



# **THE WHIP**

**June 6, 2018**

**Newsletter for the Rotary Club of Kelowna Capri  
Edited by John Mullock**

**President  
Secretary**

**Peter Spek  
Mike Flynn**

**President Elect  
Treasurer**

**Vacant  
Dan Nichvoldow**



|         |  |
|---------|--|
| June 7  | Business & Directors meeting                         |
| June 14 | Lyle Isenor – Foxtrot                                |
| June 21 | Installation Night – Sunset<br>Ranch; 5:30 for 6 pm. |
| June 28 | TBA  |

## RAMBLING

As I put this newsletter together today is the 74<sup>th</sup> Anniversary of D-Day

On the morning of June 6, 1944, Allied forces staged an enormous assault on German positions on the beaches of Normandy, France. The invasion is often known by the famous nickname “D-Day,” yet few people know the origin of the term or what, if anything, the “D” stood for.

“D-Day” was an Army designation used to indicate the start date for specific field operations. In this case, the “D” in D-Day doesn’t stand for anything—it’s merely an alliterative placeholder used to designate a particular day on the calendar. This shorthand helped prevent actual mission dates from falling into enemy hands, but it also proved handy when the start date for an attack was still undecided. These terms allowed units to coordinate their operations ahead of time even when they didn’t know their actual start dates.



*D-Day beaches*



*Canadian troops landing*



*Canadian medics help a wounded soldier*



*Beny-Sur-Mer Canadian Cemetery*



Picture: AFP/Getty | Graphic: Nural Choudhury

## MEETING OF MAY 31, 2018

**VISITING ROTARIANS** – none

**GUESTS** – Corinne and Tom Crockett,  
Derek Hinchcliffe, Amanda Pope,  
Drs. Ken and Deb Gordon, Irene  
Spek, Irene Kowalchuk, Bev  
Bracken, Shelley McGee, Judy  
Custance and Glenna Gillan

**ATTENDANCE** – 91%



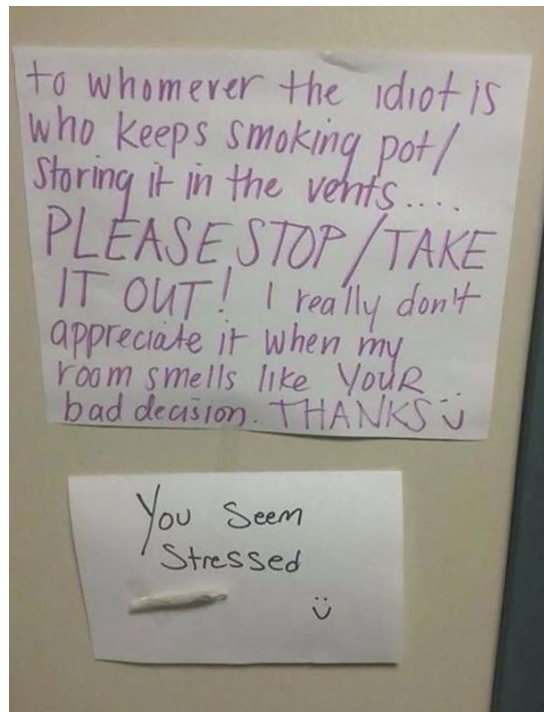
The sheriff this evening was Karol. Karol's topic tonight was Father's Day and she choose a mix of easy questions to make us feel confident and a few hard ones to empty our pockets. Questions like what was the family name in the show *Father Knows Best*? (Anderson); on his first day of school which Prime Minister of Canada sent his son off with a handshake? (Stephen Harper) and what was the family name of a father and two sons who played in the National Hockey League? (Howe).

## ROTARY THEME FOR 2018-2019



## SIGNS SIGNS EVERYWHERE THERE'S SIGNS

And the award for best begging sign goes to:







**Rotaract Bottle Drive** – Leo was at the meeting this evening and as part of his duties was “voluntold” to pick up our bottle donations for Rotaract. They picked the right person as he did well.



*Brian adding his bottles  
Picture by Leo*

**Installation** – the Installation Event is scheduled for Thursday, June 21<sup>st</sup> at Sunset Ranch. Like last year, Club members are free but guests will cost \$40 per person. Time is 5:30 for 6 pm start.

**Award From Rotary Foundation** – our club has received a certificate of appreciation from the Rotary Foundation recognizing us for our support of End Polio Now.



**Trail App** – the executive will be meeting after this meeting to discuss the contract.

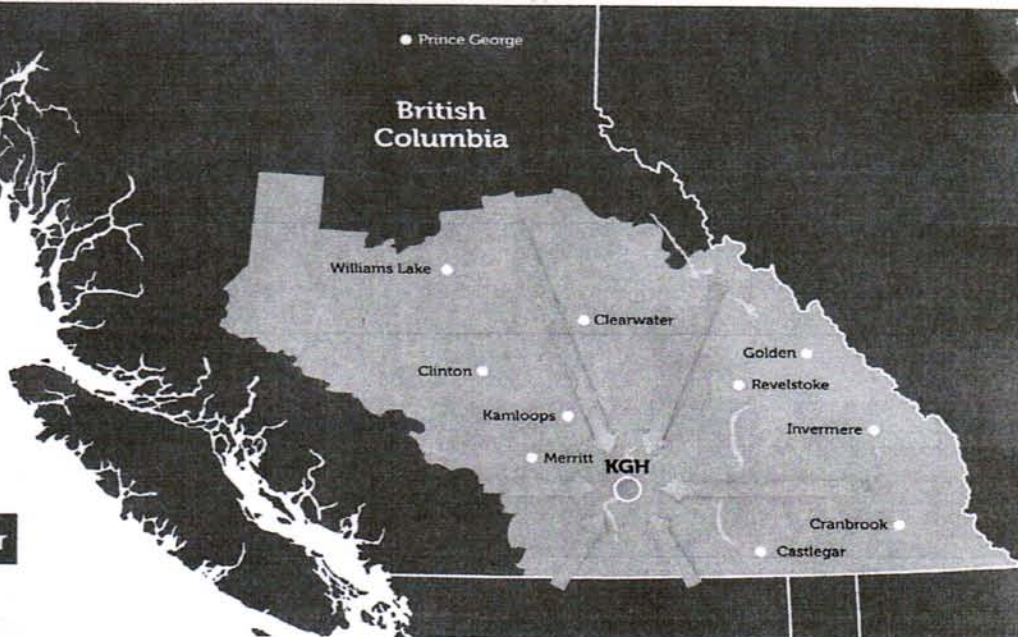
**JoeAnna's House**  
Better together.

Several Rotary clubs have already submitted letters of commitment to the project.

It's pretty obvious that this project will be of benefit to people coming from outside of Kelowna. To give you an idea of how many people come to KGH from other communities I have inserted a fact sheet for you to look over.



1 in 4 beds at KGH is occupied by a patient travelling for care.



| City            | Averages Cases / Year |
|-----------------|-----------------------|
| 100 Mile House  | 78                    |
| Cranbrook       | 118                   |
| Creston         | 107                   |
| Fernie/Sparwood | 39                    |
| Golden          | 35                    |
| Grand Forks     | 163                   |
| Kamloops        | 361                   |
| Kimberley       | 50                    |
| Merritt         | 134                   |
| Nakusp          | 87                    |
| Nelson          | 218                   |
| Penticton       | 418                   |
| Princeton       | 52                    |
| Revelstoke      | 79                    |
| Salmon Arm      | 282                   |
| Vernon          | 640                   |
| Williams Lake   | 144                   |

| Average length of stay    |         |
|---------------------------|---------|
| Rehabilitation            | 34 days |
| Child & Youth Psychiatric | 19 days |
| Neonatal Intensive Care   | 17 days |
| Cardiovascular Surgery    | 11 days |
| Pediatric                 | 10 days |

## BETTER TOGETHER

Every year, thousands of families from across the interior of British Columbia must travel from their homes in order for a loved one to receive life-saving specialist care at Kelowna General Hospital.

At any given time, one in four hospital beds is occupied by someone from outside the Central Okanagan - more than 100 people each day.

All too often, visits are unplanned and increasingly lengthy.

On average, newborns, children and youth spend 10 - 19 nights at KGH.

Accommodation for parents and siblings is expensive and, in popular summer months, nearly impossible to find.

Research shows that patients heal faster and more effectively when surrounded by their loved ones. And family members bond with others through a shared experience.

Together with the community, KGH Foundation has committed to raising \$8 million to build JoeAnna's House, a home away from home to keep families together when they need it most, within steps of the loved ones' bedside.

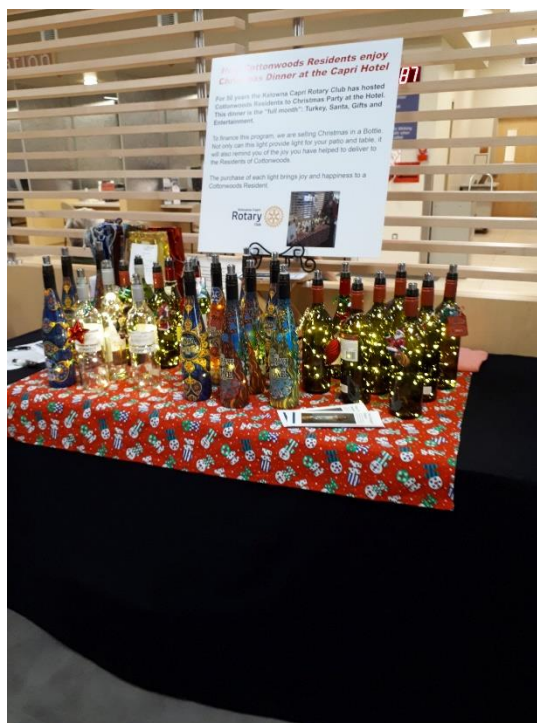


If you wish to donate individually then make the cheque payable to **Kelowna General Hospital with JoeAnna's House – Capri Rotary** written on the memo line. That way our club receives credit towards our commitment.

### **Friends of Rotary 'Christmas in a Bottle' Fundraiser –**



*John and Brian manning the KGH table. Sales were excellent that day.*



*Excellent selection of lighted bottles  
All photos by Glenna*

Each "Christmas in a Bottle" sells for \$20 and includes: a string of lights and switch in a wine bottle, an AA battery, a Christmas decoration that can be taken off when it's not Christmas, a wine gift bag, and a pamphlet explaining the Rotary Club of Kelowna Capri sponsorship of the annual Cottonwoods Christmas Party.



**Bernese Fundraiser** – Here's a note from Leo on how things went at the fundraiser.  
(editor: I took the liberty of rewriting parts of it for clarity)

*“Thanks for your support. The group raised approximately \$ 3000. The event attended by about 30 Bernese Mountain dogs and their respective owners but an additional 150 hot dogs. The hot dogs were provided by Grimm’s Meats and barbecued by Gordon from Nesters Market. All was washed down by countless bottles of St. Hubertus Wine and Pacific Brewery Beer. In addition, more than 30 items were purchased in a silent auction. Everything was donated by the above-mentioned suppliers.”*



*Dogs and owners off to work up an appetite*



*Why are the mountain dogs panting?*



*A group shot. I suspect it was like herding cats to get them all in place*



*Silent auction tables*

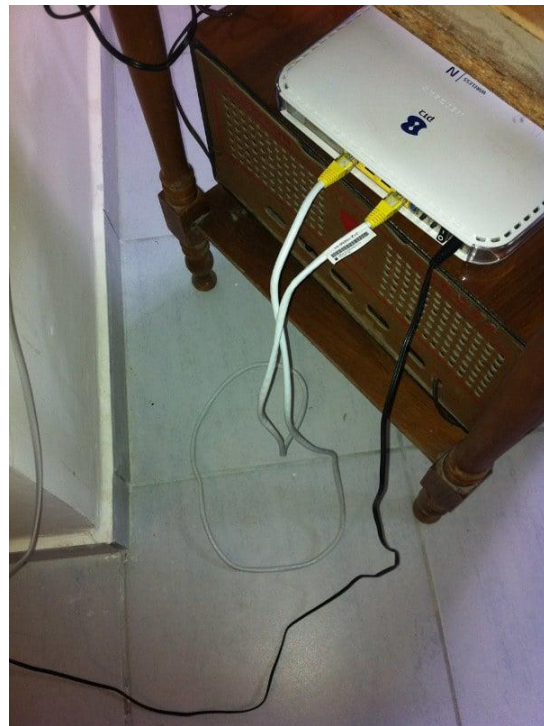


*Whining and dining...*

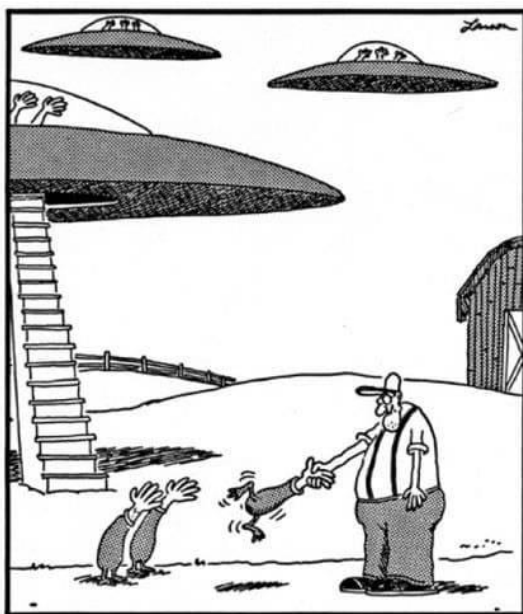
All pictures by Leo.



## HUMOUR



*Time to call IT support*



Inadvertently, Roy dooms the entire earth to annihilation when, in an attempt to be friendly, he seizes their leader by the head and shakes vigorously.

## GUEST SPEAKER



*Corinne Crockett*

*photo by Leo*





*Corinne talking to club photo by Peter*

Corinne Crockett's topic tonight was "Good Grief". That is human grief is shrouded in mystery and misunderstanding. There was a time when people were expected to bury their grief but now society is getting more curious about how we process grief. Corinne summed it up nicely when she said, "Grief is love's twin."

Like love, we experience grief physically, mentally and emotionally. Physically grief brings on tears, fatigue, insomnia and indigestion. Mentally we experience forgetfulness, reduction in comprehension, disassociation, indecisiveness and a fear that we are losing our mind. Emotionally we suffer from fear, anxiety, anger, and guilt which often brings on a discord in the family and a sense of isolation.

Corinne's solutions are not revolutionary. We need to forgive awkward moments and comments, take care of ourselves physically, accept that grief can return out of the blue, avoid major decisions, let people know how they can help. Finally she suggests in holding some form of ceremony despite the wishes of the deceased. This process is really for the survivors and helps them to move on. Remember they also grief.

The club wasn't finished with Corinne after presenting her with the speaker's pen. She no sooner sat down when Ron called her back to the podium. Here Bob and he presented her with a **Paul Harris Fellowship** for her work in helping people get through their darkest hours.



*Bob tells Corinne Crockett about the avenues of service in Rotary as Ron stands by photo by John*



*Corinne Crockett receives her Paul Harris ribbon photo by John*



*The club members line up to congratulate Corinne photo by John*

## ART GALLERY

Time to feature an artist I just discovered.  
He's into ship... I'm into ships... what could  
be more perfect?

His name is Eliott Cha'coco and he lives in  
France. If you like his work check out his site  
at <https://eliott-chacoco.deviantart.com/>

You can buy his artwork at  
<https://www.redbubble.com/fr/people/eliottchacoco?ref=account-nav-dropdown&asc=u>



**Britannic at Night** – H.M.H.S Britannic in  
1916. Sister ship to the Titanic, she served as  
a hospital ship in WW I



**The Great Eastern** - the S.S Great Eastern  
in 1858. It was the biggest ship of its time



**The Maiden Voyage** – H.M.S.Titanic

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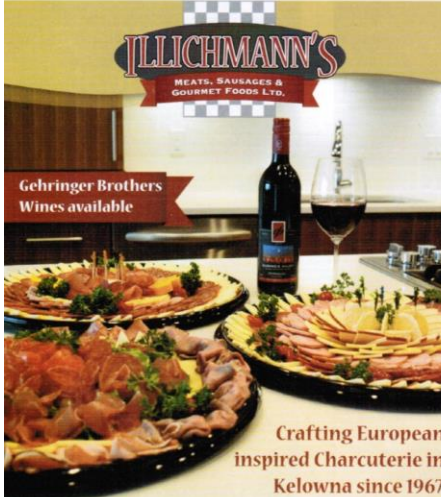


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