

Thank you!

Impact Report

Because of your generosity, more Albertans facing cancer found support when they needed it most.

Together, we support the human side of cancer — the part that doesn't happen in a hospital, but shapes how people live through it every day.

In 2025, Wellspring Alberta delivered more than 49,000 program visits across 7,500 hours of programming, providing emotional, practical, and peer support for Albertans facing cancer. That was nearly 50,000 moments when someone facing cancer needed connection, guidance, or reassurance and found it through Wellspring Alberta.

Cancer doesn't stay in the hospital.

It affects how people feel, how they cope, and how they move through their everyday lives. That's where Wellspring comes in — offering professionally led programs, free of charge, that help people feel less alone, better understand what they're facing, and find strength through connection.

The Human Side of Cancer is in Crisis: The Lancet Oncology Commission

Recent research from The Lancet Oncology Commission has identified a growing crisis on the human side of cancer. While medical care continues to advance, many people are still left to cope with the day-to-day realities of living with cancer on their own; the emotional, social, and practical realities of life with cancer.

This is where Wellspring Alberta plays a vital, complementary role with the Cancer Centre and healthcare teams who support the human side of medical cancer support.



This is the human side of your impact.

Behind every number is a person. These are just a few of the people your support has helped this past year.

"Wellspring is like a sanctuary for me... At Wellspring, I can feel myself healing."

— Eva

Peer Support, Healing Journey, ACE (Alberta Cancer Exercise), Money Matters, and creative & wellness programs



"I truly cannot imagine going through cancer without the resources and support of Wellspring."

— Kristal

Yoga, Brain Fog, Nourish, and Speaker Series



"Nothing in this world is free... behind the scenes, they need financial resources. Anyone who can give should — Wellspring really does help people."

— Gail

Cancer Connect



Among those who participated in Wellspring Alberta programs in 2025:

- 97%** said Wellspring improved their quality of life
- 98%** said they received the support they needed
- 98%** said they have improved mental wellbeing

*Based on 3881 evaluations completed by those who participated in group-based programs.

Because of you, people facing cancer, and those who care for them, have the support they need, when they need it. Because no one has to face cancer alone.

Thank you for making this possible.

