



# CAPRI ECHO

## February 2, 2026

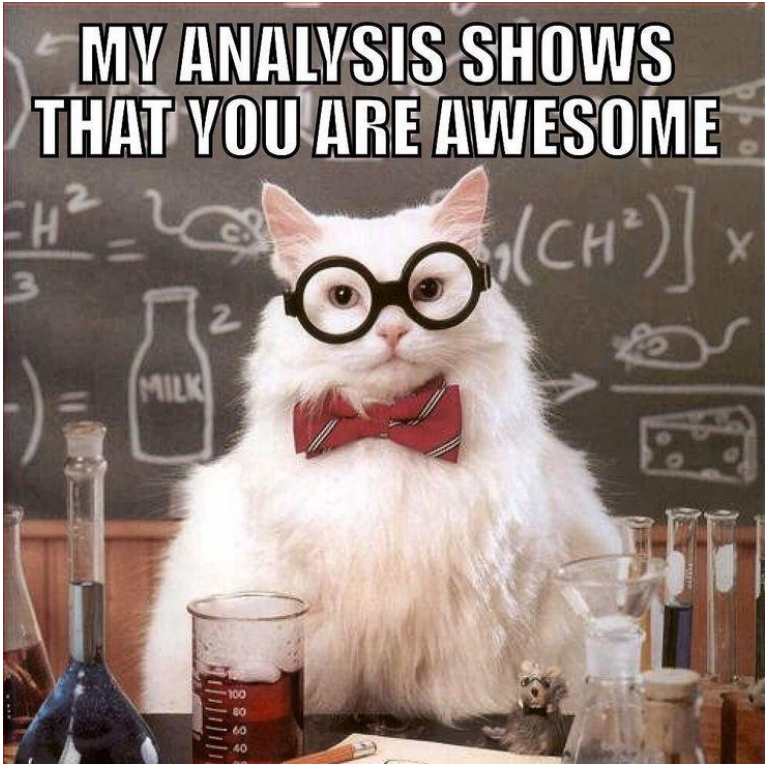
Newsletter for the Rotary Club of Kelowna Capri  
Website: <https://caprirotary.ca/>

President: Peter Spek  
Secretary: Carola Spek

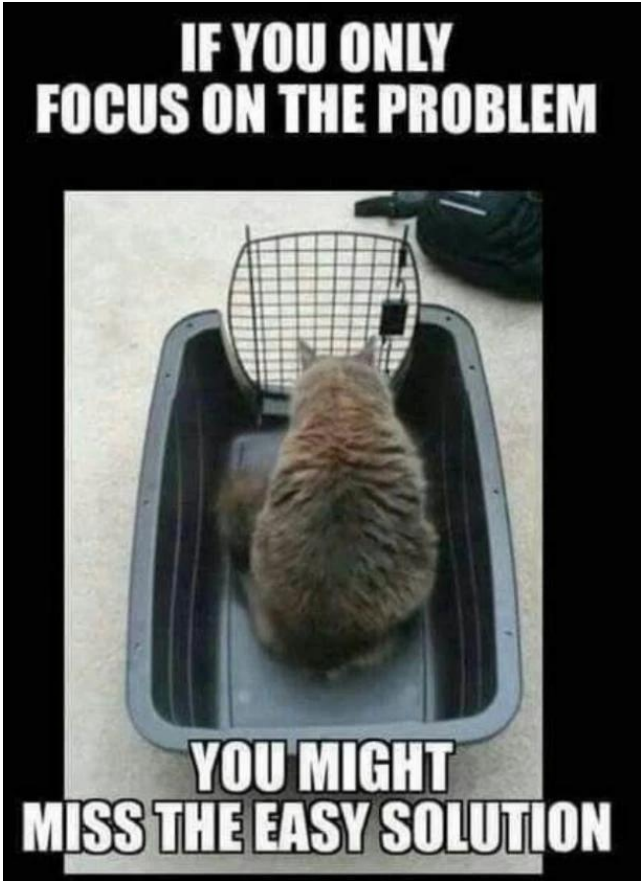
Treasurer: Lockie Bracken  
Editor: Peter Spek



- Feb 9 - Regular Meeting
- Feb 16 - Regular Meeting
- Feb 23 - Regular Meeting
- Mar 2 - Regular Meeting
- Mar 9 - Regular Meeting
- Mar 16 - Regular Meeting



I AM IN  
CHARGE  
OF HOW I  
FEEL AND  
TODAY I AM  
CHOOSING  
HAPPINESS.



IF YOU ONLY  
FOCUS ON THE PROBLEM

YOU MIGHT  
MISS THE EASY SOLUTION



The Sheriff this week was Peter Spek.

***February is honestly one of the weirdest months — it's short, crammed with random vibes, and feels like the calendar just gave up halfway through winter. Here are some of the funniest things about it:***

- 1. It's the shortest month, but in non-leap years it still manages to drag on forever like it forgot how calendars work. People joke it's basically "January's sequel nobody asked for."***
  
- 2. A rodent (Punxsutawney Phil) is legally allowed to predict the weather on Groundhog Day (Feb 2). If he sees his shadow → 6 more weeks of winter. If not → early spring. Either way, he's wrong about 60-70% of the time. We're trusting a groundhog's fear of his own reflection more than meteorologists. Iconic.***
  
- 3. February is the only month that can sometimes have no full moon at all (last happened in 1999, next in 2037-ish). The moon just peaces out like "nah, I'm good this year."***
  
- 4. It has Valentine's Day (Feb 14 — love! chocolate! pressure!) immediately followed by Singles Awareness Day (Feb 15 — basically "Valentine's hangover for single people" where you celebrate by eating discount candy alone).***
  
- 5. In leap years, February gets an extra day (Feb 29), and people born on it only have a "real" birthday once every 4 years. The classic joke: "This month we're celebrating the three days when men are always right: February 29, 30, and 31." (They don't exist.)***
  
- 6. It somehow squeezes in Super Bowl Sunday (usually early Feb), Black History Month, Presidents' Day, and a bunch of absurd national days like:***
  - Work Naked Day (Feb 1? Please don't)***
  - National Shower with a Friend Day (Feb 5 — uh, boundaries?)***
  - Cow Milked While Flying in an Airplane Day (Feb 18 — yes, that's real, from 1930)***
  - National Toothache Day (Feb 9 — who approved this?)***

**7. February puns are peak dad-joke energy:**

***Can February March? No, but April May!***

***What's a frog's favorite month? February — because of the leap year!***

***Do you have a date for Valentine's Day? Yeah, February 14th.***

**8. It's National Junk Food Month in some calendars, so you can feel zero guilt about demolishing chips during the Super Bowl and then heart-shaped chocolate a week later.**

***Basically, February is that chaotic friend who shows up late, stays short, throws a bunch of conflicting parties (romance! sports! rodents! history!), and leaves everyone confused but oddly entertained. What's your favorite weird February thing?***



## **Business**

Lockie was about to show a Peace Builder update but had some technical difficulties and will show this upcoming meeting.

Our secretary did the Filing of the 2026 BC Society Annual Report.

Attached to the newsletter there will be our left-over items from our Safety Kit fundraising and feel free to order more while they are still available!

**Rotary Day July 2026** – things look good for 2026 and in March we will work on the flyer and promotion of our club at the Rotary Day event.

## HUMOUR

Rotary Ice-cream which contains bacon!!!  
Our favorite desert at our weekly meetings.



"Relax, it's no one we know."

# Safety Kit Fundraising

We still have some safety kits available for sale. If you or know someone who wants the Family First Aid Kit or the Auto Safety Kit, please mention at the upcoming in person meeting or email me an order.

At this moment we have at least 9 vehicle kits and 15 Family First-aid kits for sale.



## FR302 Family First Aid Kit

[10] Adhesive junior bandages, [2] Fingertip adhesive bandages, [1] Adhesive tape, [1] Hand sanitizer wipes, [1] Tweezer, [1] Triangular bandage, [1] Instant cold compress, [2] Knuckle adhesive bandages, [5] Alcohol prep pads, [15] Adhesive bandages, [5] Antiseptic towelettes, [1] Scissor, [3] Gauze pads 2"x2", [3] Gauze pads 3"x3", [2] Povidone-iodine prep pads, [2] Adhesive patch bandages, [1] Trauma dressing, [1] Pair of examination gloves, [1] First aid instructions, [1] Nylon case

**Dimensions:** 6.5"(W) x 5"(H) x 2"(D) **Weight:** 0.65 lbs.



## FR301 Auto Safety Kit

[1] Poncho, [1] Flashlight with handle charger, [1] Seat belt cutter, [1] Thermal rescue blanket, [1] Nitrile dipped gloves (pair), [1] Plastic whistle, [1] SOS signaling flag, [1] Emergency tub candle, [1] Pack of matches, [1] Hand warmer 8HR (pair), [2] Antiseptic towelettes, [1] Povidone-iodine prep pad, [5] Adhesive bandages, [2] Knuckle adhesive bandages, [2] Fingertip adhesive bandages, [5] Adhesive junior strips, [2] Alcohol prep pads, [2] Hand cleansing wipes, [1] Nylon zipper case with velcro back

**Dimensions:** 7"(W) x 3"(H) x 6.5"(D) **Weight:** 0.85 lbs.