



# CAPRI ECHO

**October 3, 2024**

Newsletter for the Rotary Club of Kelowna Capri

Our website: <https://caprirotary.ca/>

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**Carola Spek**  
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**Peter Spek**  
**Carola Spek**



All meetings occur Monday evenings at Moxies Restaurant unless otherwise noted.  
We gather for a social period from 5 – 5:30 pm with dinner and the meeting to follow.

**Monday, Oct 14<sup>th</sup> – Thanksgiving Day - meeting has been cancelled.**

## SIGNS SIGNS EVERYWHERE THERE'S SIGNS



The sheriff found these little gems about living in Canada...

If you've worn shorts and a parka at the same time,  
You may live in Canada.

If 'Vacation' means going anywhere south of Kelowna for the weekend,  
You may live in Canada.

If you measure distance in hours,  
You may live in Canada.

If you have switched from 'heat' to 'A/C' In the same day and back again,  
You may live in Canada.





**Polio Month** – October with Oct. 24<sup>th</sup> being World Polio Day.

**Guess Who's Coming for Dinner – Nov 9<sup>th</sup>** - \$20 per guest plus a bottle of wine. Peter Spek is still setting up his spreadsheet to determine who is going where and with what.

**Ukraine Project Dinner, Nov 16<sup>th</sup>** - tickets \$60 each. We are also seeking a limited number of auction items to raise additional funds.

**District Pre-PETS – Nov 16<sup>th</sup>** – done by Zoom call.

**District Governor Visit** – Monday, Dec 2<sup>nd</sup>.

**Christmas Party** – Monday, Dec 16<sup>th</sup> at Moxies.

## HUMOUR

When you forget to drink your morning coffee



Baby Boomers will get this 🤔😄  
Too Funny!!





## GUEST SPEAKER

The guest speaker this meeting was Amanda Crockett who spoke on **Nurse Practitioners in a Remote Practices**. Amanda's sister, Jennifer was also scheduled to speak but was too ill to attend.



*Amanda Crockett Photo by Peter Spek*

Amanda has worked with Jennifer, who is also a Nurse Practitioner, in Rock Creek, BC since 2005. While they have diverse backgrounds it is by using their complement of skills, that they can provide medical services to over one thousand square miles. It was an interesting presentation and Amanda made it clear that the challenges of income, resource availability, transportation needs and complex medical needs remain ever present.



*Ron Becker has his own presentation to make to Amanda Photo by Peter Spek*

Amanda Crockett was presented with a Paul Harris Fellowship for her humanitarian service. A second Paul Harris was also given to her to pass along to Jennifer Crockett.



*Amanda receives Paul Harris Fellowship from Ron Becker Photo by Peter Spek*

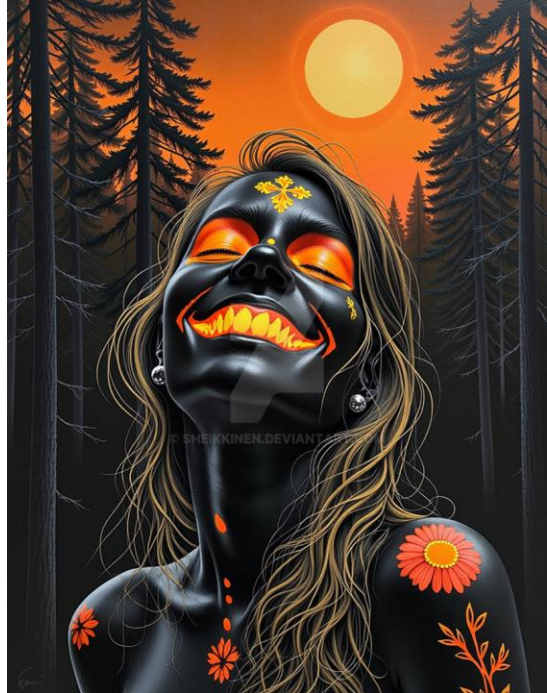
## GALLERY



**Where the Wind Can Sing** by Ryder68 (Norway) – a very Canadian feeling to this picture. I'd like to see one of where the wind can howl.



**Mask** by Miketoned (UK)



**Spooktober Radiance** by Samis Heikkinen (Finland) – the Halloween pictures have begun to show up.



**Beyond** by Zalmunna (Romani). Why does this look like Alberta and does it foreshadow anything?