

the Arch



February 14th, 2012 Volume 35, Issue 27

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FRIENDS OF FISH CREEK PROVINCIAL PARK SOCIETY Carole Steeves

Bart D. introduced Carole Steeves, Director, Friends of Fish Creek Provincial Park Society who is our guest speaker today.



Carole is a lifelong animal and nature lover, and got involved in the Fish Creek Park

Watch Program in 2000. Since then she has taken on more and more, such as organizing open houses, fundraising and anything else that needs doing. She is the owner and business manager of the Fish Creek Naturopathic Centre.









The Society, founded in 1992, is a registered charity with a staff of 4, about 475 members who each pay a \$30 annual fee to belong, and about 1,500 volunteers. The Park was started in 1972, has 1,349 hectares of forest and 3 million visitors a year. There are several programmes with new ones being added, as needed and as possible from a staffing viewpoint.

Environmental Stewardship includes park cleanup, water cleanup and education, watershed monitoring, wildlife monitoring including bird counts, and keeping invasive weeds under control. Other monitoring activities include monitoring snakes, amphibians, and beavers. Park monitoring also includes volunteer walkers who count people walking, bike riding, dog walking etc to determine the use of the park. They have a Learning Nature programme to help economically disadvantaged children. Some 5,000 to 6,000 students visit the park each year.

For more information on the Fish Creek Park Society go to www.friendsoffishcreek.org.

The presentation was followed by a question period and Pres. Dave presented the speaker with the usual certificate entitling someone in the Dominican Republic to a major benefit.

Rotary Club of Calgary Chinook

Chartered March 14th, 1977





Meeting Minutes



January 31st, 2012 Scribe: Alexis Beddoe

These Minutes were unavailable at time of printing last week's issue, and are included in this issue.

The meeting was brought to order by Dave Saunders. Assistant Governor Martin Harvey was introduced to the club and warmly applauded by the members. There were also several members from other Calgary Rotary clubs.

Dave mentioned that Gary Miller is still struggling with his health but may go to join his son in the USA. He also announced that Bob Montgomery is now using only one crutch and doing well. Gwynneth Gourley spoke about her father making progress now that he is out of hospital and has recovered his appetite.

Dave then announced that two new members would be inducted today: Ruth Wylie introduced Anne Dale who had opened a fabric store, and is also a volunteer for the Humane Society and the Food Bank. She also makes pillow cases for the kids' camp she supports, embroidering the names of each child on his/her pillow case. She has made over 1,350 pillow cases for a variety of groups, as well as quilts for the Cancer Society. The second new member to be inducted was Jeff Evans, a friend and colleague of Ghalib Abdulla. Jeff achieved his Certified Financial Planner designation in 1996 and has worked in that field since. Ed McLean read the charge to the two new Rotarians and they were then warmly welcomed by the members.

Fran, George, Ann and Norm were invited to make their reports to the meeting. Fran happily reported that Barb continues to do well in Croatia and will be going back to school soon. She also mentioned that the dinner meeting put on by the exchange students in support of ShelterBox will take place at 5.30 on Saturday, February 11 at Acadia Recreation Centre, and the students very much need our support. She also mentioned the Amanda Lindhout event on February 21 for which tickets must be purchased by February 14. George Kimura reminded the members that the District Conference is being held on May 25 to 27, 2012, and today is the last day for the fee of \$350. Tickets purchased after today will cost \$400.

Hank Popoff announced that the Board has decided to recognize one member each year for Service Above Self. Any member can nominate someone and the criteria will be printed in the Arch. Anyone making a suggestion of a worthy recipient is asked to maintain confidentiality. One major criterion is that the member must have 10 years' standing before being considered.

Cribbage at Horton Road Legion will be held on Thursday starting at 5.00 p.m. for fellowship, food and drinks; play starts

Greeters

February 14th Ann Marsh & Rena St. Clair

February 21st TBA

If you are unable to GREET on your assigned day, please contact Barry Korpatnisky so he can get a replacement ... 403-278-8982

at 6.30 p.m. All are welcome.

Peter Bickham announced Paul Harris Fellow levels for the following Rotarians: Bruce Bohnet - PH + 1; Gord Billings - PH + 1; Barry Korpatnisky - PH + 4; Ron May - PH + 2. All Fellows were applauded by those present.

The raffle was won by Neil Beatty. The sponsors of the two new members were fined - just for fun and merriment and to swell the coffers.

Gwynneth Gourley introduced Jay Serdula, our guest speaker, from Kingston, Ontario. Jay suffers from Aspergers disease which is at the upper end of the autism spectrum. The problem is in the social realm due to miscommunication during interaction. It is easier for the Aspergers sufferer if one says: "Hello", rather than "How are you?" when greeting him/her. The broadness of "how are you" allows too many options. "Hello" is more restricted in scope. Jay gave a very animated talk which opened the subject for the understanding of those present. Specific instructions are necessary because the Aspergers sufferer takes words and phrases literally and broadly. One on one interaction is easier for the individual who will struggle most in the social realm. Many doctors do not diagnose the issue in small children, but once diagnosed, the Aspergers sufferer can lead a productive and fully actualized life. Young Aspergers sufferers are often bullied by other children who know how to stay below the teachers' radar, cause trouble and take advantage of the "Aspie", so as Jay grew up, he saw it as a handicap and thought bluffing was best, so it was not a well known fact about him as a school boy. He also came to see that changing the frame of reference with teachers so that he was not seen as the cause of the problem with bullies, although at its centre, made his life much easier. He was diagnosed in 1998.

He has a friend in Ontario who has cerebral palsy but decided to swim across Lake Ontario. He decided to do the same and had a web site, www.swim4aspergers.wordpress.com for fundraising. It took 41 hours for him to complete his swim.

Although they were unavailable when Jay was younger, there are now specialists working in the Aspergers arena, but there are still many doctors and psychiatrists who are not aware of the symptoms of Aspergers and thus misdiagnose their young patients as troublesome behaviour problems. Dr. Norman Giesbricht of Calgary was noted as an exceptional doctor in the field of Aspergers.

Jay Sedula has a Bachelors degree in Applied Mathematics, and a Masters Degree in Physical Oceanography. His work involves mathematical analysis and computer programming to study defective fuel rods in nuclear reactors. He aims to raise awareness and demonstrate that "Aspies" are able to become high achievers as he himself has done. He spends a lot of time and energy raising funds towards assisting other Aspergers sufferers. Pages Bookstore in Kensington has a stock of his book telling the story of his life to date, and there is a book signing on Thursday from 7.30 to 9.00 p.m. This is another fundraiser to help the cause.

After thanking Jay and presenting him with recognition through a donation to a woman in an under developed country, the meeting was brought to a close at 1.45 p.m.



Upcoming Events

World Understanding Month

February 14th Cheryl Foggo, Black Historian

February 16th Cribbage Club @ Horton Road Legion, 5pm for food and drinks, play at 6:30

February 21st Amanda Lindhout, Journalist — evening dinner meeting
February 23, 24, 25, 26 District 5360 & 5370 Curling Bonspiel, Dawson Creek BC
February 28th Laverne Bissky and Darlene Davies — Rotary Polio Program

Literacy Month

March1st Cribbage Club @ Horton Road Legion, 5pm for food and drinks, play at 6:30

March 6th John Carpay, Canadian Taxpayers Federation

March 15th Cribbage Club @ Horton Road Legion, 5pm for food and drinks, play at 6:30

March 31st Cribbage Club playing for the Lew Reid Memorial Trophy, Horton Road Legion, 10am - 4pm

Magazine Month

April 3rd Mike Casey, GM, Calgary Stampede
April 10th Stephane Guevremont, Military Historian

Promote RI Convention Month

May 6th - 9th 103rd Rotary International Convention, Bangkok, Thailand

May 25th - 27th District 5360 Conference, Radisson Hotel & Conference Centre, Canmore AB

Meeting Minutes

February 7th, 2012 Scribe: Ed McLean

President Dave called the meeting to order promptly at 12:15 p.m. and with Betty French at the piano, we launched into our usual national anthem and Rotary grace.

At 12:40 Pres. Dave asked Dale Perret to introduce our guests which included 4 visitors and 4 visiting Rotarians.

The Sunshine Guy (Harry) welcomed back Bob Montgomery with his new hip and only one crutch to keep him aloft. Also informed us that Vera, of the Ranson household, made the mistake of taking the family dog for a walk and met with an accident somewhat like the Wylie experience last fall. Get well quickly, Vera.

Bruce B. had invited former member Bill Stemp to rejoin our club and today Bruce introduced him to the members with an outline of his career as a successful lawyer. He will have the Classification Lawyer - Trademarks etc. The usual Charge to New Members was read and Bill was welcomed by all in attendance. He has had a busy life with his career and helping to raise 5 children to adulthood.

Steve McA. is the February birthday and anniversary announcer. Anniversaries included Jim & Judy, Rob & Judy and Ron & Helen. Birthday members in attendance were Albert A., Ron H., and Gordon B. Absent members were Marg Southern, Don McL., Pat H. ... the usual Happy Birthday song went out to all.

P.P. George K. presented a Club donation to Shirley Phillips for the Alberta Arthritis Society. Her thank you speech included a little information about arthritis and the Society. For example 60% of all people who have arthritis are under age 50 and 1 in 1,000 children have it. There are over 100 types of the disease including gout and fibromyalgia, and it is the number one workplace disease. Obesity and ageing will worsen the incidence, and more research is needed. The Society has programmes to help people cope and to raise money for research.



Dale P. reminded us of the local Exchange Students' plan to hold a fund raiser on Saturday, February 11th and members are encouraged to call Dale for tickets.

Ann M. reminded us to order our tickets for our February 21st evening meeting here to hear Amanda Lindhout speak of her adventures in Somalia.

Lucky Don McKenzie was the 50/50 winner today.

No time for Sergeant - at -Arms

Meeting adjourned 1:25 p.m.





THIS AND THAT



Donation Committee Report

The Donation Committee is pleased to advise that our first group of community donations have now been completed, with three of these presentations being made during our regular meetings. More specifically, our donations were as

1. Ronald McDonald House	\$ 2,500
2. Arthritis Society	\$ 2,500
3. YWCA of Calgary	\$ 2,500
4. Alta. Childrens' Hospital Foundation	\$ 2,500
5. The Brenda Strafford Centre for the Prevention of Domestic Violence	\$ 2,500
6. Calgary Seniors Resource Society	\$ 2,500
Total	\$ 15,000

Our committee will be meeting in March to approve a further number of community donations. We note that all donations are recommended by the committee to our Board for approval prior to funding. It is important for our members to understand that the time we spend raising funds does, in fact, help those in need in our community as well as internationally.

Paul Gaudet



"Freedom in Forgiveness" an evening with Amanda Lindhout

The Carriage House Windsor Ballroom Tuesday February 21, 2012

Cocktails 6:00pm • Dinner 6:30pm Tickets \$50.00/pp (includes a 3 course meal, coffee/tea)

At the 2011 District Conference some of our members, including President Dave and Vice President Dave, had the opportunity to hear Ms. Amanda Lindhout speak. They were personally moved by her presentation. As a result we have invited her to share her story, with our dub members as well as friends, family and young people, the evening of Tuesday February 21st. This will be our Valentine meeting given the content of the evening. If you are unable to personally attend, please consider purchasing and donating your tickets.

Please join Amanda as she shares her past experiences as a journalist during a tumultuous time in Somalia, her 460 days in captivity in 2008/09 and what she has been inspired to do as a result of her experiences.

There will be a signup sheet circulated where you will also be able to indicate your menu preference. Tickets will be available until Tuesday February 14th. If you have any questions please feel free to contact Ann Marsh at ann.marsh@first7seconds.com

Cribbage Club

Thursday Feb 16th Thursday March 1st

at the Horton Road Legion 9202 Horton Road SW (close to the bar)

Fellowship, food and drinks - 5:00 pm, Start play - 6:30 pm

For more info, and/or to join, call Norm Moro.



To help to support publication and distribution of the Arch to members, please contact Stephen Pick at 403-938-2876

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A Moment in History





Can anyone provide <u>all</u> the names !??



Photos courtesy of Norm Moro