



THE WHIP

January 23, 2019

Newsletter for the Rotary Club of Kelowna Capri
Edited by John Mullock

President
Secretary

Peter Spek
Mike Flynn

President Elect
Treasurer

Theresa Fillion
Lockie Bracken



Jan 24	Meeting at Parkinson Seniors Center. There is NO EVENING MEETING
Jan 31	Canadian Blood Services
Feb 7	Business/Directors
Feb 14	Valentine's Day
Feb 21	TBA
Feb 28	TBA
Mar 2	Curling at Kelowna Curling Club
Mar 7	Brian Trust

RAMBLING



The Cape Scott trail is a journey through lush rainforest, sand dunes, stunning beaches and fascinating history in at the very Northwestern tip of Vancouver Island



Thinking of going for a hike?

The need to be prepared for adverse weather conditions in Cape Scott Provincial Park cannot be overemphasized.

A good tent with a waterproof fly is imperative. It is simply not possible to expect to sleep outdoors here without adequate cover. Clothing, sleeping bags and food should be kept in waterproof bags. A small primus-type stove should be carried for cooking purposes since suitable firewood is in short supply. Moleskin is a good preventative against blisters. Proper raingear is a must, as torrential rains can be expected at any time and may last for days on end. A basic first aid kit should be carried, and insect repellent is recommended.

MEETING OF JANUARY 17, 2019

VISITING ROTARIANS – none

GUESTS – none

ATTENDANCE – 76%



Sheriff Carola has been hanging around the hospital too much. Tonight she decided to quiz us on infections. So what did I get for my \$3? The types of infection are biological, chemical, physical and allergenic. The things that encourage infections to spread are:

FATTOM
(food/acid/temperature/time/oxygen/moisture)

And finally, our best defense against infections is to wash our hand frequently. I tend to think that staying away from the hospital isn't a bad option either.

**SIGNS SIGNS EVERYWHERE
THERE'S SIGNS**



**CONDOMS DON'T
GUARANTEE
SAFE SEX ANYMORE...
A FRIEND OF MINE WAS
WEARING ONE
WHEN HE WAS
SHOT BY THE WOMAN'S
HUSBAND.**



Curling Evening – Carola has arranged for a curling evening on Saturday, March 2nd at the Kelowna Curling Club. For those not as flexible as we used to be, push sticks will be available. Cost for the curling is \$18 with meal available at a cost of \$15. Please invite your spouses and friends to attend this fun night.



Parkinson Senior Centre – Carola has arranged for our club to tour the Parkinson Senior's Centre at 11:30 am Thursday, January 24th. They also offer a low-cost lunch to those attending. **There will not be a regular meeting that evening.**



Knights of Columbus Service Club Banquet – we have been invited to attend their 45th Annual Service Club Banquet on February 6th. If you want to go, talk to Brian as he goes every year and would enjoy some extra company.



Bowling Fundraiser – Carola has organized another evening of 5-pin bowling at the Capri Lanes on Saturday, June 1st. We plan to start at 5 pm, bowl one game, pause for dinner (same menu as last year) and then bowl a second game. Jack and Rusty will be organizing the prizes and any profits will be split between the Kelowna Women's Shelter and JoeAnna's House.

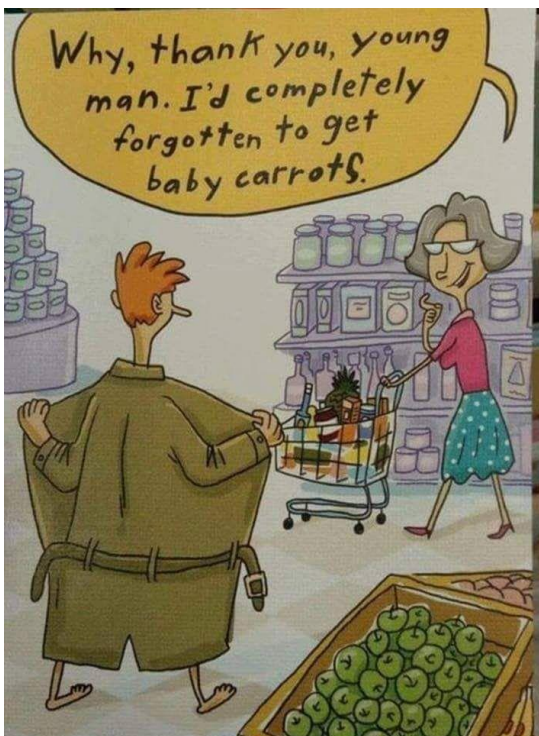


Registration is now open on the District 5060 website on Clubrunner.

<https://portal.clubrunner.ca/50005/sitepage/district-conference-2019>

HUMOUR

Department of highways budget cuts!!



Don't you just love it when translations go a little off track?

GUEST SPEAKER



Mark Daniel Maloney, of the Rotary Club of Decatur, Alabama is the selection for President of Rotary International 2019-20

Assistant Governor Art Gillan brought in a video of a speech that Mark Maloney made, possibly at the Rotary Convention. The speech focused on his thoughts about the future of Rotary and the changes we need to make. Changes such as a new strategic plan to:

- **Grow Rotary** – the need to develop new styles of clubs and a new membership model
- **Family** – engage our children and other community minded young people
- **Rotary's Historic and Enduring Relationship with the UN** – with this being the 75th Anniversary of the UN we need to emphasize our connection
- **Rotary** – we need to look at how we meet not only within ourselves but across the globe

The experience of Rotary is our connection of people. "Rotary Connects the World".

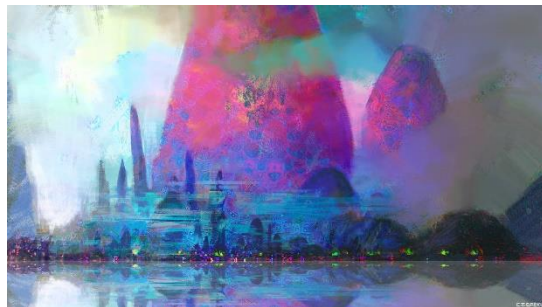
ART GALLERY



Harley Davidson Yarn Bombed by Vera LP Cauwenberghs (Belgium)



Frost Bite by Carley Olson (USA)



Misty Bay by Czepeku (Ukn)

ADVERTISING

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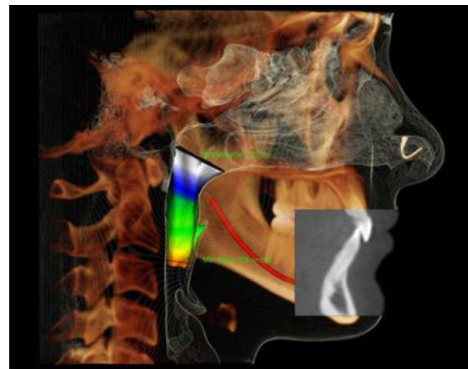
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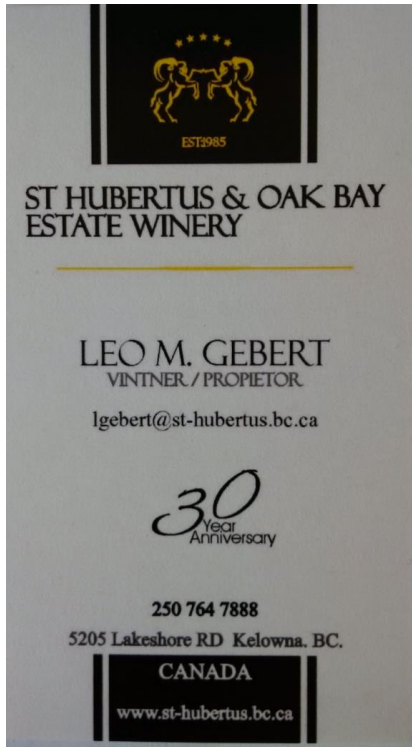
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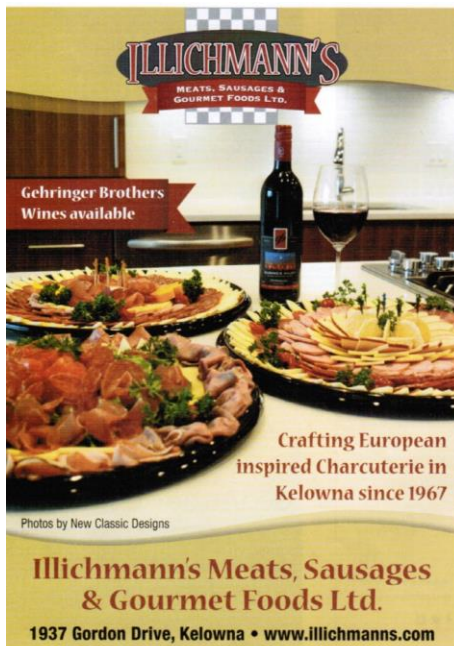
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ROTARY PROJECTS IN A BOTTLE NEWS

We are looking for:

- used wine bags. Christmas or otherwise.
- a Round or square mirror in good condition to display our bottles (not too big - one that will travel in our carry-on suitcase with our supplies)

EMAIL:

glenna@tristartravelandcruise.com

WE have sufficient decorations at present and bottles but please keep your bottles as at some point we are going to need them

Will be calling for volunteers for our first sale at KGH Wednesday Feb. 13

Sincerely,
Glenna Gillan