

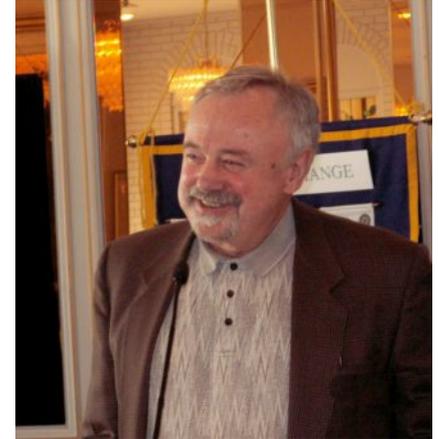
COMMUNITY MEDIATION CALGARY SOCIETY

Stuart Simpson, President

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Bart Dailley introduced guest speaker Stuart Simpson, President of the Community Mediation Calgary Society. Stuart was active in forming CMCS in 1993 and was its first President. He has recently returned to the Board and is its current President as well as a Chartered Mediator.



He talked about the variety of mechanisms that are available to solve issues.

Mediation involves looking for solutions by looking for common interests held by the disputants and determining what is important to them. Interest based mediation was originally developed at Harvard. Being right is not necessarily a solution, and historical methods of solving problems that include power and rights may not be the best way. The best mediation results are achieved by building solutions based upon common interests and high priorities.



CMCS mediators are all volunteers with the only paid staff being the office administration. Their main referrals sources are the police and bylaw officers.

Community Mediation Calgary Society (CMCS) is a registered charitable not-for-profit organization of volunteers who provide conflict management and dispute resolution information and assistance through collaborative services and workshops to neighbours, community associations and not-for-profit groups.

Mediation empowers individuals who are in dispute to have conversations to manage their differences and allow them to arrive at positive and collaborative solutions. Best suited to 2 parties of 1 or 2 individuals.

Conflict Assistance Meetings (CAM) assists individuals to recognize their own potential to manage a conflict situation by working with a CAM mediator. Participants are encouraged to understand not only their own perspectives but also that of the other party in order to discover personal goals and create a strategy to accomplish those goals.

Community Engagement works to engage groups in open discussion to assist in creating collaborative solutions.

Workshop Series Managing Conflicts and Resolving Disputes introduce participants to a variety of processes used to manage conflict and resolve disputes. The series consists of 10 stand-alone workshops to allow organizations or individuals the flexibility to choose topics that best address their specific needs. Group size maximum is 20.

cont'd on page 6

2014-2015 OFFICERS AND DIRECTORS

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Hank Popoff, Vice President
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December 2nd, 2014

Scribe: Terry Craig

No greeters were on duty, but Connie Hussey did her usual fine job of processing members and guests coming through the door.

President Stephen called the meeting to order at 12:15 and Ruth Wylie led the group through O Canada and Rotary Grace.

Since there were no greeters, President Stephen introduced guests and announced a community coat drive for the Morley Reserve. Warm clothes may be dropped off at Valentine Volvo or Charlesglen Toyota.

New member Rob Wolfson was introduced by Pat Hutchinson, inducted by Bob Montgomery and welcomed by Stephen Pick. Peter Bickham is to be Rob's mentor.



Photos courtesy of Heide Kramer & Ian Burgess



Patricia Garner announced that there would be a program at Fairview School on January 9th for those who have volunteered to be mentors. There will be opportunity to meet students and parents.



Garth Sabirsh thanked all who worked at Spruce Meadows the last three weekends and led a happy dance to celebrate the end of parking for the year. Covering 9 days, the Christmas Market is now our largest fund raising event at Spruce Meadows.

Joe Hooper, on behalf of Bob Depledge's wife Marlene, thanked all those who have made donations in his memory and provided support.

Past President Terry Green announced the club executive for the 2015/16 club year. All were acclaimed as no other nominations were received. The 2015/16 Board will be:

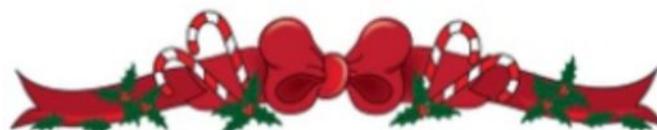
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|---------------------|---|
| President | Dale Perret |
| President Elect | David Wartman |
| Vice President | Alex Soutar |
| 3 New Directors | Gwyneth Gourley
Patricia Garner
Bev Tonkinson |
| Returning Directors | Peter Bickham
Heide Kramer
Rena St Clair |

John Barratt announced December birthdays: Patricia Garner, Dave Saunders, Herve Lamah, Joe Levy, and Terry Craig. Celebrating wedding anniversaries are: Fran and Phil Hochhausen, Dan and Barbara Scrivens, Stephen and Anne Pick, George and Polly Kimura, and Wayne and Muriel Wiebe. Rotary anniversaries are: Dave Wylie 29 years, John Beatty 19 years, Tammy Truman 20 years, Gordon Billings 23 years, and Dave Saunders 12 years.

50/50 draw was won by John Charrett.

Gordon Billings as Sergeant-at-Arms fined Stephen Pick for the small print in The Arch, Bart Dailley for an insult at cribbage, Harry Nazarchuk for complaining at Spruce Meadows, and Dave Wylie for being stingy with his wife's cookies. He also put up \$5 for winning at cribbage.

Bart Dailley introduced guest speaker Stuart Simpson, President, Community Mediation Calgary Society.



December 9th, 2014

Scribe: Terry Craig & Stephen Pick

It was the morning before the meal, and all the merry Chinook Rotary elves were gathered in the Dessert Palms room (aka the coat check room) to pass scrutiny as to attire, and don their Christmas ties. There was a lot of good natured fellowship and commentary flowing.

The busses started arriving at 11:15 am and our guests, the seniors, came in ... approximately 225 seniors. Spruce Meadows had joined with us, and sponsored the cost of the busses. This is greatly appreciated by the club and the seniors.

Members in their Christmas ties and now properly attired (per Tammy's standards) for the event lined up to welcome the seniors and escort them to their tables. Coats were checked in and they all settled in for an enjoyable event.

Tammy Truman, Organizer Superb, and Master of Ceremonies, welcomed everyone and asked us to rise for O Canada led by Marty Anthony. Grace was said by Joe Hooper.

Our other special guests were then introduced by Tammy. The Grey Cup winning Calgary Stampeders players present: #26 Rob Cote, #81 Jabari Arthur, #86 Anthony Parker, #6 Rob Maver, #31 Jeff Fuller, and #1 Ralph the Dog. Our Stampeder guests helped serve the dinner, signed autographs, and posed for photos. Their participation was greatly appreciated.

The Carriage House Inn, always a supporter of ours in this event, provided a great meal with a salad course, turkey with gravy, dressing, potatoes and vegetables, followed by a chocolate pie dessert. We received numerous compliments on both the venue and the meal.

While members did the serving, the highly efficient Hotel staff team provided all the back room support and were there throughout the event to provide assistance as required.

Entertainment was provided by Marty Anthony and Seventh Heaven, who sang a variety of Christmas, rock and roll, blues, and gospel numbers which were enjoyed by everyone.

Tammy read out door prize numbers and the Stampeders delivered them to the winners.

The 10th annual Seniors Christmas Luncheon was a great success enjoyed by everyone.

Photos: Heide Kramer & Stephen Pick



Christmas Rejoice

A poem written by one of the seniors who attended our Christmas luncheon.

Christmas comes but once a year,
A time for love, good will and cheer.
Let's dance, prance, and bellow out joy,
Sprinkle out love, and yell out "Oh boy!"



But most of all we should remember,
This auspicious event, the 25th day of December.
The day the whole world was bestowed upon,
A blessed child, God's only son.

Let us not forget the poor, for they are the ones in need,
Open your heart and share your wealth, and rejoice in
your good deed.

DEREK W. NEWELL
A Newfoundland Poet





On Friday December 5th, High River Rotary had their "Light Up George Lane Park" event. It was great to see this next step in the restoration of both High River and the park take place. Rotary Clubs from Calgary, District 5360 and literally around the world have played a key role in this recovery from the devastating June 2013 floods.



Community Mediation Calgary Society ... cont'd from page 1

A core belief of CMCS is that people need access to problem-solving methods of dispute resolution that focus on restoring and building relationships among individuals and community groups. CMCS mediators utilize an interest-based problem-solving approach to mediation. This approach clearly defines the problems requiring a solution and then uncovers, for participants, what is important to them and why. The goal of interest-based mediation is to increase the understanding between participants and then have them create a mutually agreeable resolution.

Members participating in providing service will have received interest-based mediation and negotiation training through an accredited institution including Mount Royal University, ADR Institute of Alberta, or The Justice Institute of BC. Our volunteers come from a variety of backgrounds and experiences. Many work within the conflict resolution and dispute management field as professional practitioners and have a wealth of experience. Some coach/or instruct at the above mentioned training institutions, while others mediate for Alberta Justice for the Provincial Court Civil Mediation Roster. The common thread among of members is a willingness to volunteer their time and efforts to assist clients who are experiencing conflict.

CMCS welcomes volunteers from all cultural and professional backgrounds to assist with the various functions among the Society. Unlike members, our volunteers do not require

specialized conflict resolution training but the willingness to share their time and talent with the Society. To inquire about become a volunteer and/or the areas that require assistance, please contact info@communitymediation.ca

Our Heartfelt Thanks

The Club extends its appreciation and thanks to our supporters for this event:
 The Carriage House Inn
 the Grey Cup winning Calgary Stampeders
 Spruce Meadows
 Their support makes the event a huge success!



Family Month

December 17th
December 23rd
December 30th

Club Christmas Party — **Wednesday evening meeting**
Terry and Rosemarie Greening, Calgary Rabbit Hopping Club
No meeting

2015

Rotary Awareness Month

January 6th
January 13th
January 20th
January 27th

Scott Cozens & Sheldon Smithers, Canadian Pickers
Lorne Motley, Editor, Calgary Herald
Club Assembly
Robbie Burns Day Meeting

Rotary Fellowship Month

June 6th - 9th

RI Convention, Sao Paulo, Brazil

Magazine Month

April 18th

Roadtrip to Rosebud — bus, lunch & "The Miracle Worker"



Did You Know ?

by Jim Thompson

December 2014 ... as we approach our 37th Christmas as a Club (actually 38 if you consider we were formed in 1976, and chartered in 1977), it seems appropriate to share some history about Christmas in this Club.

After receiving our charter on March 17th 1977 from Rotary International, we celebrated with a gala event at the Palliser Hotel on April 12th 1977 with our sponsors, The Rotary Club of Calgary, The Rotary Club of Calgary South, the District Governor, Harold Allen, and numerous guests of family and other area Rotary clubs. At the time, we had just moved our regular meeting place to The Trade Winds Hotel, managed by club member Larry Ryder. Our first Christmas Party was held at the Trade Winds, an evening dinner meeting, when our spouses joined us for a great meal and a lot of fellowship that went well into the late evening, singing and drinking Christmas cheer.

We were an all male club then ... later our gals attempted to move into Rotary Ann status, but it didn't really catch on. We were a young club with lots of young kids and family values were the focus, not creating a club within a club, like several other clubs had done.

Our next Christmas Party was in 1978 and in that year we had decided to invite seniors lodged in senior homes, to join us for a Christmas luncheon, joined by the Bowness Boys Choir. We had about 30 seniors as I recall, from one or more nearby seniors' homes, whom we picked up in a car pool way. The Boys Choir came by bus, the singers had to return to school by 1:30. The choir got hotdogs, chips, soft drinks and cookies; the Seniors a turkey dinner with all the trimmings PLUS the entertainment of the choir singing a medley of Christmas Carols. It was very festive. The choir were rewarded with a cash donation to their group from our Club.

We continued this program for a couple more years until we moved to the larger facility of the Carriage House. The owners of the Trade Winds had sold the land and the hotel fell to the

wrecking ball. Larry Ryder left his membership with our Club, but continued with Rotary through other clubs.

With our move came plans for more than a few seniors for lunch, and we expanded the Christmas luncheon invitation to numerous seniors' homes, and held a separate party for club members and guests. That is the very successful Christmas Celebration format that continues.

As Judy and I prepare to return to Calgary for the 2014 Christmas and New Year celebrations with family and friends, and our Rotary Club, an annual tradition for some time now, we leave Arizona celebrating the "Christmas Season". It starts here with their Thanksgiving November 27th, Black Friday November 28th, (a crazy shopping day) and another 27 days of shopping, partying and celebration leading up to Christmas and its true meaning on the 25th of December. We are most fortunate to enjoy celebrating their Thanksgiving with our American neighbours, but we still can't get used to decorations on cactus plants and palms!!

Merry Christmas everyone!



Lunch Fees

Effective January 1st, 2015

Due to increased costs, the lunch fees will be increased to \$21 for the meal, and \$8 for coffee/dessert. The 50/50 tickets will remain \$1, and are in addition to the meal and coffee fees.

Include a Rotary Friendship Exchange to New Orleans in your vacation plans for 2016!! (2016 is NOT a typo... we are advertising over a year in advance!)

Applications are currently being accepted for a Rotary Friendship Exchange to New Orleans February 3-14, 2016. Currently we are looking for 10 Rotarians (in any combination of individuals and couples) for this exchange. The exchange is to New Orleans, USA-District 6840 that encompasses clubs around the New Orleans area from McComb to Hattiesburg down to Gulfport and Pascagoula.

This Friendship Exchange will involve 13 nights including one pre-exchange night in a hotel, then 12 days with different host Rotary families (3-4 nights each approximately). There is usually a maximum of 5-6 host families per host Rotary club. Programming includes Rotary activities, touring local points of interest and visiting tourist attractions. The exchange is dependent on a minimum number of interested participants.

Some additional facts:

- Participants must pay all costs except the billeting provided by New Orleans Rotarians
- On this exchange, most local transportation is provided by the hosts at nominal cost to us
- Travel to New Orleans is booked individually (not as a group) so your plans can include pre and/or post Exchange travel
- Arrival will be thru New Orleans airport (to be confirmed by Outbound Coordinator at first meeting)
- Must be prepared to complete the full exchange ie. arrival on February 2, with commencement of the Exchange on February 3, 2016. The last night at the host families will be February 14 but the departure will be on February 15, 2016.
- The Rotarian must be part of the travelling group
- The group will participate in pre-exchange planning meetings with a district coordinator
- This is a District to District Exchange and while participation in hosting an inbound exchange would be appreciated, it is not a requirement (but does help in assessing successful candidates if we are oversubscribed).

CRITERIA:

- Must be a Rotarian in good standing
- Participants must be team players as the group will travel together for the duration of the exchange

- Must be a good ambassador for Rotary and Canada
- Must be in reasonable physical condition as the exchange will involve tourism activities that may require some moderate walking

An application should be submitted promptly as we expect this exchange will be a popular one! Extensive Rotary experience is not a requirement but may be a factor in selecting the team if the Exchange is oversubscribed by the deadline. So please complete ALL questions on the application, in detail, as it may be the difference of whether you are chosen or not. Deadline for applications will be December 15, 2014. This early date is to accommodate booking hotels and flights to New Orleans during Mardi Gras.

Applications should be submitted to:
Margie Hansma
 6 Austin Drive, Red Deer, AB T4R 2T9

The application must include a non-refundable* deposit of \$300 per individual or \$600 per couple payable to: Rotary District 5360. This deposit is to hold your spot on this trip and \$250** will be returned at the completion of travel. All cheques will be held and not cashed until you are chosen as one of the applicants. Please email us the time of mailing so we can ensure we receive all applications sent to us.

- * The non refundable nature of this deposit will ONLY come into play if the applicant backs out of the trip before the time of travel without exceptional circumstances. This is to ensure continuity of the size of the group that will be received by our hosts.
- ** \$50 of the \$300 will be a levy by the District Friendship Exchange to be used for the sole purpose of promoting and facilitating future exchanges in District 5360. The remaining \$250 will be refunded to the participants upon their return from the exchange abroad. Participants may also use their collective funds against group expenses. A further explanation of this will be provided by the outbound coordinator (Margie Hansma) at your first group meeting.

Questions should be addressed to:
Margie Hansma at margie.hansma@gmail.com or call 403-872-1555
 OR
Darren Grierson at griersond@shaw.ca or call 403-874-9694.

Yours in Rotary,
 Darren Grierson, RFE Chairman, District 5360

Arch Supporters

To help support publication and distribution of the Arch to members, please contact Stephen Pick at 403-938-2876 or stephen.rotary@ontheridge.ca



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