:00	5:00-6:30
Apr. 24	Doris Gagel	Merlyn White
May 8	Irena Shantz	Brian Bekar

Call Peter at 604-465-3392 for assistance or e-mail [pboekhorst@telus.net](mailto:pboekhorst@telus.net)



**TODAY'S PROGRAM:** Linda Worby - Sleep Therapist  
She will give a presentation on "Are you getting enough sleep".

**NEXT WEEK'S PROGRAM:** Business meeting

### CALENDAR OF CLUB AND DISTRICT 5050 EVENTS:

Date	Time	Event	Venue
April 15	7:00pm	Executive Meeting	Kevin Nosworthy's office
April 17	12:30pm	WineZest Meeting	Arts Centre & Theatre
April 29		First day of Esteem Team	
May 1-3		District 5050 Conference	Harrison Hot Springs Resort
May 2-4		Iron Lung at Home Show	Planet Ice
May 6, 13, 20		Esteem Team	
June 1-4		Rotary Int. Convention	Brisbane, Australia
June 7	7pm - 10pm	WineZest 2003	M.R. Arts Centre Theatre
July 19	8am	Presidential Celebration	Delta Airport Hotel

50 / 50 draw - Jackpot at \$300 + 1/2 of today's sales, 38 cards, Jackpot on "Queen of Hearts" only!

## LAST WEEKS MEETING

Last weeks guest speaker, Jennie Bedford, is a very courageous lady, who was struck by polio at age 4. She recovered completely from the disease, only to be infected in later life by the after effects of polio.

With the introduction of the Salk vaccine in 1955, most people thought that they had seen the last of polio.

Since then, the majority of men and women who survived the disease have led full and productive lives. Polio has been forgotten. But now, a growing number of people who had polio in the past are experiencing new symptoms.

- *Unaccustomed fatigue*
- *Reduced endurance*
- *New Joint and muscle pain*
- *Muscle weakness*
- *Trouble sleeping, or waking feeling unrested*
- *Respiratory problems*
- *Difficulty swallowing food, frequent choking*
- *Feeling cold where others are warm, sometimes accompanied by a burning pain, pins and needles sensation*
- *Emotional stress*

The late effects of polio and post-polio syndrome are the names given to new health problems affecting individuals who contracted poliomyelitis earlier in their lives.

Sadly, many polio survivors dismiss the first signs and symptoms of post-polio syndrome as a normal part of the aging process and do not seek medical attention until the symptoms are more severe. Many health care professionals today have never experienced a polio outbreak and have had few, if any, polio survivors as patients.



## Home Show Membership Participation

We will have a booth at the Maple Ridge **Home Show** May 2, 3, and 4.

An original **Iron Lung** will be displayed during this time to the general public to emphasize the very urgent Rotary International plea to donate to the last push (\$80 million US worldwide) to eradicate polio from the world by the year 2005.



We also will be selling WineZest tickets for this annual event, which will be held June 7<sup>th</sup> at the brand new Maple Ridge Arts Centre & Theatre (in short ACT).

We need volunteers! So we need you to sign up **NOW**.

Shifts are 2 hrs long and if you can volunteer for more than 1 day, please do. We would like to see 2 members in each timeslot.



## HAPPY BIRTHDAY

April 16: Zdenka Cukor

April 18: Ken Knuttila

April 20: Don Boyce

## PROPOSAL OF NEW MEMBER

The following person has been proposed for membership in the club and approved by the executive. If any member has any objections or comments re this proposal, please contact Stan Wade or Ken Paterson.

Name: Lee Weber

Classification: Business Consultant

## ROTARACT HOCKEY POOL

Rotaract has organised a Hockey Pool for the playoffs. Even though the playoffs have started we can still engage in this, as we will carry on, as the points will be totalled from the start of the playoffs.

The purpose of this hockey pool is to raise funds too purchase a digital camera for the Lower Fraser Valley Rotaract Club. We feel this is a worthwhile investment because as a club we could like to remember our accomplishments and demonstrate what Rotaract is doing in the community. These photos would be put onto the website for everyone to learn about Rotaract.



Here are the logistics. Participants will select 16 players from the attached list. Of the top scoring leaders for the 2002-2003 season a person may only select 2 of the top 5 forwards and 3 of the remaining forwards ranked 6-15. You will only select 1 of the top 5 defensemen. You will have 10 forwards in total 5 defensemen in total, one goaltender, and you will also choose your team. For the forwards and defensemen points are awarded for the goals plus assists. The goaltender receives two points for each win and 3 points for the shutout. Your team will receive 2 points for going through the first round, 5 for the second, 10 for the 3rd round and 20 for the Stanley Cup.

And finally the cost is \$20 dollars to enter. The benefit is that the winner will receive 20% of the take, second place will receive 10%, and third will receive 5%.

Please e-mail me at [Bucky3ball@aol.com](mailto:Bucky3ball@aol.com) with your selections by Wednesday April 16 Thank-you. Payment can be made via cheque to Lower Fraser Valley Rotaract Club. Please send cheques to 3235 270st. Aldergrove B.C. Canada V4W 3G5

David Hjerpe  
Director of Community Service (elect)  
Lower Fraser Valley Rotaract Club

**A friendly reminder to all members to donate 2 items for the WineZest silent auction, of at least \$50 each. We need all your support to make this major annual fundraiser a success. Please bring your donation or pledge to one of our meetings.**