



THE WHIP

June 20, 2018

Newsletter for the Rotary Club of Kelowna Capri
Edited by John Mullock

**President
Secretary**

**Peter Spek
Mike Flynn**

**President Elect
Treasurer**

**Vacant
Dan Nichvoldow**



June 21	Installation Night – Sunset Ranch; 5:30 for 6 pm.
June 28	TBA
June 30	End of the Rotary Year 2017-18
July 1	Beginning of Rotary Year 2018-19
Aug 16	Bocce Night at St Hubertus & Oak Bay Estate Winery
Sept 20	Fun night at 19 Greens Kelowna putting course.

RAMBLING



A walk in my memories. This picture is from my tour of duty on a weather station at Sachs Harbour, NWT.

The station was at 72 degrees North and so the staff of nine men experienced a period of Arctic night where the sun remained below the horizon. The sun set on November 15, 1969 around noon and rose again on January 26, 1970 at about 1 pm. It stayed in sight for about 90 minutes and on that day all the station staff stood outside in temperatures near -30° C and watched its journey through a layer of ice fog. I cannot express to you the emotions I felt to see the sun after more than two months of Arctic night. The length of sunshine lengthened rapidly so that we would be in 24-hour sunshine around May 8th. That brought on its own adjustments.

MEETING OF JUNE 14, 2018

I was away for this meeting and so the minutes were taken by Carola. Many thanks to her for filling in for me.

VISITING ROTARIANS – Lyle Isenor from The Rotary Club of Kelowna. He was the speaker for the evening.

GUESTS – none

ATTENDANCE – 77%



Sheriff Ron Becker filled in for me this evening and did his usual fine job, **He** told us some interesting fun facts about Wile E Coyote from Road Runner.

What was the Coyote's middle name? The E stands for Ethelbert.

How many cartoons featured Wile E Coyote?
48

What Studio is this from? Warner Brothers.

Who did the voices? Mel Blanc.

What company did the coyote buy his supplies from? Acme Corporation.

What famous guitar player did a song about the coyote? Mark Knopfer (cofounder Dire Straits) The album the Ragpicker's Dream include the song Coyote.

ROTARY THEME FOR 2018-2019



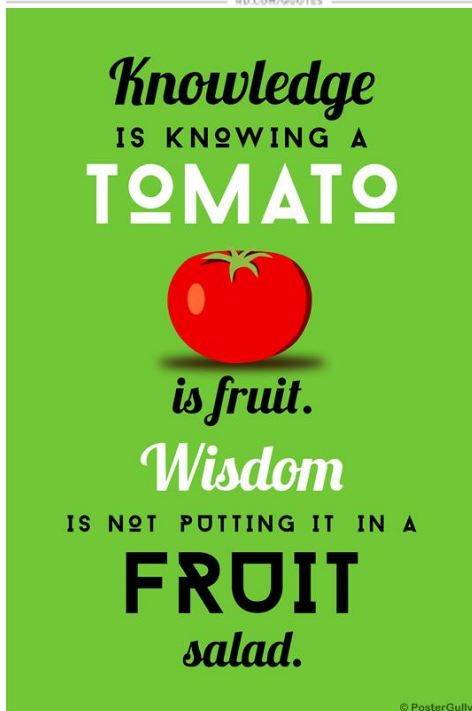
SIGNS SIGNS EVERYWHERE THERE'S SIGNS



**When a society has to
resort to the lavatory
for its humour, the
writing is on the wall.**

ALAN BENNETT

RD.COM/QUOTES



Nothing new since their newsletter.

Installation - the Installation Event is scheduled for Thursday, June 21st at Sunset Ranch in the new Fairway Room on the lower floor. Brian will place signs to follow. Like last year, Club members are free but guests will cost \$40 per person. Time is 5:30 for 6 pm start. The installation program has been inserted for your information,

Trail App – work continues by the executive to understand our obligations and costs with the ale trail.

Rotary Convention in Toronto -

For the first time, Rotary International will livestream inspiring general sessions and key breakout sessions from the 2018 convention. You can watch them live or whenever you have time for up to three months after the convention ends.

Livestreaming is available in English or Portuguese for \$150.

For more information and registration follow the link

<http://www.riconvention.org/en/toronto/livestream-convention>

Officers

Outgoing Officers (2017-2018)

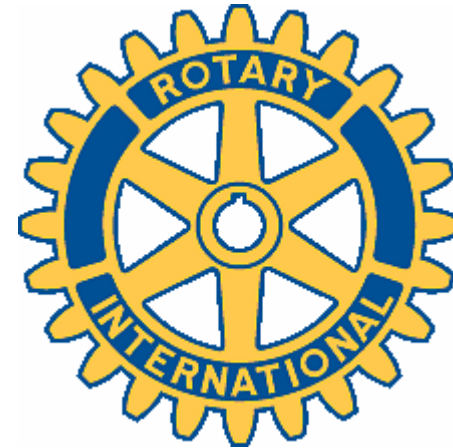
President – Peter Spek
Past President – Peter Spek
Secretary – Mike Flynn
Treasurer – Dan Nichvoldow
Director – Lockie Bracken
Director – Karol Elliott
Director – Carola Spek
Director – John Mullock

Incoming Officers (2018-2019)

President – Peter Spek
Past President – Peter Spek
President Elect – Theresa Fillion
Secretary – Mike Flynn
Treasurer – Lockie Bracken
Director – Karol Elliott
Director – Carola Spek
Director – John Mullock

The Rotary Club of Kelowna Capri

Chartered February 22, 1968



51st Annual Installation of Officers

*Sunset Ranch Golf and Country Club
Thursday, June 21, 2018*

Program

Commencing at 6:00 p.m.

Master of Ceremonies

Brian Street

O Canada

Brian Street

Invocation

Karol Elliott

Toasts

"The Queen"

"The Office of the President of the United States"

"Rotary International"

"Partners"

Bob Lemon

Dinner Buffet

Special Presentations

Perfect Attendance Awards

Richard White

Rotarian of the Year

Adolf Illichmann

Paul Harris Fellowship Awards

Lockie Bracken

Program

Remarks from Outgoing President

Peter Spek

Installation of Officers 2018-2019

Past District Governor Adolf Illichmann

Remarks from Incoming President

Peter Spek

Closing Remarks

Brian Street



BE THE INSPIRATION

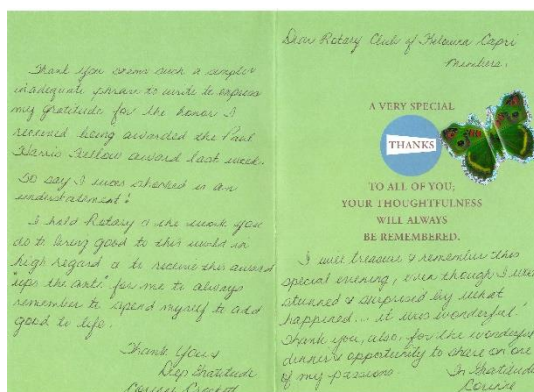
JoeAnna's House

Better together.

We have a new information bulletin which I will insert for your reading delight.

If you wish to donate individually then make the cheque payable to **Kelowna General Hospital** with **JoeAnna's House – Capri Rotary** written on the memo line. That way our club receives credit towards our commitment.

Card from Corinne Crockett - We received a thank you card from Corinne to thank us for giving her the Paul Harrison Fellow Award.



Friends of Rotary 'Christmas in a Bottle' Fundraiser –



Excellent selection of lighted bottles
Photo by Glenna Gillan

Each "Christmas in a Bottle" sells for \$20 and includes: a string of lights and switch in a wine bottle, an AA battery, a Christmas decoration that can be taken off when it's not Christmas, a wine gift bag, and a pamphlet explaining the Rotary Club of Kelowna Capri sponsorship of the annual Cottonwoods Christmas Party.

June 14th, Glenna and Elaine sold \$180.00 worth of Bottles at KGH.

We are not selling Christmas in a bottle at Rib fest.

THE CASE TO BUILD JOEANNA'S HOUSE

Since 1908, Kelowna General Hospital has been a pillar in this community. Today, it is a centre of health care excellence, serving as the referral hospital for close to 750,000 residents in BC's southern interior. It is the common belief that all patients requiring specialized care are travelling to Vancouver, Calgary or Victoria. But that is usually not the case.

From emergency trauma and cases requiring air ambulance, to high-risk pregnancy

and neonatal intensive care, to open-heart surgery in the new hybrid operating room - patients from all over the province are travelling to KGH for specialized care.

At any given time, one in four hospital beds is occupied by someone from outside the Central Okanagan. And all too often, visits are unplanned and increasingly lengthy. Accommodation for parents and siblings is expensive and, in popular summer months, nearly impossible to find.

KGH has relied on social workers and community organizations to ensure patients and their families access to safe and affordable accommodations. But it's time for a better solution.

Patients heal faster when they are surrounded by their loved ones. That's why the KGH Foundation is raising \$8 million to build JoeAnna's House, a home away from home, keeping families together when they need it most.

KGH By The Numbers

400

Total number of hospital beds

25%

Overnight cases from outside the Central Okanagan

743,501

Population of KGH referral region

WHAT IS JOEANNA'S HOUSE?

Families from across BC are travelling to Kelowna General Hospital, the largest referral hospital in the southern interior. Due to Kelowna's rapid growth, accommodation is expensive, and for many months of the year, very hard to find.

JoeAnna's House will provide a much-needed resting place, designed as a home away from home, for families travelling for care. Its future location is on the KGH campus, at the corner of Abbott St. and Royal

Ave. There will be 20 rooms, serving up to 20 families at a time.

Construction is slated to begin in the fall of 2018 and complete by the fall of 2019. But none of it is possible without the help of our giving community.

We are a community that cares for one another. A community that can, and does, accomplish big things when we work together. Help us build JoeAnna's House.



BETTER TOGETHER: A FAMILY'S STRUGGLE

Charlotte Palmer was born early. At just 29 weeks, she weighed only 2.6 lbs, and has been in and out of the hospital ever since. At the age of one, Charlotte was diagnosed with MIRAGE syndrome, which is an extraordinarily rare condition; it is believed Charlotte is the only surviving child in Canada with MIRAGE right now.

Due to the complexity of Charlotte's health, time at home as a family of four is rare and mom, Christina Palmer, who is on leave from her job as an RCMP officer, regularly transports Charlotte to either Vancouver (BC Children's Hospital) or Kelowna (KGH) for treatment.

The Palmer family resides in Penticton, BC, and while a trip to Kelowna may seem ideal (compared to Vancouver), Charlotte's dad, Rob, tells a different story.

"When Charlotte stays in Vancouver, we are almost always accommodated at the Ronald McDonald House," says Rob. "Christina can stay right there, able to respond quickly if she's needed, and my son and I can visit on weekends. While KGH is a closer hospital, we are not able to stay on-

site, so are often rushing there in an emergency, which can happen at any time of the day or night. The highways are not always in great condition, and when your child's health is at risk, driving back and forth can be harrowing."

Christina echoes Rob's sentiments.

"Keeping families together is critical, especially when you have a little one that's sick," she says. "The stress of being away from your home is one thing, and then the

stress of having a sick child is another. So when you put them both together, it's really overwhelming."

The KGH Foundation has committed to raising \$8 million to build JoeAnna's House, a home away from home that will keep families together when they need it most. A home that will provide a place to rest and relax within steps of their loved ones' bedside. A place to be in community with others who are navigating a similar, difficult path.



Christina & Charlotte Palmer
Penticton, BC



Patients heal faster when loved ones are near. That's why the KGH Foundation is raising \$8 million to build JoeAnna's House, a home away from home, keeping families together when they need it most. Help us build JoeAnna's House.

JOEANNA'S HOUSE: BEHIND THE NAME

Josef (Joe) and Anna Huber settled their family in the Okanagan in the 1960s. They developed hotels and resorts and provided great benefit to the local economies.



Joe and Anna Huber

Joe and Anna were ultimately known for their legacy of kindness and giving. They had always taught of the importance of giving back and of the unparalleled value of a loving home. Their four children wished to honour their parents' legacy by building a home away from home for families when they need it most.

With their giving spirit in mind, and to demonstrate kindness and caring for oth-

ers, the Huber family is proud to honour Joe and Anna's legacy by partnering with the KGH Foundation to build JoeAnna's House.



JoeAnna's House

Better together.

New Banner – Assistant Governor Art presented the 2018-19 banner to our club.



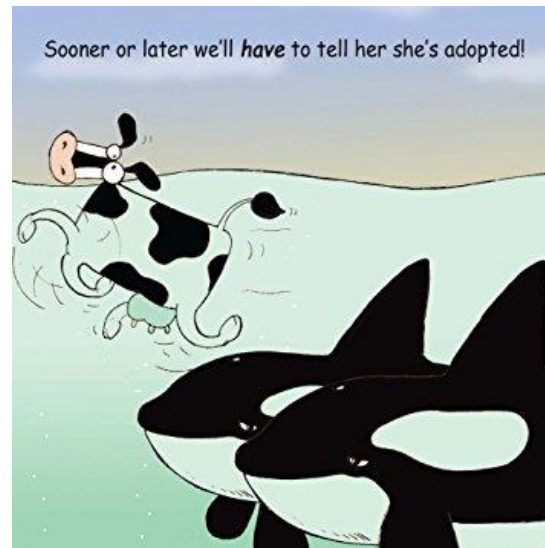
*AG Art presents banner to President Peter
Photo by Leo*



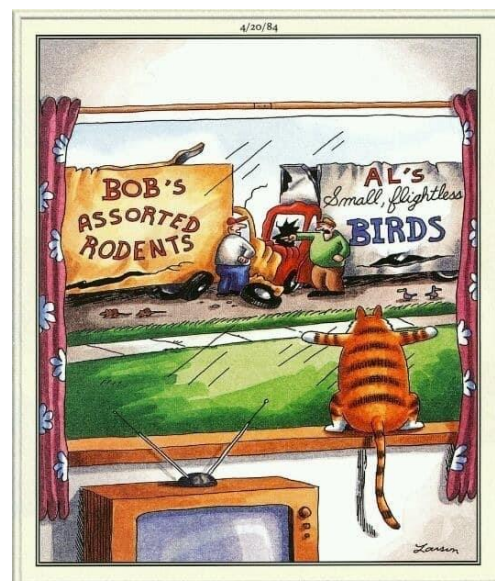
*Art explains the meaning of the banner to the club
Photo by Leo*

Central Okanagan Bursary Scholarship Society (COBBS) – our annual COBBS bursary will be presented to a deserving student on June 22nd at 6 pm at Trinity Baptist. I believe that Carola will be making the presentation on behalf of our club but she has invited other club members to accompany her.

HUMOUR



When your body is perfectly in tune with Nature!



GUEST SPEAKER



Lyle Isenor from Rotary Club of Kelowna talked about their newest fundraising event:

The Rotary Fox Hunt "A community scavenger hunt supporting local causes". It's a 90-minute technology-fueled adventure game - fun for friends, families and coworkers!

September 22 – 12:00 - 3:00 at Stuart Park on Water Street – by the big bear. Registration for each player is \$55 (plus registration fee and tax); you will receive a \$40 tax receipt for your donation to JoeAnna's House and Hands in Service.

So, get together a team of 4 – 10 players. Pick a team name, then register online using this link:

<https://www.eventbrite.ca/e/the-rotary-fox-hunt-tickets-46421532052>

We need a Foxhunt coordinator to get minimal one group together.

Contact Renee from Fox Hunt with any questions or difficulties with registration at (778) 538-1103

Contact Sandy Ketler with any other questions, and for information about sponsorship opportunities, prize and swag donations at ketlers@shaw.ca

Lyle also mentioned that he would like to see that the Rotary clubs in our district work more together. In an interclub committee with one member of each club to discuss what all the clubs are doing.

Jack raised a fair point that Rotary clubs ask for assistance when a project is already set up. He would like them to ask us to assist in

the whole process and can share ideas and feedback. Working together with the other clubs benefits networking opportunities, build friendship with other Rotarians and we can provide more service to the community.



Jack chatting with Lyle Isenor



*Jack presents Lyle Isenor with our speaker's gift pen
Photos by Peter*

The Rotary Fox Hunt

“A community scavenger hunt supporting local causes”

What is it?

A technology-fueled adventure game, combining the best of scavenger hunt missions and amazing race style challenges. More information on the game - <http://foxhunt.ca/>

Why do it?

The Rotary Fox Hunt is a fun event for families, friends and office teams; to test their problem solving skills and team work while working against the clock and other teams. It is a fundraiser for JoeAnna's House and Hands in Service, Kelowna based charities that deserve our support. The event is organized by the Rotary Club of Kelowna.

Your event registration of \$55 (plus registration fee and GST) per person, gives you a \$40 tax receipt for your donation to these causes.

When is it?

September 22, 2018 - Game day information, support and registration – 12 noon.

The Rotary Fox Hunt – 90 minute challenge - will start at 1pm sharp.

Where is it?

The Rotary Fox Hunt starts and ends at Stewart Park on Water Street (near the Bear). It will include locations within a 6 block radius of the Park.

How to register?

Get a team together of 4 – 10 people. Pick a team name, and plan to have fun! Register each member of your team using this link -

<https://www.eventbrite.ca/e/the-rotary-fox-hunt-tickets-46421532052>

Registration is open for 100 participants, up until the event start time. Contact Renee with any difficulties with registration at (778) 538 1103

Who can do it?

Everyone can participate, build your family team or an office team, individual players can be added to a team, couples, families, people looking for corporate team building. It is fun for people of all ages!!



HANDS IN SERVICE

— LOVE · GIVES · BACK —

"Lean on me, when you're not strong. I'll be your friend; I'll help you carry on..." Every individual deserves to be treated with dignity and respect. Every person has needs that require assistance. Everyone wants to have connection with someone who cares. We **Value individuals. Meet needs. Build Relationships.**

Our 2015 Civic Volunteer Organization of the Year provides more than 12,000 volunteer hours utilizing 500 volunteers to support 1,100 adult community members at a cost of only \$10/service hour. Clients find themselves, for whatever reason, without finance, social support, mobility or health and perhaps without physical or mental capacity to cope with daily living; and often without hope. What if that was you? What if you were once fully engaged in life and now you are alone, often in pain, trying to access enough food and manage household cleaning to maintain your home without additional physical harm or emotional distress?

Hands in Service:

- Provides free, compassionate and relational non-medical home care to 19 – 64 years of age; with referral and food security assistance to all limited by health, mobility, finances and social connection.
- Builds community through volunteerism, community partnership and multiplication.

For our clients, there is nowhere else to go for the help Hands in Service provides.

- **Energetic Hands** – a service of four hours a month as an ongoing assignment with specific volunteer (s), maintaining basic housekeeping, laundry and/or simple food preparation to an assigned client.
- **Youth Action Teams** - Combine 100 Social Justice 12 students and Hands in Service adult team mentors with client services to get training and practical application of theory with real life problems. And you double the capacity to provide bi weekly in home service, meal preparation and delivery!
- **Blitz** - a service of several hours of major cleaning by a team of volunteers providing relief from overwhelming housekeeping to establish a base line from which regular cleaning can be maintained.
- **Food hamper** delivery for Central Okanagan Community Food Bank clients
- **Living Salads** – the concept of community gardens provided with 15" indoor/outdoor full of renewable greens and tomatoes for harvest during the growing season.
- **Resource Line** –help clients find resources such as help to move, legal aid, affordable cleaning services, tenancy issues, optional food resources, visitation, emotional support, medical supports and other community services.

On the horizon:

Mobile dental hygiene clinic – providing door to door support for low income clients with health and mobility limitations. Clients will have the opportunity to have certified dental hygienists provide them with care critical to their oral and overall health in a mobile unit designed to accommodate their mobility challenges. This is a huge venture for Hands in Service and we have raised \$70,000.00 toward the purchase of this medically equipped vehicle which new is approximately \$250,000.00.

For information visit us at www.handsinservice.ca & www.facebook.com/HandsInService or 250.861.5465

Videos at www.youtube.com/watch?v=dVsaNdctZwQ, www.youtube.com/watch?v=kj7K59Hym0 and www.youtube.com/watch?v=F-QHkOvh5c&feature=youtu.be



ART GALLERY



Fly in the Sunrise by Andrea Stoko
(Germany)



Dance in the Wind by Raivis Draka (Latvia)



Ominous Storm by Gene Raz von Edlern
(Germany) - photo manipulation of lightning
storm over New York

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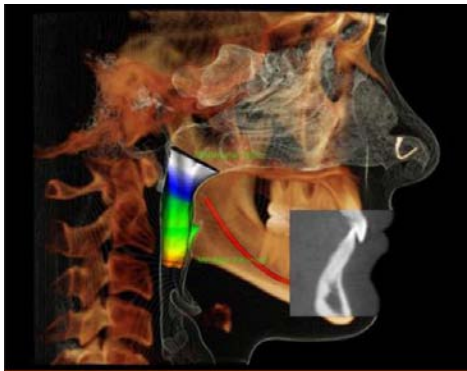
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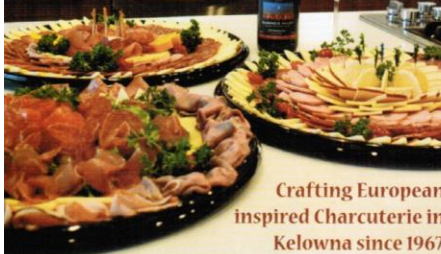
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