



# CAPRI ECHO

October 13, 2021

Newsletter for the Rotary Club of Kelowna Capri  
Edited by John Mullock  
Our Website: <https://caprirotary.ca/>

**President** Carola Spek  
**Vice President** John Mullock

**President Elect** Carola Spek (2<sup>nd</sup> yr)  
**Treasurer** Lockie Bracken



Oct 14 Emma Persad; Global Grant  
Oct 21 Captain Liz Campbell; CC-177

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Oct 24 – Monet Meet Merlot Fundraiser  
Oct 28 Chris Bischoff; Lessons learned  
from teaching

Nov 4 Jace Anderson; Tourism Medicine  
Nov 11 Remembrance Day – cancelled?

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Nov 18 TBA  
Nov 25 Cottonwoods Christmas Party - Likely cancelled

## LAST WEEK'S ZOOM MEETING



[www.dropbox.com/t/ncvpSXWe8Z449i8x](http://www.dropbox.com/t/ncvpSXWe8Z449i8x)

## SIGNS SIGNS EVERYWHERE THERE'S SIGNS



We have enough "youth".  
How about a fountain of  
"smart"?



We are born naked, wet and  
hungry.  
Then things get worse.



Here are a couple of examples of what Jack sent me about knowing your world. Once again, while these statistics were compiled in 2004, I have little faith they have changed that much.



os szín: Banánexport  
k szín: Kávéexport  
rga szín: Kokainexport  
Columbia – Red is exportation of bananas; blue is exportation of coffee and yellow is exportation of cocaine



Burkina Faso - a landlocked country in West Africa. Red is children dying before the age of one, green is children dying before the age of three and yellow is children reaching adult age.



### Munson Pond Tree Plant -

Saturday, October 23<sup>rd</sup> - Rotary clubs are being involved in planting trees at the west end of Munson Pond. We have been given 40 Birch trees and they need to be planted this Fall.

The City of Kelowna will dig the holes and we would then take the trees out of their pots, add some soil enhancement to the hole and plant the tree. We anticipate that we should have about 25 volunteers to do this and the job should take about 3 hours.

**Meeting Space** – Negotiations have been undergoing with Yanni's Grill which is located in Mission Creek Golf Club to meet in their facilities.



A trial meeting is going to be held on Oct 28<sup>th</sup> where we will have a social get together in the bar at 5:30 pm, a fish and chips dinner at 6 pm and a meeting at 7 pm. Cost will be \$25 per person. For those not wishing to attend efforts are being made to arrange a zoom connection to the meeting.

**Monet Meets Merlot, Sunday October 24<sup>th</sup>** – An invitation package has been sent out to all members inviting them to attend the Monet Meet Merlot Fundraiser.

2 pm - 5 pm  
\$25 per person  
(Includes paint kit, drink, and snack)  
Location to be determined

Invite Friends and Companions!

**Rotary District 5060 Websites –**

<https://portal.clubrunner.ca/50005>

<https://vimeo.com/rotary5060>

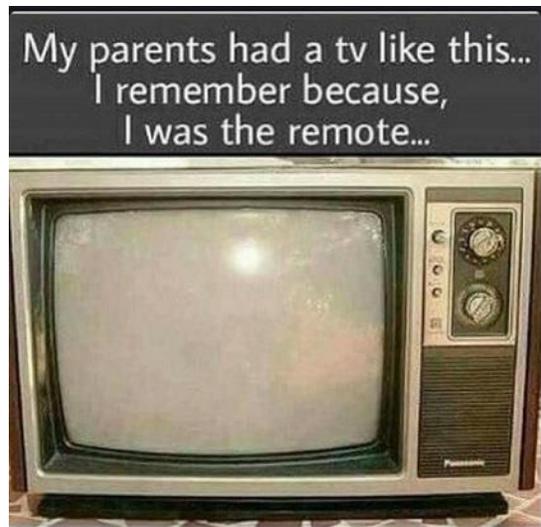
## THIS WEEK'S REGULAR MEETING

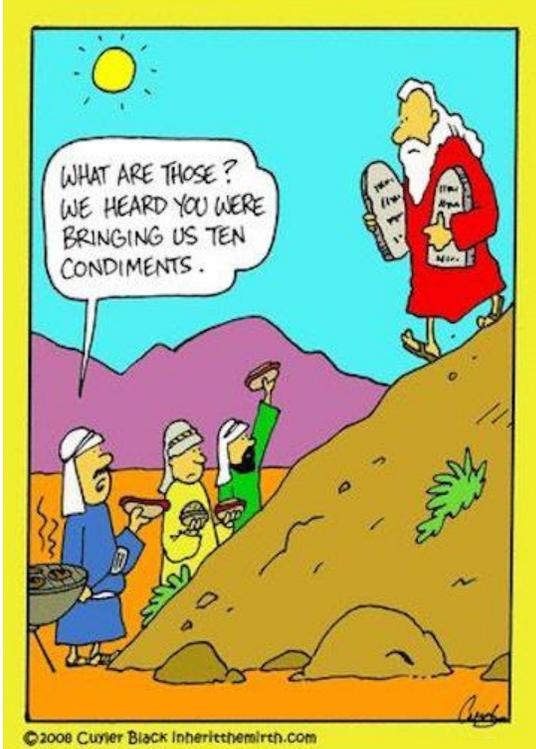


Thursday, October 14, 2021 at 7 pm.

As in the previous year, there will be a social period from 6:45 to 7 pm.

## HUMOUR





## GUEST SPEAKER



Our guest at our last meeting was Curtis Langford who is Interior Health's Food Services Support Manager. Curtis gave an interesting talk on how Interior Health reorganized itself to provide meal service to its facilities. This included building menus that patients could select what they wanted to eat as well as emergency menus for local production in case of problems such as loss of power. Of interest to me was the requirement to use as much local food as possible (about 30% at present) and to promote BC companies to grow what they could supply through contracting.

These meals must meet the food guide requirements and thus reduces the use of supplements. The net effect was to provide a greater variety to those ordering meals while driving down costs to about \$8.00 per person per day. The fact that they have been asked to provide entrees to non-Interior Health facilities such as senior complexes speak volumes about their success.

You need to watch the ZOOM video to get the full story of the changers they made.

When your Dad helps you dress up for Halloween :)



## GALLERY

Our guest photographer today is a Spanish photographer Carlos who lives on the Canary Islands. I actually suspect he lives on La Palma but could not confirm this. The only website I could find for him was on Deviant Art where he goes by the name 'Solrac1993'.

[www.deviantart.com/search?q=solrac1993](http://www.deviantart.com/search?q=solrac1993)



*The Alhambra at Night III*



*The Rosetta Stone*



*Roque de los Muchachos - This photo was taken at the highest point on the island of La Palma in the Canary Islands, Spain*

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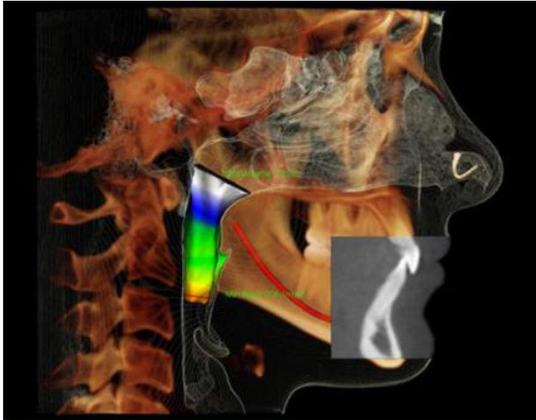
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