



CAPRI ECHO

June 29, 2026

Newsletter for the Rotary Club of Kelowna Capri
Website: <https://caprirotary.ca/>

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Jul 6 - Regular Meeting

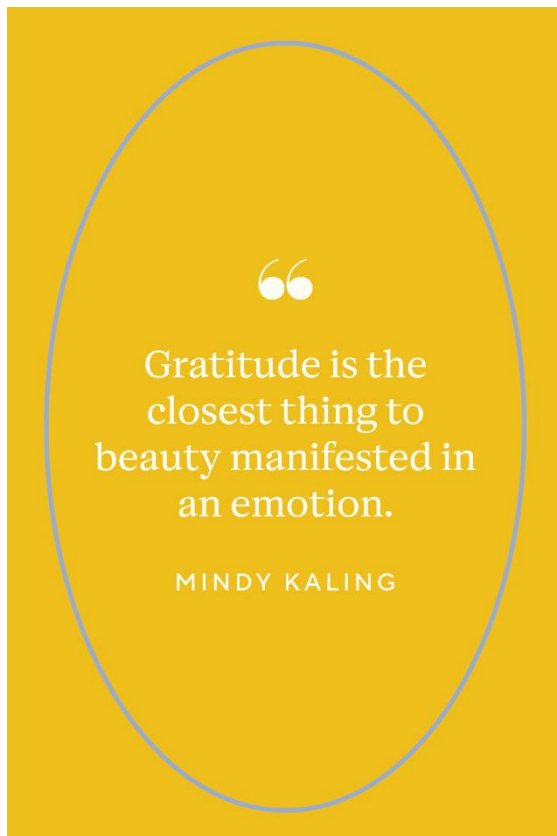
Jul 13 - Regular Meeting

Jul 20 - Regular Meeting

Jul 27 - Regular Meeting

Aug 3 - Regular Meeting

Aug 10 - Regular Meeting





The Sheriff this week was Peter Spek.

June 29 in Canada is a chill but fun day, especially in Newfoundland and Labrador where it's Discovery Day (also called the June Holiday). This marks the anniversary of John Cabot's 1497 arrival, with local parades, barbecues, picnics, storytelling, historical events, outdoor concerts, and fireworks.

It's not a full statutory holiday everywhere, but it's a regional day off in places like Newfoundland and Labrador, with community vibes similar to Canada Day prep (which is July 1).

Other fun observances on June 29

- ***National Camera Day — Perfect for snapping pics of Canadian landscapes or awkward moose encounters.***
- ***Hug Holiday / Hug Day — Embrace the Canadian politeness stereotype (extra awkward if it's a stranger in Toronto).***
- ***International Mud Day — Get messy outdoors, which fits summer adventures up north.***

Funny Canadian things to enjoy on June 29

Canadian humor often leans self-deprecating, polite, and tied to weather, food, animals, and stereotypes. Here are some classics:

- ***Classic dad jokes:***
 - ***How do you get 50 Canadians out of a swimming pool? Say "Please get out of the swimming pool."***
 - ***What do you call a sophisticated American? A Canadian.***
 - ***Name Canada's two seasons: Winter and July.***
- ***Poutine & food humor: Canadians love poutine (fries, gravy, cheese curds). Jokes often poke at how it's the ultimate comfort food in any weather.***
- ***Wildlife & weather memes: Expect jokes about moose, geese, or wearing shorts with a parka. "If you've worn shorts and a parka at the same time, you may live in Canada."***
- ***Politeness & stereotypes: Endless material on saying "sorry" too much, hockey fights breaking out randomly, or milk in bags.***
- ***Canada Day-adjacent fun (since celebrations often spill over): Parades, red-and-white everything, giant cakes, fireworks, and backyard BBQs. Some troll friends with fake traditions like flipping burgers with hockey sticks.***

For more laughs, search "Meanwhile in Canada" memes—plenty of relatable chaos involving snow in June (sometimes), Tim Hortons runs, or overly polite chaos.

If you're in Newfoundland, check local events for parades or regattas. Elsewhere, snap some photos (Camera Day!), hug a friend (Hug Day), or just enjoy the summer vibes with poutine and bad Canadian dad jokes. Eh? 🍁



Happy Sad

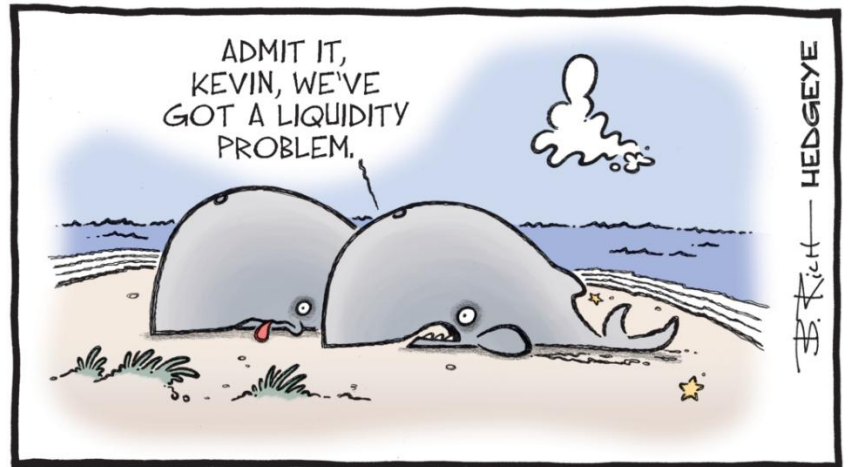
No happy sad this time.

Business

Sunday, we had our stand at the city park to promote our club at Rotary Day. The event was well attended and a good promotion of what we do as a club and Rotary for the community.



HUMOUR



**“Of course you have problems!
You’re a math teacher.”**

Safety Kit Fundraising

We still have some safety kits available for sale. If you or know someone who wants the Family First Aid Kit or the Auto Safety Kit, please mention at the upcoming in person meeting or email me an order.

At this moment we have at least 12 vehicle kits and 18 Family First-aid kits for sale.



FR302 Family First Aid Kit

[10] Adhesive junior bandages, [2] Fingertip adhesive bandages, [1] Adhesive tape, [1] Hand sanitizer wipes, [1] Tweezer, [1] Triangular bandage, [1] Instant cold compress, [2] Knuckle adhesive bandages, [5] Alcohol prep pads, [15] Adhesive bandages, [5] Antiseptic towelettes, [1] Scissor, [3] Gauze pads 2"x2", [3] Gauze pads 3"x3", [2] Povidone-Iodine prep pads, [2] Adhesive patch bandages, [1] Trauma dressing, [1] Pair of examination gloves, [1] First aid instructions, [1] Nylon case

Dimensions: 6.5"(W) x 5"(H) x 2"(D) **Weight:** 0.65 lbs.



FR301 Auto Safety Kit

[1] Poncho, [1] Flashlight with handle charger, [1] Seat belt cutter, [1] Thermal rescue blanket, [1] Nitrile dipped gloves (pair), [1] Plastic whistle, [1] SOS signaling flag, [1] Emergency tub candle, [1] Pack of matches, [1] Hand warmer 8HR (pair), [2] Antiseptic towelettes, [1] Povidone-Iodine prep pad, [5] Adhesive bandages, [2] Knuckle adhesive bandages, [2] Fingertip adhesive bandages, [5] Adhesive junior strips, [2] Alcohol prep pads, [2] Hand cleansing wipes, [1] Nylon zipper case with velcro back

Dimensions: 7"(W) x 3"(H) x 6.5"(D) **Weight:** 0.85 lbs.