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DisCon 2015

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South Health Campus

Debbie Dunwell, Volunteer Resources Program Assistant

Bart introduced our main guest speaker, Debbie Dunwell who is the Program Assistant in Volunteer Resources for the South Health Campus.

Debbi's career started in Oil & Gas and in Construction in Administration & Management roles. In 2008 she changed career direction by volunteering at the Foothills Country Hospice where she worked for 5 years, and was instrumental in developing a very successful volunteer program. She was part of hundreds of volunteers who brought quality of life to over 500 people during that time.

She has now been at South Health Campus for 2 years, where she uses her training in Palliative and Spiritual care, Grief and Bereavement care as well as Alzheimer's and Dementia. She is passionate about volunteers and the role they play in Health Care and in End of Life Care. She is hoping Rotarians will decide to volunteer time to this worthy effort.



Debbie mentioned the South Health Campus opened in 2013 and now has 270 beds available, with this number to grow to 600. Actually they are already overcrowded. The site is the size of 20 football fields. Eventually 20,000 people will work in the urban area surrounding the hospital. There will be a hotel, medical buildings, VIP movie theatre and restaurants where dinner and drinks will be available.

This hospital was developed with the assistance of a Citizen Advisory Team, a committee of people from all walks of life who have health care experience and wanted to see this hospital address the needs they felt were important to health care. There is a family bed in every room and every room has a view. They felt having family there improved wellness which would benefit both patients and families. All rooms were developed to be single rooms. It is called a Campus because it is linked to the U of C. There are meeting spaces available to the public, and there is a YMCA that staff, volunteers, families and community can access. There are 30 private rooms in Emergency so patients can have privacy during this very difficult time, and also help prevent the spread of infections. There is a Wellness Kitchen where staff, volunteers and families can attend classes for such things as heart health, diabetes, cooking for M.S. and the like. Actually the facility looks more like a mall than a hospital and it is quiet and calming when you walk in.

There are currently 80 volunteers and many more will be needed, particularly for ICU, Palliative Care, and in the medical units. There is a real

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Rotary
Club of Calgary Chinook



February 24th, 2015

Scribe: Ed McLean

As President Stephen reportedly required a surgical procedure today, President-Elect Dale is chairman of the meeting. She requested us to join her in singing O Canada and the Rotary grace with Ruth accompanying us on the piano.

Greeter Steve McAuley introduced the 2 visiting Rotarians from the Calgary South club and the 5 visitors who were all welcomed in our usual way.

Sunshine Harry mentioned Pres. Stephen's surgery. Also Duncan McKillop was able to attend today's meeting, and informed us his wife Barbara is slowly improving after three and one half months in hospital. Marnie McBean is undergoing extensive treatment at the Tom Baker Cancer Centre and John is awaiting an appointment for his surgical requirements. Alex Soutar had his surgery and will probably attend next week's meeting.

Chairperson Dale says that at next week's meeting there will be a presentation to the Poppy Fund.

David Wartman reported receipt of a cheque for more than \$77,000 from the casino where we worked late last year. This provides a major source for our financial support to charities. It is also a strong incentive for members to sign up to work at the casino.

On behalf of Garth Plunkett, Joe Hooper reminded us we can still make donations to the Calgary Rotary Clubs Foundation of behalf of the late Helen Smith.

The 50/50 draw was won by Rob Wolfson who donated the \$25 back to the club.



Tammy was S.A.A. today and fined Barry and George for the advertising value they enjoyed from their classification talks of February 17th. She also fined Sunshine Harry for the limited info on members' ailments, and it cost a loonie to everyone who does not like gambling (a reference to our casino results mentioned above). Bart reminded us it is a year since the death of member and friend Lou Pomerance.

Bart introduced our main guest speaker, Debbie Dunwell who is the Program Assistant in Volunteer Resources for the South Health Campus.

DisCon2015 • May 8-10 • Keynote Speaker Line-Up

Come for these and the many break-out sessions!

Meet **Peter Peters** who joined Rotary in 1970 and has served as president of the Melford Club, District 5550 Governor, and as the Rotary representative to Canadian Rotary Collaboration for International Development. Peter's unwavering commitment to give back to his community on a local, national and global level is legendary.

Meet **Michael McQueen** who has spoken to over 200,000 people across 5 continents since 2004. He has shared the stage with the likes of Bill Gates, Whoopi Goldberg and Larry King. His background in marketing and research led him to write "Winning the Battle for Relevance" in 2013, exploring why even the greatest businesses and institutions become obsolete, and how others can avoid their fate. He will share a game plan that requires organizations to commit to staying ahead of the curve by reinventing themselves before they are forced to do so.

The third keynote speaker is **Martin Parnell**, who hails from the Cochrane Rotary Club. In 2010 he decided to run 250 marathons in one year to raise funds for Right to Play. He began a journey that has ignited his passion to run for a better world. Be prepared to hear the moving story of how Right To Play is improving the lives of children around the world.

We are thrilled to bring our fourth key note speaker to you via Texas. **Isis Mejias Carpio** spent 2 years in Brazil as a Rotary Ambassadorial Scholar. She has just completed a joint PHD from University of Huston and San Paulo University. Her humanitarian work has taken her to Africa where she led a rural water project in Kenya. As an engineer with heart she has discovered a talent for bringing Rotary members together to do good in the world. She is determined to address some of the world's most challenging problems. Her leadership, knowledge and friendships with Rotarians are already creating change in the world.

We are ecstatic that Rotarian **Susanne Rea** has agreed to be our fifth Key Note Speaker. Susanne Rea hails from Australia and is currently travelling the world in her role as Rotary District 9550 Polio Chair 2013-16, with the aim to help eradicate polio around the world. Susanne is the founder of "The World's Greatest Meal to Help End Polio" – <http://wgmeal.com/> – which has grown into a major fundraising success with the help of Rotarians globally. This simple and effective fundraising initiative has raised enough money to vaccinate nearly 4 million children to date. Susanne was four years old when she contracted polio. She was fortunate to make a complete recovery. She has taken up a personal life challenge to help fund the end of Polio projected for 2018, and nothing gets in the way of this goal! Susanne's story is inspiring Rotarians around the world and with our help she will succeed. We are privileged that she has chosen to make Medicine Hat her Canadian stop.

see page 6 for sign-up details

Literacy Month

March 3rd
March 10th
March 17th
March 24th
March 31st

Rae Kells, International Curling Official
Classification Talks
Syed Soharwardy, Founder, Muslims Against Terrorism
Dylan Jones, CEO, Canada West Foundation
Ken Keelor, CEO, Calgary Co-op

Magazine Month

April 7th
April 14th
April 18th
April 21st
April 28th

Classification Talks
John Gulak and Cindy Radi — Breaking the Silence on Mental Illness
Roadtrip to Rosebud — bus, lunch and "The Miracle Worker"
Adam Legge, President/CEO, Calgary C of C
Youth Services — **evening meeting**

Promote RI Convention Month

May 5th
May 12th
May 16th

John Hufnagel — lunch at **Nick's Steakhouse**, then over to the Stadium for Huf's presentation
Andrew Hart, Ornithologist
President's Dinner @ McKenzie Meadows Golf Club
— **Saturday evening meeting**
No noon meeting — President's Dinner in lieu

Rotary Fellowship Month

June 6th - 9th

RI Convention, Sao Paulo, Brazil



Gregor's Goings-On ... to Edmonton and the NWT

February 20th

We got tickets from Ben and his Dad (Dan Scrivens) for the game on Wednesday against Boston Bruins. The Oilers won the game in the 12th round in the shootouts. Ben was named as the first star of the game.

Yesterday on Thursday, we went to West Edmonton Mall and shopped there for a whole day. Today on the Friday we went to the pre-game skate, and met Ben and had a really nice chat with him, and got a few players to sign our jerseys. Saturday morning, we are heading off to Yellowknife for the next 8 days. In the picture, the other guy is Anton Holm, the exchange student in Canmore from Sweden.



February 22nd

We made it to NWT!! Some photos for you ...

note from Fran ...

Stopped at the Driftwood Diner for lunch. A huge plate full of all day breakfast for \$12.95. It was very good !!
Leaving Hay River. The shooting range is right beside the golf course. This begs the question ... Do you shoot the golf balls or the golfers?
cont'd on page 4



Gregor's Goings-On ... to Edmonton and the NWT

... cont'd from page 3



February 25th
Gregor and Lisa, the student
from Germany in D5370, on the ice road
on Great Slave Lake.

South Health Campus

... cont'd from page 1

need for daytime, committed volunteers who are in for the long term and can establish relationships with patients and staff. Most volunteers now are women and many more men are needed. Hospital staff do not have time to spend hours comforting and visiting patients and families. Many families have tried to do this but become burnt out. This is where volunteers come in. In 25 years there will be a need for millions of hours by volunteers. All volunteers will be given training in all needed facets of healthcare. This type of volunteer work will be rewarding to volunteers and probably contribute to some improvement in their own health. Volunteers with musical and artistic talent will be able to share this with patients.

This is about the extent of Debbie's presentation and she introduced one of her volunteers, Helena, who spoke to us briefly. She has been at the South Health Campus since last year after retiring from the CNIB where she was Director of Service Quality & Community Partnerships. She also volunteers at Mount Royal University and with the Alberta Impaired Diver Program. At the SHC she volunteers as a Friendly Visitor, in the Wellness Kitchen, in Palliative Health Care and Social Programs. She talked briefly about a few of her patients and why she enjoys doing this.

Following these presentations P.E. Dale presented the usual certificate confirming a donation has been made in their name to PolioPlus.



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On February 20th a great group of mentors gathered at Fairview School to meet with the kids and "to beat their own drum".

We set up in the music room and Jamie from "Circles of Rhythm" led us through a drum program. With 4 types of drums to choose from, and various other percussion instruments, we team-built and stress-relieved at a great rate.

We had 6 students in attendance and 9 mentors. Rotarians, it seems, like to beat drums!



Rotary's Impact



DONATE: www.rotary.org

Disease Prevention and Treatment
Polio has been reduced by 99% in the last 30 years, but children everywhere remain at risk until we eliminate the final 1%.



Funding:
\$14.2m
Number of grants:
265

Funding:
\$11.2m
Number of grants:
198



Water and Sanitation
Rotary members carry out service projects that enhance water access, sanitation, and hygiene in communities around the world. Get involved with Rotary to improve health through clean water.

Basic Education and Literacy
Rotary members provide technology, teacher training, vocational training teams, student meal programs, and low-cost textbooks to communities. Get involved with Rotary to provide access to a bright future.



Funding:
\$6.8m
Number of grants:
121

Economic and Community Development
Rotary invests in people to create economic improvement in their lives and their communities. Get involved with Rotary to develop communities around the globe.



Funding:
\$7.8m
Number of grants:
148

Funding:
\$5.1m
Number of grants:
69

Maternal and Child Health
Rotary members around the world improve access to essential medical services and support trained health care providers for mothers and children. Get involved with Rotary to improve health in developing communities.



Peace and Conflict Prevention/Resolution
Up to 100 fellows a year train at six Rotary peace centers around the world to become the next generation of peacemakers. Get involved with Rotary to promote peace.



Funding:
\$2.5m
Number of grants:
67

To the Calgary Chinook Rotary Club,

We are very happy to thank you, and also inform you of the success of the "MMC Solar Light Project in Partnership with Chinook Rotary Club". Chinook Rotarians generously funded this project over the past three years.

We were able to purchase 50 sets of Solar Lights with the money that we received for 2015. This was an amazing addition to the 35 sets installed in 2013, and the 46 sets in 2014. Chinook Rotary and MMC have installed a total of 131 sets of solar lights in homes and orphanages over the past three years. It is a great privilege that Medical Mercy Canada was given the gift of light to share with well over 300 children benefiting in Loi Kaw Wan, Myanmar, Asia.

This year we visited all of the homes that received lights in 2013 and 2014. We found that most every set was in good working order, and the one or two that were not were repaired, and the household was instructed once again on the use and care of their lights.

The people of LKW are every so grateful and happy with their solar lights. It has made a big difference in their lives. Children are able to read and study in the long dark evenings. Families are able to get up in the early dark hours to prepare the daily meals in a well lit kitchen. The use of dangerous candles in bamboo houses is no longer necessary.

When we walk through the village we see solar panels everywhere. We know that so many lives have been made so much better because of the generosity of Chinook Rotary, along with the hard work of the local helpers and MMC, a great many lights are shining in LKW.

Sincerely,
Bonnie and Chester Emery
on behalf of Medical Mercy Canada

DisCon 2015

The Rotary International District Conference
May 8-10, 2015 in Medicine Hat
is the place to re-energize and
re-discover the power of Rotary.
We need Rotarians from every Club in
our District to be the spark that lights up the
2015 Rotary International District Conference.

Register now and Light Up Rotary!
<http://discon5360.ca/>

