



# **CAPRI ECHO**

**February 9, 2026**

**Newsletter for the Rotary Club of Kelowna Capri**

**Website: <https://caprirotary.ca/>**

**President: Peter Spek  
Secretary: Carola Spek**

**Treasurer: Lockie Bracken  
Editor: Peter Spek**



Feb 16 - Regular Meeting

Feb 23 - Regular Meeting

Mar 2 - Regular Meeting

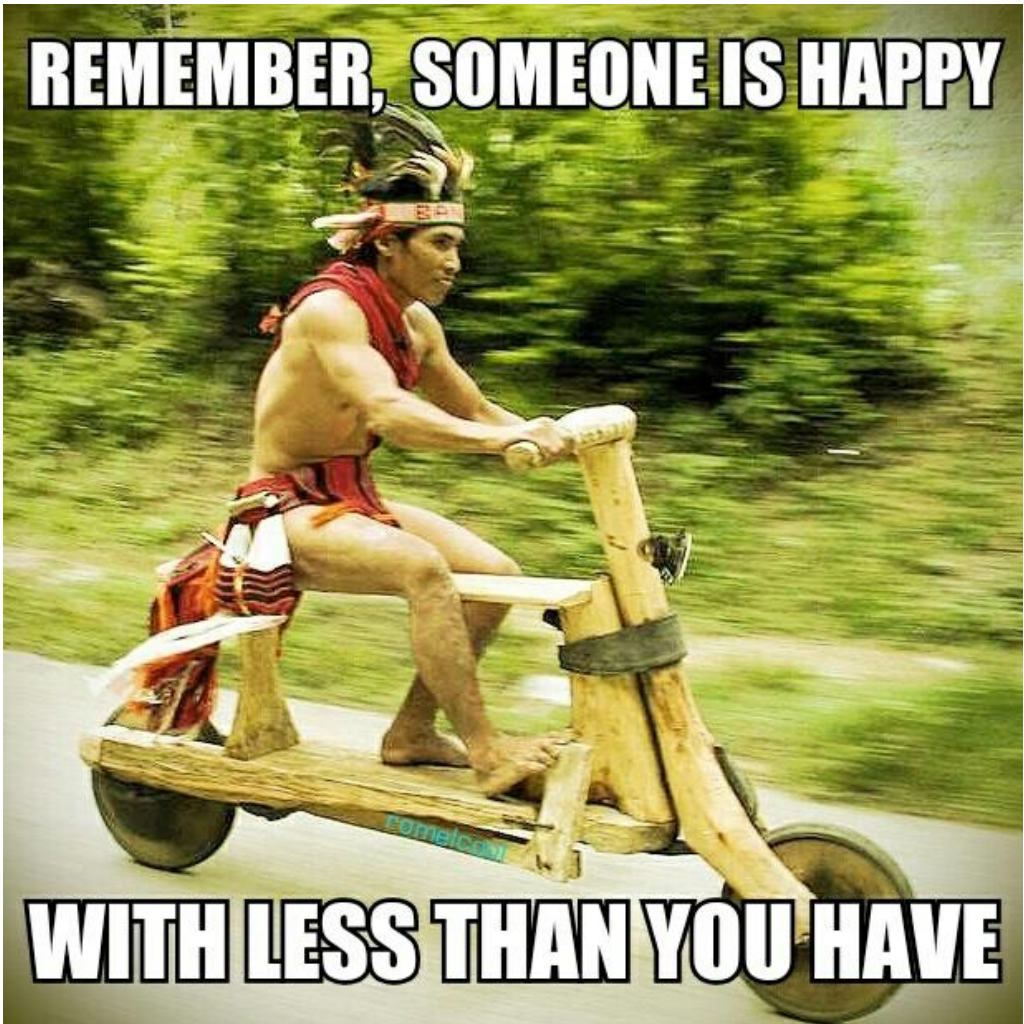
Mar 9 - Regular Meeting

Mar 16 - Regular Meeting

Mar 23 - Regular Meeting



**You're awesome!  
Thank you!**





The Sheriff this week was Peter Spek.

**Here are some fun facts and interesting tidbits related to February 9 with a Canadian twist, as of February 9, 2026:**

- ***Black History Month is in full swing across Canada every February. It's a time to celebrate the contributions and heritage of Black Canadians, with events, stories, and recognition happening nationwide. February 9 falls right in the middle of this important observance!***
- ***On February 9, 1978, Canada made headlines by expelling 11 Soviet diplomats and officials in a major Cold War-era spying scandal. It was a bold move showing Canada's stance on foreign interference.***
- ***In 1974, the song "The Americans (A Canadian's Opinion)" by Canadian broadcaster and personality Gordon Sinclair peaked at #24 on the charts. The patriotic (and cheeky) spoken-word piece defended the U.S. while highlighting Canadian pride—it's a classic slice of 1970s cross-border banter!***
- ***Famous Canadian-born folks who share this birthday include Stompin' Tom Connors (born February 9, 1936, in Saint John, New Brunswick). The legendary folk-country singer and cultural icon stomped his way into Canadian hearts with songs celebrating the country—he even insisted on only performing Canadian content!***
- ***Avan Jogia (born February 9, 1992, in Vancouver, BC) is a Canadian actor known for roles in shows like Victorious and films exploring diverse stories. He's a modern Canadian talent making waves internationally.***
- ***While not exactly on February 9, the third Monday in February is Family Day in several provinces (like Ontario, Alberta, BC, Saskatchewan, and New Brunswick—sometimes called Louis Riel Day in Manitoba or other names elsewhere). It's a mid-winter long weekend perfect for family time, hockey, or just escaping the cold indoors with Timbits!***
- ***Bonus quirky note: February 9 is National Pizza Day in many places (including fun observances in North America)—and what better way for Canadians to celebrate than with a classic pepperoni or Hawaiian slice while watching hockey?***

***February 9 might not have a massive standalone Canadian holiday, but it's packed with cool historical moments, cultural pride, and winter vibes!***



## Happy Sad

Art was happy that he was able to join us and mentioned that Glenna is slowly recovering.

Ron had sad dollars to share because one of his first client who joined him 33 years ago is passing away. The happy dollars because when Ron went to visit his client, he bought an amount of cookies to share with the KGH staff. Ron observed the staff at the Kelowna General Hospital were having a big smile when they were offered the donated cookies. Keep up the good work of the inspiring ripple of kindness!

## Business

Lockie provides us a Peace Builder update.

The Nelson Daybreak Rotary unveiled its 10ft peace pole project at Lakeside Park on Sept. 21 2025, the United Nations International Day of Peace.

The pole is located near the Lakeside Park ball fields.

The peace pole is an internationally recognized symbol of the hopes and dreams of the human family.





The mount of the peace pole including the Rotary Logo.

A closer look at the salmon print into the concrete.



**Rotary Day July 2026** – things look good for 2026 and in March we will work on the flyer and promotion of our club at the Rotary Day event.

Below a small selection of the stickers Ron donated to hand out at Rotary Day as part of our pollinator project.



HUMOUR



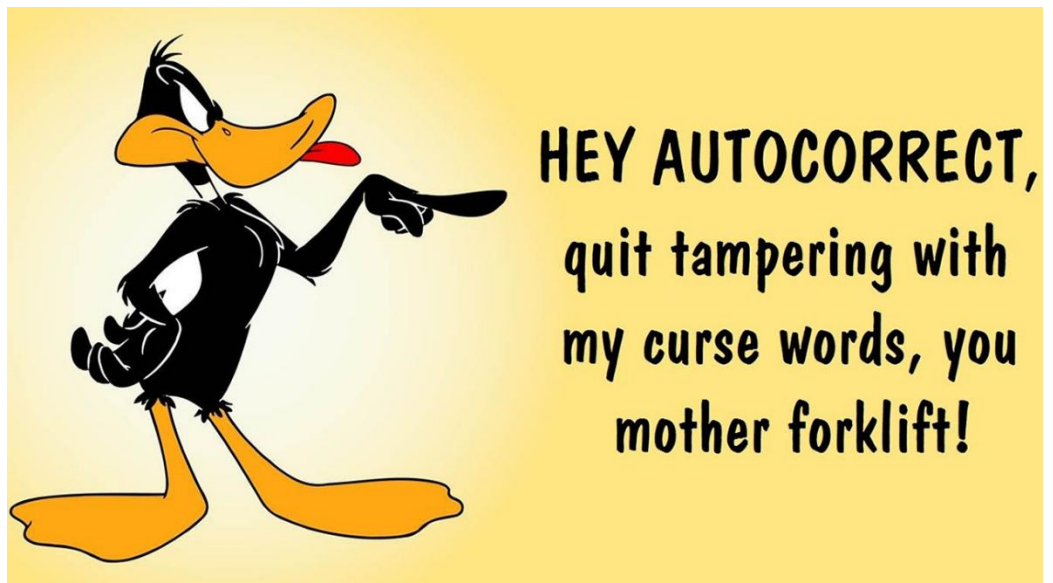
The secret of staying young is to live honestly, eat slowly, and lie about your age."

LUCILLE BALL



**NOT A RUNNER?**

**NOW YOU ARE**



**HEY AUTOCORRECT,  
quit tampering with  
my curse words, you  
mother forklift!**

# Safety Kit Fundraising

We still have some safety kits available for sale. If you or know someone who wants the Family First Aid Kit or the Auto Safety Kit, please mention at the upcoming in person meeting or email me an order.

At this moment we have at least 12 vehicle kits and 18 Family First-aid kits for sale.



## FR302 Family First Aid Kit

[10] Adhesive junior bandages, [2] Fingertip adhesive bandages, [1] Adhesive tape, [1] Hand sanitizer wipes, [1] Tweezer, [1] Triangular bandage, [1] Instant cold compress, [2] Knuckle adhesive bandages, [5] Alcohol prep pads, [15] Adhesive bandages, [5] Antiseptic towelettes, [1] Scissor, [3] Gauze pads 2"x2", [3] Gauze pads 3"x3", [2] Povidone-iodine prep pads, [2] Adhesive patch bandages, [1] Trauma dressing, [1] Pair of examination gloves, [1] First aid instructions, [1] Nylon case

**Dimensions:** 6.5"(W) x 5"(H) x 2"(D) **Weight:** 0.65 lbs.



## FR301 Auto Safety Kit

[1] Poncho, [1] Flashlight with handle charger, [1] Seat belt cutter, [1] Thermal rescue blanket, [1] Nitrile dipped gloves (pair), [1] Plastic whistle, [1] SOS signaling flag, [1] Emergency tub candle, [1] Pack of matches, [1] Hand warmer 8HR (pair), [2] Antiseptic towelettes, [1] Povidone-iodine prep pad, [5] Adhesive bandages, [2] Knuckle adhesive bandages, [2] Fingertip adhesive bandages, [5] Adhesive junior strips, [2] Alcohol prep pads, [2] Hand cleansing wipes, [1] Nylon zipper case with velcro back

**Dimensions:** 7"(W) x 3"(H) x 6.5"(D) **Weight:** 0.85 lbs.