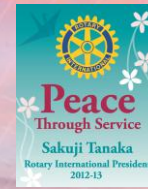


COG

The Rotary Club of Calgary



this issue

AARC **P.1**

Meeting report **P.2**

Events & Birthday **P.3**

Foundation **P.4**

Upcoming Luncheons **P.5**

Sponsors **P.5**

Foundation Form **P.6**

This week's reporter
Jan Damery



The Rotary Club of Calgary is an organization of professional and community leaders who come together through commitment and fellowship to create opportunities and a better future for generations to follow.



Volume 30

No. 24

December 14, 2012

District No. 5360

AARC Success!

Success at AARC is a graduate who is clean and sober, back in school or working, and reunited with his or her family. AARC stands for the Alberta Adolescent Recovery Centre. The Rotary Club of Calgary helped found the Centre in 1988 and continues to support the program. Rotarians Chuck Simpson and Garth Toombs were instrumental in rallying the Club's support initially for the program. Since 1988 there have been 500 graduates and 500 families supported as they navigate the painful, tragic path of clinical dependency and addiction.

Clinical Director and graduate of the program, Colin Brown, and RN Jackie Smith, whose family was also helped by AARC, spoke passionately and with conviction on the critical importance of the program for kids and families. They spoke from the heart about the support they received – Colin as a seventeen year old addict, and Jackie whose two daughters have now been 6 and 7 years sober. AARC is often the place of last resort for youth and families. These kids have developed high levels of tolerance to drugs or alcohol; they are dependent and have lost control of their ability to use. There is often social impairment because it is not doing well at school or an inability to hold down a job. They have unsuccessfully, many times over, not been able to quit. They also continue to use even though they know there is a problem. Again this is hard core and it rips families apart.

The facts on substance abuse and addiction are shocking. For example, adolescents who smoke marijuana before the age of 16 have a greater chance of developing schizophrenia. A key reason is that the brain is still developing in these adolescent years. AARC's approach is a very structured, confrontational therapeutic process and is long term in its view. Integrated treatment, peer counselors and recovery homes are hall marks of the program. Colin shared how critical it was during his recovery to have someone there who had been where he was. While there have been many successes, there are also tragedies and funerals to attend of kids who don't make it, often taking their own lives. But every life counts and recovery is measured by sobriety, positive relationships with peers and families, a sense of usefulness and finally the ability to regain gratitude, freedom and joy!

Calgary, Alberta • Chartered April 1914 • Club #949
Suite 300, 105 – 12th Avenue S.E., Calgary Alberta T2G 1A1

Tel: (403) 398-9969 • Fax: (403) 264-2393 • Website: rotaryclubofcalgary.org • email: admin@rotaryclubofcalgary.ca

President: Doug MacDonald • Vice President: David Bromwich • RI President: Sakuji Tanaka • District Governor: Fran Leggett



Chuck Simpson thanks our speakers...



Yegana Alasgarova joins Tim in song...



Catherine Brownlee welcomes new member Jennifer Lavier Jankovic



Judge McMahon makes final ruling on the Foundations ...

Meeting report

This December 11th meeting welcomed new member Jennifer Lavier Jankovic, who works with Williams Engineering, a corporate member of the club. And already Jennifer is active in the Club by participating both on the WCS and the Fellowship Committees. While raising her two daughters with husband Zoran, she has been active in the community recently, serving with Big Sisters and Big Brothers. Her dream vocation is to organise events in support of disadvantaged children. Welcome to Rotary Jennifer!

Our faithful member, Gordon Cummings, who is often seen volunteering at the ticket desk each week, was this week's Who's who in Rotary. Happy Birthday Gordon!

Nominations for Club Directors closed on December 5th and incoming Club President, Eva Friesen, was pleased to announce that Paul Bates, Bev Gallagher, Ken Moraes and Sid Mark will all be joining the Board in July 2013.

Terry McMahon reminded us that with the holiday season upon us and 2012 drawing to a close, the time is now to give generously to both Calgary Rotary Clubs Foundation (CRCF) and The Rotary Foundation (TRF). Ron Esch and Rod Phipps were thrilled to report that funds raised by the 2012 Stampede BBQs were the highest yet. When all is said and done, \$400,000 will be raised. Ron and Rod paid special tribute to all the hard work of their volunteers and this exceptional result.

Ralph Lundberg reminded all to purchase their tickets for the Annual Christmas Lunch meeting on December 18th. Tickets can now be purchased by calling Jo-Ann at the office. He also shared the story of delivering funds raised by club members, initiated by George Brookman, in honour of long time server Maria who has retired. Maria excitedly shared with Ralph that she will be replacing her old stove with the gift. Finally Mark Stiles advised that the Club's Christmas elves are all lined up to deliver Christmas hampers for vulnerable families on December 15th. He highlighted that donations are still needed to cover the cost of the hampers and can be made through the office.

Messages from office

- Please note that donations directed to The Rotary Foundation (Canada) through the office must be received in the office by Thursday, December 20th in order to be mailed prior to year end.
- The Rotary Club of Calgary's office will be closed from noon December 21 until Wednesday January 2, 2013
- Rotary Gala Celebration 2014 – White board meeting
 - For those of you who have shown interest and those who are still considering the first white boarding meeting is this Thursday, December 13th, 12:00 – 1:15 pm
 - Location - The Kahanoff Centre, Room 207, 105 – 12 Avenue SE
 - Street parking and parking lots all around
 - The purpose of the meeting is simply to brainstorm possibilities and ultimately form a committee to plan and execute the event.
 - If you are interested in helping and have not already done so please confirm your attendance with Jo-Ann Clarke (admin@rotaryclubofcalgary.ca).
 - Lunch will be served. Come out and have a bit of fun!

Rotary International Convention

June 23-26, 2013 in Lisbon, Portugal

Early Bird Registration Deadline Approaching
Register by December 15 to receive maximum saving

The World Community Service Committee is looking for members who are attending to possibly assist in hosting a booth for our Club – if you are planning on being there and are willing to help please let **Paul Bates**, WCS Chair, know.

Come Celebrate Chinese New Year!



February 1, 2013 at 6:00pm

Regency Palace

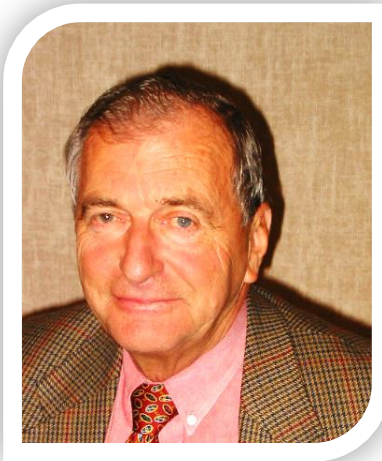
Tickets: \$50 each or \$500 per table

Join us for food, fellowship and entertainment

Contact **Wing-Kee Chan** (403) 978 8776

Happy Birthday, Gord Cummings!

- ❖ Joined Rotary in 1969
- ❖ Involved as Ping Pong Chair and as Program Chair
- ❖ Helps with the BBQ's
- ❖ Strong supporter of our troops here and abroad
- ❖ Crown Surplus – family business in operation for 57 years – now becoming a third generation operation
- ❖ Business is a source of uniforms, props etc. for many films
- ❖ Gord enjoys the contact with Rotarians he gets by helping at the front for Rotary lunches



Ron Esch and Rod Phipps
Architects of the BBQ ...



Garth Toombs, Martin Atkinson
and Ron Dougal the Rotary -
AARC connection ...



Lise is ready for Christmas ...



Carol Rosdobotko with Colin
Brown and Jackie Smith ...

Rotary Foundation

DID YOU KNOW?

- ❖ Tax receipts for 2012 are still available from the Calgary Rotary Clubs Foundation (CRCF) and/or from The Rotary Foundation (TRF) of Rotary International.
- ❖ Outcomes from Rotarian contributions to these Foundations include children around the world growing up with less disease, without polio, with a schoolroom to go to, include support for Calgary families with terminally ill children, for seniors and youth and so many great things here and abroad.
- ❖ One hundred (100) current members are Paul Harris Fellows including an amazing sixty-five (65) who have multiple Paul Harris recognitions for their support. Fifty-five percent (55%) of our current members have been TRF contributors.
- ❖ Historically there have been 400+ club-related Paul Harris Fellows including non-members and 60+ Rotary spouses. A number of members are Bequest Society members also. See <http://www.rotary.org/en/Contribute/Pages/ridefault.aspx> for options.
- ❖ The CRCF now has all 13 Calgary area Rotary Clubs participating. Distributions from CRCF fund earning to each Club is directly based upon their member contributions. The Annual Report of the CRCF is available for members at the meetings and will be mailed to those not in attendance.
- ❖ CRCF distributions were the enabler for the Rotary-Flames Gift to the Community and will be instrumental in our ability to support 100th Anniversary Legacy projects.
- ❖ Bottom line – these two Foundations are efficiently run, effective in their impact on people and are very complimentary in helping us as Rotarians achieve our mission. Please give serious consideration to support of either or both – your amount is up to you but your participation will be greatly appreciated. Contact Jo-Ann, Bill Redmond, Terry McMahon or Bruce Fenwick if you have questions.

[The Rotary Foundation information](#)

[The Rotary Foundation donation form](#)

CRCF donation form on page 6

“By donating to the Calgary Rotary Clubs Foundation I help provide our club with a consistent, safe and predictable source of funding. With this longer range funding it allows our members to plan and commit to long term projects both locally and internationally, and all decisions rest solely with our club.”

Bill Redmond

“I am a repeat donor to both The Rotary Foundation of Rotary International and the Calgary Rotary Clubs Foundation. I have also included bequests to each in my Will. Why? Because it feels good. Also, it doesn't hurt that for every \$100.00 which I donate I pay \$50.00 less in income tax, so my net donation cost is significantly reduced. I see legions of people, locally and internationally, dedicating themselves to helping others less fortunate than ourselves, but they can't do it without funding. My contributions to TRF and CRCF, however small, help build endowments which provide a stable, perpetual funding source for the ever changing, and expanding needs of local, regional and international communities.”

Roy D. Boettger

**COG staff
December 14 issue**

Editor..... Oliver Kuhn
 Reporter..... Jan Damery
 Photographer.....Ralph Lundberg
 Sponsorships.....Lorne Larson
 Office support.....Jo-Ann Clarke

Upcoming Luncheons

- **Dec. 18 Christmas Luncheon with Jeremy Tuff**

**Many thanks to this week's COG sponsors,
Tom Tait & Frank Sparks!**

YOUR LINK
TO THE VISUAL
ARTS IN WESTERN
CANADA



GERMAINE KOH
Lights up her idea-based art

EXPOSE THIS!
ALBERTA PHOTOGRAPHY
EXHIBITION

BEST ART
EXHIBITION

FEATURED ARTISTS
BY REGION
ALBERTA
BRITISH COLUMBIA
SASKATCHEWAN
YUKON



This Issue of the COG
Co-Sponsored by
Rotarian Tom Tait

gallerieswest

Subscribe online at www.gallerieswest.ca
Or toll-free at 1-866-697-2002



Three Calgary Rotary Club members have owned and operated Foothills Industrial Products since 1956.

Our products and services are focused on the measurement and control of liquids and gases, for gas processing, transmission and distribution, as well as industrial and environmental markets.

Our areas of expertise include flow measurement, gas quality measurement, gas and liquid odorization, gas and liquid sampling systems, regulators, valves and valve maintenance products.

We are committed to working with our clients to provide the best solution for each application.

- Flow Measurement
- Analytical Measurement
- Operational Products
- Regulators and Controls
- FIP Services



FOOTHILLS
industrial products

solutions@foothills.ca
 Phone: 403-255-3250
 Fax: 403-252-7932
www.foothills.ca



Frank Sparks

#15, 6143-4th Street SE Calgary, AB T2H 2H9



CALGARY ROTARY CLUBS FOUNDATION CONTRIBUTION FORM

1. DONOR OF CONTRIBUTION

Individual Rotary Club Interact/Rotaract Club Business Other _____

Name _____

Club Name _____

Mailing Address _____

City _____ Prov. _____ Postal Code _____

Daytime Phone _____ E-mail Address _____

Amount of Contribution _____

Type of Payment :(check one)

Credit Card Visa MasterCard Make this a recurring contribution:

Monthly Quarterly Annually _____ (month) Credit Card

Number _____ Expiry date (mmyy) _____ CVN _____

Name as it appears on card _____

Cheque Payable to "Calgary Rotary Clubs Foundation" Cheque Number _____

2. INDIVIDUAL COMPLETING THIS FORM(if different from donor)

Name _____ Daytime phone _____

E-mail _____ Date _____

Please send your completed form with contribution.

Mail: Calgary Rotary Clubs Foundation, 310, 105 – 12th Ave. SE, Calgary, AB. T2G 1A1

For more information contact your club representative.

On November 29 the Calgary Catholic Immigration Society (CCIS) held a Celebrate Learning dinner for all past volunteer tutors and learners.

CCIS thanks Rotary for all the support provided over the past several years to promote literacy and English Language acquisition.

