

COG

The Rotary Club of Calgary



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This week's reporter
Thalia Kingsford



The Rotary Club of Calgary is an organization of professional and community leaders who come together through commitment and fellowship to create opportunities and a better future for generations to follow.



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Glenda Standeven: Learning to Smile

Helene Weir introduced our speaker, Glenda Standeven. Glenda, a Rotarian, lives in Chilliwack, B.C and has received numerous awards for her winning approach to facing cancer. These include the Governor General's Caring Award and Rotary International's Paul Harris Fellow. She is the author of "Choosing to Smile", the story of her positive and inspirational approach to the challenge of cancer in her life: <http://www.choosingtosmile.com/book>

Glenda told us of her vision of her previously "fluffy" life and the opportunity that her diagnosis had presented. In 1988, she faced the imminent surgery to remove her cancerous leg and hip with a calm resolution.

She had recently dreamt of the changes that this would bring. She was prepared by her dream and ready to accept the news as it would lead to a more challenging but fulfilled life. She accepted the strong arms that would pick her up when she fell. She learned the lesson of accepting help and accepting it graciously.

She embraced humour at every opportunity. She would be asked, "Do you need a hand?" and would reply, "No, but I could use a leg!" As part of her rehabilitation, she entered the GF Strong Centre where the staff were fascinated by the coincidence of her name, under the circumstance. She told us that her husband, Rick, who is her enduring source of support, had suggested that she change her first name to Eileen.

She learned to accept her challenges with grace and candour. Believing that all things are possible if you believe, she told us of her new life. After waiting for two years to be sure the cancer was gone, she gave birth to her second child. She attracted other cancer survivors and shared their stories in her book, "Choosing to Smile".

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Phantom of the Piano –
Frank McKitrick



Joe Frasn and Tim Heaton beat
the "Summertime Blues"



George Brookman tops up the
Uganda Scholarship Fund

Standeven (cont'd)

When asked how they are today, her group reply is "that they are fine". Glenda believes that we should focus on how we are at this moment.

Glenda gave us an inspirational message; that her life, challenged with the struggle that cancer has brought, has brought her many insights, much humour and enduring strength.

Madeleine King thanked her for the laughter we shared and the inspiration that she brought us.

The Meeting

Saluting the 2012 London Olympics, Frank won Gold with his double and magical rendition of Chariots of Fire. The Head Table skipped in and sat among the members. David Bromwich opened the meeting with O Canada and John Hsu delivered the Invocation.

In his role as Vice President, David graciously thanked the front desk volunteers and our COG sponsors Rod Phipps and Lauren Concise.

Tim Heaton with his guitar and bass, and Joe Frasn raised a fuss with the Sing Song, "Summertime Blues".

Eva Friesen welcomed the Visitors and Guests and described the Mystery Rotary Club (of Brampton, Ontario), the birthplace of our member (Keith Pedersen).

Ann Toombs thanked everyone for the contents of the Penny Pot for Curly Galbraith scholarships and George Brookman generously filled it to overflowing.

Catherine Brownlee discussed the upcoming Summer Fellowship calendar and let us know that John Riddell is in Unit 61 at Foothills Hospital.

Dave Macdonald asked for volunteers to do Highway Clean-Up in K-Country, September 23rd.

What's Happening – Fellowship Calendar

DATE	EVENT	CONTACT
Bi-weekly	Mastermind Group	Steve Stein stevejstein@gmail.com
August 29	Calgary Airport Authority Challenger Cup (9:30am shotgun start)	Donald Ross donaldross@shaw.ca
September 15, 16	Rotary Music and Motion	Rick Erven RotaryMusicandMotion.com

CAWST Notice of Motion

Whereas the Rotary Club of Calgary (RCC) has been a supporter of the Centre for Affordable Water and Sanitation Technology (CAWST) for many years and our club is committed to projects that enable communities to better themselves, be it resolved that the Rotary Club of Calgary sign a memorandum of understanding with CAWST to commit \$50,000 per year from the World Community Service (WCS) budget for 2012, 2013 and 2014 in support of CAWST's work with Rotary Clubs globally and specifically those where RCC has personal links.



Helene Weir exchanges banners with our speaker



Madeline King thanks Glenda Standeven



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Upcoming Luncheons

- **August 7Walter Haessel, Frank Sparks, Garth & Ann Toombs – Tales from The Bangkok R.I. Convention**
- **August 14 ...TBA**

Many thanks to this week's COG sponsor,
Rod Phipps & Lauren Concise

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