



CAPRI ECHO

December 14, 2022

Newsletter for the Rotary Club of Kelowna Capri
Edited by John Mullock
Our website: <https://caprirotary.ca/>

President Carola Spek
Vice President John Mullock

President Elect Carola Spek
Treasurer Lockie Bracken



Dec 15 TBA
Dec 22 Club Christmas Party
Dec 29 Year End Break

Jan 5 – the starting bell will be rung.

LAST WEEK'S MEETING

No recording of meeting.

SIGNS SIGNS EVERYWHERE THERE'S SIGNS

My boss calls me "the computer".
Nothing to do with intelligence, I go to
sleep if left unattended for 15 minutes.

"This medication may cause
drowsiness, dizziness, or
increased fatigue."

Lol how would I even know



Sheriff John looked at well-known movie stars and asked what TV shows they got started in. For example, Burt Reynolds got a start in "Gunsmoke". The collection plate was well coated in \$5 bills by the time he got done.



Foundation –

What is Rotary Direct?

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Environmental Service Project –

Work continues for the Pollinator Highway Project. We have a potential location and also potential helpers.



John at bottles table

Photo by Lockie

Christmas Bottle Sales – sales have been underway at the Independent Grocery store in Capri Mall. The booth was open for most of the week Sept. 12 until late in the week. Income from the sales has been good but quite variable from day to day.



Christmas Party – the RC Kelowna Capri Christmas Party is scheduled for December 22nd at the Kelowna Curling Club. We will be ordering off the menu and purchasing drinks from their bar. Scans of their menu will be inserted.

Salvation Army Kettles- Club members have begun staffing the Salvation Army kettle at Walmart on Saturday and will be doing so until just before Christmas.



Glenna and Art at the kettle on December 10th.

Photographer unknown



APPIES & SHARES

WINGS & CRUDITÉ | 1lb - 17.5 | 2lbs - 29.5

Dry: sea salt & black pepper, chipotle, lemon pepper
Siracha, Whiskey BBQ, Gunpowder (curried style)

Sauced: BBQ, hot, honey garlic, teriyaki, honey hot, buffalo
Choice of ranch or blue cheese

GARLIC DRY RIBS | 16.5

Tossed in rock salt & cracked pepper
Served with tzatziki & lemon wedge

SWEET POTATO FRIES | 9

Served with chipotle aioli

ONION RINGS | 9

Thick cut beefeater onion rings
Served with salsa Verde creme

GARLIC BREADSTIX | 9

6 toasty warm 7" breadsticks
Served with salsa Verde creme & parmesan rosé marinara

BASKET OF FRIES | small - 7 | large - 9

House cut Kennebec's

POUTINE | 12

House cut Kennebec fries and traditional cheese curds topped
with rosemary peppercorn gravy & green onions
Why not add spicy beef, crispy chicken or grilled chicken
Or why not make it a

CHORIZO POUTINE | 17

Chorizo, cheese curds, peppercorn gravy, green onions

ROCKBOX NACHOS | 15

Waffle fries, bacon, cheddar & jack cheese topped with green
onion. Served with honey mustard

PILE O' CHOS | 19.5 | GF

Fresh cut Corn tortilla chips, jalapenos, onions, peppers,
olives, tomatoes

Served with salsa & sour cream

Extra salsa & sour cream - 2

Add chicken or beef - 4.5

Double cheese - 4.5

EDAMAME | 9

Served with smoked rock salt

PITA AND TZATZIKI PLATTER | 14

Served with crudité, sundried tomatoes, feta cheese.
Dip along with Ranch or blue cheese dressing

FAVOURITES

Served with your choice of fries, soup of the day or tossed
salad. Upgrade to sweet potato fries, poutine, onion rings or
a large soup for an extra charge.

CHICKEN STRIPS & FRIES | 16

Choice of BBQ, honey mustard, plum or Salsa crème Verde

CHIPOTLE CHICKEN WRAP | 16

Chicken, bacon, cheddar & mozza cheese, mixed greens &
tomatoes wrapped in a fresh tortilla.

Gluten Free Wrap + 2 | GF

CHORIZO VERDÉ WRAP | 16

Chorizo, bacon, cheddar & mozza cheese, Salsa crème Verde,
mixed greens wrapped in a cheese tortilla.

Gluten Free Wrap + 2 | GF

BREAKFAST KAISER | 13

2 fried eggs, herbed back bacon, cheddar, tomato and green
onions, Salsa Crème Verde.

TOASTED B.L.T.C | 14

You guessed it. Bacon, Lettuce, Tomato and Cheddar.
Choice of multigrain or sourdough.

CHICKEN BACON DONAIR | 17

Sliced Chicken breast, bacon, tomato, cucumber, red onion,
feta cheese and tzatziki wrapped in warm naan bread.

Gluten Free Wrap + 2 | GF

APPLE & BRIE GRILLED CHEESE | 14

Fresh sliced apple, brie & herbed ham
Choice of multigrain or sourdough bread

SHORT STACK OLD BAY SHRIMP CLUB | 16

Lettuce, tomato, bacon and pepper jack cheese on your
choice of multi-grain or sourdough bread. (sub chicken for
shrimp no charge)



SOUPS & SALADS

BURGUNDY FRENCH ONION SOUP | 10

House made, topped with herbed croutons and Swiss cheese. Served with a dinner roll

SOUP OF THE DAY | cup - 5 | bowl - 7

House made soup served with a dinner roll

SOUP & SANDWICH | 13

Ask your server for the special of the day!

ORCHARD SALAD | starter - 9.75 | dinner - 13 | GF

Garden greens, sliced apples, toasted pumpkin seeds, sundried cranberries, tomato, cucumber & feta cheese. Served with berry cherry balsamic dressing

ADD CHICKEN crispy - 5 grilled - 5 Cajun - 5

CAESAR SALAD | starter - 9 | dinner - 12

Romaine, herbed croutons, bacon, parmesan cheese, crispy capers & KCC Caesar dressing

ADD CHICKEN crispy - 5 grilled - 5 Cajun - 5

THAI NOODLE SALAD | 16

Sliced chicken breast, julienne vegetables, mandarin oranges, chow Mein noodles, perched on a bed of garden greens with a house made Thai dressing topped with sesame seeds and wonton crisps

BURGERS & MAINS

All burgers and sandwiches served with a choice of the soup of the day, tossed salad or fries. Upgrade to sweet potato fries, onion rings, poutine or a large soup for an extra charge

KCC BASIC BURGER | 16

Choice of chicken, ground chuck or veggie. Topped with lettuce, tomato, onion, pickle & in-house made burger sauce

Gluten Free Bun + \$2

CHAMPION CHUCK BURGER | 18

Smoked Bacon on a grilled chuck patty. Topped with stout caramelized onions, cheddar, lettuce, red onion, tomato, Pickle, and in-house made burger sauce.

WHISKEY B.B.Q CHICKEN BURGER | 18

Grilled chicken breast, topped with double smoked bacon, pepper Jack cheese, lettuce, tomato, red onion, pickle & in-house burger sauce

MOUNTAIN VEGGIE BURGER | 17

Black bean burger topped with a mountain of sauteed mushrooms, caramelized stout onions and Swiss cheese, lettuce, tomato, red onions, pickle with our own Salsa Verde cremé

AAA STEAK SANDWICH | 19

7oz AAA top sirloin, on garlic French bread topped with fried onions and mushrooms, balsamic crème glaze

KCC HOUSE PASTA | 18

Corkscrew noodles in a house made Rose marinara sauce and parmesan cheese. Your choice of chicken, chorizo, meatballs or shrimp. Served with a Caesar salad and garlic toast.

BEEF DIP | 19

A mountain of tender, shaved roast beef in a garlic grilled bun with horseradish aioli, served with a rosemary au jus.

FISH N' CHIPS | 16

Battered cod fillets with pumpkin seed and sundried cranberry coleslaw and our very own fries with in-house made tartar sauce

Why not add a little gravy on the side for dipping?

GINGER BEEF | 17

Tossed with julienne vegetables and a house made teriyaki sauce topped with sesame seeds and wonton crisps on a bed of rice or chow Mein noodles

ADD-ONS & UPGRADES

UPGRADE

size up your soup	2
veggies & dip	3
sweet potato fries	3
onion rings	3.5
poutine	5
gluten free bread gluten free wrap	2

ADD

sautéed onions sautéed mushrooms	2
gravy cheddar Swiss feta jalapeno jack	
bacon	3
grilled chicken	5
cajun chicken	5
crispy chicken	5



Rotary District 5060 Websites –

New District Website

<https://rotary5060.org/>

Videos

<https://vimeo.com/rotary5060>

End Polio

<https://www.endpolio.org/resource-center>

Pollinator Highway

<https://portal.clubrunner.ca/50005/sitepage/pollinator-highway-project>

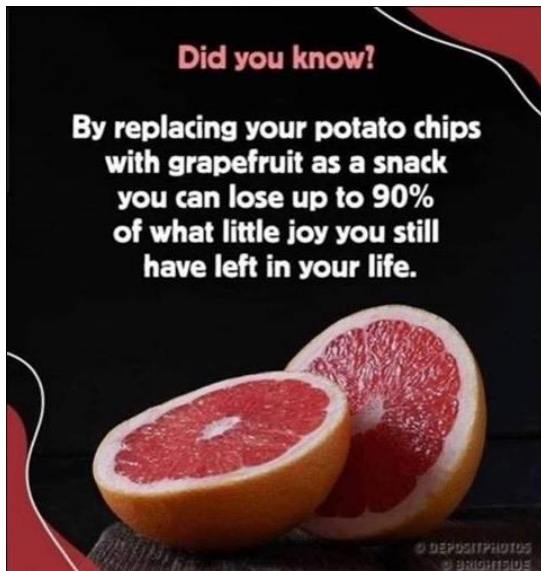


THIS WEEK'S REGULAR MEETING



**We meet at the Coast Capri Hotel
Thursday December 15 at 5:30 pm.**
We will be in the Capri Fireside Lounge.

HUMOUR



GUEST SPEAKER

There will be no speakers scheduled until we find a permanent home for our meetings.

GALLERY



Night Train by Isischneider (Portugal)



Caticorn by Gillyb (UK)



The Golden Egg by Gillyb (UK)

ADVERTISING

Ron Becker FIC, RHU

Financial Security Advisor

Phone: (250) 862-3959

Fax: (250) 862-8959

Email: ronbecker@telus.net

110 - 565 Bernard Ave.

Kelowna, BC V1Y 8R4

Licensed Assistant: Darcy Letendre ACS AIAA

Phone: (778) 363-3168

Email: darcyletendre@telus.net