



KELOWNA SUNRISE ROTARY ORIENTATION GUIDE



Last Updated: October 2018



KELOWNA SUNRISE ROTARY FAQs

What	How	When
Steps to Rotary life.		
Sunrise Rotary Application Form	<ul style="list-style-type: none"> ▪ Click Here for link to application on ClubRunner 	ASAP – Your application gets the process started
Criminal Record Review	<ul style="list-style-type: none"> • Rotarians must have a criminal record review conducted as you may: <ul style="list-style-type: none"> ○ Have unsupervised access to children or vulnerable adults during your employment, occupation or education ○ Are licensed by or receiving funding from the provincial government • For an explanation of the criminal record check process visit: https://www2.gov.bc.ca/gov/content/safety/crime-prevention/criminal-record-check • Please visit the following website to complete a criminal record check application: https://justice.gov.bc.ca/eCRC/home.htm Quote: FC6AC85GSQ • Just a side bar to this process. If you are asked to contact tot local RCMP office for fingerprinting, there is likely another file of an individual who shares your birthday. Please do not take this as a personal affront. It is part of their due diligence to ensure you are the person we believe you to be. 	ASAP – as this can take up to a month
4 visits to Sunrise Rotary	<ul style="list-style-type: none"> ▪ Our application process is a two-way street. We want to get to know you and you to get to know us. ▪ Your first visit to Sunrise is “on us”. Come – enjoy a complimentary breakfast to meet as many members as possible ▪ Within four or more visits, you will have a sense of our membership and activities ▪ the cost of breakfasts after the first, will be your responsibility. ▪ Please join in any “extra-curricular activities” in this period; please bring a guest. Rotary welcomes those around you to get to know us too. 	As you can join us
Coffee	<ul style="list-style-type: none"> ▪ We will get together casually so you can ask any questions 	Once the process is



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	you might have about Sunrise Rotary and Rotary in general	well underway
Induction to Sunrise Rotary	<ul style="list-style-type: none"> ▪ We have an Induction to welcome every new member to Sunrise Rotary. ▪ We ask you to invite your spouse/partner and children to join in ▪ We will also include your sponsor 	
Weekly meetings	<ul style="list-style-type: none"> ▪ Where and When <ul style="list-style-type: none"> ○ Kelowna Golf and Country Club at Spall and Bernard ○ 1297 Glenmore Road, Kelowna, BC V1Y 4P4 ○ Friday mornings (exceptions will be announced) ○ 7:00 a.m. – 8:30 a.m. – best to arrive 6:45 a.m. ▪ Breakfasts <ul style="list-style-type: none"> ○ \$16 per week for buffet breakfast, payable in cash, cheque; \$17 if using credit card ○ You can also buy a 13-visit punch card for \$216 ○ A \$5 option which only covers coffee, tea and water (nothing else i.e. juice, pastries, etc.). ▪ Guests <ul style="list-style-type: none"> ○ Are <u>always</u> welcome at the aforementioned prices ○ Those who are visiting for the first time, as potential members, breakfast is compliments of the Club. ▪ Parking <ul style="list-style-type: none"> ○ Our designated parking area is the last 3 rows of the KCCC parking lot from the Glenmore Road side up to the first banner, coming from the entrance. 	
Annual Dues	<ul style="list-style-type: none"> • For 2017/2018-year, membership fees are \$200 <ul style="list-style-type: none"> ○ plus \$10 for EREY (Every Rotarian Every Year – Foundation Contribution) ○ The only new member charge is \$25.00 for badge ○ plus \$100 for two dinner tickets (or \$50 for one) for the annual President Installation Dinner in June ○ Everyone must purchase at least one dinner ticket. • If joining during the year, the proration is <u>only</u> on the membership fee plus the charges mentioned above • We also offer a family and a corporate membership which affords you an additional saving. Please ask if you think you will qualify. 	July 1
Benefits of Membership	<ul style="list-style-type: none"> • We make a difference in the lives of others (locally and internationally) • You can develop skills that can easily be applied to your career, such as public speaking, project management, and event planning 	




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	<ul style="list-style-type: none"> You can develop Leadership skills and personal growth through training, volunteering and serving in Rotary positions You can network with other professionals Build lifelong friendships Make international connections and become a Global Citizen Rotary Global Rewards programs offers discounts and offers from companies: https://my.rotary.org/en/member-center/rotary-global-rewards/offers#/offers We have fun! More at: http://www.directory-online.com/Rotary/Accounts/6670/Downloads/0/Membership/Trilogy%20Training%202014/20-Benefits-of-Membership.pdf 	
Mentors	<ul style="list-style-type: none"> Each new member will be assigned a Mentor to help navigate Rotary You should feel free to ask your Mentor anything you would like to know. If you learn information that is not in this Orientation Guide or have ways to improve this document, please tell the Membership Director. 	
Meeting Duties	<ul style="list-style-type: none"> Each member will be expected to periodically work the Front Desk, welcome everyone to our meeting, or to introduce or thank the Speaker <ul style="list-style-type: none"> If you can't make it, please find a replacement. Show up at 6:30 AM to setup Front desk shifts are 2-weeks back-to-back stints up to two times per year. 	Usually 1-2 times/year
Attendance	<ul style="list-style-type: none"> Attendance is very important in Rotary, as is any service club membership. Minimum 50% attendance is expected. We develop friendships and learn what the club is doing through attending meetings which is why we ask for this commitment Make-ups? See below 	
Makeups	<ul style="list-style-type: none"> Earned when you attend a Rotary function, volunteer event outside our regular meetings, or attend another club's meeting whether in or out of the country. Report your makeup to the front desk on the make-up form, when you check-in 	



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	<ul style="list-style-type: none"> Make-ups are credited within 14 days of a missed meeting 	
Roster	<ul style="list-style-type: none"> The Central Okanagan Rotary Club Roster booklet may be purchased as available from Sunrise Club Secretary A simpler option is the on-line download from your app provider called CLUBRUNNER  <p>On Google Play and Apple iTunes Store</p> <ul style="list-style-type: none"> You can search by club to find members and their contact information 	Annual
Weekly Newsletter and Website	<ul style="list-style-type: none"> Newsletter automatically sent once you are registered as new member www.kelownasunriserotary.org Club site www.rotary.org all things Rotary https://portal.clubrunner.ca/50005 District 5060 website/newsletter 	Weekly
Meetings	<ul style="list-style-type: none"> Guest speakers are featured at most meetings The last Friday meeting each month is a business meeting when/where Club matters are discussed, and votes held as required 	Weekly throughout the year
Guest speakers	<ul style="list-style-type: none"> If know someone for the Club to hear from, connect with the Program Director <ul style="list-style-type: none"> Speakers are booked months in advance 	
Classification Talks	<ul style="list-style-type: none"> A classification talk is a way of introducing members. A typical presentation will talk about your work experience (vocation), and personal tidbits such as the family, hobbies, experiences. Preparation material can be found: http://www.rotaryroom711.org/portfolio/how-to-prepare-a-rotary-classification-talk-presentation/ Our club gives you 15 minutes, but if you want it to be shorter let the program person know. 	
Sheriff	<ul style="list-style-type: none"> The Sheriff will fine one loonie to “notorious” members as s/he sees fit. A light-hearted way to raise funds to be used towards club social functions and to supplement administration costs. 	weekly



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Happy and Sad's	<ul style="list-style-type: none"> • Speak about "happy or sad" events such as special recognition, acknowledgement of good deeds, wedding, births, or illness or death • You typically donate a loonie (or even table stakes) as you tell your Happy or Sad story 	
Wine Draw And Table Stakes	<ul style="list-style-type: none"> • When you arrive at Friday's meeting, there is a frying pan of tickets at the desk. Just take one. • At your table, you put your name on the back of the ticket with \$1 donation and put in a pot • The winning ticket will be drawn for a bottle of wine. • The person who has the number closest to the one announced wins the "table stakes" 	Weekly
Installation Dinner	<ul style="list-style-type: none"> • Sunrise Rotary has a banquet for members and guest at year end with a dinner to induct the incoming executive • Many awards are also presented • This is a part of your annual dues. 	
Club Executive and Board	<ul style="list-style-type: none"> • Discuss the club issues, membership, functions, projects, etc. • Any member is welcome to visit and observe, or present • Contact the President to make arrangements to attend • Executive includes: <ul style="list-style-type: none"> ○ President ○ President-Elect ○ Vice President ○ Secretary ○ Treasurer 	3 rd Tuesday morning of each month 7 a.m.
Club Committees	<ul style="list-style-type: none"> • Current Committees include: <ul style="list-style-type: none"> ○ Foundation ○ International ○ Programs ○ Membership ○ Fellowship ○ Public Relations ○ Donations ○ Fundraising ○ Vocation ○ New Generations • You are welcome to join Committees. Speak to your Mentor, the Director of the Committee or your President about your interest. 	Ongoing



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Conventions and Conferences	<ul style="list-style-type: none"> District and World-wide conventions are held annually District Conference: Usually May in the city where the District Governor resides (i.e. Kamloops, BC May 2 – 5, 2019) Fall Assembly Weekend (October) International Conventions: Usually spring <ul style="list-style-type: none"> Hamburg, Germany June 1 – 5, 2019 Honolulu, Hawaii June 6 – 10, 2020 Taipei, Taiwan June 12 – 16, 2021 Houston, Texas June 4 – 8, 2022 	
Rotary Leadership Institute (RLI)	<ul style="list-style-type: none"> Education in Rotary knowledge and leadership skills to Rotarians interested in developing their Rotary participation: see https://portal.clubrunner.ca/50005/sitepage/r.li./what-is-the-rotary-leadership-institute 	As scheduled
Rotary Six Areas of Focus	<ul style="list-style-type: none"> Promoting Peace Fighting Disease Providing clean water, sanitation and hygiene Saving mothers and children Supporting education Growing local economies For more information: https://www.rotary.org/en/our-causes 	
Volunteering	<ul style="list-style-type: none"> Volunteering is an expectation of Rotarians Sunrise Rotary is recognized for our willingness to get involved on a personal level. <ul style="list-style-type: none"> It is about “Doing good Work” and “Service Above Self”. Volunteering might be: <ul style="list-style-type: none"> with a committee special projects whether local or overseas Talk to your Mentor, the Director of an area or your President if you have an interest 	
Youth Exchange - Students	<ul style="list-style-type: none"> Sunrise often hosts a foreign exchange student for ten-months. They arrive in August and stay until school ends in June or early July. Sunrise often sponsors an outbound student to go overseas. Students apply and compete for these opportunities Host families are always needed! We need three families to host each student (August to November, November to 	Ongoing



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	<p>March, April to June – roughly). It is a wonderful opportunity for both the student and the host family.</p> <ul style="list-style-type: none"> • If you cannot host, you should make plans to take the student out to an activity, invited them for dinner or whatever would be a way to interact and get to know them. 	
Interact	<ul style="list-style-type: none"> • Sunrise Rotary Club mentors the Okanagan Mission High School Interact Club • One of our Sunrise members attends and supports this club 	School year
Rotaract	<ul style="list-style-type: none"> • Rotaract is for young people 18-30. • Sunrise Rotary mentors the only Kelowna Rotaract Club • One of our Sunrise members attends their meetings (2nd and 4th Wednesday of the month). You are always welcome to attend a Rotaract meeting and show your support. They are our future Rotarians 	Ongoing
Serving it Right	<ul style="list-style-type: none"> • Our volunteers often require a “Serving It Right” certificate https://www.servingitright.com/ to legally serve liquor • You will be reimbursed for the cost. • We serve at Okanagan Sun Football games, and of course our big fundraiser RibFest 	
RibFest	<ul style="list-style-type: none"> • Our biggest fundraiser. Every Sunrise member is encouraged to participate in some way during the event that runs from Friday to Sunday. RibFest provides food, free entertainment, kids zone activities and much more. • All monies raised are used to support our local and international projects. 	Summer
Shoe Bank Canada	<ul style="list-style-type: none"> • Shoe Bank Canada was conceived by Jim Belshaw, a Sunrise Rotarian • Shoe Bank Canada collects shoes both used and new and distribute these free of charge to people in need across Canada • You can participate in shoe sorts which are announced at meetings • Sunrise Rotary donated \$50,000 to Shoe Bank Canada (\$10K over 5 years) 	
International Committee	<ul style="list-style-type: none"> • Responsible for supporting ongoing international projects and finding new ones • Usually it is a cause that is championed by a member and where we have a Rotarian connection in that country. 	



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	<ul style="list-style-type: none"> For instance, since 1992, we have been involved with Alternativas y Oportunidades (AyO) program helping the families of the poorest markets in Tegucigalpa, Honduras. We also have partnered with other clubs in the District 	
Global Grants	<ul style="list-style-type: none"> Global Grants support large international activities with sustainable, measurable outcomes in Rotary's areas of focus. Global Grants are funding that can be applied for to make our dollars go much further. For more information: https://my.rotary.org/en/take-action/apply-grants/global-grants 	



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What	How		When
Club Calendar of Events:	Date	Activity	Comments
	January – December	Shoe Bank	Sort shoes monthly
	July	Swim Across the Lake	Pancake Breakfast
	July	Bats for a Cause	Bar Tending – Serving it Right required
	August – October	Okanagan Sun Football Club	Serve beer at home games – Serving it Right required
	August	Braintrust Paddleboard for Prevention	Grills & 6 volunteers
	August	RibFest	September to August Committee work. Many volunteers needed all weekend.
	August – June	Student Exchange	Home host or take student out to experience Canadian life
	September	Annual Sunrise Golf Tournament	Fun event
	December	Children's Christmas Party	
	December	Salvation Army Kettles	Ring bells, dress warm
	December	Inn from the Cold	Dinner service
Okanagan Sun Football games	<ul style="list-style-type: none"> We work the two beer garden locations at the Apple Bowl. We serve beer and coolers on behalf of Sun football, enjoy the game, and the good weather. 8-10 volunteers required during the local football season. Tips received are donated to Polio Plus 		Aug-Oct
Rotary Foundation and Paul Harris Fellow & Society	<ul style="list-style-type: none"> It is considered an honour to have a "Paul Harris" which is achieved by: <ul style="list-style-type: none"> Donating a minimum of US\$1,000 to the Rotary Foundation which oversees all of RI's international projects. A Rotarian buying one in your name or being given one by a club Recognizing a Rotarian for service to community. Once you have your first PH, you can then add to it with subsequent US\$1,000 donations 		



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Mixers	<ul style="list-style-type: none"> • Great way to meet fellow Rotarians outside the meeting venue. • Periodically functions such as <ul style="list-style-type: none"> ○ Guess Who is Coming to Dinner ○ Thirsty Thursday ○ Bowling or Bocce 	
Children's Christmas party	<ul style="list-style-type: none"> • Everyone is invited particularly children and, grandchildren of Rotarians • Santa's Elf gives gifts to all kids in attendance. • Donations welcomed for the Kelowna Food Bank 	December
Special Projects	<ul style="list-style-type: none"> • Special projects occur throughout the year <ul style="list-style-type: none"> ○ Are sponsored by many other Rotary Clubs including <ul style="list-style-type: none"> ▪ Assisting burn patients in Ethiopia ▪ Water well projects in many countries ▪ Healthy living products for girls in third world countries so they can continue their education ▪ Schools in Honduras. 	

KELOWNA-SUNRISE ROTARY CLUB



Checklist

Name: _____

Date: _____

The Rotary Club of Kelowna, Sunrise welcomes you to our Club. We are committed to helping you learn of the many valuable facts of Rotary, and to help you get to know our members and the things we participate in.

Your club mentor is _____. They have been assigned to support you and will be available to answer any questions you may have about procedures, events, activities, how we are organized, and why we do what we do. Your mentor can help you to get involved in Committees, activities, events and the club.

We encourage you to complete the following list within three months of becoming a member with Sunrise. The more you know about Rotary and about our Club, the more successful we will all be.

Item	Program Activity	Check when completed
1	Create a My Rotary Account and enter your information in ClubRunner - http://www.kelownasunriserotary.org/ and login to Club Directory	
2	Attend one or more of the following Club functions:	
	- Fellowship – join a fun social event	
	- Meet your Board Members by attending a Board Meeting	
	- Participate in a Service Project	
	- Attend another Rotary Club Meeting	
	- Attend an Interact or Rotaract Club Meeting	
	- Take an on-line Rotary course: https://my.rotary.org/en/learning-reference/learn-topic	
3	Complete the following tasks	
	- Front Door Greeter	
	- Classification Talk	
4	Familiarize yourself with the following	
	- Kelowna Sunrise website: http://www.kelownasunriserotary.org/	
	- District 5060 website: https://portal.clubrunner.ca/50005	
	- Rotary International website: https://rotary.org/en	
5	Meet with a member of the club Executive - President, President-Elect, Vice President, Secretary or Treasurer	
6	Identify a Committee on which you would like to serve - Foundation - International - Programs - Membership - Fellowship - Public Relations - Donations - Fundraising - Vocation - New Generations	