



CAPRI ECHO

July 20, 2022

Newsletter for the Rotary Club of Kelowna Capri

Edited by John Mullock

Our website: <https://caprirotary.ca/>

President Carola Spek
Vice President John Mullock

President Elect Carola Spek
Treasurer Lockie Bracken



- July 21 Bruce Falkins - Past DG and ADG
- July 28 David Kemp Director of the Rotary Club of Kelowna Foundation
- Aug 4 Moyra Baxter; Chairperson Central Okanagan Board of Education Trustee Zone II
- Aug 11 Craig Siemens and Karma Nieoczym; Creative Okanagan
- Aug 18 Jim Hawkins; Diamond Mining
- Aug 25 TBA

WEEK'S ZOOM MEETING

Recording of the meeting on July 14th.
Please note that you must use the provided password.

Meeting Recording:

https://us02web.zoom.us/rec/share/axjzy6D0bDRNcYF1B2iD97TwPMFb1WRzRK7V6EYHJMVHhDXTvPp4hAGoqQLS6M5.2I4XQ5zap_7GikWN?startTime=1657849640000

Access Passcode: **FsX@k83**



SIGNS SIGNS EVERYWHERE THERE'S SIGNS





The usual Sheriff was busy again tonight. Using a collection of miscellaneous but interesting facts he was able to strip the pockets of the members in attendance. Did you know that the expression “OMG” dates back to 1917 or that high heels were originally worn by men?



Foundation -

HOW DID THE ROTARY FOUNDATION GET STARTED?

The Rotary Foundation started by Rotary International in 1917 when Rotary International's sixth president, Arch C. Klumph, suggested an endowment fund for Rotary “to do good in the world.” It has grown from an initial contribution in 1917 of \$26.50 from the Rotary Club of Kansas City, Missouri, to more than \$4.4 billion dollars in total contributions. The Rotary Foundation made its first grant of \$500.00 to the International Society for Crippled Children in 1930, and to this day, it continues to “do good in the world” in the name of Rotary.



District Governor 2022-2023 –

District Governor Karl Ruether was born and raised in Germany then moved to North America in 1986. He now lives in Peshastin, WA with his wife Denise. The District Governor will be visiting our club August 11th. More information will follow later.

Other Activities -

Bottle Sale - at the Independ Store in the Capri mall September 17 and 18th. To be set up by Jack DeGruchy. Main theme will be Peace Day which is on September 21st. It was also suggested that the weekend before Halloween would be another opportunity to sell bottles.

Caribbean Night - a fundraiser for Rotarians, spouses, and friends. Possible date is October 22nd. The first stages of organizing are underway.

Socials - The board decided to start socials again on a different day than our regular Thursday meeting. Bob Lemon and Chris Bischoff will invite us first while Art and Glenna Gillan will organize a housewarming social. Both dates are still to be determined.

Guess Who is Coming for Dinner -needs to be set up with the Rotary Mission Club. Art Gillan volunteered to lead the steering committee.

Rotary District 5060 Websites –

New District Website

<https://rotary5060.org/>

Videos

<https://vimeo.com/rotary5060>

End Polio

<https://www.endpolio.org/resource-center>

THIS WEEK'S REGULAR MEETING



The club meeting begins Thursday, July 21th at 6:00 pm at Yanni's Grill.

Prior to the meeting we have social time beginning at 5.30 pm.

HUMOUR



When the week started off badly . . .

When it's been one heck of a week but it's only Tuesday



GUEST SPEAKER



The guest speaker this evening was Corinne Crockett who spoke on stress in today's society. In addition to working with new nurses at UBC, she is involved with the Mindfulness Program. She gave a summary of the effects of stress on people that is well beyond anything I could summarize. Please watch the ZOOM recording to get a sense of her dedication to this difficult topic.

Also check out

<https://www.cslkelowna.org/>

GALLERY

Maybe a touch too much photo editing?





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