

**Rotary**  
Club of Kelowna Capri



# CAPRI ECHO

**January 13, 2021**

**Newsletter for the Rotary Club of Kelowna Capri  
Edited by John Mullock**

**President  
Secretary**

**Ron Becker  
Carola Spek**

**President Elect  
Treasurer**

**Carola Spek  
Lockie Bracken**



- Jan 14 Dr. Greg Wallace; eyecare and the mustaches of Movember.
- Jan 21 Barb Penner (Sunshine Rotary); Honouring Indigenous Peoples and the role Rotary is playing
- Jan 28 Angela Stadnyk, Salvation Army Kettle Campaign
- Feb 4 Carli Gruber; former Outbound Rotary Exchange Student
- Feb 18 Pam Laing; Birds of the Okanagan

## ZOOM MEETING



We're back after a two-week layoff. Strange, we don't look any younger after our vacation. We had guests tonight: Brian Elliott, our guest speaker and his wife Karol (upper row; left side) and Mike Prechel who is a potential member (bottom row; right side).

Here is the link to our January 7, 2021 meeting

[www.dropbox.com/t/4orDPTDBQWU384QK](https://www.dropbox.com/t/4orDPTDBQWU384QK)

## SIGNS SIGNS EVERYWHERE THERE'S SIGNS



“

*"A Rotary club gives us an opportunity that no social, political, or specialized business club can do."*

**Glenn C. Mead**  
1912-13 Rotary President  
*The National Rotarian*, January 1912

”

**I might have a slight drinking problem...**

**My husband asked me to toast some bread for him.**

**I raised my wine glass and said, 'Here's to bread.'**



In regard to the Peace Pole itself, Jack reported that things are beginning to come together and look promising.

**Rotary Christmas Lights** – Nothing to report.



**East Kelowna Hall** – Bob reported that the plumbing problem still hasn't been resolved but we have until June to settle it.

## THIS WEEK'S MEETING



**Peace Action Group** – Carola was kind enough to send me a PDF of Rotary Voices which lists the ten top ways to be a peace builder in the new year. This document I have inserted, hopefully.

Thursday, January 14<sup>th</sup>.

Bob has taken over building the 305 cm (12-inch) tall Peace poles. These peace poles are for sale for a cash donation of \$20.00. Note that they are also available in white lettering.

Brief social 6:45 – 7 pm  
Meeting begins - 7 pm.

A ZOOM link will be sent out by Carola Spek.



## HUMOUR



# Rotary Voices

Stories of service from around the world

## Top 10 ways to be a peacebuilder in the new year

Posted on [December 28, 2020](#)



A peace mural in Ciudad Juárez, Chihuahua, Mexico. The mural is part of a project initiated in 2017 by Yesenia Uribe Rochel, of the Rotary and Rotaract Clubs of Juarez Emprende, which she helped to found in 2019. The project is designed to promote leadership, open minds, and develop resiliency in the community.

*By Fergal McCarthy, Peace Programs Manager*



any people use the end of one year to reflect on things they would like to accomplish in the coming year. What better resolution than to sow the seeds of peace in 2021?

# M

Peace underscores much of the work that Rotary members do in improving their communities around the world. Rotary's peacebuilding initiatives seek to create environments where lasting peace is possible. We do this by continually investing in sustainable and measurable peace programs throughout our communities and across the globe; by creating an extensive network of peacebuilders and community leaders dedicated to peace and conflict prevention; and by providing Rotarians with several avenues in which they can actively participate in peacebuilding processes within their communities.

We believe that if Rotarians and concerned citizens mobilize locally to create peace, change can happen globally. Here are 10 ways you can be an everyday peacebuilder. ([Check out an expanded list here](#)).

1. Enroll in the [Rotary Positive Peace Academy](#).
2. Read the [Positive Peace club presentation](#) and [facilitator's guide](#) and share the presentation with your club
3. Help [recruit and endorse worthy candidates](#) for the Rotary Peace Fellowship
4. Seek out any [Rotary Peace Fellows](#) who live or work in your district and invite them to collaborate on your club's next peacebuilding project – they can offer invaluable help on the planning and implementation of the peacebuilding project.
5. Check out the Rotary Peace Fellowship Alumni Association [website](#), where you can access the [Online Speaker Database](#) to find peace fellows globally who can give a virtual presentation to your club.
6. Encourage your district to become a [Global Peacebuilder District](#).
7. Start an [Inter-Country committee](#) (ICC) or a [Rotary Friendship Exchange](#) between your district and a district in another country, or create a [Rotary Fellowship](#).
8. Work with [young leaders](#) to promote global understanding and peace.
9. Engage with a local [Rotaract club](#) and implement a service project that fosters understanding within and across cultures.
10. Work with one of our peacebuilding partner organizations: [Mediators Beyond Borders International \(MBBI\)](#), [ShelterBox](#), the [Peace Corps](#), and [Ashoka](#).

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#### RATE THIS:

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4 Votes

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3 bloggers like this.

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& SNOWSHOE CLUB**

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at [lylehn@shaw.ca](mailto:lylehn@shaw.ca)



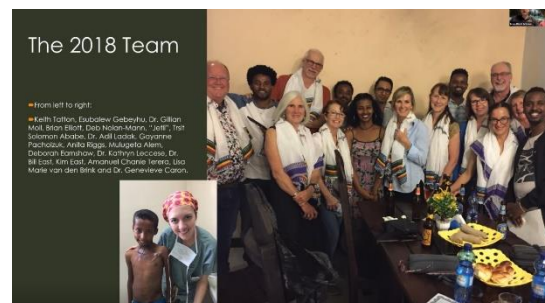
[Register HERE](#)

**I'm great at multitasking.  
I can listen,  
ignore and  
forget all at  
once.**

## GUEST SPEAKER

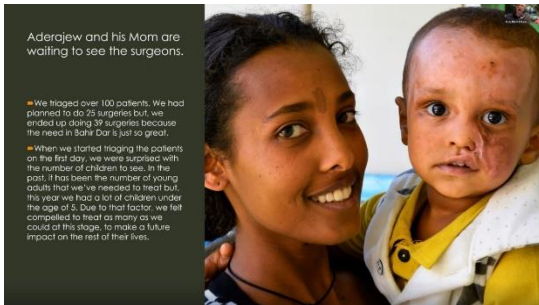


Our guest speaker, Brian Elliott gave us a presentation on Restor International. The entire talk is available on the ZOOM recording so here is just a quick summary of what was said.

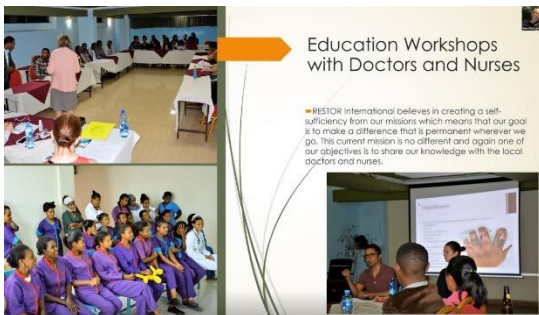


*The 2018 Team went to Bahir Dar, Ethiopia*





**Burn education for children**



**Workshops for doctors and nurses**



**Where and when will next team go out? That remains in the hands of Covid-19 and the spread of the vaccines**

## GALLERY



**Why are these coyotes fleeing from a single wolf? The black wolf is almost twice as big as the coyotes. The coyote has an average bite pressure of about 22 kg/cm<sup>2</sup> (320 lbs/in<sup>2</sup>). The wolf averages a bone crushing 105 kg/cm<sup>2</sup> (1500 lbs/in<sup>2</sup>). Finally, take in the posture of the wolf. The wolf's legs are rigid, the head is lowered with a fixed stare, the tail is straight down and the hair along the back is ridged. A highly aggressive stance. This is why the two coyotes have decided to leave town.**



**Young snow leopards**





*Tiger giving you a bemused look*



*No explanation required; your ancient instincts know what this look means.*

## ADVERTISING

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Phone: (250) 862-3959    110 - 565 Bernard Ave.  
Fax: (250) 862-8959    Kelowna, BC V1Y 8R4  
Email: ronbecker@telus.net

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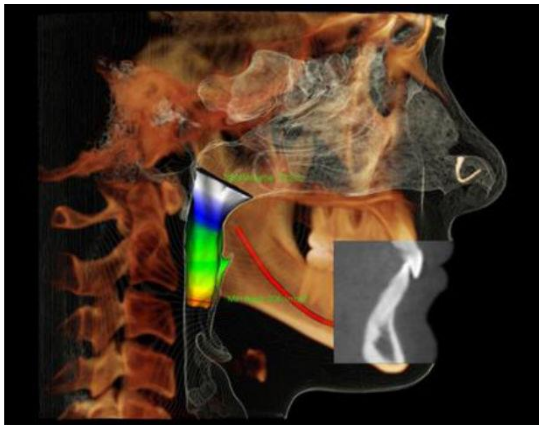
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